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AN ANALYSIS OF BIORHYTHMS AND THE EFFECT ON  
THE PERFORMANCE OF THE TWENTY LEADING  
LADY GOLF PROFESSIONALS OF 1975

by

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LADY GOLF PROFESSIONALS OF 1975

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by

Bonnie L. Jano

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## DEDICATION

This study is dedicated to my father, the late  
Bernard H. Jano.

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## ABSTRACT

The purpose of this study was to analyze the differences among four computations of conventional biorhythmic efficiency indices and performance score indices of twenty lady professional golfers. The subjects consisted of the top twenty money winners of the Ladies Professional Golf Association for the year 1975. Each subject's birthdate and daily tournament scores were collected from the LPGA. The golfer's physical, emotional, intellectual and mixed biorhythms were calculated for the year 1975. These calculations were classified as one, two or three for average/above average biorhythmic efficiency, below average biorhythmic efficiency and critical biorhythmic efficiency according to the conventional biorhythm theory.

For the days the golfers performed in a tournament, deviations were established from each golfer's mean performance score for the year 1975. Data from the biorhythm calculations and performance score deviations were analyzed through the analysis of variance for the one-way design. Differences between biorhythmic calculations and actual performances were determined.

The findings of this study were as follows:

1. There was no significant difference among the treatment groups of the physical cycle according to the

conventional biorhythm theory analyzed by the one-way analysis of variance.

2. There was no significant difference among the treatment groups of the emotional cycle according to the conventional biorhythm theory analyzed by the one-way analysis of variance.

3. There was no significant difference among the treatment groups of the intellectual cycle according to the conventional biorhythm theory analyzed by the one-way analysis of variance.

4. There was no significant difference among the treatment groups of the mixed cycle according to the conventional biorhythm theory analyzed by the one-way analysis of variance.

5. As displayed by the four computations of F-ratios, the analysis of variance disclosed non-significant differences between performance scores and biorhythmic efficiencies of average/above average, below average and critical according to the conventional biorhythm method of interpretation.

The following conclusions were drawn from the study:

1. A review of current literature indicated that intrinsic and extrinsic variables may have influenced the performance of the golfers enough to overwhelm the potential outcomes of the biorhythms.

2. The results of the study, analyzed by utilizing the analysis of variance for one-way design, inferred that

the four rhythmic cycles did not have a significant effect on the performances of the top twenty lady golfers.

## Chapter I

## INTRODUCTION

Physical educators and coaches have often questioned why a player performs differently from day to day. A well-trained athlete can break a world record one day and the following day perform poorly. Physical educators and coaches may question the teaching and coaching techniques; however, with this disparity in performance, the instructor or coach may also observe differences in the physical, emotional and intellectual behaviors of the player on a daily basis. Could these three behaviors influence the physical performances of a well-trained athlete?

Fluctuations of behavior were noted circa the time of Hippocrates. The philosophical physician instructed students and colleagues to consider treatment according to good and bad days of the patients.<sup>1</sup>

Before the nineteenth century, it was recognized that man had days that alternated from good to bad. However, no one asked why. Extensive research had already taken place in biology and zoology to describe the regular rhythmical processes of single-cellular and multi-cellular

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<sup>1</sup>George S. Thommen, Is This Your Day? (New York: Crown Publishers, 1973), p. 13.

organisms based on the twenty-four hour clock.<sup>2</sup> These circadian rhythms are inborn within the individual.

. . . That is, the period is not learned, or imprinted upon organisms by the twenty-four day-night light and temperature cycles produced by the rotation of the earth.<sup>3</sup>

Swoboda thought there must also be a rhythm pattern in man to cause fluctuations in behavior. This investigator said,

. . . the best of health does not prevent man from feeling unwell at times, or less cheerful than he is normally.<sup>4</sup>

Fliess, a Berlin surgeon, theorized in the early 1900s that man had two cycles, the physical or male cycle consisting of twenty-three days and the emotional or female cycle consisting of twenty-eight days. A third cycle called the intellectual cycle was introduced later.<sup>5</sup> Thus, the theory of the biorhythm and bionomy was derived.<sup>6</sup>

This study was designed to help the investigator determine how much emphasis should be placed on the biorhythm theory to performance in golf. If the biorhythmic study was applicable, the statistical analysis of the

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<sup>2</sup>Frank A. Brown, J. Woodland Hastings, and John D. Palmer, The Biological Clocks (New York: Academic Press, 1970), p. 3.

<sup>3</sup>Ibid., p. 8.

<sup>4</sup>Thommen, op. cit., p. 14.

<sup>5</sup>Martin Gardner, "Mathematical Games," Scientific American, 215:1:108-111, July 1966.

<sup>6</sup>Thommen, op. cit., p. 15.

biorhythms could possibly inform the individual of the upcoming highs, lows, and critical days so activities could be adapted accordingly.

If this theory were conducive to determining potentials of behavior and performance, biorhythmical charting, if applied, should benefit the golfer to better enhance the performance during competitive situations.<sup>7</sup>

#### STATEMENT OF THE PROBLEM

The purpose of this study was to compare the differences among the biorhythmic patterns to the competitive performances of the top twenty money winners in the Ladies Professional Golf Association for the year 1975.

#### Sub-problems

Several sub-problems were considered while conducting the study:

1. Selecting the subjects and tournaments used in the study.
2. Recording the deviation of the golfer's daily performance scores during competition from each individual's 1975 average score.
3. Calculating and classifying each subject's physical, emotional, intellectual and mixed biorhythms.
4. Organizing and analyzing of the data.

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<sup>7</sup>Ibid., p. 27.



## HYPOTHESES

The hypotheses tested in this investigation were:

1. Individual performances, as classified from 1975 scoring averages, were not significant to the interpretation of the biorhythmic statistics in the physical cycle.
2. Individual performances, as classified from 1975 scoring averages, were not significant to the interpretation of the biorhythmic statistics in the emotional cycle.
3. Individual performances, as classified from 1975 scoring averages, were not significant to the interpretation of the biorhythmic statistics in the intellectual cycle.
4. Individual performances, as classified from 1975 scoring averages, were not significant to the interpretation of the biorhythmic statistics in the mixed cycle.
5. Individual performances, as classified from 1975 scoring averages, were not significant to the midline critical point interpretation in the three original cycles.

## DEFINITION OF TERMS

### Above Average Performance Score

H<sub>1</sub> through H<sub>5</sub> used the classification of numerical scores higher than the yearly average score to designate above average performance scores.

### Amplitude

Amplitude was the height of an oscillation.<sup>8</sup>

### Average or Above Average Bio-rhythmic Performance

All points at least one point above the midline were interpreted as being average or above average biorhythmic performance for classification purposes.

### Average Score

Average score was the mathematical average of all the performance scores of an individual golfer for the year 1975.

### Below Average Biorhythmic Performance

All points below the expected average biorhythmical positions on the sine curve scale were designated as being the expected below average biorhythmic performances in the cycles.

### Below Average Performance Scores

H<sub>1</sub> through H<sub>5</sub> utilized the classification of numerical scores lower than the yearly average score to designate below average performance scores.

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<sup>8</sup>W. P. Colquhoun, Biological Rhythms and Human Performance (New York: Academic Press, 1971), p. 4.

Bionomy

A psychological prediction of the rhythmical cycles in man was called bionomy.<sup>9</sup>

Biorhythm

Biorhythm was the theory related to the life cycles of physical, emotional, and intellectual behavior in man.<sup>10</sup>

Circadian Rhythm

A circadian rhythm was a cycle consisting of twenty-one to twenty-eight hours.<sup>11</sup>

Composite

The composite was the ". . . algebraic sum of values assigned to each day of each cycle . . ." that took into account personality types.<sup>12</sup>

Critical

The critical day occurred when the first and last days of the cycle crossed the midline or when a cycle

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<sup>9</sup>Thommen, op. cit., p. 15.

<sup>10</sup>Jean Mackenzie, "How Biorhythms Affect Your Life," Science Digest, 74:2:20, August 1973.

<sup>11</sup>Fred G. Delacerda and Ralph E. Steban, "The Effect of an Endurance Type Exercise Program on the Circadian Rhythm of Urinary 17-Ketosteroids," Medicine and Science in Sports, 6:2:126, Summer 1974.

<sup>12</sup>Barbara O'Neil and Richard Phillips, Biorhythms: How to Live with Your Life Cycles (Pasadena: Ward Ritchie Press, 1975), pp. 14-15.

crossed from positive to negative or vice versa.<sup>13</sup> For the purposes of this study, H<sub>5</sub> utilized the above conventional interpretation to define the critical position.<sup>14</sup>

Discharge Phase

A discharge phase was a time of increased efficiency.<sup>15</sup>

Endogen

An endogen was one of the two main categories of biological rhythms which originated its response within the organism. It was also known as the "active system."<sup>16</sup>

Emotional Cycle

This cycle was also referred to as the feminine or sensitivity cycle and was composed of twenty-eight days.<sup>17</sup>

Exogen

An exogen was one of the two main categories of biological rhythms which originated its responses outside

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<sup>13</sup>Thommen, op. cit., p. 57.

<sup>14</sup>Harold R. Willis, "Biorhythm and Its Relationship to Human Error" (proceedings of the Sixteenth Annual Meeting of the Human Factors Society, Santa Monica, California, October 17-19, 1972), p. 280.

<sup>15</sup>Thommen, loc. cit.

<sup>16</sup>Harold R. Willis, "Rationale for Biorhythm Cycles" (paper presented at the N. L. Industries, TAC Workshop-Seminar, New York University, New York, June 5, 1974), p. 4.

<sup>17</sup>Thommen, op. cit., p. 53.

of the organism. It was also known as the "passive system."<sup>18</sup>

#### Half Periodic Day

The point when the cycle switches from positive to negative phase and was also referred to as the critical day.<sup>19</sup>

#### Intellectual Cycle

This cycle was concerned with creativity and cognitive abilities. It consisted of thirty-three days.<sup>20</sup>

#### Linear Oscillator

An alternation of two energy stores in a sine wave pattern was a linear oscillator.<sup>21</sup>

#### Mixed Rhythm

For the purpose of this study, all the three cycles were examined together by taking an average of the three cycles on each day.

#### Negative Phase

All points below the midline were in the negative phase.

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<sup>18</sup>Colquhoun, op. cit., p. 18.

<sup>19</sup>Thommen, op. cit., p. 57.

<sup>20</sup>Ibid., p. 55.

<sup>21</sup>Colquhoun, op. cit., p. 3.

#### Performance Scores

Daily golf scores of each subject during competition were the performance scores.

#### Period

A period was a completed cycle or could also be referred to as half-periodic or critical phase of a cycle.<sup>22</sup>

#### Phase

A phase was a section of the complete cycle.<sup>23</sup>

#### Physical Cycle

This cycle was concerned with physical endurance and was composed of twenty-three days.<sup>24</sup>

#### Positive Phase

All points above the midline were in the positive phase.

#### Regenerative Phase

The regenerative phase was a time of lessened efficiency.<sup>25</sup>

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<sup>22</sup>Gay G. Luce, Biological Rhythms in Human and Animal Physiology (New York: Dover Publications, Inc., 1971, p. 9.

<sup>23</sup>Colquhoun, op. cit., p. 4.

<sup>24</sup>Thommen, op. cit., p. 51.

<sup>25</sup>Ibid., p. 57.

### Sine Curve

A sine curve was a linear oscillator<sup>26</sup> which showed discharging or plus half periods on the top half of the graph above the horizontal line and the recharging or minus half periods on the lower half of the graph below the horizontal line. The height and width of the curves were determined for each individual.<sup>27</sup>

### Zietgeber

Zeitgeber was the German term given to describe the synchronization of a circadian rhythm.<sup>28</sup>

#### DELIMITATIONS

The delimitations of this study were as follows:

1. This investigation encompassed the 1975 golf tournaments of the Ladies Professional Golf Association. The top twenty money winners for the 1975 ladies tour were the subjects of this investigation. Performance scores of each tournament were collected beginning on January 18, 1975 and ending on December 14, 1975.
2. Biorhythmic statistical calculations were performed for the physical, emotional, and intellectual

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<sup>26</sup> Colquhoun, loc. cit.

<sup>27</sup> Thommen, op. cit., p. 45.

<sup>28</sup> Erwin Bünning, ed., Cold Spring Harbor Symposia Quantitative Biology, Vol. XXV, (opening address: Biological Clocks) (Baltimore: Waverly Press, Inc., 1960), p. 11.

cycles. The birthdates of the top twenty money winners in 1975 were used to perform the biorhythmic statistical calculations for the physical, emotional, and intellectual cycles. From these calculations, averages were computed in order to disclose the mixed rhythm cycle.

#### LIMITATIONS

There were elements within the study that may have deterred the results of the investigation. The limitations were as follows:

A total of thirty-three official and unofficial tournaments were scheduled by the LPGA for the year 1975. The United States Open Tournament was deleted from the study because the daily scores were not given in the LPGA Player Guide 1976. Also, the Colgate European Ladies Open was eliminated because of an error by the investigator in the final organization of the data.

Other circumstances the investigator did not make allowances for were atmospheric conditions during each day of play, golf course conditions and individual golf course ratings. These situations could have been a contingent factor to the player's behavior and golf score.

## Chapter II

## REVIEW OF RELATED LITERATURE

The review of literature revealed a scarcity of completed research pertaining to the use of biorhythm statistics in athletics. The review was divided into four sections. The first section reviewed the two main hypotheses of the origin of rhythms. The historical background of the biorhythm theory was contained in the second section. The third section disclosed the many characteristics of the biorhythm cycles, while the fourth section was concerned with studies related to demonstrating how biorhythms have been used in medicine, industry and athletics.

## THE MASTER CONTROLLER--TWO VIEWS

At the moment of conception, when the sperm penetrates the ovum, the cycle of life begins within the womb of the mother. ". . . Cycles lasting only microseconds to the 90-minute cycles seen in sleep, cycles of about a week, monthly, seasonal, and even annual rhythms . . ." occur within the living organism.<sup>1</sup> However, what and where was this "Master Clock" that started these rhythms of life?

<sup>1</sup>Gay G. Luce, Biological Rhythms in Human and Animal Physiology (New York: Dover Publications, Inc., 1971), p. 46.

The term biorhythm was a Greek word for "life-beat." It was linked with the fine arts of music and verse. Thommen makes the analogy ". . . that Nature is the composer; man, as a human being is the instrument upon which Nature plays her rhapsodies; man, as a scientist, is the listener . . ." <sup>2</sup>

Biorhythm is based upon what scientists referred to as biological rhythms since the age of Aristotle.<sup>3</sup> Hippocrates also noticed the "good" and "bad" days of his patients and treated them accordingly.<sup>4</sup> Therapies used by the early Greeks were called "metasyncrasies." The treatments involved the partaking of the same three foods and exercises at intervals of every seven days in order to fluctuate with the different moods.<sup>5</sup>

Biological rhythms occur regularly at all levels of the plant and animal kingdoms, from the single-celled to the multicellular organisms.<sup>6</sup> However, biological rhythm research began in the discipline of botany in the eighteenth century. Twenty-four hour circadian movements were first observed in leaves and flowers. During this time, Mead,

<sup>2</sup>George S. Thommen, Is This Your Day? (New York: Crown Publishers, 1973), p. 13.

<sup>3</sup>Frank A. Brown, J. Woodland Hastings, and John D. Palmer, The Biological Clocks (New York: Academic Press, 1970), p. 3.

<sup>4</sup>Thommen, op. cit., p. 13.

<sup>5</sup>Luce, op. cit., p. 8.

<sup>6</sup>Brown, op. cit., p. 8.

a British physician, reported the significance of the sun and moon orbits to the outbreak of illnesses.<sup>7</sup>

It appears there are many rhythms and perhaps many clocks under the direction of a master controller which coordinates the ebb and flow of complex functions such as internal secretions, metabolism of food and chemicals, sleeping and waking, fluctuation in mood, and even the division of cells.<sup>8</sup>

Painstaking scientific experiments in the areas of chemical, psychological and behavioral rhythms were not endeavored until several decades ago.<sup>9</sup>

Cloudsley-Thompson, one of the major authorities on biological rhythms gave three hypotheses of how biological rhythms were derived. "'They are learned. They are inherited. They depend on reactions to cosmic stimuli.'" In 1961, Cloudsley-Thompson stated that the precision of the "clocks" originated through the decisive method of natural selection.<sup>10</sup> However, the two most recognized schools of thought are predicated upon the endogenous clock hypothesis and the exogenous clock hypothesis.<sup>11</sup>

<sup>7</sup>Luce, op. cit., pp. 8, 11.

<sup>8</sup>Henry Still, Of Time, Tides, and Inner Clocks (Harrisburg, Pennsylvania: Stackpole Books, 1972), p. 46.

<sup>9</sup>Joan Lynn Arehart, "The Search for Clues to the Rhythms of Life," Science News, 100:11:178. September 11, 1971.

<sup>10</sup>Harold R. Willis, "Rationale for Biorhythm Cycles" (paper presented at the N. L. Industries, TAC Workshop-Seminar, New York University, New York, June 5, 1974), p. 1.

<sup>11</sup>Arehart, loc. cit.

A central problem here is to establish whether or not any observed behavioural [*sic*] rhythm is generated by the organism itself and gets locked or entrained to the environmental periodicity at a particular phase or whether it is the external rhythm which causes the periodicity in the organism directly.<sup>12</sup>

The endogenous clock hypothesis, also known as the "active system," was the basis for the first school of thought. Whether there is only one biological clock or many clocks that act as their own timing device is still unknown.<sup>13</sup>

The second hypothesis of inheritance was based on the work of Hastings. His supposition was that the environmental conditions had no effect on the organisms. Instead, it was the independent metabolism constituents of the cells that created the rhythms of the organism. The cells for millions of years adjusted to good and bad conditions until the organisms could predict these periods through a metabolic timer.<sup>14</sup> Hasting's partiality leans toward the first school of thought, but does not disregard the second school completely.<sup>15</sup>

Dewey is biased toward the endogenous clock. This researcher wrote,

<sup>12</sup>W. P. Colquhoun, Biological Rhythms and Human Performance (New York: Academic Press, 1971), p. 7.

<sup>13</sup>Arehart, loc. cit.

<sup>14</sup>Brown, op. cit., pp. 12, 22.

<sup>15</sup>Arehart, op. cit., p. 179.

. . . these 'clocks' (still not located if they do exist) are strictly internal devices uninfluenced from the outside . . . or affected by outside forces.<sup>16</sup>

Pauly and Schwing, from the University of Arkansas Medical Center, studied fifty different rhythms in their patients, the aged and military volunteers. These doctors' investigations confirmed that their research was toward the endogenous school of thought.<sup>17</sup>

Another investigation demonstrated that plants fluctuate according to light intensity. These observations were reported by Hamner of the University of Southern California. Hamner stated that his bias was oriented more toward the first school of thought; however, external forces could not be disregarded.<sup>18</sup>

Hoagland developed the "chemical clock" theory in 1931 at Clark University and later explored the relationship between human physiology and psychological behavior. Hoagland supported the internal theory and was one of the first scientists to promote biological rhythms as a reliable source to describe human behavior.

Much of the overt behavior of organisms is determined by the interrelations between chemical events within the cells and groups of cells, quite independently of external environmental factors.<sup>19</sup>

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<sup>16</sup>Edward R. Dewey, Cycles, The Mysterious Forces that Trigger Events (New York: Hawthorne Books, Inc., 1971), p. 38.

<sup>17</sup>Arehart, loc. cit.      <sup>18</sup>Ibid.

<sup>19</sup>Willis, "Rationale for Biorhythm Cycles," op. cit., p. 3.

Furlong stated that man has an inner clock ". . . that was not regulated by such external stimuli as night and day or changing temperature." According to Furlong, everything changes: mental alertness, tastes, odors, music, moods and feelings.<sup>20</sup>

Bünning, of the University of Tübingen, Germany, theorized that most biological rhythms, if not all of them, function because of internal devices. "Considering the fact that DNA carries life's genetic code; . . . then too it may well provide the biorhythm patterns."<sup>21</sup> Bünning believed that the "master clock" in the upper hierarchy of the animal kingdom lay within the central nervous system.<sup>22</sup>

Bünning, in the 1930s, found that the periods repeated rhythmically at interspaces of approximately twenty-four hours.

Organisms have the ability, that is, to draw energy from a constant source and convert it into more useful alternating cycles, which are then displayed as rhythmic phases of activity like the hands of a clock returning to midnight once each day.<sup>23</sup>

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<sup>20</sup>William Barry Furlong, "What Makes Us Tick So Mysteriously," Today's Health, 49:5:29, May 1971.

<sup>21</sup>Willis, "Rationale for Biorhythm Cycles," op. cit., p. 5.

<sup>22</sup>G. J. Whitrow, The Nature of Time (New York: Holt, Rinehart and Winston, 1972), p. 63.

<sup>23</sup>Ritchie R. Ward, The Living Clocks (New York: Alfred A. Knopf Publishers, 1971), p. 160.

Ehert, et al.,

. . . visualizes very long DNA molecules at the heart of the time keeping [sic] sequence, and refers to them as *chronons*.

The rate of construction of the DNA molecule could be visualized ". . . as functioning like the escapement of a watch . . ."--totally devoid of external forces acting upon it.<sup>24</sup>

In 1950, Kramer expounded on the Bünning hypothesis. Through his study of migratory flights of birds, Kramer originated the idea that birds ascertained direction through use of the sun's seasonal path across the sky. However, because of the continuous movement of the sun, Kramer observed the birds making adjustments ". . . through the use of an internal clock."<sup>25</sup>

Many scientists (Lehmann, Blake, Willis, Hoagland, and Monroe<sup>26</sup>) believed that diurnal temperatures can determine performances or efficiencies to a high degree. Lehman found in his studies that from six a.m. to between nine and eleven a.m. efficiencies increased; therefore, there were

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<sup>24</sup>Willis, "Rationale for Biorhythm Cycles," loc. cit.

<sup>25</sup>Ward, op. cit., p. 184.

<sup>26</sup>Diego Pupo Nogueira, "Accidents during Work and Time of the Day," *Industrial Medicine*, 40:6:28-29, September 1971; see also M. J. F. Blake, "Timing of Day Effects on Performance in a Range of Tasks," *Psychonomic Science*, 9:6:350, September-December 1967; see also Willis, "Rationale for Biorhythm Cycles," op. cit., p. 6; see also Luce, op. cit., p. 5.

fewer accidents. A decrease occurred around noon or a little after and again rose until its second high occurred around three and four in the afternoon. The majority of accidents developed around midday.<sup>27</sup>

From the studies of Hoagland and Monroe, an individual could be categorized as a "night hawk" or an "early bird" by the high points in temperatures. Someone whose temperature was subnormal when first waking up could be categorized as a "night hawk," or the least active in the morning hours. A person who awakened with normal temperature reading would be in the category of the "early bird" or the most active during the morning hours.<sup>28</sup>

Other ideas of the "master controller's" origins, according to the intrinsic viewpoint, were seen in studies of hormonal dependencies. According to Still, the adrenal glands played an important role in determining the fluctuations in the emotional cycle. The increase and decrease of adrenal steroids during this cycle was first reported in 1948.

The importance of adrenal hormones to the up-and-down waves or physical and mental processes has tempted scientists to search for the central controller, or master biological clock, in the adrenal glands.<sup>29</sup>

Research was begun recently on determining the real purpose of the glial cells which encompassed the neurons.

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<sup>27</sup>Nogueira, loc. cit.      <sup>28</sup>Luce, op. cit., p. 44.

<sup>29</sup>Still, op. cit., pp. 118, 120.



The supposition that these cells not only feed the nerve cells but ". . . may be very important in the electrical wave transmission of the brain, for they appear to modulate the excitability of the neurons"<sup>30</sup> was considered.

In this same area of study of the relationship of the nervous system to fluctuations in behavior, Beeker, Brachman, and Friedman discussed their findings in the New York State Journal of Medicine.

Since the cranial Direct Current potential appeared to be a particularly important parameter in the state of consciousness or level of irritability in the human being, the possibility that it was the controlling mechanism for biological cyclic behavior was considered. In a preliminary study the transcranial D.C. potentials of two normal subjects and two schizophrenic patients was determined daily for a period of two months. A definite cyclic pattern was evident in all four subjects, with a periodicity of approximately 28 days, and with all four following similar cycles.<sup>31</sup>

The second school of thought, the exogenous hypothesis, contends that the "master controller" was not internal in the organism. The pacemaker was caused by external or exogenous forces such as electromagnetic fields, temperature and light.<sup>32</sup> Frank A. Brown, Professor at Northwestern University, experimented in 1957. Through the studies conducted, Brown's viewpoint leaned more toward this school of thought. Brown believed that under strictly controlled experimental conditions the organisms

<sup>30</sup>Willis, "Rationale for Biorhythm Cycles," op. cit.

<sup>31</sup>Ibid., p. 7.      <sup>32</sup>Arehart, op. cit., p. 178.

. . . were using subtle, rhythmic geophysical forces--those that easily permeated the barriers of an experimental set up--as an informational input to time their overt rhythmic processes.<sup>33</sup>

This scientist found from experiments conducted that the cycles followed a pattern based on the twenty-four hour day and the human female menstrual cycle of approximately twenty-nine and one-half day rhythm.<sup>34</sup> According to Brown, it is these rhythmical cycles that regulate our physical, emotional, and intellectual behaviors to any time zone on the earth during jet travel. Brown stated,

. . . that at half-monthly intervals there is increased activity during the late morning hours. Here then is a remarkably precise, persistent, semimonthly rhythm in running activity.<sup>35</sup>

Further support of extrinsic factors controlling the rhythms of organisms have persisted through the centuries in astrology.

. . . Scientists have not yet proved that living creatures are not influenced in their cyclic variations by subtle forces emanating from the planets, sun, moon, and the earth itself.

Brown is a believer of these cosmic forces of the moon's phases, sunspots' radiational and gravitational forces emanating from the earth itself.<sup>36</sup> "All research to date

<sup>33</sup>Brown, op. cit., p. 12.

<sup>34</sup>Joan Lynn Arehart, "Biorhythm Theory Claims Ability to Spot Accident Prone Periods," Aviation Week Magazine, 74:4:102, January 23, 1961.

<sup>35</sup>Brown, op. cit., pp. 18, 22.

<sup>36</sup>Still, op. cit., pp. 18, 21.

shows the influence of geophysical factors on rhythms, yet only some research suggests an internal factor."<sup>37</sup>

Becker, an orthopedic surgeon at the Veterans Administration Hospital in Syracuse, New York, stated the postulation of electromagnetic forces as being the key to the "master controller" has only been accepted in the past five years. In Becker's studies, it was found that the molecular make-up of the organism acts as electrical conductor and that different charges causing changes in the body's physiology could cause changes in the epiphyseal area of the skeletal system.<sup>38</sup>

Burr of Yale University said that the circuitry of the brain regulates the processes of the body. According to Burr, the brain is really an intricate magnetic field. A gland found in the brain called the pineal gland acts in lower animals as a third eye. Because it is close to the surface in these lower animals, light affects it and is ". . . believed to be a coupling device regulating the phase relations among biological rhythms." Scientists believe that in the human the optic nerve somehow triggers the pineal gland to function as in the lower animals.<sup>39</sup>

In studies of bird flights of Kramer, the sun's light influenced the flight patterns of the birds.

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<sup>37</sup>Arehart, "The Search . . . to the Rhythms of Life," loc. cit.

<sup>38</sup>Ibid., p. 179.      <sup>39</sup>Still, op. cit., pp. 22, 52.

Therefore, ". . . intensity of illumination might influence the activity and physiological rhythms of man, as it does influence birds."<sup>40</sup>

Luce stated that ". . . one of the most potent and ubiquitous triggers of biological rhythms is light--visible light from the sun and moon . . ."<sup>41</sup> In a study performed on nineteen females' menstrual cycles to determine illumination during the fourteenth through seventeenth nights of the cycle, the investigation showed significance. "The result over the course of a hundred-monthly [sic] cycles was the regularization of their cycles to 29.5 days, the synodical period of the moon."<sup>42</sup>

Colquhoun stated that a woman's psyche and soma are affected by the menstruum. Colquhoun noted in his investigation that there were two periods in which disturbances were observed in the physiological and psychological activity of the female subject. "One was the premenstrual phase, which was accompanied by irritability and tension; the other occurred around the time of ovulation . . ."  
Reports by Benedek and Rubenstein in 1939 explained the

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<sup>40</sup>Luce, op. cit., p. 141.

<sup>41</sup>Gay Gaer Luce, "Trust Your Body Rhythms," Psychology Today, 8:11:52, April 1975.

<sup>42</sup>Arehart, "The Search . . . to the Rhythms of Life," op. cit., p. 179.

time of ovulation as being a mitigated period for the female.<sup>43</sup>

Along with the possibilities of the moon's influence on the menstrual cycle is the evidence that seventeen percent more babies are born on waxing phases than on waning phases of the lunar cycle. Death rates due to tuberculosis seemed to occur more during the full moon.<sup>44</sup>

However, the most powerful external force that could be the "controller" of behavior may be totally social in nature. In a study in 1965 by Reinberg et al., the report showed that seven women who lived in two different tents in a cavern functioned differently according to the tents lived in. Even inherited rhythms, said Luce, seemed to be brought out by the influences of social Zeitgebers such as a baby urinating regularly as it grows older or developing Huntington's Chorea genetic disease.<sup>45</sup>

The belief that there was only one "master controller" regulating the different fluctuations in behavior has lost popularity. "It is abundantly clear that healthy living things are not only internally rhythmic; they are also synchronized with their environment."<sup>46</sup> Until otherwise

<sup>43</sup> Colquhoun, op. cit., pp. 212, 213.

<sup>44</sup> Dewey, op. cit., pp. 177-178.

<sup>45</sup> Luce, Biological Rhythms . . . and Animal Physiology, op. cit., pp. 12, 141.

<sup>46</sup> Ibid.

proven, this eclectic viewpoint will remain the basis of explanation of the origin of the "master controller."

#### HISTORICAL BACKGROUND OF BIORHYTHMS

While the biologist and zoologist researched the reasons the lower species of the plant and animal kingdoms behave the way they do, two men in Europe looked at man's behavior in the same area. Swoboda, a psychologist at the University of Vienna and Fliess, a practicing physician in Berlin proposed theories circa the late 1800s on human behavior.<sup>47</sup>

After collecting data for over twenty years, Fliess charted the fluctuations of attitudes and health<sup>48</sup> of these thousands of patients through reports of accidents, illnesses, marriages, divorces, etc.<sup>49</sup> These findings were published in the book The Relationship between the Nose and the Female Sex Organs from the Physiological Aspect. Fliess' breakthrough linked twenty-three and twenty-eight day cycles with changes in the mucosal lining of the nose. Fliess related nasal irritation to neurotic symptoms and sexual abnormalities.<sup>50</sup> Fliess stated that, "'Every person,

<sup>47</sup> Harold R. Willis, "Biorhythm Analysis" (a paper by the Director--Biorhythm Clinic, Missouri Southern State College, Joplin, Missouri, 1975), p. 1.

<sup>48</sup> Ibid. <sup>49</sup> Stills, op. cit., p. 47.

<sup>50</sup> Luce, Biological Rhythms . . . and Animal Physiology, op. cit., p. 8.

I maintained, is really bisexual. Their component is keyed to the male cycle of 23 days, the female of a cycle of 28 days."<sup>51</sup>

Fliess also believed that these cycles were innate and would persist throughout the individual's existence. According to Fliess the two main cycles mentioned above were inherent in man and were measured by tracing diseases and deaths back to birth.<sup>52</sup>

Fliess wrote about all his findings in the papers, "The Course of Life" in 1906, "Of Life and Death" in 1909, and "The Year of the Living" in 1925. According to Fliess, his intimate friend, Sigmund Freud, disclosed some of Fliess' ideas to Hermann Swoboda who published them as his own findings.<sup>53</sup>

In 1897 Swoboda began extensive research to follow up his observations of the philosopher Herbart's studies on the variations of humans' physical and emotional performances.<sup>54</sup> By 1902, Swoboda confirmed that what Fliess had stated about the twenty-three day physical cycle and twenty-eight day emotional cycle was also similarly

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<sup>51</sup>Martin Gardner, "Mathematical Games," Scientific American, 215:1:108, July 1966.

<sup>52</sup>Thommen, op. cit., p. 12.

<sup>53</sup>Gardner, op. cit., p. 109.

<sup>54</sup>Harold R. Willis, "Biorhythm and Its Relationship to Human Error," (proceedings of the Sixteenth Annual Meeting of the Human Factors Society, Santa Monica, California, October 17-19, 1972), p. 274.

accepted.<sup>55</sup> Swoboda dedicated much of the work at the University of Vienna to demonstrate that illnesses, heart attacks and deaths would occur on periodic and half-periodic days, calculated according to the physical and emotional cycles. Swoboda performed computations with a slide rule that was designed specifically for biorhythms. All his findings were reported in the paper, "The Periodicity in Man's Life,"<sup>56</sup> and the book, Das Siebenjahr (The Year of the Seven).<sup>57</sup> Swoboda's book contained five hundred and seventy-six pages of statistical computations of the twenty-three and twenty-eight day cycles of generations. A great loss occurred in 1945 when the Russian troops confiscated the documents which to this date have never been recovered.<sup>58</sup>

Both Swoboda and Fliess used mathematics in an effort to prove rhythmicity of the physical and emotional cycles.

The irony of their quest was that this very use of mathematics helped largely to defeat their attempts to gain wide acceptance for the very conclusions that mathematics helped them to reach.<sup>59</sup>

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<sup>55</sup>Willis, "Biorhythm Analysis." loc. cit.

<sup>56</sup>Jean Mackenzie, "How Biorhythms Affect Your Life," Science Digest, 74:2:20, August 1973.

<sup>57</sup>Gardner, op. cit., p. 111.

<sup>58</sup>Willis, "Biorhythm . . . to Human Error," loc. cit.

<sup>59</sup>Thommen, op. cit., p. 24.

Two pioneers in biorhythmic statistics were Frueh, a Swiss and Judt of Bermen, Germany. Frueh developed a vertical graph in which the positive phases of the cycles were designated by the following colors: red for the physical cycle, blue for the emotional cycle and green for the intellectual cycle. The negative phases of all the cycles were not indicated by color. In 1939, Frueh published books explaining the biorhythmic calculations and statistical tools used.<sup>60</sup>

Judt, a doctor of engineering and mathematics in the 1920s, investigated the performances of athletes in sports. This researcher designed tables which demonstrated the significance of the date of birth to the day of the sports events.<sup>61</sup>

The sine curve model was first designed in the 1950s. By using this type of instrument, relative changes in all cycles can be observed on a daily basis. Calculators of a dial type have also been used; however, the sine curve charting was the most commonly used today.<sup>62</sup>

A third cycle called the intellectual cycle was added by the modern Fliessian cult.<sup>63</sup> Teltscher of the University of Innsbruck, Austria in the 1920s recorded

<sup>60</sup>Ibid., pp. 29, 45.

<sup>61</sup>Ibid., p. 28.

<sup>62</sup>Ibid., p. 45.

<sup>63</sup>Gardner, loc. cit.

this third cycle which consisted of thirty-three days.<sup>64</sup> Teltscher studied five thousand high school and university students to determine whether there was a pattern of dullness and alertness.

His charts corroborated the Fliess twenty-three day and twenty-eight day cycles, but also found a thirty-three day intellectual cycle of memory, alertness and reasoning powers.<sup>65</sup>

Hersey, a psychology professor, along with Bennett, an endocrinologist at the University of Pennsylvania, conducted research in 1928 and 1932 on workers in railroad shops.<sup>66</sup> "Daily records were kept of their conversation, mood, outlook, physical condition, and work efficiency." These researchers saw a fluctuation of ability of thirty-three days. In later studies of Hersey, reports of patterns of four to six week rhythms of emotional fluctuations were observed. All these findings were in Hersey's books, Workers' Emotions in Shop and Home and Zest for Work.<sup>67</sup>

A fourth cycle that has been recently used in biorhythmic statistics has its origins from all the previous cycles mentioned. A statement from Biorhythm Information in 1973 explains the validity of this new cycle.

<sup>64</sup>Thommen, op. cit., p. 55.

<sup>65</sup>Still, op. cit., p. 48.

<sup>66</sup>Mackenzie, loc. cit.

<sup>67</sup>Harold R. Willis, "The Effect of Biorhythm Cycles" (paper presented to the Third Community College Social Science Association Convention, Chicago, Illinois, November 1-3, 1973), p. 3.

We are now feeling the necessity of extending our researches farther afield and conducting them into so called 'pattern analyses,' that is the analysis into patterns and combinations of three rhythms. In practical field, it is far more important and useful to learn the meanings of the plus-periods of each rhythm and to make the most of its benefits than to make researches only concerning with the critical days or periods.<sup>68</sup> [sic]

The most recent of books written on the biorhythm theory in 1975, called Biorhythms: How to Live with Your Life Cycles, by Barbara O'Neil and Richard Phillips, explains and demonstrates this new "cycle." These authors call this fourth cycle the composite. O'Neil and Phillips explain the cycle as ". . . both a refinement and a further explanation of the biorhythm chart. The composites offer a significant view of changes in energy levels."<sup>69</sup>

For the composite, the type of personality toward which one leans must be known. Phillips developed nine questions to determine whether the person was more the emotional, intellectual or physical type. Therefore, through algebraic calculations, a single line was developed from all three original cycles. By this means, the cycle predicts the personality types of the individual.<sup>70</sup>

The use of the discovered theories of the original three biorhythms (emotional, physical, intellectual)

<sup>68</sup>Ibid., p. 9.

<sup>69</sup>Barbara O'Neil and Richard Phillips, Biorhythms: How to Live with Your Life Cycles (Pasadena: Ward Ritchie Press, 1975), pp. 21, 60.

<sup>70</sup>Ibid., pp. 14-15, 72, 74.

accomplished most of its development and improvement mainly in Europe and Japan.

The Biorhythmic Center Basel, Basle, Switzerland states; 'Analysis at the Swiss Federal School of Technology, Zurich, Switzerland, have confirmed the natural regularity of the sequences . . .'. The statistical analysis and verification of biorhythm was done by Prof. Dr. H. L. LeRoy, at the Laboratorium for Biometric and Populations genetic.<sup>71</sup>

However, today biorhythms are demonstrated to consist of three natural cycles and one more cycle determined by the algebraic sum of the three original cycles. These four cycles make up the biorhythm theory of today.

#### CHARACTERISTICS OF THE CYCLES

Each cycle was unique and different from the other cycles in periodic number of days and behavior pattern fluctuations. The basic characteristics of each cycle are as follows:

##### Physical Cycle

This cycle is also referred to as the male cycle. It controls the masculine characteristics of ". . . physical strength, confidence, aggressiveness and endurance."<sup>72</sup> According to Fliess, this cycle is initiated by the motor cells of the skeletal muscles.<sup>73</sup>

<sup>71</sup>Willis, "Biorhythm Analysis," loc. cit.

<sup>72</sup>Gardner, op. cit., p. 112.

<sup>73</sup>Thommen, op. cit., p. 51.

The physical cycle is divided into half periodic phases of eleven and one-half days each. The first phase of the cycle is known as the ". . . ascending or discharge period." During this period, the individual feels and performs his/her best.<sup>74</sup> An athlete should do intensive training during this phase.<sup>75</sup>

The recharging period constitutes the second half of the cycle. Physical energy and endurance is at a low point and the individual is more susceptible to tire easily. Discounting this effect of the negative position on conditioned athletes, Thommen states that,

All other things being equal, a trained athlete can succeed even during a recuperative period if he has not overtrained prior to the contest.<sup>76</sup>

#### Emotional Cycle

Sensitivity is the key to this cycle and so it is sometimes referred to as the female or sensitivity cycle. The cycle characterizes ". . . feelings, intuition, creativity, love, cooperation, cheerfulness."<sup>77</sup> Therefore, the physical cycle ". . . seems to influence not only your emotional outlook but your reactive ability as well."<sup>78</sup>

<sup>74</sup>Ibid.

<sup>75</sup>Mackenzie, op. cit., p. 19.

<sup>76</sup>Thommen, loc. cit.

<sup>77</sup>Gardner, loc. cit.

<sup>78</sup>O'Neil, op. cit., p. 7.

According to the Japanese, any type of contest or public display and teamwork would be at its highest degree of efficiency for the individual at the peak of this cycle.<sup>79</sup>

Twenty-eight days was the length of the emotional cycle.

. . . The 28-day rhythm is composed of four seven-day weeks, the weekday that one was born on will always repeat on the first and on the fifteenth day of this rhythm.<sup>80</sup>

Laird stated in 1935 that emotional energy is expanded and replenished in "regular" cycles running between four to five weeks. Laird said that this emotional energy could be demonstrated as being high when the individual had restless sleep and low when the individual slept well.<sup>81</sup>

Correlations of the emotional cycle to the lunar month and also the female menstrual cycle have been observed.<sup>82</sup> In the seventeenth century, Sanctorius, a physician, originated the theory that there was a resembling menstrual cycle in the male. Sanctorius based his theory on findings that the male fluctuated in weight from one to two pounds in similar monthly cycles as those found in females.<sup>83</sup>

<sup>79</sup>Willis, "Biorhythm Analysis," op. cit., p. 3.

<sup>80</sup>Thommen, op. cit., p. 53.

<sup>81</sup>Donald A. Laird, "The Secret of Your Ups and Downs," Reader's Digest, 27:15-16, August 1935.

<sup>82</sup>Hans J. Wernli, Biorhythm (New York: Crown Publishers, Inc., 1961), p. 19.

<sup>83</sup>Mackenzie, op. cit., p. 20.

A study was performed by Hersey demonstrating the emotional fluctuations found in the male.

His conclusion was that although the emotional cycles of individual men vary with the individual from sixteen days to sixty-three days, the average length for men is about five weeks.<sup>84</sup>

As in the physical cycle, the emotional cycle is divided into half periods. An individual is more outgoing and happy during the discharging periods of the first fourteen days of the cycle.<sup>85</sup> The second half of the cycle is the recharging phase in which the individual is more impressionable to irritations or stressful situations.<sup>86</sup>

The emotional cycle was not to be confused with the woman's menstrual cycle.

The female of our species also has an emotional cycle of approximately five weeks, but hers is complicated by two other cycles . . . [menstrual] and a fourteen day cycle of amorousness.

This proclivity of sexual desires was discovered in the 1930s by Marie Stopes.<sup>87</sup>

#### Intellectual Cycle

The most recent of the three original biorhythm cycles is the thirty-three day intellectual cycle.

"Teltscher's associates and also certain doctors ascribed

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<sup>84</sup>Dewey, op. cit., p. 39.

<sup>85</sup>Thommen, loc. cit.

<sup>86</sup>Mackenzie, op. cit., p. 14.

<sup>87</sup>Dewey, op. cit., pp. 41-42.

the phenomenon to a secretion of the thyroid gland." Origin of the cycle is believed to be found in the brain cells.<sup>88</sup>

In 1945, Hersey and Bennet, endocrinologists, demonstrated the prevalence of a "change of mood rhythm" lasting thirty-three days. Rostant, a French scientist, stated that intellectual abilities are predetermined by the ". . . 9,000,000,000 pyramidal cells in the cerebral cortex . . ." According to Rostant, these pyramidal cells develop from a thirty-three cell division of a single cell.<sup>89</sup>

The first half period of sixteen and one-half days is the discharging phase. The characteristics are demonstrated through the individual's ability to memorize and respond more easily than during the recharging phase of the second half period.<sup>90</sup> The discharging phase of this cycle, according to the Japanese, should be used by the individual to venture into business experiments, discussions, decisions, studies demanding memorization and examinations.<sup>91</sup> Thommen has found ". . . that the 33-day intellectual rhythm has a minor, or at least only a contributory influence on human error, accident, or death."<sup>92</sup>

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<sup>88</sup>Thommen, op. cit., p. 55.

<sup>89</sup>Wernli, op. cit., p. 92.

<sup>90</sup>Thommen, loc. cit.

<sup>91</sup>Willis, "Biorhythm Analysis," loc. cit.

<sup>92</sup>Thommen, op. cit., p. 31.



### Composite Cycle

In 1975, Phillips presented a new method of design which demonstrates a general representation of the combination of the three previous cycles. ". . . The composite represents the algebraic sum of values assigned to each day of each cycle." General personality types can be found by administering nine questions developed by Phillips. The results of these questions divides the individuals into four categories (physical, intellectual, emotional and average personality classes). These categorizations are determined by the individual selecting one of the three answers designated by A, B or C of each question. If the individual chooses at least five answers from one of the three categories, this person is considered as having the characteristics of that particular personality type. "Other combinations mean you are average with a tendency toward the category where most of your choices lie." Through use of the table from O'Neil and Phillips, a single line can be developed from the mixtures of the three original rhythms. Therefore, it can possibly show the amplitudes of the high and low phases of the total behavior of the individual.<sup>93</sup>

### Critical Phase

Critical days occur in each of the three cycles and can be compared with the blowing out of an electric light

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<sup>93</sup>O'Neil, op. cit., pp. 14-15, 74.

bulb. The explosion is caused because of a weakened filament that can not take the charge of the current being turned on or turned off.<sup>94</sup>

The critical day, also known as the switch-point day, periodic or half periodic day, is that point when the curve crosses the midline from positive to negative or negative to positive. This phase in the cycle ". . . presents a brief moment of equilibrium with no stress, and at this point people are accordingly, most vulnerable."<sup>95</sup>

According to Thommen, susceptibility to accidents, illnesses or errors can be increased if two or all the cycles are at the critical point. Thommen et al. found that the potential for error and accident was definitely increased whenever the physical critical day coincided with another critical cycle. These double critical mixtures occur six times a year.<sup>96</sup> Once a year all three cycles are at zero.<sup>97</sup>

There appears to be little agreement concerning what constitutes the critical days. The three theories are as follows:

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<sup>94</sup>Thommen, op. cit., p. 57.

<sup>95</sup>Willis, "The Effect of Biorhythm Cycles," op. cit., p. 15.

<sup>96</sup>Thommen, op. cit., p. 53.

<sup>97</sup>Willis, "The Effect of Biorhythm Cycles," op. cit., p. 3.

1. Mackenzie and Thommen believed that the critical days occur only at the beginning, midpoint and ending of each cycle. In other words, only when the cycle crosses the horizontal line does a state of flux exist<sup>98</sup> during the twenty-four hour span.<sup>99</sup> These days occur approximately once every six days.<sup>100</sup>

2. Ault, Kincade and Willis proposed another view on the duration of the critical phase. According to Ault and Kincade, the critical phase was

'. . . the time which includes the day, and a 12 hour period either side of the day during which the curve or curves cross the zero line . . .'<sup>101</sup>

Willis stated that a high percentage of accidents, flare-ups and intellectual mishaps happen within the twenty-four hour switch point period or ". . . very near to it, for the particular cycle involved."<sup>102</sup>

3. The third viewpoint, held by Wernli and Anderson, agreed with the hypothesis held by Mackenzie and Thommen. However, Wernli and Anderson postulated that a critical potential could also exist when any two or more

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<sup>98</sup>Mackenzie, op. cit., p. 19.

<sup>99</sup>Thommen, op. cit., p. 58.

<sup>100</sup>Mackenzie, loc. cit.

<sup>101</sup>Willis, "Biorhythm . . . to Human Error," op. cit., p. 280.

<sup>102</sup>Willis, "The Effect of Biorhythm Cycles, loc. cit.

cycles crossed at points in the regenerative phase other than the midline,<sup>103</sup> and the closer to the midline, the more critical the potential could be.<sup>104</sup>

#### RELATED STUDIES

Investigations have been performed in Japan, Europe and the United States to determine if biorhythmic critical days were a major factor in the cause of accidents, illnesses or individual human errors. In Europe, the practice of using the biorhythm theory to increase efficiency and reduce personal injury and error has been used quite extensively in air and land traffic services, athletics and by the medical profession.<sup>105</sup>

The first use of biorhythmic statistics in business was accepted in Japan in the late sixties. The Omi Railway and Transportation Company of Hikone, Japan used the biorhythm theory to reduce the accidents of their bus drivers. ". . . They reported that they reduced their accident rate to almost zero in one year, and had achieved 2,000,000 kilometers without an accident . . ." The company claimed this reduction as a result of telling the employees of the critical days.<sup>106</sup> A study in German factories using

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<sup>103</sup>Wernli, op. cit., p. 18.

<sup>104</sup>O'Neil, op. cit., p. 54.

<sup>105</sup>Arehart, "Biorhythm . . . to Spot Accident Prone Periods," op. cit., p. 101.

<sup>106</sup>Willis, "The Effect of Biorhythm Cycles," op. cit., p. 1.

biorhythmic statistics revealed that the critical day was the site of eighty-three percent of the accidents.<sup>107</sup>

In the 1960s in the United States, Anderson investigated accidents that occurred in industry. The findings showed that seventy percent of over three hundred accidents that occurred coincided with the individual's critical day. In a second investigation between 1970 and 1972, ninety percent of one thousand cases of accidents studied fell on the critical day.<sup>108</sup>

Willis researched in the areas of industry, traffic control and athletics. In Willis' studies, biorhythms had been found to be a significant factor in the cause of accidents, deaths and results of athletic contests.<sup>109</sup>

The most recent research conducted in the United States was by Dr. Douglas E. Neil of the Naval Postgraduate School in California and the United States Air Force. Neil's research of the significance of human performance and biorhythms

. . . involving analysis of accident claims, indicated that such a relationship does exist and is significant in terms of the low phase and the critical day.

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<sup>107</sup>Rose Mary Rummel, "Individual and Team Biorhythms and Performances in the 1975 AIAW National Basketball Championships," 1975 (Madison College, Harrisonburg, Virginia), p. 2.

<sup>108</sup>O'Neil, op. cit., p. 53.

<sup>109</sup>Willis, "The Effect of Biorhythm Cycles," op. cit., p. 2.

However, to find out how each of the cycles related to actual performance, Neil conducted a controlled investigation on an information-processing task.

Analysis revealed that of fourteen observed cycle changes, nine fell within one day of the critical times in one of the biorhythmic cycles.<sup>110</sup>

United Airlines in 1973 worked with Neil in an investigation of employees' accidents and errors. The employees were made aware of their biorhythmic critical days for a three-month period. According to United authorities, there was a reduction of injuries. It was also found that pilots were less influenced by the critical days (probably because of the intensive training), while the maintenance crews were more sensitive to these periods.<sup>111</sup>

The Air Police at Kasuga Base in Japan reported in 1970 that through their research investigations, biorhythms proved to be very reliable. Out of one thousand and sixty-six self-caused cases, fifty-nine percent were on critical days. In three hundred and fifty-five cases in industry, critical days showed fifty-nine percent reliability. In the aerospace accident reports, out of seventy-two cases, sixty-seven percent occurred on critical days.<sup>112</sup>

In medicine, evidence has been gathered to substantiate the relationship between deaths and the regenerative

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<sup>110</sup>O'Neil, op. cit., pp. 57-58.

<sup>111</sup>Ibid., pp. 59-60.

<sup>112</sup>Willis, "Biorhythm Analysis," loc. cit.

phase of the physical cycle and the critical days of all the cycles.

It has also been found that medication or other medical treatment may be imposed which prevents the person from expiring during a critical or negative period.<sup>113</sup>

Therefore, the probability that the percentage of deaths on critical-negative phases would be much higher if medical science was not used to help increase the life of the patient.

Not many research investigations on biorhythms and athletic performance have been written after the first book was published on Biological Rhythms and Performances in Sports in the 1920s by Judt of Germany.<sup>114</sup> A reason for a lack of interest in this area could be attributed to the insignificance of the biorhythmic statistics to performances of the athlete. O'Neil and Phillips stated in the book, Biorhythms: How to Live with Your Life Cycles, that

Athletes' concentration on training and conditioning, and on finding and maintaining the game face--that intangible quality of being properly susceptible to the extremes of biorhythmic influence.<sup>115</sup>

However, in the past five years more research has begun both in individual and team biorhythmic performances.<sup>116</sup>

<sup>113</sup>Willis, "Biorhythm . . . to Human Error," op. cit., p. 276.

<sup>114</sup>Thommen, op. cit., p. 28.

<sup>115</sup>O'Neil, op. cit., p. 36.

<sup>116</sup>Rummel, op. cit., pp. 2-3.

Many examples of sport figures have been biorhythmically charted in the three available books on biorhythms by O'Neil and Phillips, Wernli and Thommen. From the chartings, many showed significance of the critical days and high and low phases to failures and successes of the athlete's performance.

Examples of this are Lauer losing in the steeplechase in 1959. Lauer was charted as being in a critical physical stage. Connolly, in the 1960 Olympics in the hammer throw, lost by a large margin of his own previous world record. He was at a triple critical period.<sup>117</sup>

Palmer, who had won the British Open in 1962, was in a triple high phase during this tourney. Palmer met failure a few weeks later in the PGA Tournament. According to the biorhythm chart, Palmer was at the triple low phase during this week of play.<sup>118</sup>

In boxing, there appears to be a high correlation between biorhythms and the performances of the boxers winning the bouts. In the fights between Patterson and Johansson in 1960, the biorhythms could have been used as predictors of the winner in all fights except the final fight. However, Johansson, who lost even though the biorhythm chart showed greater efficiency than Patterson's, stated that he had not trained right before his bout.<sup>119</sup>

<sup>117</sup>Wernli, op. cit., pp. 102, 125.

<sup>118</sup>Thommen, op. cit., pp. 89-90.

<sup>119</sup>Ibid., pp. 90-93.

Spitz displayed performances "when a man can do no wrong" at the 1972 Olympic Games in swimming. Spitz was in a discharge phase in both his physical and emotional cycles during the Olympic competition.<sup>120</sup>

In O'Neil and Phillips' book, they gave examples of biorhythmic charting of athletes that showed little or no significance to biorhythms and performance.

A comparison of the charts for Jesse Owens, Olga Korbut, and Muhammad Ali indicates that critical days and lows do not guarantee mistakes or failure; the charts for Johnny Miller, Billie Jean King, and George Foreman show that highs do not necessarily mean success. We must keep in mind that in all these equations, training is crucial, and a certain amount of circumspection in interpretation is needed to allow for its effects.<sup>121</sup>

Out of this investigator's search of literature on studies of athletic performance and its relativity to biorhythmic statistics, only six studies from four different sport areas were considered relevant to this investigator's area of research. These studies are discussed briefly in the following paragraphs.

In the sport of football, two studies were found by this investigator. The results of games in 1972 and 1973 in the college and professional football teams were investigated by Wallerstein and Roberts of California. By

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<sup>120</sup> Willis, "The Effect of Biorhythm Cycles," op. cit., p. 9.

<sup>121</sup> O'Neil, op. cit., p. 47.

combining individual biorhythm cycles into team cycles, Wallerstein and Roberts predicted performances of the offense and defense.<sup>122</sup>

The study "Predictive Powers in Bio-Rhythm Analysis in the Performance of Football Players" by Case at Missouri Southern State College in 1973 showed the application of biorhythmic statistics to predicting performances in football at Missouri Southern State College. The findings of this study demonstrated that of three hundred and fifty-five games, one hundred and forty-two ran congruent to the predicted scores. Of the true performance scores, one hundred and thirty-one of these scores were better than the predicted scores. Eighty-two of the true performance scores were worse than the predicted scores. The predicted scores showed seventy-seven percent being equal to or better than the ranked performances established by the coach.<sup>123</sup> The evaluation of performances for the offense and defense of the football team was near a ninety percent preciseness.<sup>124</sup>

In the sport of gymnastics, Gunthard, the Swiss National Gymnastics Coach used biorhythmic statistics at

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<sup>122</sup> Rummel, op. cit., p. 3.

<sup>123</sup> Jann Case, "Predictive Powers in Bio-Rhythm Analysis in the Performance of Football Players," (paper presented to Missouri Southern State College, Joplin, Missouri, 1973), p. 1.

<sup>124</sup> Willis, "The Effect of Biorhythm Cycles," op. cit., p. 8.

the World Championships in Ljubljana. Gunthard predicted that his team would win twenty-four points. The Swiss team won, in reality, eighteen points. Two points were lost due to an injury (which occurred on this gymnast's critical physical day). Gunthard's prediction demonstrated eighty-two percent accuracy.<sup>125</sup>

Swimming was the next area in which two studies were read by this investigator. The first study was conducted on the Rochester Swim Club by Herring. Four groups of forty male swimmers were investigated. Group A was allowed to review their biorhythm charts prior to each day. In Group B, only the coach was allowed to see the charts before each day. Group C swimmers and not the coach were allowed to see their charts prior to each day. Group D's biorhythmic charting was not calculated until the end of the season. The physical cycle demonstrated the most influence on the times with the emotional cycle showing significance too. "On all swimmers tested, the practice times followed the biohythm curves with 90 percent accuracy. The meet times followed the curves with sixty percent accuracy."<sup>126</sup>

The second study investigated in the area of swimming was conducted in 1975 at Appalachian State University in Boone, North Carolina by Larson and Thomas. These

<sup>125</sup>Ibid.

<sup>126</sup>Vincent F. Herring, "Biorhythm in Swimming," Swimming Technique, 8:3:75, October 1971.

investigators predicted the top twelve swimmers of the 1975 Men's Southern Conference Swim Championships in five of the events. Twenty-five percent were predicted in the five hundred yard freestyle, fifty-eight percent in the two hundred individual medley, twenty-nine percent in the fifty yard freestyle, seventy-seven percent in the 400 yard individual medley and fifty-eight percent were predicted in the two hundred yard freestyle. The results found that the emotional cycle had a significant bearing on the proficiency of the prediction.<sup>127</sup>

The final study reviewed by this investigator was in the sport of basketball. "Individual and Team Biorhythms and Performances in the 1975 AIAW National Basketball Championships" was the subject of investigation by Rummel of Madison College in Virginia. Rummel's study contained two hypotheses. The first hypothesis was to compare the women's individual and team performances. The other hypothesis was to determine if injuries showed significance with a critical or negative phase to the day of the injury; however, no injuries occurred. Performances were taken from the game statistics and ranked good or poor according to seasonal averages. Overall, the results demonstrated approximately eighty-five percent of both the individual

<sup>127</sup>E. Ole Larson and Ellen Thomas, "Prediction of Performance through Biorhythmical Charting" (unpublished study at Appalachian State University, Health, Physical Education and Recreation Department), Boone, North Carolina, November 1, 1975, pp. 19-20.

and team biorhythmic predictions as being related to individual and team performances.<sup>128</sup>

#### SUMMARY OF RELATED LITERATURE

In reviewing the literature, two views of the origin of the "master controller" were described: the endogenous clock hypothesis and the exogenous clock hypothesis.<sup>129</sup> The subsequent literature dealt with the historical background of the biorhythm theory and the characteristics of the cycles. Studies in traffic services, medicine and athletics were described. The investigations made by the traffic services suggested that the employees should be forewarned of the critical days.<sup>130</sup> More accidents occurred on the employees' critical days than any other day of work.<sup>131</sup>

A lack of interest in the area of biorhythmic statistics and performances of the athlete suggested the rationale for only six recent studies performed on biorhythms and athletic performances. Five studies were reviewed in which the biorhythms were utilized to predict the final consequence of the contests. A large percentage

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<sup>128</sup>Rummel, op. cit., pp. 4-5, 8.

<sup>129</sup>Arehart, "The Search . . . to the Rhythms of Life," op. cit., p. 178.

<sup>130</sup>Willis, "The Effect of Biorhythm Cycles," op. cit., p. 1; see also, Willis, "Biorhythm Analysis," loc. cit.

<sup>131</sup>Arehart, "Biorhythm . . . to Spot Accident Prone Periods," loc. cit.; see also, O'Neil, op. cit., p. 53.

of the predictions were reported as significant in one or all of the three cycles.<sup>132</sup>

One study utilized the biorhythm theory to influence the coach and players positively or negatively in practice and in competitive situations. Significance on performance outcomes was demonstrated in the physical and emotional curves.<sup>133</sup>

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<sup>132</sup>Rummel, op. cit., p. 3; see also, Case, loc. cit.; see also, Willis, "The Effect of Biorhythm Cycles," loc. cit.; see also, Larson, loc. cit.

<sup>133</sup>Herring, loc. cit.

### Chapter III

#### PROCEDURES

This study was divided into four distinct sub-problems: (1) selection of subjects and tournaments, (2) tabulation of the deviation of the golfer's daily golf scores from each individual's 1975 average score, (3) calculation and classification of each subject's physical, emotional, intellectual and mixed biorhythms, and (4) treatment of the data.

#### SUBJECTS AND TOURNAMENTS

Subjects were selected from the Ladies Professional Golf Association. Only the top twenty money winners of the year 1975 designated by the LPGA were considered for the purposes of this study.<sup>1</sup>

A total of thirty-three official and unofficial tournaments were scheduled by the Ladies Professional Golf Association for the year 1975. However, the United States Open Tournament was deleted from the study because the daily scores were not given in the LPGA Player Guide 1976. Also, the Colgate European Ladies Open was eliminated because of

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<sup>1</sup>Becky Madeira, ed., LPGA Player Guide 1976 (New York: LPGA Office, 1976), p. 8.

an error by the investigator in the final organization of the data. The total number of potential tournaments to be played by the twenty lady golfers was reduced to thirty-one. Each of the twenty lady golfers did not play in all of the thirty-one tournaments. The most tournaments played by any one golfer was twenty-six. The least tournaments played by any one golfer was seventeen.

#### DAILY DIFFERENTIAL

The 1975 final scoring averages for each golfer were taken from the LPGA Player Guide 1976.<sup>2</sup> Each golfer's rounded off average score was utilized by the investigator to determine the deviation from the mean of all daily golf scores played in competition. (See Appendix B, p. 80.)

In golf the object of the game is to take as few strokes as possible in completing eighteen holes. Therefore, the lower the score, the better the golfer has performed. For the purposes of this study, a negative sign was given to the deviation number when the daily score demonstrated a lower numerical value than the mean score. A positive sign was given to the deviation number when the daily score demonstrated a higher numerical value than the mean score. The researcher also referred to these negative and positive signs as being below average and above average, respectively.

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<sup>2</sup>Ibid.



### BIORHYTHM CLASSIFICATION

Each golfer's physical, emotional and intellectual cycles of the biorhythms were calculated by the Univac Seventy-Forty-Six computer at the Appalachian State University Data Processing Center. Data cards necessary for key punching consisted of four frontal cards, twenty subject cards and two sign-off cards. The card essential for dispatching computer execution of the selected program was the second frontal card. This card was demonstrated as /EXEC \$FAC.O.BIOR.

For each golfer, a data card was prepared which included the birthdate and name. Responding to the birthdates, the computer statistically printed out the three biorhythmic cycles according to each given day of the twelve months. Switch-point periods were distinguished on a daily basis by exhibiting plus and minus signs. (See Appendix C, p. 101.)

The mixed biorhythm was calculated by the investigator because the computer was not programmed for this rhythm. The investigator computed the mean of the three biorhythms (physical, emotional and intellectual) for a given day to determine the amplitude of the point on the mixed curve. Mixed rhythm points were calculated for each of the tournament days.

In classifying the three original cycles, the investigator used the conventional biorhythmic curve

interpretation as stated by Thommen et al.<sup>3</sup> Three treatment groups were employed to distinguish average/above average biorhythmic efficiency, below average biorhythmic efficiency and the critical day of the four rhythms. These categories were demonstrated by the figures 1, 2, and 3. (See Appendix C, p. 101.)

The computer was only programmed to assign amplitude points for complete twenty-four hour days. The theorized critical day for the physical and intellectual cycles was demonstrated as being the eleven and one-half day in the physical cycle and the sixteen and one-half day in the intellectual cycle. Therefore, the exact critical day at the half periodic point for the physical and intellectual cycles was not recorded on the print-out by the computer. (See Appendix C, p. 101.)

Days above the periodic day, classified as average and above average biorhythmic efficiency, included: one through ten in the physical cycle, one through thirteen in the emotional cycle and one through fifteen in the intellectual cycle. The days classified as below average biorhythmic efficiency were exhibited as negative signs below the periodic day. This phase consisted of thirteen through twenty-two days in the physical cycle, fifteen through twenty-seven days in the emotional cycle and

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<sup>3</sup>George S. Thommen, Is This Your Day? (New York: Crown Publishers, 1973).

eighteen through thirty-two days in the intellectual cycle. (See Appendix C, p. 101.)

The investigator did not determine the cycle of the mixed biorhythm. Therefore, the mixed rhythm was classified by positive and negative points in lieu of days. All points demonstrating a zero in two decimal places were rounded off to the nearest tenth for the purposes of determining the critical phase in the mixed rhythm. Using the above procedure, the points ranging from .000 through .049 were delimited to the critical phase of the mixed cycle. (See Appendix D, p. 162.)

#### TREATMENT OF THE DATA

The organization and analysis of the data consisted of the distribution of the performance score deviations for each tournament day corresponding to the day of the three biorhythmic efficiency treatment groups. An analysis of variance for one-way design, program BMD.V.01, was executed on the ninety/sixty computer at the Appalachian State University Data Processing Center.

The three treatment groups were (1) the average and above average biorhythmic efficiency group, (2) the below average biorhythmic efficiency group, and (3) the critical biorhythmic group. Separate ANOVAs were computed for the physical, emotional, intellectual and mixed rhythms.

The mean and standard deviation were found, along with an F-ratio, for the physical, emotional, intellectual

and mixed cycles. These three components were analyzed to statistically test the null hypotheses.

## Chapter IV

PRESENTATION AND ANALYSIS  
OF DATA

The presentation and analysis of data were arranged according to the different biorhythmic cycles, namely, the physical cycle, the emotional cycle, the intellectual and the mixed cycles. Within each section were found descriptive statistics, analysis of variance for the one-way design and a graph displaying the mean deviations of golf scores for the individual cycle. Comparisons of the differences among the four biorhythmic patterns to the competitive performances of the three treatment groups (average/above average, below average and critical) of the top twenty money winners in the Ladies Professional Golf Association for the year 1975 were disclosed in the chapter.

## PHYSICAL CYCLE

The mean for the average/above average index was .1667; for below average, the mean value was -.0082; and, for critical, .0333 was the mean. Observable differences in the treatment groups which may have occurred by chance were demonstrated. (See Table 1, p. 57.) The mean score

Table 1

Descriptive Statistics of the Physical Cycle  
for Three Treatment Groups

Treatment Group	M	S.D.	Sample Size
1 (Average and Above Average Index)	.1667	2.8737	578
2 (Below Average Index)	-.0082	3.0278	608
3 (Critical Index)	.0333	2.5604	150

for treatment group one (average/above average performance) displayed a positive value which inferred poor performance instead of average/above average performance), the mean score displayed a negative value which inferred average or above average performance instead of below average performance. (See Graph 1, p. 58.) The differences among the treatment groups for the physical cycle failed to reject  $H_1$ . Table 2 discloses the non-significant F-ratio of .5449. (See Table 2, p. 59.)

Graph 1

Mean Deviations of Golf Scores from Golfer's Average for the Physical Cycle Indices

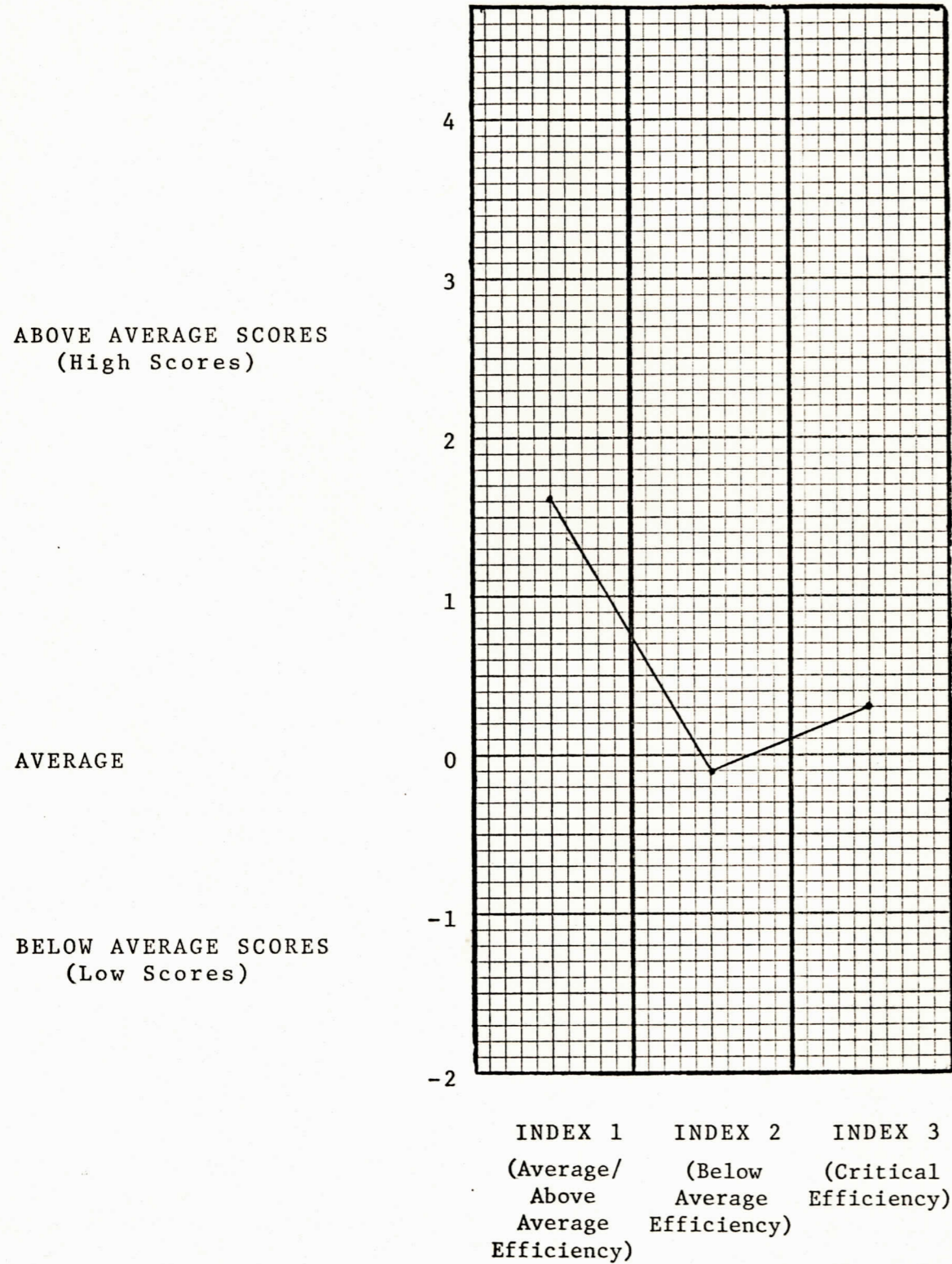


Table 2

Analysis of Variance of the Physical Cycle for 1336 Performance Scores and Biorhythmic Potentials for Three Treatment Groups

Source of Variation	SS	df	MS	F	p
Between Groups	9.2452	2	4.6226		
Within Groups	11240.4530	1325	8.4834	.5449*	N.S.
TOTAL	11249.6950				

\*An F-ratio of 2.99 required for significance at the .05 level.

EMOTIONAL CYCLE

Table 3 displayed a non-significant F-ratio of 2.6525 at the .05 level of confidence for the three biorhythmic efficiency indices. (See Table 3 below.) The

Table 3

Analysis of Variance of the Emotional Cycle of 1336 Performance Scores and Biorhythmic Potentials for Three Treatment Groups

Source of Variation	SS	df	MS	F	p
Between Groups	46.6518	2	23.3259		
Within Groups	11713.4530	1332	8.7939	2.6525*	N.S.
TOTAL	11760.1010	1334			

\*An F-ratio of 2.99 required for significance at the .05 level.

means for the average and above average index, the below average index and the critical index were as follows: treatment group one,  $-.1877$ , treatment group two,  $.1919$  and treatment group three,  $.1375$ . (See Table 4 below.)

Table 4

Descriptive Statistics of the Emotional Cycle for Three Treatment Groups

Treatment Group	M	S.D.	Sample Size
1 (Average and Above Average Index)	$-.1877$	2.9285	667
2 (Below Average Index)	$.1919$	3.0731	589
3 (Critical Index)	$.1375$	2.4064	80

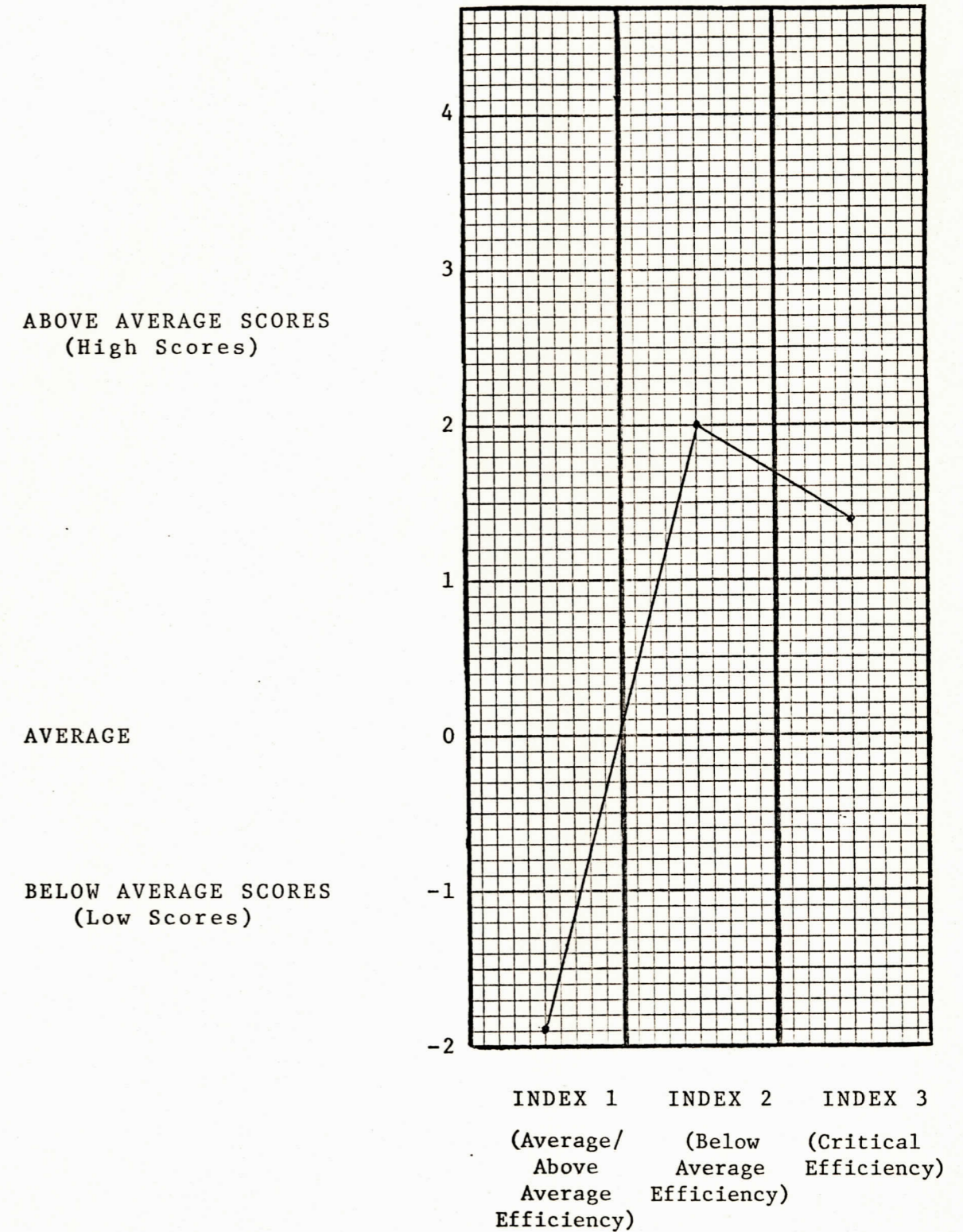
Gross differences between indices one and two were demonstrated in Graph 2. Expected negative values for average/above average efficiencies and performance scores and positive values for below average and critical efficiencies and performance scores were observed in all three treatment indices for the emotional cycle. (See Graph 2, p. 61.) However, the investigator failed to accept the observation as being significant because of the non-significant F-ratio. (See Table 3, p. 59.)

INTELLECTUAL CYCLE

A non-significant F-ratio of  $.5239$  was obtained among the three indices. The result denoted that no

Graph 2

Mean Deviations of Golf Scores from Golfer's Average for the Emotional Cycle Indices



differences existed between intellectual biorhythmic efficiency and performance scores. (See Table 5 below.) The

Table 5

Analysis of Variance of the Intellectual Cycle of 1336 Performance Scores and Biorhythmic Potentials for Three Treatment Groups

Source of Variation	SS	df	MS	F	p
Between Groups	8.9127	2	4.4564		
Within Groups	11339.2810	1333	8.5066	.5239*	N.S.
TOTAL	11348.1910	1335			

\*An F-ratio of 2.99 required for significance at the .05 level.

means for the three indices were .1168, -.0288, and -.1092, respectively. These three indices were demonstrated in Table 6 below. Differences of the treatment indices

Table 6

Descriptive Statistics of the Intellectual Cycle for Three Treatment Groups

Treatment Group	M	S.D.	Sample Size
1 (Average and Above Average Index)	.1168	2.8938	591
2 (Below Average Index)	-.0288	3.0059	626
3 (Critical Index)	-.1092	2.5237	119

(average/above average index, below average index and critical index) disclosed visual inversed distinctions;

therefore, the investigator accepted  $H_3$ . (See Graph 3, p. 64.)

## MIXED CYCLE

The rhythm that evolved from the mathematically averaged biorhythms displayed -.0394, .0776, and .4554 for the means of the average/above average index, the below average index, and critical index. (See Table 7 below.)

Table 7

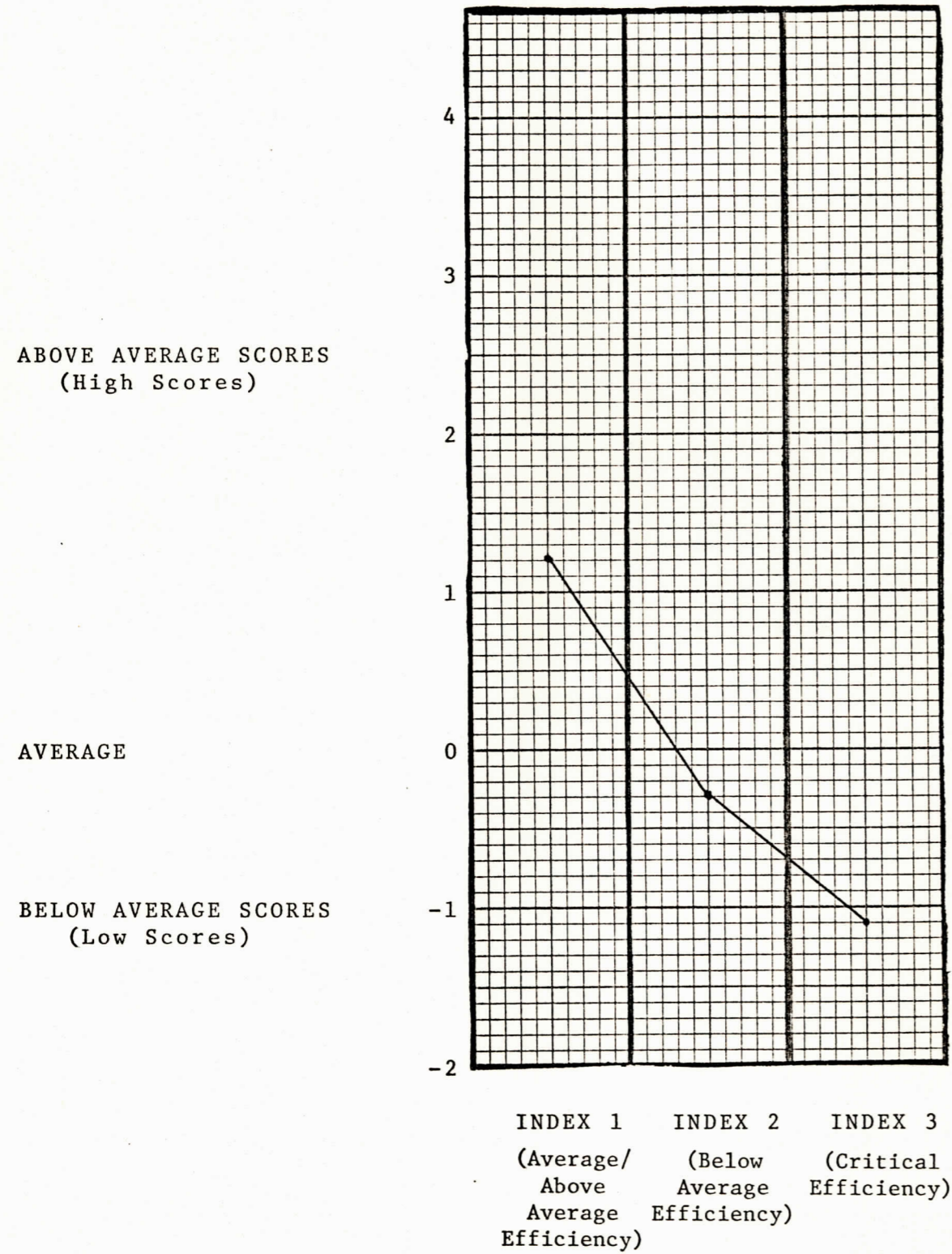
Descriptive Statistics of the Mixed Cycle for Three Treatment Groups

Treatment Group	M	S.D.	Sample Size
1 (Average and Above Average Index)	-.0394	2.8395	635
2 (Below Average Index)	.0776	3.0029	589
3 (Critical Index)	.4554	2.9344	112

The analysis of the data for the mixed rhythm revealed an observable expected similarity of the treatment groups according to the conventional interpretation of the positive and negative phases of the biorhythmic curves. The third treatment index (critical phase) demonstrated an observable expected deviation from the second treatment group according to the conventional critical point interpretation. (See Graph 4, p. 65.) However, a non-significant F-ratio of 1.4016 was obtained as designated in Table 8, p. 66.

Graph 3

Mean Deviations of Golf Scores from Golfer's Average for the Intellectual Cycle Indices



Graph 4

Mean Deviations of Golf Scores from Golfer's Average for the Mixed Cycle Indices

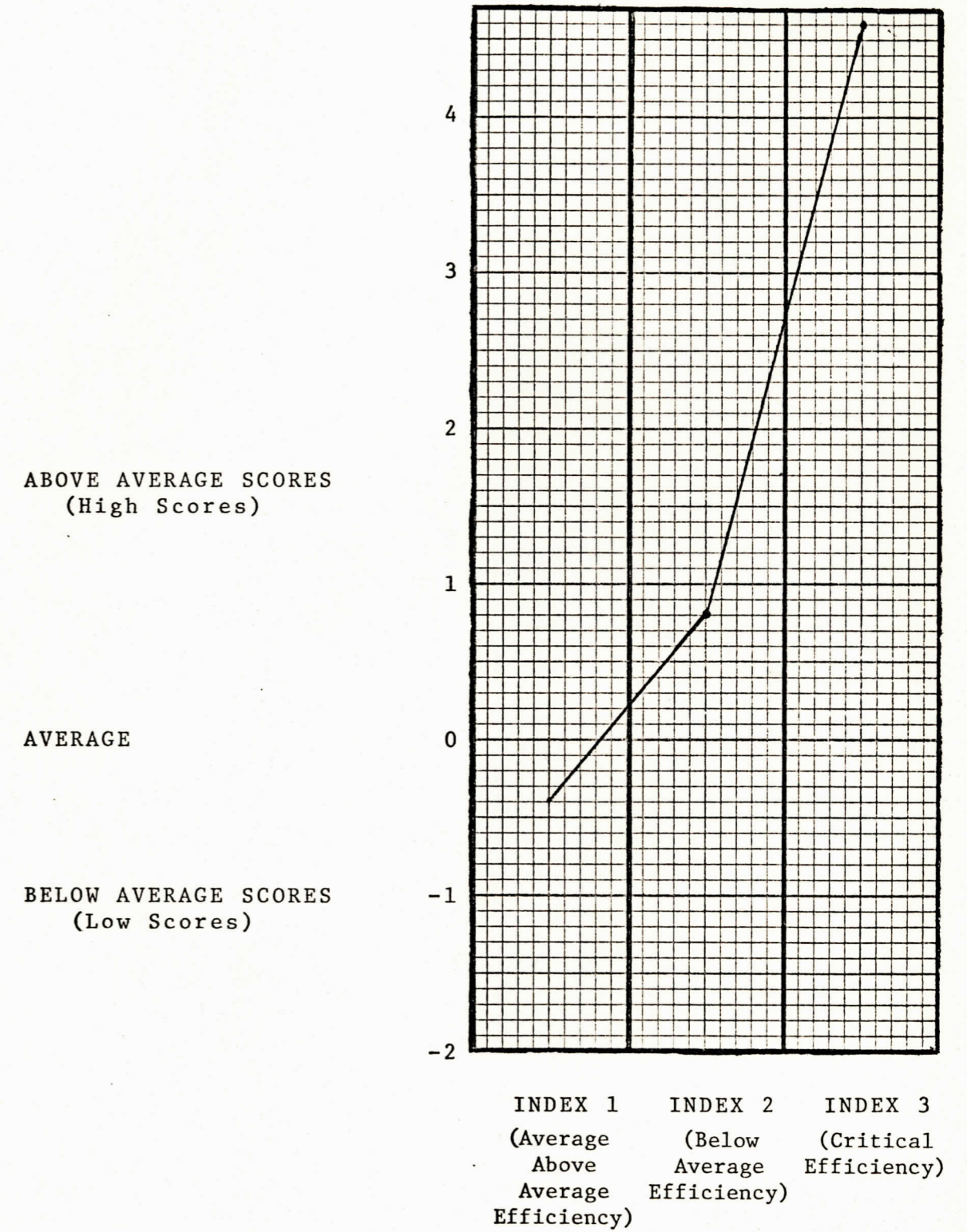


Table 8

Analysis of Variance of the Mixed Cycle of  
1336 Performance Scores and Biorhythmic  
Potentials for Three Treatment Groups

Source of Variation	SS	df	MS	F	p
Between Groups	23.9000	2	11.9500		
Within Groups	11288.6790	1324	8.5262	1.4016*	N.S.
TOTAL	11312.5780	1326			

\*An F-ratio of 2.99 required for significance at the .05 level.

## Chapter V

SUMMARY, FINDINGS, DISCUSSION OF THE FINDINGS,  
CONCLUSIONS, AND RECOMMENDATIONS

## SUMMARY

The primary purpose of the study was to ascertain if there was a significant difference between performance scores and biorhythm efficiencies (average/above average phase, below average phase and critical phase) of the top twenty lady golfers. The computations were analyzed according to the conventional method of interpreting the biorhythm theory through the one-way analysis of variance.

The subjects consisted of the 1975 top twenty money winners of the Ladies Professional Golf Association. The golfer's original biorhythms (physical, emotional and intellectual cycles) for the year 1975 were computed from the individual's birthdate. The fourth cycle, the mixed cycle, was computed by calculating the average of the three original biorhythms for the given day. Daily performance scores were gathered from thirty-one tournaments for the year 1975. Each golfer's daily score was classified according to the deviation from the individual's 1975 performance score average.



The differences of the four biorhythmic cycles to golf performance scores were computed by the one-way analysis of variance. The F-ratios, computed for the three treatment groups (average/above average, below average and critical indices), of each cycle was analyzed to determine if there was a significant difference between performance scores and biorhythms.

#### FINDINGS

The findings of this study were as follows:

1. There was no significant difference among the treatment groups of the physical cycle according to the conventional biorhythm theory analyzed by the one-way analysis of variance.
2. There was no significant difference among the treatment groups of the emotional cycle according to the conventional biorhythm theory analyzed by the one-way analysis of variance.
3. There was no significant difference among the treatment groups of the intellectual cycle according to the conventional biorhythm theory analyzed by the one-way analysis of variance.
4. There was no significant difference among the treatment groups of the mixed cycle according to the conventional biorhythm theory analyzed by the one-way analysis of variance.

5. As displayed by the four computations of F-ratios, the analysis of variance disclosed non-significant differences among performance scores and biorhythmic efficiencies of average/above average, below average and critical according to the conventional biorhythm method of interpretation.

#### DISCUSSION OF THE FINDINGS

It was the assumption of the study that one or all biorhythmic cyclic potentials would affect the performance scores of the lady golfers to a significant degree. However, the results of the study failed to reject the hypotheses at the .05 level of confidence for the physical, emotional, intellectual and mixed cycles.

Two factors must be considered in the findings of the study. An initial consideration that was not determined was the personality of each golfer. Interpretations of biorhythms should have entertained distinctions of not only introversion and extroversion, but also age and health.<sup>1</sup> Another constituent that should have been deliberated was the nature of the sport. The game of golf required outside play; therefore, the golfers were constrained to subdue the environmental inclemencies.

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<sup>1</sup>Barbara O'Neil and Richard Phillips, Biorhythms: How to Live with Your Life Cycles (Pasadena: Ward Ritchie Press, 1975), p. 47.

Unlike Thommen's book, O'Neil and Phillips discussed the failures of biorhythmic predictions in athletics:

. . . Critical days and lows do not guarantee mistakes or failure . . . and highs do not necessarily mean success. We must keep in mind that in all these equations, training is crucial, and a certain amount of circumspection in interpretation is needed to allow for its effects.<sup>2</sup>

Kitchens stated that the conventional biorhythm theory, based on the sine curve equation  $y = \text{sine } x$ , was an inaccurate instrument for distinguishing varying biorhythmic efficiencies. Kitchens posited there was a more appropriate equation for explaining the amplitudes of the biorhythm theory. According to Kitchens, compact fluctuations at the midline would demonstrate a separation of the sine curve. This junction would explain the critical phase of the cycles and would be more conducive to the interpretation of the biorhythm theory.<sup>3</sup>

The performance scores did not display a significant deviation from zero (average performance) to reject the null hypotheses. The investigator concurred with O'Neil and Phillips that the athletes' concentration during competitive situations ". . . tends to make them as a group less susceptible to the extremes of biorhythmic influence."<sup>4</sup>

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<sup>2</sup>Ibid.

<sup>3</sup>Statement by Larry Kitchens, Assistant Professor of Mathematical Sciences, personal interview, Appalachian State University, Boone, North Carolina, July 26, 1976.

<sup>4</sup>O'Neil, op. cit.

## CONCLUSIONS

The following conclusions were drawn from the study:

1. A review of current literature indicated that intrinsic and extrinsic variables may have influenced the performance of the golfers enough to overwhelm the potential outcomes of the biorhythms.
2. The results of the study, analyzed by utilizing the analysis of variance for one-way design, inferred that the four rhythmic cycles did not have a significant effect on the performances of the top twenty lady golfers.

## RECOMMENDATIONS

The following recommendations were proposed:

1. To conduct case studies on the top twenty money winners of the Ladies Professional Golf Association and take into consideration health, age and personality.
2. To conduct a similar study utilizing the composite cycle developed by Phillips.
3. To conduct a similar study employing non-professional golfers as the selected population for the study.
4. To conduct a similar study and control the variables of climatic conditions and difficultness of the golf courses on which the golfers played.

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APPENDIXES

APPENDIX A  
1975 FINAL MONEY LIST

APPENDIX A  
1975 Final Money List

Rank	Name	Total Money Won
1	Sandra Palmer	\$94,805.20
2	JoAnne Carner	\$80,119.72
3	Carol Mann	\$72,350.56
4	Sandra Haynie	\$65,895.03
5	Judy Rankin	\$74,347.81
6	Jane Blalock	\$64,673.40
7	Donna C. Young	\$58,100.05
8	Kathy McMullen	\$41,984.36
9	Kathy Whitworth	\$53,603.15
10	Sandra Post	\$47,015.60
11	Suzie McAllister	\$37,829.04
12	JoAnn Washam	\$40,529.29
13	Carole Jo Skala	\$33,545.04
14	Pat Bradley	\$46,684.32
15	Amy Alcott	\$33,256.98
16	Jocelyne Bourassa	\$29,252.36
17	Betsy Cullen	\$27,919.05
18	Sue Roberts	\$27,573.61
19	Debbie Austin	\$22,062.77
20	Joyce Kazmierski	\$35,435.92

APPENDIX B

DEVIATIONS FROM GOLFERS' PERFORMANCE  
SCORE AVERAGES

APPENDIX B-1

Deviation from Golfer's Performance Score  
Average for C. Mann

Dates of Tourneys	Deviation from Average (72)			
	1	2	3	4
January 31- February 2	-1	-1	-1	
February 7-9	2	0	-3	
March 27-29	2	2	2	
April 17-20	1	0	-1	-1
April 25-27	0	0	-1	
May 2-4	0	4	1	
May 23-25	1	-4	-3	
May 29 thru June 1	-1	5	0	0
June 6-8	5	1	0	
June 13-15	-1	0	2	
June 27-29	-3	4	-3	
July 4-6	4	1	9	
July 11-13	-6	-2	1	
July 25-27	-4	-6	0	
August 15-17	-3	-1	0	
August 22-24	-3	1	1	
September 5-7	-5	-2	-1	
September 19-21	9	1	4	
October 17-19	9	1	4	
November 14-16	7	8	5	
November 21-23	-1	0	-2	
December 5-7	6	5	0	
December 13-14	4	4		

## APPENDIX B-2

Deviation from Golfer's Performance Score  
Average for S. Palmer

Dates of Tournaments	Deviation from Average (73)			
	1	2	3	4
February 7-9	-2	-1	-1	
March 21-23	1	1	-1	
March 27-29	4	-1	-4	
April 17-20	-3	-3	-3	0
April 25-27	-5	0	1	
May 2-4	-2	-1	-3	
May 9-11	2	-2	-4	
May 23-25	-2	-1	-5	
May 29-June 1	1	-2	0	2
June 6-8	1	3	1	
June 13-15	1	1	-1	
June 20-22	-2	-2	-2	
June 27-29	1	2	0	
July 11-13	-3	-2	-1	
July 25-27	1	2	-2	
August 15-17	-2	-4	-1	
August 22-24	-1	1	0	
September 5-7	-2	-4	0	
September 12-14	-2	3	1	
September 19-21	2	4	2	
October 23-26	1	-2	1	2
November 14-16	6	5	2	
November 21-23	-1	1	1	
December 5-7	2	4	2	
December 13-14	1	3		

## APPENDIX B-3

Deviation from Golfer's Performance Score  
Average for J. A. Carner

Dates of Tournaments	Deviation from Average (72)			
	1	2	3	4
February 7-9	2	4	-4	
February 21-23	-2	2	7	
March 27-29	-5	0	-1	
April 17-20	1	3	2	-1
April 25-27	2	0	-3	
May 2-4	0	-7	1	
May 9-11	1	1	0	
May 23-25	-3	-4	-3	
May 29-June 1	1	5	2	-2
June 6-8	-4	0	1	
June 13-15	6	5	2	
June 20-22	0	-1	-2	
June 27-29	1	-3	0	
July 11-13	-1	-1	-2	
July 25-27	-3	3	2	
August 15-17	-4	0	-2	
August 22-24	-3	0	-2	
September 5-7	0	2	-2	
September 19-21	4	3	8	
November 14-16	6	2	2	
November 21-23	-3	3	2	
December 5-7	2	1	5	
December 13-14	-2	0		



## APPENDIX B-4

Deviation from Golfer's Performance Score  
Average for S. Haynie

Dates of Tournaments	Deviation from Average (72)			
	1	2	3	4
January 31- February 2	0	1	-2	
February 7-9	-1	0	-4	
March 27-29	1	-3	-3	
April 17-20	-2	4	3	0
April 25-27	-3	1	-2	
May 2-4	1	-2	1	
May 23-25	0	-4	-1	
May 29-June 1	0	0	-1	2
June 13-15	6	-2	5	
June 27-29	-1	-2	2	
July 11-13	-4	0	0	
July 25-27	-1	1	0	
August 15-17	1	-3	1	
August 22-24	-4	-3	0	
September 5-7	-1	0	4	
September 19-21	-1	1	0	
November 14-16	3	-1	5	
November 21-23	-6	-1	1	
December 5-7	-2	3	4	

## APPENDIX B-5

Deviation from Golfer's Performance Score  
Average for J. Rankin

Dates of Tournaments	Deviation from Average (72)			
	1	2	3	4
January 18-19	1	1		
January 31- February 2	-2	3	4	
February 7-9	2	0	3	
February 21-23	2	-1	0	
March 21-23	-1	3	2	
March 27-29	2	-5	2	
April 17-20	4	3	-1	-2
April 25-27	-1	0	-3	
May 2-4	-1	-6	1	
May 9-11	-1	3	5	
May 23-25	-6	-3	-1	
May 29-June 1	0	4	4	2
June 6-8	2	3	3	
June 13-15	-2	3	2	
June 20-22	-1	-1	-2	
June 27-29	1	1	1	
July 11-13	-3	-1	2	
August 15-17	-3	2	-3	
August 22-24	-4	-4	-1	
September 5-7	-2	-1	3	
September 12-14	3	0	2	
December 5-7	0	0	3	
December 13-14	-1	-1		

## APPENDIX B-6

Deviation from Golfer's Performance Score  
Average for J. Blalock

Dates of Tournaments	Deviation from Average (73)			
	1	2	3	4
January 31- February 2	-3	-3	0	
February 7-9	0	-3	2	
February 21-23	-1	-5	3	
March 21-23	1	-1	-2	
March 27-29	-3	-2	-5	
April 17-20	-1	0	-3	1
April 25-27	-1	0	-2	
May 2-4	-6	-1	-1	
May 9-11	-3	0	4	
May 29-June 1	-2	2	4	
June 6-8	-2	5	1	
June 13-15	4	-1	3	
June 27-29	3	-1	0	
July 11-13	-4	-3	1	
August 22-24	-4	-1	-5	
September 5-7	3	1	1	
September 12-14	-1	0	1	
September 19-21	2	4	0	
November 21-23	-5	1	0	
December 5-7	0	1	0	
December 13-14	-2	-2		

## APPENDIX B-7

Deviation from Golfer's Performance Score  
Average for D. Young

Dates of Tournaments	Deviation from Average (73)			
	1	2	3	4
January 31- February 2	-3	-2	-6	
February 7-9	-4	-2	-1	
March 21-23	6	1	-3	
March 27-29	1	-3	2	
April 17-20	1	1	0	3
April 25-27	3	-6	-2	
May 2-4	-4	-2	-2	
May 9-11	-1	-3	-1	
May 29-June 1	-1	-1	0	1
June 27-29	3	3	3	
July 4-6	0	4	-3	
July 11-13	2	0	-2	
August 15-17	-2	-4	1	
August 22-24	-4	0	-1	
September 5-7	-2	-4	2	
September 19-21	-3	4	-1	
October 17-19	3	5	0	
October 23-26	2	-2	-3	1
November 14-16	4	6	0	
November 21-23	-2	2	2	
December 5-7	0	1	9	

## APPENDIX B-8

Deviation from Golfer's Performance Score  
Average for K. McMullen

Dates of Tournaments	Deviation from Average (74)			
	1	2	3	4
January 31- February 2	-6	2	1	
February 7-9	1	0	-4	
February 21-23	-2	-4	1	
March 21-23	7	-2	4	
March 27-29	3	0	-5	
April 17-20	-3	2	-8	-3
April 25-27	-2	-7	2	
May 2-4	-3	1	1	
May 9-11	3	1	2	
May 23-25	-2	-1	-6	
May 29-June 1	0	2	4	-1
June 6-8	0	3	1	
June 13-15	0	4	4	
June 20-22	0	-6	-2	
June 27-29	0	-5	1	
July 4-6	1	-2	-2	
July 11-13	-3	0	-2	
August 15-17	3	-2	2	
August 22-24	-3	-7	-1	
September 5-7	-3	3	1	
September 12-14	1	1	-3	
September 19-21	1	3	3	
October 17-19	4	3	6	
November 14-16	1	3	0	
November 21-23	5	-2	5	
December 5-7	2	2	1	

## APPENDIX B-9

Deviation from Golfer's Performance Score  
Average for K. Whitworth

Dates of Tournaments	Deviation from Average (73)			
	1	2	3	4
January 18-19	-2	0		
January 31- February 2	-1	-3	0	
February 7-9	3	-5	1	
February 21-23	-3	5	1	
April 17-20	4	-4	1	6
April 25-27	2	1	3	
May 9-11	-1	0	-2	
May 23-25	0	-5	-3	
May 29-June 1	-3	-3	2	0
June 13-15	0	1	1	
June 20-22	-4	3	-2	
June 27-29	5	-2	-1	
July 25-27	-1	-6	1	
August 15-17	0	-1	-3	
August 22-24	-2	-3	-3	
September 5-7	-1	4	-2	
September 12-14	-1	-1	-4	
September 19-21	2	2	3	
October 23-26	6	-1	6	1
November 14-16	3	3	1	

## APPENDIX B-10

Deviation from Golfer's Performance Score  
Average for S. Post

Dates of Tournaments	Deviation from Average (73)			
	1	2	3	4
January 18-19	-1	2		
January 31- February 2	-2	-4	1	
February 7-9	-2	2	-5	
February 21-23	0	-7	-4	
March 21-23	-1	1	3	
March 27-29	-1	0	-4	
April 17-20	1	-2	-1	2
April 25-27	-1	-3	0	
May 2-4	-4	1	0	
May 9-11	6	1	4	
May 23-25	-3	-3	0	
May 29-June 1	0	0	3	0
June 6-8	3	0	6	
June 13-15	2	4	5	
June 20-22	1	-2	-5	
June 27-29	2	-2	1	
July 11-13	-2	-1	1	
July 25-27	-1	2	2	
August 15-17	0	-1	-1	
August 22-24	-1	0	-4	
October 17-19	2	2	4	
November 14-16	1	4	0	
November 21-23	0	0	0	
December 5-7	2	3	5	

## APPENDIX B-11

Deviation from Golfer's Performance Score  
Average for S. McAllister

Dates of Tournaments	Deviation from Average (74)			
	1	2	3	4
January 1- February 2	-2	-3	-5	
February 7-9	2	-4	-3	
February 21-23	-2	-5	0	
March 21-23	-4	0	6	
March 27-29	-1	-1	-3	
April 25-27	-2	3	5	
May 2-4	-2	-2	2	
May 9-11	-2	-2	-1	
May 23-25	-2	1	1	
May 29-June 1	0	1	9	3
June 13-15	3	0	7	
June 20-22	-2	-3	-1	
June 27-29	4	1	2	
July 4-6	-2	-4	-4	
July 11-13	-2	0	0	
July 25-27	-2	-6	-4	
August 15-17	0	2	-2	
August 22-24	-2	0	-4	
September 5-7	-1	-3	0	
September 12-14	6	-3	2	
September 19-21	1	4	1	
October 17-19	4	0	3	
October 23-26	1	2	-4	1
November 14-16	5	3	5	
November 21-23	-3	-4	-2	
December 5-7	1	0	2	

## APPENDIX B-12

Deviation from Golfer's Performance Score  
Average for J. A. Washam

Dates of Tournaments	Deviation from Average (73)			
	1	2	3	4
January 31- February 2	4	0	-4	
February 7-9	2	-1	0	
February 21-23	1	-2	8	
March 27-29	-1	-1	-4	
April 17-20	3	-3	0	-1
April 25-27	2	-1	0	
May 2-4	-5	1	2	
May 23-25	-1	-2	-3	
May 29-June 1	-2	3	-1	-2
June 13-15	-1	-3	7	
June 27-29	4	0	6	
July 11-13	0	2	3	
July 25-27	-3	-1	-1	
August 15-17	-4	-4	-5	
August 22-24	-3	-3	2	
September 5-7	0	1	0	
September 19-21	-2	2	-4	
November 14-16	9	0	4	
November 21-23	-2	2	6	
December 5-7	-2	3	3	
December 13-14	-1	-2		

## APPENDIX B-13

Deviation from Solfer's Performance Score  
Average for C. J. Skala

Dates of Tournaments	Deviation from Average (74)			
	1	2	3	4
January 31- February 2	-3	-3	-3	
February 7-9	2	-3	-3	
March 21-23	2	-1	5	
April 17-20	0	-4	1	-6
May 23-25	-3	-4	-6	
May 29-June 1	-1	4	-4	0
June 6-8	2	0	2	
June 27-29	0	-2	-1	
July 4-6	-2	1	-2	
July 11-13	-4	-3	-4	
July 25-27	0	0	-3	
September 5-7	0	0	4	
September 12-14	2	2	5	
September 19-21	3	2	3	
October 17-19	0	4	2	
October 23-24	3	4		

## APPENDIX B-14

Deviation from Golfer's Performance Score  
Average for P. Bradley

Dates of Tourney	Deviation from Average (73)			
	1	2	3	4
January 31- February 2	2	-2	1	
February 21-23	0	-3	-2	
March 21-23	5	-3	2	
March 27-29	2	-3	-1	
April 25-27	-2	-2	-1	
May 2-4	-3	-1	-1	
May 9-11	0	3	4	
May 23-25	-4	0	0	
May 29-June 1	2	-1	0	6
June 6-8	4	-1	3	
June 13-15	3	2	0	
June 20-22	1	1	0	
June 27-29	5	-1	-2	
July 11-13	0	0	-4	
July 25-27	1	5	4	
August 15-17	0	-1	-4	
August 22-24	-2	1	3	
September 5-7	-3	0	6	
September 19-21	-1	0	3	
October 17-19	5	0	1	
October 23-26	1	-4	3	0
November 14-16	6	1	0	
November 21-23	-5	-4	0	
December 5-7	0	-2	-1	
December 13-14	3	5		

## APPENDIX B-15

Deviation from Golfer's Performance Score  
Average for A. Alcott

Dates of Tourney	Deviation from Average (74)			
	1	2	3	4
January 31- February 2	-1	-2	2	
February 7-9	1	-2	-2	
February 21-23	-6	-6	-3	
April 17-20	2	-1	-3	-3
April 25-27	-5	-1	-4	
May 2-4	-1	-3	0	
May 9-11	0	-4	5	
June 6-8	0	-1	2	
June 13-15	-2	-1	8	
June 20-22	-1	-5	-1	
June 27-29	0	-3	1	
July 11-13	-1	-3	-4	
July 25-27	1	0	-3	
August 22-24	-3	-5	-3	
September 5-7	-3	-3	3	
September 12-14	6	-1	-2	
September 19-21	-2	2	1	
October 17-19	3	1	3	
November 14-16	3	4	-2	
December 5-7	4	0	1	

## APPENDIX B-16

Deviation from Golfer's Performance Score  
Average for B. Cullen

Dates of Tournaments	Deviation from Average (74)			
	1	2	3	4
January 18-19	0	3		
January 31- February 2	0	3	2	
February 7-9	1	-2	1	
March 27-29	0	-6	-1	
April 17-20	-1	-4	0	-2
May 9-11	-4	4	-2	
May 23-25	-4	1	-4	
May 29-June 1	-2	4	-1	3
June 13-15	1	2	1	
June 20-22	-3	-4	-4	
June 27-29	4	-1	2	
July 4-6	-3	2	-1	
July 11-13	1	-2	-1	
August 15-17	-5	2	0	
August 22-24	-1	-2	-5	
September 5-7	-5	2	-1	
September 12-14	0	-4	5	
September 19-21	3	-1	3	
October 17-19	3	3	7	
October 23-26	-2	-2	3	-2
November 14-16	7	0	4	
November 21-23	0	4	0	
December 5-7	1	2	3	

## APPENDIX B-17

Deviation from Golfer's Performance Score  
Average for J. Buerassa

Dates of Tournaments	Deviation from Average (75)			
	1	2	3	4
January 31- February 2	-1	3	-1	
February 7-9	-5	-2	0	
February 21-23	-2	-1	3	
March 21-23	0	7	3	
April 17-20	-4	-5	-2	0
April 25-27	2	1	0	
May 2-4	-3	3	-3	
May 9-11	-4	0	3	
May 23-25	-3	-5	-6	
May 29-June 1	-1	-1	-3	-2
June 6-8	-3	0	1	
June 13-15	0	0	0	
June 27-29	-4	-1	-3	
July 11-13	-3	-5	-4	
July 25-27	2	-5	-3	
August 15-17	-2	-7	-6	
August 22-24	-2	1	-2	
September 5-7	3	0	2	
September 12-14	1	2	3	
September 19-21	-2	6	1	
October 17-19	0	8	5	
October 23-26	-5	-1	-4	2
November 14-16	1	1	2	

## APPENDIX B-18

Deviation from Golfer's Performance Score  
Average for S. Roberts

Dates of Tournaments	Deviation from Average (74)			
	1	2	3	4
January 31- February 2	2	-2	0	
February 7-9	-2	3	2	
February 21-23	-2	1	-1	
June 1	3			
June 6-8	-2	-1	3	
June 13-15	2	4	6	
June 20-22	0	-4	-3	
June 27-29	-1	-2	-2	
July 11-13	2	-3	0	
July 25-27	-1	2	0	
August 15-17	-2	-4	1	
August 22-24	5	2	0	
September 5-7	-4	5	-1	
September 12-14	6	0	4	
November 14-16	8	-2	6	
November 21-22	6	1		

## APPENDIX B-19

Deviation from Golfer's Performance Score  
Average for D. Austin

Dates of Tournaments	Deviation from Average (74)			
	1	2	3	4
February 21-23	0	-4	1	
March 21-23	3	2	2	
March 27-29	-2	-2	-2	
April 17-20	-2	-4	-1	4
April 25-27	-5	2	-2	
May 2-4	-1	1	-2	
May 9-11	2	2	5	
May 23-25	-2	1	-2	
May 29-June 1	6	2	5	1
June 6-8	2	-2	4	
June 20-22	-6	-2	-2	
July 4-6	-4	-1	1	
July 11-13	0	-6	-2	
July 25-27	-1	4	3	
August 15-17	1	-1	-3	
August 22-24	-2	-1	5	
September 5-7	0	1	7	
September 12-14	1	-1	6	
November 14-16	8	3	2	
November 21-23	1	-1	-1	
December 5-7	5	-1	4	



## APPENDIX B-20

Deviation from Golfer's Performance Score  
Average for J. Kazmierski

Dates of Tournaments	Deviation from Average (74)			
	1	2	3	4
January 31- February 2	-4	-2	-1	
February 7-9	1	2	-4	
March 21-23	0	2	4	
March 27-29	-3	-3	-1	
April 17-20	0	-4	-1	-1
April 25-27	-9	3	4	
May 2-4	-4	-1	-3	
May 9-11	3	-2	-1	
May 23-25	-1	-2	-3	
May 29-June 1	0	1	0	1
June 6-8	-1	2	6	
June 13-15	0	-1	4	
June 20-22	0	0	0	
June 27-29	1	1	2	
July 4-6	-2	2	4	
July 11-13	3	-3	0	
August 22-24	-2	-1	-1	
September 5-7	-5	7	-3	
September 12-14	-5	4	6	
September 19-21	2	1	2	
November 14-16	5	2	2	
November 21-23	-1	-1	-5	
December 5-7	-2	-4	1	
December 13-14	2	2		

## APPENDIX C

PRINT-OUTS FOR THE ORIGINAL BIORHYTHM CYCLES OF  
THE TOP TWENTY GOLFERS FOR THE  
YEAR 1975

## KEY

1. Average/Above Average Efficiency = Positive Values on Print-outs.
2. Below Average Efficiency = Negative Values on Print-outs.
3. Critical Efficiency =  $\pm 0.000$ ,  $\pm .136$ ,  $\pm .095$  on Print-outs.

DAY	MAY			JUNE			JULY			AUGUST													
	I	II	III	I	II	III	I	II	III	I	II	III											
1	0.888	10	0.792	29	-0.690	12	-0.136	13	0.223	27	-0.910	19	-0.868	15	-0.223	24	-0.990	4	0.885	18	-0.782	22	-0.866
2	0.979	11	0.623	30	-0.541	13	-0.398	14	-0.000	28	-0.815	20	-0.731	16	-0.434	25	-0.999	5	0.979	19	-0.901	23	-0.945
3	0.998	12	0.434	31	-0.372	14	-0.631	15	-0.223	29	-0.690	21	-0.520	17	-0.623	26	-0.972	6	0.998	20	-0.975	24	-0.990
4	0.942	13	0.223	32	-0.189	15	-0.817	16	-0.434	30	-0.541	22	-0.270	18	-0.782	27	-0.910	7	0.942	21	-1.000	25	-0.999
5	0.631	14	-0.000	1	0.000	16	-0.998	17	-0.942	17	-0.623	31	-0.372	0	0.000	19	-0.815	8	0.817	22	-0.975	26	-0.972
6	0.817	15	-0.223	2	0.189	17	-0.998	18	-0.782	32	-0.189	1	0.520	20	-0.975	29	-0.690	9	0.631	23	-0.901	27	-0.910
7	0.398	16	-0.434	3	0.372	18	-0.979	19	-0.901	1	0.000	2	0.541	21	-0.520	30	-0.541	10	0.398	24	-0.782	28	-0.915
8	0.136	17	-0.623	4	0.541	19	-0.888	20	-0.975	2	0.189	3	0.731	22	-0.975	31	-0.372	11	0.136	25	-0.623	29	-0.915
9	-0.136	18	-0.782	5	0.690	20	-0.731	21	-1.000	3	0.372	4	0.888	23	-0.901	32	-0.189	12	-0.136	26	-0.434	30	-0.541
10	-0.398	19	-0.901	6	0.815	21	-0.520	22	-0.975	4	0.541	5	0.979	24	-0.782	0	0.000	13	-0.398	27	-0.223	31	-0.372
11	-0.631	20	-0.975	7	0.910	22	-0.270	23	-0.901	5	0.690	6	0.998	25	-0.623	1	0.189	14	-0.631	0	0.000	32	-0.189
12	-0.817	21	-1.000	8	0.972	0	0.000	24	-0.782	6	0.815	7	0.942	26	-0.434	2	0.372	15	-0.817	1	0.223	0	0.000
13	-0.942	22	-0.975	9	0.990	1	0.270	25	-0.623	7	0.910	8	0.617	27	-0.223	3	0.541	16	-0.942	2	0.434	1	0.189
14	-0.998	23	-0.901	10	0.990	2	0.520	26	-0.434	8	0.631	9	0.631	0	0.000	4	0.690	17	-0.998	3	0.782	2	0.372
15	-0.979	24	-0.782	11	0.990	3	0.731	27	-0.434	9	0.690	10	0.731	1	0.223	5	0.815	18	-0.979	4	0.901	3	0.541
16	-0.942	25	-0.623	12	0.990	4	0.888	28	-0.434	10	0.731	11	0.817	2	0.434	6	0.866	19	-0.942	5	0.975	4	0.690
17	-0.901	26	-0.434	13	0.990	5	0.942	29	-0.434	11	0.817	12	0.888	3	0.782	7	0.945	20	-0.901	6	0.975	5	0.690
18	-0.866	27	-0.270	14	0.990	6	0.979	30	-0.434	12	0.817	13	0.942	4	0.866	8	0.990	21	-0.866	7	0.975	6	0.866
19	-0.815	28	-0.000	15	0.990	7	0.998	31	-0.434	13	0.817	14	0.998	5	0.945	9	0.990	22	-0.815	8	0.975	7	0.910
20	-0.782	29	-0.000	16	0.990	8	0.998	0	0.000	14	0.817	15	0.998	6	0.945	10	0.990	23	-0.782	9	0.975	8	0.910
21	-0.731	30	-0.000	17	0.990	9	0.998	1	0.270	15	0.817	16	0.998	7	0.945	11	0.990	24	-0.731	10	0.975	9	0.866
22	-0.690	31	-0.000	18	0.990	10	0.998	2	0.520	16	0.817	17	0.998	8	0.945	12	0.990	25	-0.690	11	0.975	10	0.866
23	-0.649	0	-0.000	19	0.990	11	0.998	3	0.731	17	0.817	18	0.998	9	0.945	13	0.990	26	-0.649	12	0.975	11	0.866
24	-0.608	1	-0.000	20	0.990	12	0.998	4	0.888	18	0.817	19	0.998	10	0.945	14	0.990	27	-0.608	13	0.975	12	0.866
25	-0.567	2	-0.000	21	0.990	13	0.998	5	0.942	19	0.817	20	0.998	11	0.945	15	0.990	28	-0.567	14	0.975	13	0.866
26	-0.526	3	-0.000	22	0.990	14	0.998	6	0.998	20	0.817	21	0.998	12	0.945	16	0.990	29	-0.526	15	0.975	14	0.866
27	-0.485	4	-0.000	23	0.990	15	0.998	7	0.998	21	0.817	22	0.998	13	0.945	17	0.990	30	-0.485	16	0.975	15	0.866
28	-0.444	5	-0.000	24	0.990	16	0.998	8	0.998	22	0.817	23	0.998	14	0.945	18	0.990	31	-0.444	17	0.975	16	0.866
29	-0.403	6	-0.000	25	0.990	17	0.998	9	0.998	23	0.817	24	0.998	15	0.945	19	0.990	0	-0.403	18	0.975	17	0.866
30	-0.362	7	-0.000	26	0.990	18	0.998	10	0.998	24	0.817	25	0.998	16	0.945	20	0.990	1	-0.362	19	0.975	18	0.866
31	-0.321	8	-0.000	27	0.990	19	0.998	11	0.998	25	0.817	26	0.998	17	0.945	21	0.990	2	-0.321	20	0.975	19	0.866

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	JANUARY			FEBRUARY			MARCH			APRIL													
	I	II	III	I	II	III	I	II	III	I	II	III											
1	0.000	3	0.023	9	0.990	7	0.942	5	0.901	6	0.910	12	-0.136	5	0.901	1	0.189	20	-0.731	8	0.975	32	-0.189
2	0.270	4	0.732	10	0.945	8	0.817	6	0.975	7	0.972	13	-0.398	6	0.975	2	0.372	21	-0.520	9	0.901	0	0.000
3	0.520	5	0.901	11	0.866	9	0.631	7	1.000	8	0.999	14	-0.631	7	1.000	3	0.541	22	-0.270	10	0.782	1	0.189
4	0.731	6	0.975	12	0.756	10	0.398	8	0.975	9	0.990	15	-0.817	8	0.975	4	0.690	0	0.000	11	0.623	2	0.372
5	0.888	7	1.000	13	0.618	11	0.136	9	0.901	10	0.945	16	-0.942	9	0.901	5	0.615	1	0.270	12	0.434	3	0.541
6	0.942	8	0.975	14	0.458	12	-0.136	10	0.782	11	0.866	17	-0.998	10	0.782	6	0.910	2	0.520	13	0.223	4	0.690
7	0.979	9	0.975	15	0.282	13	-0.398	11	0.623	12	0.756	18	-0.979	11	0.623	7	0.972	3	0.731	14	-0.000	5	0.815
8	0.998	10	0.901	16	0.282	14	-0.631	12	0.434	13	0.618	19	-0.888	12	0.434	8	0.999	4	0.888	15	-0.223	6	0.910
9	0.942	11	0.623	17	-0.095	15	-0.942	13	0.223	14	0.282	20	-0.520	13	0.223	9	0.990	5	0.979	16	-0.434	7	0.972
10	0.817	12	0.623	18	-0.095	16	-0.942	14	-0.000	15	0.282	21	-0.520	14	-0.000	10	0.945	6	0.998	17	-0.623	8	0.999
11	0.631	13	0.434	19	-0.282	17	-0.959	15	-0.095	16	0.095	22	-0.270	15	-0.223	11	0.866	7	0.942	18	-0.782	9	0.990
12	0.398	14	0.223	20	-0.458	18	-0.979	16	-0.434	17	-0.095	0	0.000	16	-0.434	12	0.756	8	0.817	19	-0.901	10	0.945
13	0.136	15	-0.000	21	-0.618	19	-0.888	17	-0.623	18	-0.282	1	0.270	17	-0.623	13	0.618	9	0.631	20	-0.975	11	0.866
14	-0.136	16	-0.223	22	-0.756	20	-0.731	18	-0.782	19	-0.458	2	0.520	18	-0.782	14	0.458	10	0.398	21	-1.000	12	0.756
15	-0.398	17	-0.434	23	-0.866	21	-0.520	19	-0.901	20	-0.618	3	0.731	19	-0.817	15	0.458	11	0.136	22	-0.975	13	0.618
16	-0.631	18	-0.623	24	-0.945	22	-0.270	20	-0.975	21	-0.756	4	0.888	20	-0.975	16	0.095	12	-0.136	23	-0.901	14	0.458
17	-0.817	19	-0.782	25	-0.990	0	0.000	21	-1.000	22	-0.866	5	0.979	21	-1.000	17	-0.095	13	-0.398	24	-0.782	15	0.282
18	-0.942	20	-0.901	26	-0.999	1	0.270	22	-0.975	23	-0.945	6	0.998	22	-0.975	18	-0.282	14	-0.631	25	-0.623	16	0.095
19	-0.979	21	-0.975	27	-0.972	2	0.520	23	-0.901	24	-0.990	7	0.942	23	-0.901	19	-0.458	15	-0.817	26	-0.434	17	-0.095
20	-0.979	22	-1.000	28	-0.910	3	0.731	24	-0.782	25	-0.999	8	0.817	24	-0.782	20	-0.618	16	-0.942	27	-0.223	18	-0.282
21	-0.888	23	-0.975	29	-0.815	4	0.888	25	-0.623	26	-0.972	9	0.631	25	-0.623	21	-0.756	17	-0.998	28	-0.000	19	-0.458
22	-0.731	24	-0.901	30	-0.690	5	0.979	26	-0.434	27	-0.910	10	0.398	26	-0.434	22	-0.866	18	-0.979	29	0.223	20	-0.618
23	-0.520	25	-0.782	31	-0.541	6	0.998	27	-0.223	28	-0.815	11	0.136	27	-0.223	23	-0.945	19	-0.888	30	0.434	21	-0.756
24	-0.270	26	-0.623	0	-0.372	7	0.942	28	-0.000	29	-0.690	12	-0.136	28	-0.000	24	-0.990	20	-0.731	31	0.623	22	-0.866
25	0	0.000	27	-0.434	32	-0.189	8	0.817	1	0.223	30	-0.541	13	-0.398	1	0.223	25	-0.999	21	-0.520	32	-0.945	
26	0.270	28	-0.223	0	0.000	9	0.631	2	0.434	31	-0.372	14	-0.631	2	0.434	26	-0.972	22	-0.270	0	0.000	23	-0.990
27	0.520	29	0.000	1	0.189	10	0.398	3	0.623	32	-0.189	15	-0.631										

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DAY	JANUARY			FEBRUARY			MARCH			APRIL														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	15	-0.817	8	0.975	21	-0.756	0	0.000	11	0.623	19	-0.458	5	0.979	11	0.623	14	0.458	13	-0.398	14	-0.000	12	0.756
2	16	-0.942	9	0.901	22	-0.866	1	0.270	12	0.434	20	-0.618	6	0.998	12	0.434	15	0.282	14	-0.631	15	-0.223	13	0.618
3	17	-0.998	10	0.782	23	-0.945	2	0.520	13	0.223	21	-0.756	7	0.942	13	0.223	16	0.095	15	-0.817	16	-0.434	14	0.458
4	18	-0.979	11	0.623	24	-0.990	3	0.731	14	-0.000	22	-0.866	8	0.817	14	-0.000	17	-0.095	16	-0.942	17	-0.623	15	0.282
5	19	-0.888	12	0.434	25	-0.999	4	0.883	15	-0.223	23	-0.945	9	0.631	15	-0.223	18	-0.282	17	-0.998	18	-0.782	16	0.095
6	20	-0.731	13	0.223	26	-0.972	5	0.979	16	-0.434	24	-0.990	10	0.398	16	-0.434	19	-0.458	18	-0.979	19	-0.901	17	-0.095
7	21	-0.520	14	-0.000	27	-0.910	6	0.998	17	-0.623	25	-0.999	11	0.136	17	-0.623	20	-0.618	19	-0.888	20	-0.975	18	-0.282
8	22	-0.270	15	-0.223	28	-0.815	7	0.942	18	-0.782	26	-0.972	12	-0.136	18	-0.782	21	-0.756	20	-0.731	21	-1.000	19	-0.458
9	0	0.000	16	-0.434	29	-0.690	8	0.817	19	-0.901	27	-0.910	13	-0.398	19	-0.901	22	-0.866	21	-0.520	22	-0.975	20	-0.618
10	1	0.270	17	-0.623	30	-0.541	9	0.631	20	-0.975	28	-0.815	14	-0.631	20	-0.975	23	-0.945	22	-0.270	23	-0.975	21	-0.756
11	2	0.520	18	-0.782	31	-0.372	10	0.398	21	-1.000	29	-0.690	15	-0.817	21	-1.000	24	-0.990	0	0.000	24	-0.990	0	0.000
12	3	0.731	19	-0.901	32	-0.189	11	0.136	22	-0.975	30	-0.541	16	-0.942	22	-0.975	25	-0.999	1	0.270	25	-0.975	2	0.458
13	4	0.888	20	-0.975	0	0.000	12	-0.136	23	-0.901	31	-0.372	17	-0.998	23	-0.901	26	-0.972	2	0.520	26	-0.972	3	0.618
14	5	0.979	21	-1.000	1	0.189	13	-0.398	24	-0.782	32	-0.189	18	-0.979	24	-0.782	27	-0.910	3	0.731	27	-0.910	4	0.756
15	6	0.998	22	-0.975	2	0.372	14	-0.631	25	-0.923	0	0.000	19	-0.888	25	-0.923	28	-0.815	4	0.888	0	0.000	5	0.815
16	7	0.942	23	-0.901	3	0.541	15	-0.817	26	-0.434	1	0.189	20	-0.731	26	-0.434	29	-0.690	5	0.979	1	0.270	6	0.910
17	8	0.817	24	-0.782	4	0.690	16	-0.942	27	-0.223	2	0.372	21	-0.520	27	-0.223	30	-0.541	6	0.998	2	0.520	7	0.972
18	9	0.631	25	-0.623	5	0.815	17	-0.998	0	0.000	3	0.541	22	-0.270	0	0.000	31	-0.372	7	0.942	3	0.731	8	0.972
19	10	0.398	26	-0.434	6	0.910	18	-0.979	1	0.270	4	0.690	23	-0.270	1	0.270	32	-0.189	8	0.817	4	0.631	9	0.972
20	11	0.136	27	-0.223	7	0.972	19	-0.888	2	0.434	5	0.815	24	-0.731	2	0.434	33	-0.189	9	0.979	5	0.815	10	0.972
21	12	-0.136	28	-0.000	8	0.999	20	-0.731	3	0.623	6	0.910	25	-0.631	3	0.623	34	-0.189	10	0.998	6	0.815	11	0.972
22	13	-0.398	29	-0.223	9	0.990	21	-0.520	4	0.782	7	0.972	26	-0.817	4	0.782	35	-0.189	11	0.998	7	0.815	12	0.972
23	14	-0.631	30	-0.434	10	0.866	22	-0.270	5	0.901	8	0.999	27	-0.942	5	0.901	36	-0.189	12	0.998	8	0.756	13	0.972
24	15	-0.817	31	-0.623	11	0.866	23	-0.000	6	0.975	9	0.990	28	-0.998	6	0.975	37	-0.189	13	0.998	9	0.756	14	0.972
25	16	-0.942	0	0.782	12	0.756	24	-0.270	7	1.000	10	0.945	29	-0.998	7	1.000	38	-0.189	14	0.998	10	0.756	15	0.972
26	17	-0.998	1	0.975	13	0.618	25	-0.000	8	0.975	11	0.866	30	-0.998	8	0.975	39	-0.189	15	0.998	11	0.756	16	0.972
27	18	-0.979	2	0.975	14	0.541	26	-0.270	9	0.975	12	0.866	31	-0.998	9	0.975	40	-0.189	16	0.998	12	0.756	17	0.972
28	19	-0.942	3	0.975	15	0.458	27	-0.000	10	0.975	13	0.866	32	-0.998	10	0.975	41	-0.189	17	0.998	13	0.756	18	0.972
29	20	-0.910	4	0.975	16	0.372	28	-0.270	11	0.975	14	0.866	33	-0.998	11	0.975	42	-0.189	18	0.998	14	0.756	19	0.972
30	21	-0.888	5	0.975	17	0.282	29	-0.000	12	0.975	15	0.866	34	-0.998	12	0.975	43	-0.189	19	0.998	15	0.756	20	0.972
31	22	-0.866	6	0.975	18	0.189	30	-0.270	13	0.975	16	0.866	35	-0.998	13	0.975	44	-0.189	20	0.998	16	0.756	21	0.972
32	23	-0.844	7	0.975	19	0.095	31	-0.000	14	0.975	17	0.866	36	-0.998	14	0.975	45	-0.189	21	0.998	17	0.756	22	0.972
33	24	-0.822	8	0.975	20	0.000	32	-0.270	15	0.975	18	0.866	37	-0.998	15	0.975	46	-0.189	22	0.998	18	0.756	23	0.972
34	25	-0.800	9	0.975	21	0.000	33	-0.000	16	0.975	19	0.866	38	-0.998	16	0.975	47	-0.189	23	0.998	19	0.756	24	0.972
35	26	-0.778	10	0.975	22	0.000	34	-0.270	17	0.975	20	0.866	39	-0.998	17	0.975	48	-0.189	24	0.998	20	0.756	25	0.972
36	27	-0.756	11	0.975	23	0.000	35	-0.000	18	0.975	21	0.866	40	-0.998	18	0.975	49	-0.189	25	0.998	21	0.756	26	0.972
37	28	-0.734	12	0.975	24	0.000	36	-0.270	19	0.975	22	0.866	41	-0.998	19	0.975	50	-0.189	26	0.998	22	0.756	27	0.972
38	29	-0.712	13	0.975	25	0.000	37	-0.000	20	0.975	23	0.866	42	-0.998	20	0.975	51	-0.189	27	0.998	23	0.756	28	0.972
39	30	-0.690	14	0.975	26	0.000	38	-0.270	21	0.975	24	0.866	43	-0.998	21	0.975	52	-0.189	28	0.998	24	0.756	29	0.972
40	31	-0.668	15	0.975	27	0.000	39	-0.000	22	0.975	25	0.866	44	-0.998	22	0.975	53	-0.189	29	0.998	25	0.756	30	0.972
41	0	0.000	16	0.975	28	0.000	40	-0.270	23	0.975	26	0.866	45	-0.998	23	0.975	54	-0.189	30	0.998	26	0.756	31	0.972
42	1	0.270	17	-0.623	29	-0.690	41	-0.000	24	0.975	27	0.866	46	-0.998	24	0.975	55	-0.189	31	0.998	27	0.756	32	0.972
43	2	0.520	18	-0.782	30	-0.815	42	-0.270	25	0.975	28	0.866	47	-0.998	25	0.975	56	-0.189	32	0.998	28	0.756	33	0.972
44	3	0.731	19	-0.901	31	-0.945	43	-0.000	26	0.975	29	0.866	48	-0.998	26	0.975	57	-0.189	33	0.998	29	0.756	34	0.972
45	4	0.888	20	-0.975	32	-1.000	44	-0.270	27	0.975	30	0.866	49	-0.998	27	0.975	58	-0.189	34	0.998	30	0.756	35	0.972
46	5	0.979	21	-1.000	33	-0.945	45	-0.000	28	0.975	31	0.866	50	-0.998	28	0.975	59	-0.189	35	0.998	31	0.756	36	0.972
47	6	0.998	22	-0.975	34	-0.910	46	-0.270	29	0.975	32	0.866	51	-0.998	29	0.975	60	-0.189	36	0.998	32	0.756	37	0.972
48	7	0.942	23	-0.901	35	-0.866	47	-0.000	30	0.975	33	0.866	52	-0.998	30	0.975	61	-0.189	37	0.998	33	0.756	38	0.972
49	8	0.817	24	-0.782	36	-0.815	48	-0.270	31	0.975	34	0.866	53	-0.998	31	0.975	62	-0.189	38	0.998	34	0.756	39	0.972
50	9	0.631	25	-0.623	37	-0.756	49	-0.000	32	0.975	35	0.866	54	-0.998	32	0.975	63	-0.189	39	0.998	35	0.756	40	0.972
51	10	0.398	26	-0.434	38	-0.690	50	-0.270	33	0.975	36	0.866	55	-0.998	33	0.975	64	-0.189	40	0.998	36	0.756	41	0.972
52	11	0.136	27	-0.223	39	-0.618	51	-0.000	34	0.975	37	0.866	56	-0.998	34	0.975	65	-0.189	41	0.998	37	0.756	42	0.972
53	12	-0.136	28	-0.000	40	-0.541	52	-0.270	35	0.975	38	0.866	57	-0.998	35	0.975	66	-0.189	42	0.998	38	0.756	43	0.972
54	13	-0.398	29	-0.223	41	-0.458	53	-0.000	36	0.975	39	0.866	58	-0.998	36	0.975	67	-0.189	43	0.998	39	0.756	44	0.972
55	14	-0.631	30	-0.434	42	-0.372	54	-0.270	37	0.975	40	0.866	59	-0.998	37	0.975	68	-0.189	44	0.998	40	0.756	45	0.972
56	15	-0.817	31	-0.623	43	-0.282	55	-0.000	38	0.975	41	0.866	60	-0.998	38	0.975	69	-0.189	45	0.998	41	0.756	46	0.972
57	16	-0.942	32	-0.623	44	-0.189	56	-0.270	39	0.975	42	0.866	61	-0.998	39	0.975	70							

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER													
	I	II	III	I	II	III	I	II	III	I	II	III											
1	0.979	27	-0.223	0	0.000	12	-0.136	1	0.223	30	-0.541	20	-0.731	4	0.782	28	-0.815	4	0.888	6	0.975	25	-0.999
2	0.998	0	0.000	1	0.189	13	-0.398	2	0.434	31	-0.372	21	-0.520	5	0.901	29	-0.690	5	0.979	7	1.000	26	-0.972
3	0.942	1	0.223	2	0.372	14	-0.631	3	0.623	32	-0.189	22	-0.270	6	0.975	30	-0.541	6	0.998	8	0.975	27	-0.910
4	0.817	2	0.434	3	0.541	15	-0.817	4	0.782	0	0.000	1	0.000	7	1.000	31	-0.372	7	0.942	9	0.901	28	-0.815
5	0.631	3	0.623	4	0.690	16	-0.942	5	0.901	1	0.189	1	0.270	8	0.975	32	-0.189	8	0.817	10	0.782	29	-0.690
6	0.398	4	0.782	5	0.815	17	-0.998	6	0.975	2	0.372	2	0.520	9	0.901	0	0.000	9	0.631	11	0.623	30	-0.541
7	0.136	5	0.901	6	0.910	18	-0.979	7	1.000	3	0.541	3	0.731	10	0.782	1	0.189	10	0.398	12	0.434	31	-0.372
8	-0.136	6	0.975	7	0.972	19	-0.888	8	0.975	4	0.690	4	0.888	11	0.623	2	0.372	11	0.136	13	0.223	32	-0.189
9	-0.398	7	1.000	8	0.999	20	-0.731	9	0.901	5	0.815	5	0.979	12	0.434	3	0.541	12	-0.136	14	-0.000	0	0.000
10	-0.631	8	0.975	9	0.990	21	-0.520	10	0.782	6	0.910	6	0.998	13	0.223	4	0.690	13	-0.398	15	-0.223	1	0.189
11	-0.817	9	0.901	10	0.945	22	-0.270	11	0.623	7	0.972	7	0.942	14	-0.000	5	0.815	14	-0.631	16	-0.434	2	0.372
12	-0.942	10	0.782	11	0.866	23	-0.000	12	0.434	8	0.999	8	0.817	15	-0.817	6	0.910	15	-0.817	17	-0.434	3	0.541
13	-0.998	11	0.623	12	0.756	24	-0.270	13	0.223	9	0.990	9	0.631	16	-0.434	7	0.972	16	-0.942	18	-0.782	4	0.690
14	-0.979	12	0.434	13	0.618	25	-0.434	14	0.000	10	0.866	10	0.398	17	-0.942	8	0.999	17	-0.998	19	-0.901	5	0.815
15	-0.888	13	0.223	14	0.458	26	-0.270	15	0.520	11	0.690	11	0.136	18	-0.782	9	0.990	18	-0.979	20	-0.975	6	0.910
16	-0.836	14	0.000	15	0.458	27	-0.942	16	0.731	12	0.866	12	0.136	19	-0.782	10	0.990	19	-0.979	21	-1.000	7	0.910
17	-0.836	15	0.223	16	0.458	28	-0.942	17	0.731	13	0.756	13	0.136	20	-0.731	11	0.990	20	-0.979	22	-0.975	8	0.910
18	-0.836	16	0.434	17	0.434	29	-0.942	18	0.731	14	0.756	14	0.136	21	-0.731	12	0.990	21	-0.979	23	-0.975	9	0.910
19	-0.836	17	0.623	18	0.434	30	-0.942	19	0.731	15	0.756	15	0.136	22	-0.731	13	0.990	22	-0.979	24	-0.975	10	0.910
20	-0.836	18	0.817	19	0.434	31	-0.942	20	0.731	16	0.756	16	0.136	23	-0.731	14	0.990	23	-0.979	25	-0.975	11	0.910
21	-0.836	19	1.000	20	0.434	0	0.000	21	0.731	17	0.756	17	0.136	24	-0.731	15	0.990	24	-0.979	26	-0.975	12	0.910
22	-0.836	20	0.975	21	0.434	1	0.270	22	0.731	18	0.756	18	0.136	25	-0.731	16	0.990	25	-0.979	27	-0.975	13	0.910
23	-0.836	21	0.975	22	0.434	2	0.520	23	0.731	19	0.756	19	0.136	26	-0.731	17	0.990	26	-0.979	28	-0.975	14	0.910
24	-0.836	22	0.975	23	0.434	3	0.731	24	0.731	20	0.756	20	0.136	27	-0.731	18	0.990	27	-0.979	29	-0.975	15	0.910
25	-0.836	23	0.975	24	0.434	4	0.934	25	0.731	21	0.756	21	0.136	28	-0.731	19	0.990	28	-0.979	30	-0.975	16	0.910
26	-0.836	24	0.975	25	0.434	5	1.000	26	0.731	22	0.756	22	0.136	29	-0.731	20	0.990	29	-0.979	31	-0.975	17	0.910
27	-0.836	25	0.975	26	0.434	6	0.998	27	0.731	23	0.756	23	0.136	30	-0.731	21	0.990	30	-0.979	0	0.000	18	0.910
28	-0.836	26	0.975	27	0.434	7	0.998	28	0.731	24	0.756	24	0.136	31	-0.731	22	0.990	31	-0.979	1	0.189	19	0.910
29	-0.836	27	0.975	28	0.434	8	0.998	29	0.731	25	0.756	25	0.136	0	0.000	23	0.990	0	0.000	2	0.372	20	0.910
30	-0.836	28	0.975	29	0.434	9	0.998	30	0.731	26	0.756	26	0.136	1	0.189	24	0.990	1	0.189	3	0.541	21	0.910
31	-0.836	29	0.975	30	0.434	10	0.998	31	0.731	27	0.756	27	0.136	2	0.372	25	0.990	2	0.372	4	0.690	22	0.910
32	-0.836	30	0.975	31	0.434	11	0.998	0	0.000	28	0.756	28	0.136	3	0.541	26	0.990	3	0.541	5	0.815	23	0.910
33	-0.836	31	0.975	0	0.000	12	0.270	1	0.189	29	0.756	29	0.136	4	0.690	27	0.990	4	0.690	6	0.815	24	0.910
34	-0.836	0	0.000	1	0.189	13	-0.270	2	0.372	30	0.756	30	0.136	5	0.815	28	0.990	5	0.815	7	0.972	25	0.910
35	-0.836	1	0.189	2	0.372	14	-0.270	3	0.541	31	0.756	31	0.136	6	0.815	29	0.990	6	0.815	8	0.972	26	0.910
36	-0.836	2	0.372	3	0.541	15	-0.270	4	0.690	0	0.000	0	0.000	7	0.972	30	0.990	7	0.972	9	0.972	27	0.910
37	-0.836	3	0.541	4	0.690	16	-0.270	5	0.815	1	0.189	1	0.189	8	0.972	31	0.990	8	0.972	10	0.972	28	0.910
38	-0.836	4	0.690	5	0.815	17	-0.270	6	0.815	2	0.372	2	0.372	9	0.972	0	0.000	9	0.972	11	0.972	29	0.910
39	-0.836	5	0.815	6	0.815	18	-0.270	7	0.972	3	0.541	3	0.541	10	0.972	1	0.189	10	0.972	12	0.972	30	0.910
40	-0.836	6	0.815	7	0.972	19	-0.270	8	0.972	4	0.690	4	0.690	11	0.972	2	0.372	11	0.972	13	0.972	31	0.910
41	-0.836	7	0.972	8	0.972	20	-0.270	9	0.972	5	0.815	5	0.815	12	0.972	3	0.541	12	0.972	14	0.972	0	0.000
42	-0.836	8	0.972	9	0.972	21	-0.270	10	0.972	6	0.815	6	0.815	13	0.972	4	0.690	13	0.972	15	0.972	1	0.189
43	-0.836	9	0.972	10	0.972	22	-0.270	11	0.972	7	0.972	7	0.972	14	0.972	5	0.815	14	0.972	16	0.972	2	0.372
44	-0.836	10	0.972	11	0.972	23	-0.270	12	0.972	8	0.972	8	0.972	15	0.972	6	0.815	15	0.972	17	0.972	3	0.541
45	-0.836	11	0.972	12	0.972	24	-0.270	13	0.972	9	0.972	9	0.972	16	0.972	7	0.972	16	0.972	18	0.972	4	0.690
46	-0.836	12	0.972	13	0.972	25	-0.270	14	0.972	10	0.972	10	0.972	17	0.972	8	0.972	17	0.972	19	0.972	5	0.815
47	-0.836	13	0.972	14	0.972	26	-0.270	15	0.972	11	0.972	11	0.972	18	0.972	9	0.972	18	0.972	20	0.972	6	0.815
48	-0.836	14	0.972	15	0.972	27	-0.270	16	0.972	12	0.972	12	0.972	19	0.972	10	0.972	19	0.972	21	0.972	7	0.972
49	-0.836	15	0.972	16	0.972	28	-0.270	17	0.972	13	0.972	13	0.972	20	0.972	11	0.972	20	0.972	22	0.972	8	0.972
50	-0.836	16	0.972	17	0.972	29	-0.270	18	0.972	14	0.972	14	0.972	21	0.972	12	0.972	21	0.972	23	0.972	9	0.972
51	-0.836	17	0.972	18	0.972	30	-0.270	19	0.972	15	0.972	15	0.972	22	0.972	13	0.972	22	0.972	24	0.972	10	0.972
52	-0.836	18	0.972	19	0.972	31	-0.270	20	0.972	16	0.972	16	0.972	23	0.972	14	0.972	23	0.972	25	0.972	11	0.972
53	-0.836	19	0.972	20	0.972	0	0.000	21	0.972	17	0.972	17	0.972	24	0.972	15	0.972	24	0.972	26	0.972	12	0.972
54	-0.836	20	0.972	21	0.972	1	0.189	22	0.972	18	0.972	18	0.972	25	0.972	16	0.972	25	0.972	27	0.972	13	0.972
55	-0.836	21	0.972	22	0.972	2	0.372	23	0.972	19	0.972	19	0.972	26	0.972	17	0.972	26	0.972	28	0.972	14	0.972
56	-0.836	22	0.972	23	0.972	3	0.541	24	0.972	20	0.972	20	0.972	27	0.972	18	0.972	27	0.972	29	0.972	15	0.972
57	-0.836	23	0.972	24	0.972	4	0.690	25	0.972	21	0.972	21	0.972	28	0.972	19	0.972	28	0.972	30	0.972	16	0.972
58	-0.836	24	0.972	25	0.972	5	0.815	26	0.972	22	0.972	22	0.972	29	0.972	20	0.972	29	0.972	31	0.972	17	0.972
59	-0.836	25	0.972	26	0.972	6	0.815	27	0.972	23	0.972	23	0.972	30	0.972	21	0.972	0	0.000	0	0.000		

DAY	MAY			JUNE			JULY			AUGUST		
	I	II	III	I	II	III	I	II	III	I	II	III
1	16	-0.942	17	-0.623	31	-0.372	1	0.270	20	-0.975	29	-0.690
2	17	-0.998	18	-0.782	32	-0.189	2	0.520	21	-1.000	30	-0.541
3	18	-0.979	19	-0.901	0	0.000	3	0.731	22	-0.975	31	-0.372
4	19	-0.888	20	-0.975	1	0.189	4	0.888	23	-0.901	32	-0.189
5	20	-0.731	21	-1.000	2	0.372	5	0.998	24	-0.782	0	0.000
6	21	-0.520	22	-0.975	3	0.541	6	0.998	25	-0.623	1	0.189
7	22	-0.270	23	-0.901	4	0.690	7	0.942	26	-0.434	2	0.372
8	0	0.000	24	-0.782	5	0.815	8	0.817	27	-0.223	3	0.541
9	1	0.270	25	-0.623	6	0.910	9	0.631	0	0.000	4	0.690
10	2	0.520	26	-0.434	7	0.972	10	0.398	1	0.270	5	0.815
11	3	0.731	27	-0.223	8	0.999	11	0.136	2	0.434	6	0.942
12	4	0.888	0	0.000	9	0.990	12	-0.136	3	0.623	7	0.972
13	5	0.979	1	0.223	10	0.945	13	-0.398	4	0.782	8	0.815
14	6	0.998	2	0.434	11	0.866	14	-0.631	5	0.901	9	0.942
15	7	0.942	3	0.623	12	0.756	15	-0.817	6	0.975	10	0.815
16	8	0.817	4	0.782	13	0.618	16	-0.942	7	1.000	11	0.942
17	9	0.631	5	0.901	14	0.458	17	-0.998	8	0.979	12	0.972
18	10	0.398	6	0.975	15	0.282	18	-0.270	9	0.901	13	0.999
19	11	0.136	7	1.000	16	0.095	19	0.631	10	0.782	14	0.945
20	12	-0.136	8	0.975	17	-0.095	20	0.731	11	0.623	15	0.815
21	13	-0.398	9	0.901	18	-0.282	21	0.520	12	0.434	16	0.942
22	14	-0.631	10	0.782	19	-0.458	22	0.270	13	0.223	17	0.756
23	15	-0.817	11	0.623	20	-0.618	0	0.000	14	-0.000	18	0.282
24	16	-0.942	12	0.434	21	-0.756	1	0.270	15	-0.434	19	0.458
25	17	-0.998	13	0.223	22	-0.866	2	0.520	16	-0.623	20	0.815
26	18	-0.979	14	-0.000	23	-0.945	3	0.731	17	-0.623	21	0.945
27	19	-0.888	15	-0.223	24	-0.990	4	0.888	18	-0.782	22	0.999
28	20	-0.731	16	-0.434	25	-0.999	5	0.979	19	-0.901	23	0.945
29	21	-0.520	17	-0.623	26	-0.972	6	0.998	20	-0.975	24	0.815
30	22	-0.270	18	-0.782	27	-0.910	7	0.942	21	-1.000	25	0.942
31	0	0.000	19	-0.901	28	-0.815	8	0.817	22	-0.975	26	0.972

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	JANUARY			FEBRUARY			MARCH			APRIL		
	I	II	III	I	II	III	I	II	III	I	II	III
1	11	0.136	9	0.901	10	0.945	19	-0.888	12	0.434	8	0.999
2	12	-0.136	10	0.782	11	0.866	20	-0.731	13	0.223	9	0.990
3	13	-0.398	11	0.623	12	0.756	21	-0.520	14	-0.000	10	0.945
4	14	-0.631	12	0.434	13	0.618	22	-0.270	15	-0.223	11	0.866
5	15	-0.817	13	0.223	14	0.458	0	0.000	16	-0.434	12	0.756
6	16	-0.942	14	-0.000	15	0.282	1	0.270	17	-0.623	13	0.618
7	17	-0.998	15	-0.223	16	0.095	2	0.520	18	-0.782	14	0.458
8	18	-0.979	16	-0.434	17	-0.095	3	0.731	19	-0.901	15	0.282
9	19	-0.888	17	-0.623	18	-0.282	4	0.888	20	-0.975	16	0.095
10	20	-0.731	18	-0.782	19	-0.458	5	0.979	21	-1.000	17	-0.095
11	21	-0.520	19	-0.901	20	-0.618	6	0.998	22	-0.975	18	-0.282
12	22	-0.270	20	-0.975	21	-0.756	7	0.942	23	-0.901	19	-0.458
13	0	0.000	21	-1.000	22	-0.866	8	0.817	24	-0.782	20	-0.618
14	1	0.270	22	-0.975	23	-0.945	9	0.631	25	-0.623	21	0.095
15	2	0.520	23	-0.901	24	-0.990	10	0.398	26	-0.434	22	0.095
16	3	0.731	24	-0.782	25	-0.999	11	0.136	27	-0.223	23	-0.945
17	4	0.888	25	-0.623	26	-0.972	12	-0.136	0	0.000	24	-0.815
18	5	0.979	26	-0.434	27	-0.910	13	-0.398	1	0.223	25	-0.618
19	6	0.998	27	-0.223	28	-0.815	14	-0.631	2	0.434	26	-0.458
20	7	0.942	0	0.000	29	-0.690	15	-0.817	3	0.623	27	-0.618
21	8	0.817	1	0.223	30	-0.541	16	-0.942	4	0.782	28	-0.945
22	9	0.631	2	0.434	31	-0.372	17	-0.998	5	0.901	29	0.815
23	10	0.398	3	0.623	32	-0.189	18	-0.979	6	0.975	30	0.942
24	11	0.136	4	0.782	0	0.000	19	-0.888	7	1.000	31	-0.372
25	12	-0.136	5	0.975	1	0.189	20	-0.731	8	0.901	32	-0.189
26	13	-0.398	6	0.975	2	0.372	21	-0.520	9	0.975	0	0.000
27	14	-0.631	7	1.000	3	0.541	22	-0.270	10	0.782	1	0.189
28	15	-0.817	8	0.975	4	0.690	0	0.000	11	0.623	2	0.372
29	16	-0.942	9	0.901	5	0.815	1	0.270	12	0.434	3	0.541
30	17	-0.998	10	0.782	6	0.910	2	0.520	13	0.223	4	0.690
31	18	-0.979	11	0.623	7	0.972	3	0.731	14	-0.000	5	0.815

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	I	II	III	I	II	III	I	II	III	I	II	III
1	11	0.136	9	0.901	10	0.945	19	-0.888	12	0.434	8	0.999
2	12	-0.136	10	0.782	11	0.866	20	-0.731	13	0.223	9	0.990
3	13	-0.398	11	0.623	12	0.756	21	-0.520	14	-0.000	10	0.945
4	14	-0.631	12	0.434	13	0.618	22	-0.270	15	-0.223	11	0.866
5	15	-0.817	13	0.223	14	0.458	0	0.000	16	-0.434	12	0.756
6	16	-0.942	14	-0.000	15	0.282	1	0.270	17	-0.623	13	0.618
7	17	-0.998	15	-0.223	16	0.095	2	0.520	18	-0.782	14	0.458
8	18	-0.979	16	-0.434	17	-0.095	3	0.731	19	-0.901	15	0.282
9	19	-0.888	17	-0.623	18	-0.282	4	0.888	20	-0.975	16	0.095
10	20	-0.731	18	-0.782	19	-0.458	5	0.979	21	-1.000	17	-0.095
11	21	-0.520	19	-0.901	20	-0.618	6	0.998	22	-0.975	18	-0.282
12	22	-0.270	20	-0.975	21	-0.756	7	0.942	23	-0.901	19	-0.458
13	0	0.000	21	-1.000	22	-0.866	8	0.817	24	-0.782	20	-0.618
14	1	0.270	22	-0.975	23	-0.945	9	0.631	25	-0.623	21	0.095
15	2	0.520	23	-0.901	24	-0.990	10	0.398	26	-0.434	22	0.095
16	3	0.731	24	-0.782	25	-0.999	11	0.136	27	-0.223	23	-0.945
17	4	0.888	25	-0.623	26	-0.972	12	-0.136	0	0.000	24	-0.815
18	5	0.979	26	-0.434	27	-0.910	13	-0.398	1	0.223	25	-0.618
19	6	0.998	27	-0.223	28	-0.815	14	-0.631	2	0.434	26	-0.458
20	7	0.942	0	0.000	29	-0.690	15	-0.817	3	0.623	27	-0.618
21	8	0.817	1	0.223	30	-0.541	16	-0.942	4	0.782	28	-0.945
22	9	0.631	2	0.434	31	-0.372	17	-0.998	5	0.901	29	0.815
23	10	0.398	3	0.623	32	-0.189	18	-0.979	6	0.975	30	0.942
24	11	0.136	4	0.782	0	0.000	19	-0.888	7	1.000	31	-0.372
25	12	-0.136	5	0.975	1	0.189	20	-0.731	8	0.901	32	-0.189
26	13	-0.398	6	0.975	2	0.372	21	-0.520	9	0.975	0	0.000
27	14	-0.631	7	1.000	3	0.541	22	-0.270	10	0.782	1	0.189
28	15	-0.817	8	0.975	4	0.690	0	0.000	11	0.623	2	0.372
29	16	-0.942	9	0.901	5	0.815	1	0.270	12	0.434	3	0.541
30	17	-0.998	10	0.782	6	0.910	2	0.520	13	0.223	4	0.690
31	18	-0.979	11	0.623	7	0.972	3	0.731	14	-0.000	5	0.815

DAY	JANUARY			FEBRUARY			MARCH			APRIL													
	I	II	III	I	II	III	I	II	III	I	II	III											
1	0.136	27	-0.434	17	-0.095	19	-0.888	1	0.223	15	0.282	1	0.270	1	0.223	10	0.945	9	0.631	4	0.782	8	0.999
2	-0.136	27	-0.223	18	-0.282	20	-0.731	2	0.434	16	0.095	2	0.520	2	0.434	11	0.866	10	0.398	5	0.901	9	0.990
3	-0.398	0	0.000	19	-0.458	21	-0.520	3	0.623	17	-0.095	3	0.731	3	0.623	12	0.756	11	0.136	6	0.975	10	0.945
4	0.0631	1	0.223	20	-0.618	22	-0.270	4	0.782	18	-0.282	4	0.888	4	0.782	13	0.618	12	-0.136	7	1.000	11	0.866
5	-0.817	2	0.434	21	-0.756	0	0.000	5	0.901	19	-0.458	5	0.979	5	0.901	14	0.458	13	-0.398	8	0.975	12	0.756
6	-0.942	3	0.623	22	-0.866	1	0.270	6	0.975	20	-0.618	6	0.998	6	0.975	15	0.282	14	-0.631	9	0.901	13	0.618
7	-0.998	4	0.782	23	-0.990	2	0.520	7	1.000	21	-0.756	7	0.998	7	1.000	16	0.095	15	-0.817	10	0.866	14	0.458
8	-0.979	5	0.901	24	-0.990	3	0.731	8	0.975	22	-0.866	8	0.975	8	0.975	17	-0.095	16	-0.942	11	0.623	15	0.282
9	-0.888	6	0.975	25	-0.990	4	0.888	9	0.901	23	-0.990	9	0.631	9	0.631	18	-0.458	17	-0.998	12	0.434	16	0.095
10	-0.520	7	1.000	26	-0.972	5	0.979	10	0.782	24	-0.990	10	0.398	10	0.398	19	-0.458	18	-0.979	13	0.223	17	-0.095
11	-0.270	8	0.975	27	-0.910	6	0.998	11	0.623	25	-0.990	11	0.136	11	0.136	20	-0.458	19	-0.888	14	0.434	18	0.095
12	0.000	9	0.901	28	-0.815	7	0.942	12	0.434	26	-0.690	12	-0.398	12	-0.398	21	-0.458	20	-0.979	15	0.223	19	0.095
13	0.270	10	0.782	29	-0.731	8	0.817	13	0.223	27	-0.990	13	0.000	13	0.000	22	-0.458	21	-0.520	16	0.095	20	0.095
14	0.520	11	0.623	30	-0.631	9	0.631	14	0.000	28	-0.690	14	0.631	14	0.631	23	-0.458	22	-0.270	17	0.223	21	0.095
15	0.979	12	0.434	31	-0.541	10	0.541	15	-0.000	29	-0.690	15	0.817	15	0.817	24	-0.458	23	-0.520	18	0.434	22	0.095
16	-0.942	13	0.223	1	0.910	11	0.270	16	0.270	30	-0.690	16	0.979	16	0.979	25	-0.458	24	-0.817	19	0.223	23	0.095
17	-0.998	14	0.000	2	0.910	12	0.520	17	0.520	31	-0.690	17	0.979	17	0.979	26	-0.458	25	-0.942	20	0.434	24	0.095
18	-0.979	15	0.000	3	0.910	13	0.731	18	0.731	1	0.910	18	0.979	18	0.979	27	-0.458	26	-0.817	21	0.223	25	0.095
19	-0.888	16	0.000	4	0.910	14	0.942	19	0.942	2	0.910	19	0.979	19	0.979	28	-0.458	27	-0.942	22	0.434	26	0.095
20	-0.731	17	0.000	5	0.910	15	0.817	20	0.817	3	0.910	20	0.979	20	0.979	29	-0.458	28	-0.817	23	0.223	27	0.095
21	-0.520	18	0.000	6	0.910	16	0.631	21	0.631	4	0.910	21	0.979	21	0.979	30	-0.458	29	-0.942	24	0.434	28	0.095
22	-0.270	19	0.000	7	0.910	17	0.434	22	0.434	5	0.910	22	0.979	22	0.979	31	-0.458	30	-0.817	25	0.223	29	0.095
23	0.000	20	0.000	8	0.910	18	0.223	23	0.223	6	0.910	23	0.979	23	0.979	1	-0.458	31	-0.942	26	0.434	30	0.095
24	0.270	21	0.000	9	0.910	19	0.000	24	0.000	7	0.910	24	0.979	24	0.979	2	-0.458	1	-0.817	27	0.223	31	0.095
25	0.520	22	0.000	10	0.910	20	-0.000	25	-0.000	8	0.910	25	0.979	25	0.979	3	-0.458	2	-0.942	28	0.434	32	0.095
26	0.979	23	0.000	11	0.910	21	0.136	26	0.136	9	0.910	26	0.979	26	0.979	4	-0.458	3	-0.817	29	0.223	33	0.095
27	-0.942	24	0.000	12	0.910	22	0.270	27	0.270	10	0.910	27	0.979	27	0.979	5	-0.458	4	-0.942	30	0.434	34	0.095
28	-0.998	25	0.000	13	0.910	23	0.520	28	0.520	11	0.910	28	0.979	28	0.979	6	-0.458	5	-0.817	31	0.223	35	0.095
29	-0.888	26	0.000	14	0.910	24	0.731	29	0.731	12	0.910	29	0.979	29	0.979	7	-0.458	6	-0.942	32	0.434	36	0.095
30	-0.731	27	0.000	15	0.910	25	0.942	30	0.942	13	0.910	30	0.979	30	0.979	8	-0.458	7	-0.817	33	0.223	37	0.095
31	-0.520	28	0.000	16	0.910	26	0.817	31	0.817	14	0.910	31	0.979	31	0.979	9	-0.458	8	-0.942	34	0.434	38	0.095

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER													
	I	II	III	I	II	III	I	II	III	I	II	III											
1	0.270	0	0.000	22	-0.866	8	0.817	2	0.434	19	-0.458	16	-0.942	5	0.901	17	-0.095	0	0.000	7	1.000	14	0.458
2	0.520	1	0.223	23	-0.945	9	0.631	3	0.623	20	-0.618	17	-0.998	6	0.975	18	-0.282	1	0.270	8	0.975	15	0.282
3	0.731	2	0.434	24	-0.990	10	0.398	4	0.782	21	-0.756	18	-0.979	7	1.000	19	-0.458	2	0.520	9	0.901	16	0.095
4	0.888	3	0.623	25	-0.999	11	0.136	5	0.901	22	-0.866	19	-0.888	8	0.975	20	-0.618	3	0.731	10	0.782	17	0.095
5	0.979	4	0.782	26	-0.972	12	-0.136	6	0.975	23	-0.945	20	-0.731	9	0.901	21	-0.756	4	0.888	11	0.623	18	0.282
6	0.998	5	0.901	27	-0.910	13	-0.398	7	1.000	24	-0.990	21	-0.520	10	0.782	22	-0.866	5	0.979	12	0.434	19	0.458
7	0.942	6	0.975	28	-0.815	14	-0.631	8	0.975	25	-0.999	22	-0.270	11	0.623	23	-0.945	6	0.998	13	0.223	20	0.756
8	0.817	7	1.000	29	-0.690	15	-0.817	9	0.901	26	-0.972	0	0.000	12	0.434	24	-0.990	7	0.942	14	-0.000	21	0.756
9	0.631	8	0.975	30	-0.541	16	-0.942	10	0.782	27	-0.910	1	0.270	13	0.223	25	-0.999	8	0.817	15	-0.817	22	0.866
10	0.398	9	0.901	31	-0.372	17	-0.998	11	0.623	28	-0.815	2	0.520	14	-0.000	26	-0.972	9	0.631	16	-0.434	23	0.945
11	0.136	10	0.782	32	-0.189	18	-0.979	12	0.434	29	-0.690	3	0.731	15	-0.223	27	-0.910	10	0.398	17	-0.623	24	0.999
12	-0.136	11	0.623	1	0.189	19	-0.888	13	0.223	30	-0.541	4	0.888	16	-0.434	28	-0.815	11	0.136	18	-0.782	25	0.999
13	-0.398	12	0.434	2	0.189	20	-0.731	14	-0.000	31	-0.372	5	0.979	17	-0.398	29	-0.690	12	-0.136	19	-0.901	26	0.972
14	-0.631	13	0.223	3	0.541	21	-0.520	15	-0.434	0	0.000	6	0.998	18	-0.623	30	-0.541	13	-0.398	20	-0.975	27	0.910
15	-0.817	14	0.000	4	0.690	22	-0.270	16	-0.434	1	0.189	7	0.942	19	-0.782	31	-0.372	14	-0.631	21	-1.000	28	0.690
16	-0.942	15	0.223	5	0.815	1	0.270	17	-0.623	2	0.541	8	0.817	20	-0.975	32	-0.000	15	-0.817	22	-0.975	29	0.690
17	-0.998	16	0.434	6	0.815	2	0.520	18	-0.782	3	0.690	9	0.631	21	-1.000	0	0.000	16	-0.942	23	-0.901	30	0.541
18	-0.979	17	0.623	7	0.910	3	0.731	19	-0.888	4	0.690	10	0.398	22	-0.866	1	0.189	17	-0.998	24	-0.782	31	0.372
19	-0.888	18	0.910	8	0.910	4	0.731	20	-0.975	5	0.815	11	0.136	23	-0.990	2	0.372	18	-0.979	25	-0.623	32	0.189
20	-0.731	19	0.901	9	0.999	5	0.888	21	-1.000	6	0.815	12	-0.136	24	-0.990	3	0.541	19	-0.888	26	-0.434	33	0.000
21	-0.520	20	0.975	10	0.990	6	0.888	22	-0.975	7	0.972	13	-0.398	25	-0.990	4	0.690	20	-0.942	27	-0.434	34	0.000
22	-0.270	21	1.000	11	0.866	7	0.942	23	-0.901	8	0.972	14	-0.631	26	-0.990	5	0.815	21	-0.817	28	-0.434	35	0.000
23	0.000	22	-0.975	12	0.756	8	0.942	24	-0.782	9	0.972	15	-0.817	27	-0.990	6	0.690	22	-0.942	29	-0.434	36	0.000
24	0.270	23	-0.901	13	0.618	9	0.817	25	-0.866	10	0.972	16	-0.942	28	-0.990	7	0.815	23	-0.817	30	-0.434	37	0.000
25	0.520	24	-0.782	14	0.618	10	0.631	26	-0.434	11	0.866	17	-0.998	29	-0.990	8	0.690	24	-0.942	31	-0.434	38	0.000
26	0.731	25	-0.623	15	0.458	11	0.398	27	-0.223	12	0.866	18	-0.979	30	-0.990	9	0.541	25	-0.817	32	-0.434	39	0.000
27	0.888	26	-0.434	16	0.282	12	0.136	28	0.000	13	0.756	19	-0.888	31	-0.990	10	0.398	26	-0.888	33	-0.434	40	0.000

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER													
	I	II	III	I	II	III	I	II	III	I	II	III											
1	0.270	17	-0.623	29	-0.690	8	0.817	19	-0.201	26	-0.972	16	-0.942	22	-0.975	24	-0.990	0	0.000	24	-0.782	21	-0.756
2	0.520	18	-0.782	30	-0.541	9	0.631	20	-0.975	27	-0.910	17	-0.998	23	-0.901	25	-0.999	1	0.270	25	-0.623	22	-0.866
3	0.731	19	-0.901	31	-0.372	10	0.398	21	-1.000	28	-0.815	18	-0.979	24	-0.782	26	-0.972	2	0.520	26	-0.434	23	-0.945
4	0.868	20	-0.975	32	-0.189	11	0.136	22	-0.975	29	-0.690	19	-0.888	25	-0.623	27	-0.910	3	0.731	27	-0.223	24	-0.990
5	0.979	21	-1.000	0	0.000	12	-0.136	23	-0.901	30	-0.541	20	-0.731	26	-0.434	28	-0.815	4	0.868	28	0.000	25	-0.999
6	0.998	22	-0.975	1	0.189	13	-0.398	24	-0.782	31	-0.372	21	-0.520	27	-0.223	29	-0.690	5	0.979	29	0.000	26	-0.972
7	0.942	23	-0.901	2	0.372	14	-0.631	25	-0.623	32	-0.189	22	-0.270	0	0.000	30	-0.541	6	0.998	30	0.223	27	-0.910
8	0.817	24	-0.782	3	0.541	15	-0.817	26	-0.434	0	0.000	23	-0.942	1	0.189	1	0.270	7	0.942	31	-0.372	28	-0.945
9	0.631	25	-0.623	4	0.690	16	-0.942	27	-0.223	1	0.189	24	-0.520	2	0.372	2	0.520	8	0.817	1	0.270	29	-0.972
10	0.398	26	-0.434	5	0.815	17	-0.998	28	-0.815	2	0.372	25	-0.623	3	0.541	3	0.731	9	0.631	2	0.520	30	-0.945
11	0.136	27	-0.223	6	0.910	18	-0.979	29	-0.690	3	0.541	26	-0.434	4	0.690	4	0.868	10	0.979	3	0.731	31	-0.972
12	-0.136	28	-0.398	7	0.972	19	-0.888	30	-0.541	4	0.690	27	-0.942	5	0.815	5	0.979	11	0.136	4	0.868	1	0.270
13	-0.398	29	-0.623	8	0.999	20	-0.731	31	-0.372	5	0.815	28	-0.998	6	0.979	6	0.998	12	-0.136	5	0.979	2	0.520
14	-0.631	30	-0.541	9	0.999	21	-0.520	1	0.189	6	0.998	29	-0.972	7	0.942	7	0.942	13	-0.398	6	0.998	3	0.731
15	-0.817	31	-0.372	10	0.910	22	-0.270	2	0.434	7	0.942	30	-0.541	8	0.868	8	0.868	14	-0.631	7	0.942	4	0.690
16	-0.942	1	0.000	27	-0.910	0	0.000	3	0.520	8	0.942	31	-0.372	9	0.979	9	0.979	15	-0.817	8	0.817	5	0.868
17	-0.998	2	0.223	28	-0.815	1	0.270	4	0.782	9	0.901	1	0.270	10	0.136	10	0.136	16	-0.942	9	0.817	6	0.868
18	-0.979	3	0.434	29	-0.690	2	0.520	5	0.901	11	0.136	2	0.520	11	0.136	11	0.136	17	-0.998	10	0.136	7	0.942
19	-0.979	4	0.434	30	-0.690	3	0.541	6	0.979	12	0.136	3	0.541	12	0.136	12	0.136	18	-0.979	11	0.136	8	0.868
20	-0.979	5	0.623	31	-0.541	4	0.731	7	0.979	13	0.136	4	0.690	13	0.136	13	0.136	19	-0.979	12	0.136	9	0.942
21	-0.979	6	0.623	1	0.189	5	0.815	8	0.979	14	0.136	5	0.815	14	0.136	14	0.136	20	-0.979	13	0.136	10	0.942
22	-0.979	7	0.623	2	0.372	6	0.868	9	0.979	15	0.136	6	0.868	15	0.136	15	0.136	21	-0.979	14	0.136	11	0.868
23	-0.979	8	0.623	3	0.541	7	0.942	10	0.979	16	0.136	7	0.942	16	0.136	16	0.136	22	-0.979	15	0.136	12	0.868
24	-0.979	9	0.623	4	0.690	8	0.979	11	0.979	17	0.136	8	0.979	17	0.136	17	0.136	23	-0.979	16	0.136	13	0.868
25	-0.979	10	0.623	5	0.815	9	0.979	12	0.979	18	0.136	9	0.979	18	0.136	18	0.136	24	-0.979	17	0.136	14	0.868
26	-0.979	11	0.623	6	0.868	10	0.979	13	0.979	19	0.136	10	0.979	19	0.136	19	0.136	25	-0.979	18	0.136	15	0.868
27	-0.979	12	0.623	7	0.942	11	0.979	14	0.979	20	0.136	11	0.979	20	0.136	20	0.136	26	-0.979	19	0.136	16	0.868
28	-0.979	13	0.623	8	0.979	12	0.979	15	0.979	21	0.136	12	0.979	21	0.136	21	0.136	27	-0.979	20	0.136	17	0.868
29	-0.979	14	0.623	9	0.979	13	0.979	16	0.979	22	0.136	13	0.979	22	0.136	22	0.136	28	-0.979	21	0.136	18	0.868
30	-0.979	15	0.623	10	0.979	14	0.979	17	0.979	23	0.136	14	0.979	23	0.136	23	0.136	29	-0.979	22	0.136	19	0.868
31	-0.979	16	0.623	11	0.979	15	0.979	18	0.979	24	0.136	15	0.979	24	0.136	24	0.136	30	-0.979	23	0.136	20	0.868

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	MAY			JUNE			JULY			AUGUST														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	16	-0.942	6	0.975	5	0.815	1	0.270	9	0.901	3	0.541	8	0.817	11	0.623	0	0.000	16	-0.942	14	-0.000	31	-0.372
2	17	-0.998	7	1.000	6	0.910	2	0.520	10	0.782	4	0.690	9	0.631	12	0.434	1	0.189	17	-0.998	15	-0.223	32	-0.189
3	18	-0.979	8	0.975	7	0.972	3	0.731	11	0.623	5	0.815	10	0.398	13	0.223	2	0.372	18	-0.979	16	-0.434	0	0.000
4	19	-0.888	9	0.901	8	0.999	4	0.888	12	0.434	6	0.910	11	0.136	14	-0.000	3	0.541	19	-0.888	17	-0.423	1	0.189
5	20	-0.731	10	0.782	9	0.990	5	0.979	13	0.223	7	0.972	12	-0.136	15	-0.223	4	0.690	20	-0.731	18	-0.782	2	0.372
6	21	-0.520	11	0.623	10	0.945	6	0.998	14	-0.000	8	0.999	13	-0.398	16	-0.434	5	0.815	21	-0.520	19	-0.901	3	0.541
7	22	-0.270	12	0.434	11	0.866	7	0.942	15	-0.223	9	0.990	14	-0.631	17	-0.623	6	0.910	22	-0.270	20	-0.975	4	0.690
8	0	0.000	13	0.223	12	0.756	8	0.817	16	-0.434	10	0.945	15	-0.817	18	-0.782	7	0.972	0	0.000	21	-1.000	5	0.815
9	1	0.270	14	-0.000	13	0.618	9	0.631	17	-0.623	11	0.866	16	-0.942	19	-0.901	8	0.999	1	0.270	22	-0.975	6	0.910
10	2	0.520	15	-0.223	14	0.458	10	0.398	18	-0.782	12	0.756	17	-0.998	20	-0.975	9	0.990	2	0.520	23	-0.901	7	0.972
11	3	0.731	16	-0.434	15	0.282	11	0.136	19	-0.901	13	0.618	18	-0.979	21	-1.000	10	0.945	3	0.731	24	-0.782	8	0.999
12	4	0.888	17	-0.623	16	0.095	12	-0.136	20	-0.975	14	0.458	19	-0.888	22	-0.975	11	0.866	4	0.888	25	-0.623	9	0.990
13	5	0.979	18	-0.782	17	-0.095	13	-0.398	21	-1.000	15	0.282	20	-0.888	23	-0.901	12	0.756	5	0.979	26	-0.434	10	0.945
14	6	0.998	19	-0.901	18	-0.282	14	-0.631	22	-0.975	16	0.095	21	-0.520	24	-0.782	13	0.618	6	0.998	27	-0.223	11	0.866
15	7	0.942	20	-0.975	19	-0.458	15	-0.817	23	-0.901	17	-0.095	22	-0.270	25	-0.623	14	0.458	7	0.942	0	0.000	12	0.756
16	8	0.817	21	-1.000	20	-0.618	16	-0.942	24	-0.782	18	-0.282	0	0.000	26	-0.434	15	0.282	8	0.817	1	0.270	13	0.618
17	9	0.631	22	-0.975	21	-0.756	17	-0.998	25	-0.623	19	-0.458	1	0.270	27	-0.223	16	0.095	9	0.631	2	0.434	14	0.458
18	10	0.398	23	-0.901	22	-0.866	18	-0.979	26	-0.434	20	-0.618	2	0.520	0	0.000	17	-0.095	10	0.398	3	0.623	15	0.282
19	11	0.136	24	-0.782	23	-0.945	19	-0.888	27	-0.223	21	-0.756	3	0.731	1	0.270	18	0.095	11	0.136	4	0.782	16	0.095
20	12	-0.136	25	-0.623	24	-0.990	20	-0.731	28	-0.782	22	-0.756	4	0.868	2	0.434	19	0.095	12	-0.136	5	0.975	17	-0.095
21	13	-0.398	26	-0.434	25	-0.999	21	-0.520	29	-0.942	23	-0.866	5	0.979	3	0.623	20	-0.618	13	-0.398	6	0.975	18	-0.282
22	14	-0.631	27	-0.223	26	-0.972	22	-0.270	30	-0.541	24	-0.990	6	0.998	4	0.782	21	-0.756	14	-0.631	7	1.000	19	-0.458
23	15	-0.817	0	0.000	27	-0.910	0	0.000	31	-0.372	25	-0.999	7	0.942	5	0.868	2	0.434	15	-0.817	8	0.975	20	-0.618
24	16	-0.942	1	0.223	28	-0.815	1	0.270	1	0.270	26	-0.972	8	0.817	6	0.942	3	0.623	16	-0.942	9	0.901	21	-0.756
25	17	-0.998	2	0.434	29	-0.690	2	0.520	2	0.520	27	-0.910	9	0.631	7	1.000	24	-0.942	17	-0.998	10	0.782	22	-0.866
26	18	-0.979	3	0.623	30	-0.541	3	0.731	3	0.731	28	-0.815	10	0.398	8	0.975	25	-0.999	18	-0				

JUDY RANKIN  
2-18-1945

DAY	MAY			JUNE			JULY			AUGUST														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	12	-0.136	25	-0.623	7	0.972	20	-0.731	0	0.000	5	0.815	4	0.888	2	0.434	2	0.372	12	-0.136	5	0.901	0	0.000
2	13	-0.398	26	-0.434	8	0.999	21	-0.520	1	0.223	6	0.910	5	0.979	3	0.782	3	0.541	13	-0.398	6	0.975	1	0.189
3	14	-0.631	27	-0.423	9	0.990	22	-0.270	2	0.434	7	0.972	6	0.998	4	0.623	4	0.690	14	-0.631	7	1.000	2	0.372
4	15	-0.817	0	0.000	10	0.945	0	0.000	3	0.623	8	0.999	7	0.942	5	0.901	5	0.815	15	-0.817	8	0.975	3	0.541
5	16	-0.942	1	0.223	11	0.866	1	0.270	4	0.782	9	0.990	8	0.817	6	0.975	6	0.910	16	-0.942	9	0.901	4	0.690
6	17	-0.998	2	0.434	12	0.756	2	0.520	5	0.901	10	0.945	9	0.631	7	1.000	7	0.972	17	-0.998	10	0.972	5	0.815
7	18	-0.979	3	0.623	13	0.618	3	0.731	6	0.975	11	0.866	10	0.398	8	0.975	8	0.999	18	-0.979	11	0.972	6	0.910
8	19	-0.838	4	0.782	14	0.458	4	0.888	7	1.000	12	0.756	11	0.136	9	0.901	9	0.990	19	-0.838	12	0.434	7	0.972
9	20	-0.731	5	0.975	15	0.282	5	0.979	8	0.975	13	0.618	12	-0.136	10	0.945	10	0.972	20	-0.731	13	0.975	8	0.999
10	21	-0.520	6	0.975	16	0.095	6	0.998	9	0.901	14	0.458	13	0.270	11	0.866	11	0.972	21	-0.520	14	0.975	9	0.990
11	22	-0.270	7	1.000	17	-0.095	7	0.942	10	0.782	15	0.282	14	-0.398	12	0.866	12	0.972	22	-0.270	15	0.975	10	0.189
12	0	0.000	8	0.975	18	-0.282	8	0.817	11	0.623	16	0.095	15	0.817	13	0.972	13	0.972	0	0.000	16	0.975	11	0.866
13	1	0.270	9	0.975	19	-0.458	9	0.631	12	0.434	17	-0.095	16	0.270	14	0.972	14	0.972	1	0.270	17	0.975	12	0.866
14	2	0.520	10	0.782	20	-0.618	10	0.398	13	0.223	18	-0.282	17	-0.998	15	0.282	15	0.282	2	0.520	18	0.975	13	0.618
15	3	0.731	11	0.623	21	-0.756	11	0.136	14	-0.000	19	-0.458	18	-0.817	16	0.434	16	0.434	3	0.731	19	0.975	14	0.866
16	4	0.888	12	0.434	22	-0.866	12	-0.136	15	-0.223	20	-0.618	19	-0.817	17	-0.998	17	-0.998	4	0.888	20	0.975	15	0.866
17	5	0.979	13	-0.223	23	-0.945	13	0.398	16	-0.434	21	-0.756	20	-0.520	18	-0.817	18	-0.817	5	0.979	21	0.975	16	0.458
18	6	0.998	14	-0.000	24	-0.990	14	0.631	17	-0.623	22	-0.866	21	-0.520	19	-0.458	19	-0.458	6	0.998	22	0.975	17	0.458
19	7	0.942	15	-0.223	25	-0.999	15	0.817	18	-0.623	23	-0.945	22	-0.270	20	-0.618	20	-0.618	7	0.942	23	0.975	18	0.095
20	8	0.817	16	-0.434	26	-0.972	16	-0.942	19	-0.942	24	-0.990	23	-0.000	21	-0.945	21	-0.945	8	0.817	24	0.975	19	0.095
21	9	0.631	17	-0.623	27	-0.910	17	-0.998	20	-0.998	25	-0.999	24	0.000	22	-0.999	22	-0.999	9	0.631	25	0.975	20	0.282
22	10	0.398	18	-0.782	28	-0.815	18	0.000	21	-0.000	26	-0.999	25	0.979	23	0.979	23	0.979	10	0.398	26	0.975	21	0.282
23	11	0.136	19	-0.901	29	-0.690	19	0.888	22	-0.270	27	-0.990	26	0.888	24	0.888	24	0.888	11	0.136	27	0.975	22	0.866
24	12	-0.136	20	-0.975	30	-0.541	20	0.731	23	-0.731	28	-0.815	27	0.942	25	0.942	25	0.942	12	-0.136	28	0.975	23	0.866
25	13	-0.398	21	-1.000	31	-0.372	21	0.520	24	-0.520	29	-0.945	28	0.998	26	0.998	26	0.998	13	-0.398	29	0.975	24	0.866
26	14	-0.031	22	-0.975	32	-0.189	22	-0.270	25	-0.270	30	-0.541	29	0.998	27	0.998	27	0.998	14	-0.031	30	0.975	25	0.866
27	15	-0.817	23	-0.901	0	0.000	23	0.000	26	-0.270	31	-0.372	30	0.998	28	0.998	28	0.998	15	-0.817	31	0.975	26	0.866
28	16	-0.942	24	-0.782	1	0.189	24	0.000	27	-0.270	0	0.000	31	0.998	29	0.998	29	0.998	16	-0.942	0	0.000	27	0.866
29	17	-0.998	25	-0.623	2	0.434	25	0.979	28	-0.270	1	0.189	32	0.998	30	0.998	30	0.998	17	-0.998	1	0.270	28	0.866
30	18	-0.979	26	-0.434	3	0.623	26	0.998	29	-0.270	2	0.434	33	0.998	31	0.998	31	0.998	18	-0.979	2	0.520	29	0.866
31	19	-0.888	27	-0.223	4	0.782	27	0.942	30	-0.270	3	0.623	34	0.998	32	0.998	32	0.998	19	-0.888	3	0.731	30	0.866

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

JUDY RANKIN  
 2-18-1945

DAY	JANUARY			FEBRUARY			MARCH			APRIL																				
	I	II	III	I	II	III	I	II	III	I	II	III																		
1	7	0.942	17	-0.623	19	-0.458	15	-0.817	20	-0.975	17	-0.095	20	-0.520	21	-1.000	18	-0.282	21	-0.520	21	-1.000	13	0.618	6	0.998	24	-0.782	11	0.866
2	8	0.817	18	-0.782	20	-0.618	16	-0.942	21	-1.000	18	-0.282	22	-0.270	22	-0.975	19	-0.458	22	-0.270	22	-0.975	14	0.458	7	0.942	25	-0.623	12	0.756
3	9	0.631	19	-0.901	21	-0.756	17	-0.998	22	-0.975	19	-0.458	23	0.000	23	-0.975	20	-0.618	23	0.000	23	-0.975	15	0.282	8	0.817	26	-0.434	13	0.618
4	10	0.398	20	-0.975	22	-0.866	18	-0.979	23	-0.901	20	-0.618	24	0.000	24	-0.975	21	-0.756	24	0.000	24	-0.975	16	0.458	9	0.631	27	-0.434	14	0.458
5	11	0.136	21	-1.000	23	-0.945	19	-0.888	24	-0.782	21	-0.756	25	0.520	25	-0.623	22	-0.866	25	0.520	25	-0.623	17	-0.095	10	0.398	0	0.000	15	0.282
6	12	-0.136	22	-0.975	24	-0.990	20	-0.731	25	-0.623	22	-0.866	26	0.731	26	-0.434	23	-0.945	26	0.731	26	-0.434	18	-0.282	11	0.136	1	0.136	1	0.095
7	13	-0.398	23	-0.901	25	-0.999	21	-0.520	26	-0.434	23	-0.945	27	0.888	27	-0.223	24	-0.990	27	0.888	27	-0.223	19	-0.458	12	-0.136	2	0.434	17	-0.095
8	14	-0.631	24	-0.782	26	-0.972	22	-0.270	27	-0.223	24	-0.990	28	0.888	28	-0.223	25	-0.990	28	0.888	28	-0.223	20	-0.458	13	0.398	3	0.623	18	-0.282
9	15	-0.817	25	-0.623	27	-0.910	23	0.000	28	0.000	25	-0.999	29	0.979	29	0.979	26	-0.972	29	0.979	29	0.979	21	-0.756	14	0.458	4	0.782	19	-0.458
10	16	-0.942	26	-0.434	28	-0.815	24	0.270	29	0.223	26	-0.972	30	0.998	30	0.998	27	-0.910	30	0.998	30	0.998	22	-0.910	15	0.282	5	0.975	21	-0.756
11	17	-0.998	27	-0.223	29	-0.690	25	0.520	30	0.434	27	-0.910	31	0.998	31	0.998	28	-0.910	31	0.998	31	0.998	23	-0.910	16	0.458	6	0.975	22	-0.866
12	18	-0.979	0	0.000	30	-0.541	26	0.731	31	0.623	28	-0.815	32	0.817	32	0.817	29	-0.910	32	0.817	32	0.817	24	-0.910	17	-0.998	7	1.000	22	-0.866
13	19	-0.888	1	0.223	31	-0.372	27	0.979	0	0.000	29	-0.690	33	0.998	33	0.998	30	-0.910	33	0.998	33	0.998	25	-0.910	18	-0.998	8	0.975	23	-0.866
14	20	-0.731	2	0.434	32	-0.189	28	0.979	1	0.901	30	-0.541	34	0.998	34	0.998	31	-0.910	34	0.998	34	0.998	26	-0.910	19	-0.998	9	0.975	24	-0.866
15	21	-0.520	3	0.623	0	0.000	29	0.998	2	0.975	31	-0.372	35	0.998	35	0.998	32	-0.910	35	0.998	35	0.998	27	-0.910	20	-0.998	10	0.975	25	-0.866
16	22	-0.270	4	0.782	1	0.189	28	0.942	3	1.000	32	-0.189	36	0.998	36	0.998	33	-0.910	36	0.998	36	0.998	28	-0.910	21	-0.998	11	0.975	26	-0.866
17	0	0.000	5	0.901	2	0.372	29	0.817	4	0.817	33	0.000	37	0.998	37	0.998	34	-0.910	37	0.998	37	0.998	29	-0.910	22	-0.998	12	0.975	27	-0.866
18	1	0.270	6	0.975	3	0.541	30	0.631	5	0.901	1	0.189	38	0.998	38	0.998	35	-0.910	38	0.998	38	0.998	30	-0.910	23	-0.998	13	0.975	28	-0.866
19	2	0.520	7	1.000	4	0.690	31	0.398	6	0.975	2	0.434	39	0.998	39	0.998	36	-0.910	39	0.998	39	0.998	31	-0.910	24	-0.998	14	0.975	29	-0.866
20	3	0.731	8	0.975	5	0.815	32	0.136	7	0.975	3	0.623	40	0.998	40	0.998	37													



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DAY	JANUARY			FEBRUARY			MARCH			APRIL													
	I	II	III	I	II	III	I	II	III	I	II	III											
1	0.270	0	0.000	4	0.690	9	0.631	3	0.523	2	0.372	14	-0.631	3	0.623	30	-0.541	22	-0.270	6	0.975	28	-0.815
2	0.920	1	0.223	5	0.815	10	0.398	4	0.782	3	0.541	15	-0.817	4	0.782	31	-0.372	0	0.000	7	1.000	29	-0.690
3	0.731	2	0.434	6	0.910	11	0.136	5	0.901	4	0.690	16	-0.942	5	0.901	32	-0.189	1	0.270	8	0.975	30	-0.541
4	0.888	3	0.623	7	0.972	12	-0.136	6	0.975	5	0.815	17	-0.998	6	0.975	0	0.000	2	0.520	9	0.901	31	-0.372
5	0.979	4	0.782	8	0.990	13	-0.398	7	1.000	6	0.910	18	-0.979	7	1.000	1	0.189	3	0.731	10	0.782	32	-0.189
6	0.998	5	0.901	9	0.990	14	-0.631	8	0.975	7	0.972	19	-0.888	8	0.975	2	0.372	4	0.888	11	0.623	3	0.000
7	0.942	6	0.901	10	0.945	15	-0.817	9	0.901	8	0.999	20	-0.731	9	0.901	3	0.541	5	0.979	12	0.434	4	0.189
8	0.817	7	1.000	11	0.866	16	-0.942	10	0.782	9	0.945	21	-0.520	10	0.782	4	0.690	6	0.998	13	0.223	5	0.372
9	0.631	8	0.975	12	0.756	17	-0.958	11	0.623	10	0.945	22	-0.270	11	0.623	5	0.815	7	0.942	14	-0.631	6	0.999
10	0.398	9	0.901	13	0.618	18	-0.979	12	0.434	11	0.866	0	0.000	12	0.434	6	0.910	8	0.817	15	-0.223	7	0.945
11	0.136	10	0.782	14	0.458	19	-0.888	13	0.223	12	0.756	1	0.270	13	0.223	7	0.972	9	0.631	16	-0.434	8	0.990
12	-0.136	11	0.623	15	0.282	20	-0.731	14	-0.000	13	0.618	2	0.520	14	-0.000	8	0.999	10	0.398	17	-0.623	9	0.815
13	-0.398	12	0.434	16	0.095	21	-0.520	15	-0.223	14	0.458	3	0.731	15	-0.223	9	0.990	11	0.136	18	-0.434	10	0.945
14	-0.631	13	0.223	17	-0.095	22	-0.270	16	-0.434	15	0.282	4	0.888	16	-0.434	10	0.945	12	0.136	19	-0.631	11	0.990
15	-0.942	14	-0.000	18	-0.458	23	-0.270	17	-0.817	16	0.095	5	0.979	17	-0.631	11	0.866	13	0.136	20	-0.731	12	0.458
16	-0.998	15	0.000	19	-0.095	24	0.000	18	0.434	17	0.458	6	0.817	18	-0.631	12	0.756	14	0.136	21	-0.520	13	0.282
17	-0.979	16	0.000	20	0.282	25	0.270	19	0.434	18	0.282	7	0.631	19	-0.136	13	0.618	15	-0.942	22	0.434	14	0.945
18	-0.998	17	0.000	21	0.282	26	0.434	20	0.434	19	0.282	8	0.631	20	-0.136	14	0.618	16	-0.942	23	0.434	15	0.945
19	-0.979	18	0.000	22	0.458	27	0.434	21	0.434	20	0.458	9	0.631	21	0.000	15	0.618	17	-0.942	24	0.434	16	0.945
20	-0.942	19	0.000	23	0.458	28	0.434	22	0.458	21	0.458	10	0.631	22	0.000	16	0.618	18	-0.942	25	0.434	17	0.945
21	-0.998	20	0.000	24	0.458	29	0.434	23	0.458	22	0.458	11	0.631	23	0.000	17	0.618	19	-0.942	26	0.434	18	0.945
22	-0.979	21	0.000	25	0.458	30	0.434	24	0.458	23	0.458	12	0.631	24	0.000	18	0.618	20	-0.942	27	0.434	19	0.945
23	-0.942	22	0.000	26	0.458	31	0.434	25	0.458	24	0.458	13	0.631	25	0.000	19	0.618	21	-0.942	28	0.434	20	0.945
24	-0.998	23	0.000	27	0.458	32	0.434	26	0.458	25	0.458	14	0.631	26	0.000	20	0.618	22	-0.942	29	0.434	21	0.945
25	-0.979	24	0.000	28	0.458	33	0.434	27	0.458	26	0.458	15	0.631	27	0.000	21	0.618	23	-0.942	30	0.434	22	0.945
26	-0.942	25	0.000	29	0.458	34	0.434	28	0.458	27	0.458	16	0.631	28	0.000	22	0.618	24	-0.942	31	0.434	23	0.945
27	-0.998	26	0.000	30	0.458	35	0.434	29	0.458	28	0.458	17	0.631	29	0.000	23	0.618	25	-0.942	32	0.434	24	0.945
28	-0.979	27	0.000	31	0.458	36	0.434	30	0.458	29	0.458	18	0.631	30	0.000	24	0.618	26	-0.942	33	0.434	25	0.945
29	-0.942	28	0.000	32	0.458	37	0.434	31	0.458	30	0.458	19	0.631	31	0.000	25	0.618	27	-0.942	34	0.434	26	0.945
30	-0.998	29	0.000	33	0.458	38	0.434	32	0.458	31	0.458	20	0.631	32	0.000	26	0.618	28	-0.942	35	0.434	27	0.945
31	-0.979	30	0.000	34	0.458	39	0.434	33	0.458	32	0.458	21	0.631	33	0.000	27	0.618	29	-0.942	36	0.434	28	0.945

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

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 JUDY RANKIN  
 2-18-1945

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER													
	I	II	III	I	II	III	I	II	III	I	II	III											
1	0.731	8	0.975	31	-0.372	4	0.888	10	0.782	28	-0.815	12	-0.136	13	0.223	26	-0.972	19	-0.888	15	-0.223	23	-0.945
2	-0.520	9	0.901	32	-0.189	5	0.979	11	0.523	29	-0.690	13	-0.398	14	-0.000	27	-0.910	20	-0.731	16	-0.434	24	-0.990
3	-0.270	10	0.782	0	0.000	6	0.998	12	0.454	30	-0.541	14	-0.631	15	-0.223	28	-0.815	21	-0.520	17	-0.623	25	-0.999
4	0.000	11	0.623	1	0.189	7	0.942	13	0.223	31	-0.372	15	-0.817	16	-0.434	29	-0.690	22	-0.270	18	-0.782	26	-0.972
5	0.270	12	0.434	2	0.372	8	0.817	14	-0.000	32	-0.189	16	-0.942	17	-0.623	30	-0.541	0	0.000	19	-0.901	27	-0.910
6	0.520	13	0.223	3	0.541	9	0.631	15	-0.223	0	0.000	17	-0.998	18	-0.782	31	-0.372	1	0.270	20	-0.975	28	-0.815
7	0.731	14	-0.000	4	0.690	10	0.398	16	-0.434	1	0.189	18	-0.979	19	-0.901	32	-0.189	2	0.520	21	-1.000	29	-0.690
8	0.888	15	-0.223	5	0.815	11	0.136	17	-0.623	2	0.372	19	-0.888	20	-0.975	0	0.000	3	0.731	22	-0.975	30	-0.541
9	0.979	16	-0.434	6	0.910	12	-0.136	18	-0.782	3	0.541	20	-0.731	21	-1.000	1	0.189	4	0.888	23	-0.901	31	-0.372
10	0.998	17	-0.623	7	0.972	13	-0.398	19	-0.901	4	0.690	21	-0.520	22	-0.975	2	0.372	5	0.979	24	-0.782	32	-0.189
11	0.942	18	-0.782	8	0.999	14	-0.631	20	-0.975	5	0.815	22	-0.270	23	-0.901	3	0.541	6	0.998	25	-0.623	0	0.000
12	0.817	19	-0.901	9	0.990	15	-0.817	21	-1.000	6	0.910	0	0.000	24	-0.782	4	0.690	7	0.942	26	-0.434	1	0.189
13	0.631	20	-0.975	10	0.945	16	-0.942	22	-0.975	7	0.972	1	0.270	25	-0.623	5	0.815	8	0.817	27	-0.223	2	0.372
14	0.398	21	-1.000	11	0.866	17	-0.999	23	-0.901	8	0.999	2	0.520	26	-0.434	6	0.910	9	0.631	0	0.000	3	0.541
15	0.136	22	-0.975	12	0.756	18	-0.979	24	-0.782	9	0.990	3	0.731	27	-0.223	7	0.972	10	0.398	1	0.223	4	0.690
16	-0.136	23	-0.901	13	0.618	19	-0.888	25	-0.423	10	0.945	4	0.888	0	0.000	8	0.999	11	0.136	2	0.434	5	0.815
17	-0.398	24	-0.782	14	0.458	20	-0.731	26	-0.434	11	0.866	5	0.979	1	0.270	9	0.945	12	-0.136	3	0.623	6	0.910
18	-0.631	25	-0.623	15	0.282	21	-0.520	27	-0.223	12	0.618	6	0.998	2	0.434	10	0.945	13	-0.398	4	0.782	7	0.972
19	-0.817	26	-0.434	16	0.095	22	-0.270	0	0.000	13	0.618	7	0.942	3	0.541	11	0.866	14	-0.631	5	0.901	8	0.999
20	-0.942	27	-0.223	17	-0.095	0	0.000	1	0.223	14	0.458	8	0.817	4	0.782	12	0.756	15	-0.817	6	0.975	9	0.990
21	-0.998	28	0.000	18	-0.282	1	0.270	2	0.434	15	0.282	9	0.631	5	0.901	13	0.618	16	-0.942	7	1.000	10	0.945
22	-0.979	29	0.000	19	-0.458	2	0.520	3	0.623	16	0.095	10	0.631	6	0.975	14	0.458	17	-0.942	8	0.975	11	0.866
23	-0.942	30	0.000	20	-0.618	3	0.731	4	0.888	17	-0.095	11	0.136	7	1.000	15	0.282	18	-0.979	9	0.901	12	0.756
24	-0.998	31	0.000	21	-0.756	4	0.888	5	0.901	18	-0.282	12	-0.136	8	0.975	16	0.095	19	-0.888	10	0.782	13	0.618
25	-0.979	32	0.000	22	-0.945	5	0.979	6	0.999	19	-0.458	13	-0.398	9	0.901	17	-0.095	20	-0.731	11	0.623	14	0.458
26	-0.942	33	0.000	23	-0.945	6	0.998	7	1.000	20	-0.618	14	-0.631	10	0.901	18	-0.095	21	-0.520	12	0.434	15	0.282
27	-0.998	34	0.000	24	-0.990																		

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	14	-0.631	19	-0.901	16	0.095	21	-0.520	21	-1.000	13	0.618	6	0.998	24	-0.782	11	0.866	13	-0.398	26	-0.434	8	0.999
2	15	-0.617	20	-0.975	17	-0.095	22	-0.270	22	-0.975	14	0.458	7	0.942	25	-0.623	12	0.756	14	-0.631	27	-0.223	9	0.990
3	16	-0.942	21	-1.000	18	-0.282	0	0.000	23	-0.901	15	0.282	8	0.617	26	-0.434	13	0.618	15	-0.817	0	0.000	10	0.945
4	17	-0.998	22	-0.975	19	-0.458	1	0.270	24	-0.782	16	0.095	9	0.631	27	-0.223	14	0.458	16	-0.942	1	0.223	11	0.866
5	18	-0.979	23	-0.901	20	-0.618	2	0.520	25	-0.623	17	-0.095	10	0.398	0	0.000	15	0.282	17	-0.998	2	0.434	12	0.756
6	19	-0.888	24	-0.782	21	-0.756	3	0.731	26	-0.434	18	-0.282	11	0.136	1	0.136	1	0.136	18	-0.979	3	0.623	13	0.618
7	20	-0.731	25	-0.623	22	-0.866	4	0.888	27	-0.223	19	-0.458	12	-0.136	2	0.223	19	-0.095	19	-0.888	4	0.782	14	0.458
8	21	-0.520	26	-0.434	23	-0.945	5	0.979	0	0.000	20	-0.618	13	-0.398	3	0.623	18	-0.282	20	-0.731	5	0.975	15	0.282
9	22	-0.270	27	-0.223	24	-0.990	6	0.958	1	0.223	21	-0.756	14	-0.631	4	0.782	19	-0.458	21	-0.520	6	0.975	16	0.095
10	0	0.000	0	0.000	25	-0.999	7	0.942	2	0.434	22	-0.866	15	-0.817	5	0.901	20	-0.618	22	-0.270	7	1.000	17	-0.095
11	1	0.270	1	0.223	26	-0.972	8	0.817	3	0.623	23	-0.945	16	-0.942	6	0.756	21	-0.756	0	0.000	8	0.975	18	-0.282
12	2	0.520	2	0.434	27	-0.910	9	0.631	4	0.782	24	-0.990	17	-0.998	7	1.000	22	-0.866	1	0.270	9	0.501	19	-0.458
13	3	0.731	3	0.623	28	-0.815	10	0.398	5	0.975	25	-0.999	18	-0.979	8	0.975	23	-0.945	2	0.434	10	0.975	20	-0.618
14	4	0.942	4	0.782	29	-0.690	11	0.136	6	0.731	26	-0.972	19	-0.888	9	0.901	24	-0.990	3	0.623	11	0.866	21	-0.945
15	5	0.979	5	0.901	30	-0.541	12	-0.136	7	1.000	27	-0.910	20	-0.631	10	0.782	25	-0.999	4	0.888	12	0.434	22	-0.866
16	6	0.998	6	0.975	31	-0.458	13	-0.398	8	0.975	28	-0.815	21	-0.520	11	0.901	26	-0.972	5	0.979	13	0.623	23	-0.945
17	7	0.942	7	1.000	32	-0.189	14	-0.631	9	0.901	29	-0.690	22	-0.520	12	0.888	27	-0.910	6	0.731	14	0.756	24	-0.990
18	8	0.817	8	0.975	0	0.000	15	-0.817	10	0.782	30	-0.541	23	-0.270	13	0.817	28	-0.945	7	0.942	15	0.866	25	-0.999
19	9	0.631	9	0.901	1	0.136	16	-0.942	11	0.623	31	-0.372	24	-0.434	14	0.817	29	-0.690	8	0.817	16	0.623	26	-0.972
20	10	0.398	10	0.782	2	0.372	17	-0.998	12	0.434	32	-0.189	25	-0.520	15	0.520	30	-0.541	9	0.631	17	0.398	27	-0.910
21	11	0.136	11	0.623	3	0.541	18	-0.999	13	0.223	0	0.000	26	-0.731	16	0.631	31	-0.372	10	0.398	18	0.398	28	-0.815
22	12	-0.136	12	0.434	4	0.690	19	-0.888	14	-0.000	1	0.189	27	-0.888	17	0.731	32	-0.189	11	0.136	19	0.136	29	-0.690
23	13	-0.398	13	0.223	5	0.815	20	-0.731	15	-0.223	2	0.372	28	-0.731	18	0.888	0	0.000	12	-0.136	20	-0.975	30	-0.541
24	14	-0.631	14	-0.000	6	0.910	21	-0.520	16	-0.434	3	0.541	29	-0.520	19	0.998	1	0.189	13	-0.398	21	-1.000	31	-0.372
25	15	-0.817	15	-0.223	7	0.972	22	-0.270	17	-0.623	4	0.690	30	-0.631	20	0.817	2	0.372	14	-0.631	22	-0.975	32	-0.189
26	16	-0.942	16	-0.434	8	0.999	23	-0.000	18	-0.782	5	0.815	31	-0.817	21	0.817	3	0.541	15	-0.817	23	-0.901	0	0.000
27	17	-0.998	17	-0.623	9	0.990	24	0.000	19	-0.901	6	0.910	32	-0.631	22	0.631	4	0.690	16	-0.942	24	-0.782	1	0.189
28	18	-0.979	18	-0.782	10	0.945	25	0.520	20	-0.975	7	0.972	0	0.398	23	-0.975	5	0.815	17	-0.979	25	-0.623	2	0.372
29	19	-0.888	19	-0.901	11	0.866	26	0.731	21	-1.000	8	0.999	1	0.136	24	-0.782	6	0.910	18	-0.979	26	-0.434	3	0.541
30	20	-0.731	20	-0.975	12	0.756	27	-0.888	22	-0.975	9	0.990	2	-0.136	25	-0.623	7	0.972	19	-0.888	27	-0.223	4	0.690
31	21	-0.520	21	-1.000	13	0.618	28	-0.979	23	-0.901	10	0.945	3	0.979	26	-0.434	8	0.999	20	-0.731	28	-0.623	5	0.815

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

JANE PLALUCK  
 9-19-1945

DAY	MAY			JUNE			JULY			AUGUST														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	6	0.998	8	0.975	25	-0.999	14	-0.631	11	0.623	23	-0.945	21	-0.520	13	0.223	20	-0.618	6	0.998	16	-0.434	18	-0.282
2	7	0.942	9	0.901	26	-0.972	15	-0.817	12	0.434	24	-0.990	22	-0.270	14	-0.000	21	-0.756	7	0.942	17	-0.623	19	-0.458
3	8	0.817	10	0.782	27	-0.910	16	-0.942	13	0.223	25	-0.999	0	0.000	15	-0.223	22	-0.866	8	0.817	18	-0.782	20	-0.618
4	9	0.631	11	0.623	28	-0.815	17	-0.998	14	-0.000	26	-0.972	1	0.270	16	-0.434	23	-0.945	9	0.631	19	-0.901	21	-0.756
5	10	0.398	12	0.434	29	-0.690	18	-0.979	15	-0.223	27	-0.910	2	0.520	17	-0.623	24	-0.990	10	0.398	20	-0.975	22	-0.866
6	11	0.136	13	0.223	30	-0.541	19	-0.888	16	-0.434	28	-0.815	3	0.731	18	-0.792	25	-0.999	11	0.136	21	-1.000	23	-0.945
7	12	-0.136	14	-0.000	31	-0.372	20	-0.731	17	-0.623	29	-0.690	4	0.888	19	-0.901	26	-0.972	12	-0.136	22	-0.975	24	-0.990
8	13	-0.398	15	-0.223	32	-0.189	21	-0.520	18	-0.782	30	-0.541	5	0.979	20	-0.975	27	-0.910	13	-0.398	23	-0.901	25	-0.999
9	14	-0.631	16	-0.434	0	0.000	22	-0.270	19	-0.701	31	-0.372	6	0.998	21	-1.000	28	-0.815	14	-0.631	24	-0.782	26	-0.972
10	15	-0.817	17	-0.623	1	0.189	23	-0.000	20	-0.975	32	-0.189	7	0.942	22	-0.975	29	-0.690	15	-0.817	25	-0.623	27	-0.910
11	16	-0.942	18	-0.782	2	0.372	24	0.270	21	-1.000	0	0.000	8	0.817	23	-0.901	30	-0.541	16	-0.942	26	-0.434	28	-0.815
12	17	-0.998	19	-0.901	3	0.541	25	0.520	22	-0.975	1	0.189	9	0.631	24	-0.782	31	-0.372	17	-0.998	27	-0.623	29	-0.690
13	18	-0.979	20	-0.975	4	0.690	26	0.731	23	-0.901	2	0.372	10	0.398	25	-0.623	32	-0.189	18	-0.979	28	-0.782	30	-0.541
14	19	-0.888	21	-1.000	5	0.815	27	0.888	24	-0.782	3	0.541	11	0.136	26	-0.434	0	0.000	19	-0.888	29	-0.901	31	-0.372
15	20	-0.731	22	-0.975	6	0.910	28	0.979	25	-0.623	4	0.690	12	-0.136	27	-0.223	1	0.189	20	-0.731	30	-0.731	32	-0.189
16	21	-0.520	23	-0.901	7	0.972	29	0.998	26	-0.434	5	0.815	13	-0.398	28	-0.398	2	0.372	21	-0.520	31	-0.731	0	0.000
17	22	-0.270	24	-0.782	8	0.999	30	0.942	27	-0.223	6	0.910	14	-0.631	29	-0.631	3	0.541	22	-0.270	0	0.000	1	0.189
18	0	0.000	25	-0.623	9	0.990	31	0.817	0	0.000	7	0.972	15	-0.817	30	-0.631	4	0.690	23	0	0.000	2	0.372	
19	1	0.270	26	-0.434	10	0.945	9	0.631	1	0.223	8	0.999	16	-0.942	31	-0.942	5	0.815	24	0.270	3	0.541		
20	2	0.520	27	-0.223	11	0.866	10	0.398	2	0.434	9	0.990	17	-0.998	32	-0.942	6	0.910	25	0.520	4	0.690		
21	3	0.731	28	-0.000	12	0.756	11	0.136	3	0.623	10	0.945	18	-0.979	0	0.000	7	0.972	26	0.731	5	0.815		
22	4	0.888	29	0.223	13	0.618	12	-0.136	4	0.782	11	0.866	19	-0.888	1	0.136	8	0.999	27	0.888	6	0.910		
23	5	0.979	30	0.434	14	0.458	13	-0.398	5	0.975	12	0.756	20	-0.731	2	0.223	9	0.990	28	0.979	7	0.972		
24	6	0.998	31	0.623	15	0.282	14	-0.631	6	0.975	13	0.618	21	-0.520	3	0.541	10	0.945	29	0.998	8	0.999		
25	7	0.942	0	0.782	16	0.095	15	-0.817	7	1.000	14	0.458	22	-0.270	4	0.631	11	0.866	30	0.942	9	0.990		

DAY	MAY			JUNE			JULY			AUGUST														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	9	0.631	17	-0.623	27	-0.910	17	-0.998	20	-0.975	25	-0.999	1	0.270	22	-0.975	22	-0.866	9	0.631	25	-0.623	20	-0.618
2	10	0.398	18	-0.782	28	-0.815	18	-0.979	21	-1.000	26	-0.972	2	0.520	24	-0.901	23	-0.945	10	0.398	26	-0.434	21	-0.756
3	11	0.136	19	-0.901	29	-0.690	19	-0.888	22	-0.975	27	-0.910	3	0.731	24	-0.782	24	-0.990	11	0.136	27	-0.223	22	-0.866
4	12	-0.136	20	-0.975	30	-0.541	20	-0.731	23	-0.901	28	-0.815	4	0.888	25	-0.623	25	-0.999	12	-0.136	28	-0.000	23	-0.945
5	13	-0.398	21	-1.000	31	-0.372	21	-0.520	24	-0.782	29	-0.690	5	0.979	26	-0.434	26	-0.972	13	-0.398	29	-0.223	24	-0.990
6	14	-0.631	22	-0.975	32	-0.136	22	-0.270	25	-0.623	30	-0.541	6	0.998	27	-0.223	27	-0.910	14	-0.631	30	-0.631	25	-0.999
7	15	-0.817	23	-0.901	0	0.000	0	0.000	26	-0.434	31	-0.372	7	0.942	28	-0.000	28	-0.815	15	-0.817	31	-0.623	26	-0.972
8	16	-0.942	24	-0.782	1	0.189	1	0.270	27	-0.223	32	-0.136	8	0.817	29	0.223	29	-0.690	16	-0.942	0	0.000	27	-0.910
9	17	-0.998	25	-0.623	2	0.372	2	0.520	28	0.000	0	0.000	9	0.631	30	0.623	30	-0.541	17	-0.998	1	0.189	28	-0.815
10	18	-0.979	26	-0.434	3	0.541	3	0.731	29	0.623	1	0.189	10	0.398	31	0.398	31	-0.372	18	-0.979	2	0.372	29	-0.690
11	19	-0.888	27	-0.223	4	0.690	4	0.888	30	0.434	2	0.372	11	0.136	0	0.000	0	0.000	19	-0.888	3	0.520	30	-0.541
12	20	-0.731	0	0.000	5	0.815	5	0.979	31	0.623	3	0.541	12	-0.136	1	0.189	1	0.270	20	-0.731	4	0.782	31	-0.372
13	21	-0.520	1	0.223	6	0.910	6	0.998	0	0.000	4	0.690	13	-0.398	2	0.372	2	0.520	21	-0.520	5	0.901	32	-0.189
14	22	-0.270	2	0.434	7	0.972	7	0.942	1	0.189	5	0.815	14	-0.631	3	0.541	3	0.731	22	-0.270	6	0.975	0	0.000
15	23	0.000	3	0.623	8	0.999	8	0.817	2	0.372	6	0.631	15	-0.817	4	0.782	4	0.942	23	0.000	7	0.979	1	0.189
16	24	0.270	4	0.782	9	0.990	9	0.631	3	0.541	7	0.942	16	-0.942	5	0.901	5	0.901	24	0.270	8	0.888	2	0.372
17	25	0.520	5	0.901	10	0.945	10	0.398	4	0.690	8	0.817	17	-0.998	6	0.782	6	0.782	25	0.520	9	0.979	3	0.541
18	26	0.731	6	0.975	11	0.986	11	0.136	5	0.901	9	0.631	18	-0.888	7	0.817	7	0.817	26	0.731	10	0.945	4	0.782
19	27	0.888	7	1.000	12	0.999	12	-0.136	6	0.910	10	0.398	19	-0.998	8	0.817	8	0.817	27	0.888	11	0.986	5	0.901
20	28	0.998	8	0.975	13	0.990	13	0.270	7	0.942	11	0.136	20	-0.998	9	0.631	9	0.631	28	0.998	12	0.986	6	0.782
21	29	0.979	9	0.901	14	0.990	14	0.434	8	0.817	12	-0.136	21	-0.998	10	0.398	10	0.398	29	0.979	13	0.986	7	0.942
22	30	0.942	10	0.817	15	0.990	15	0.631	9	0.631	13	-0.398	22	-0.998	11	0.136	11	0.136	30	0.942	14	0.986	8	0.888
23	31	0.817	11	0.623	16	0.945	16	0.817	10	0.398	14	-0.631	23	-0.998	12	-0.136	12	-0.136	31	0.817	15	0.986	9	0.901
24	1	0.631	12	0.434	17	0.995	17	0.998	11	0.136	15	-0.817	24	-0.998	13	-0.398	13	-0.398	1	0.631	16	0.945	10	0.945
25	2	0.398	13	0.223	18	0.995	18	0.979	12	-0.136	16	-0.942	25	-0.998	14	-0.631	14	-0.631	2	0.398	17	0.995	11	0.986
26	3	0.136	14	-0.000	19	0.995	19	0.888	13	-0.398	17	-0.998	26	-0.998	15	-0.817	15	-0.817	3	0.136	18	0.995	12	0.986
27	4	0.136	15	-0.223	20	0.995	20	0.888	14	-0.631	18	-0.998	27	-0.998	16	-0.942	16	-0.942	4	0.136	19	0.995	13	0.986
28	5	0.136	16	-0.434	21	0.995	21	0.888	15	-0.631	19	-0.998	28	-0.998	17	-0.998	17	-0.998	5	0.136	20	0.995	14	0.986
29	6	0.136	17	-0.631	22	0.995	22	0.888	16	-0.817	20	-0.998	29	-0.998	18	-0.998	18	-0.998	6	0.136	21	0.995	15	0.986
30	7	0.136	18	-0.817	23	0.995	23	0.888	17	-0.998	21	-0.998	30	-0.998	19	-0.998	19	-0.998	7	0.136	22	0.995	16	0.986
31	8	0.136	19	-0.901	24	0.995	24	0.888	18	-0.998	22	-0.998	31	-0.998	20	-0.998	20	-0.998	8	0.136	23	0.995	17	0.986
32	9	0.136	20	-0.975	25	0.995	25	0.888	19	-0.998	23	-0.998	1	0.270	21	-0.998	21	-0.998	9	0.136	24	0.995	18	0.986
33	10	0.136	21	-0.975	26	0.995	26	0.888	20	-0.998	24	-0.998	2	0.434	22	-0.998	22	-0.998	10	0.136	25	0.995	19	0.986
34	11	0.136	22	-0.975	27	0.995	27	0.888	21	-0.998	25	-0.998	3	0.623	23	-0.998	23	-0.998	11	0.136	26	0.995	20	0.986
35	12	0.136	23	-0.975	28	0.995	28	0.888	22	-0.998	26	-0.998	4	0.817	24	-0.998	24	-0.998	12	0.136	27	0.995	21	0.986
36	13	0.136	24	-0.975	29	0.995	29	0.888	23	-0.998	27	-0.998	5	0.979	25	-0.998	25	-0.998	13	0.136	28	0.995	22	0.986
37	14	0.136	25	-0.975	30	0.995	30	0.888	24	-0.998	28	-0.998	6	0.998	26	-0.998	26	-0.998	14	0.136	29	0.995	23	0.986
38	15	0.136	26	-0.975	31	0.995	31	0.888	25	-0.998	29	-0.998	7	0.998	27	-0.998	27	-0.998	15	0.136	30	0.995	24	0.986
39	16	0.136	27	-0.975	0	0.000	0	0.000	30	-0.998	30	-0.998	8	0.998	28	-0.998	28	-0.998	16	0.136	31	0.995	25	0.986
40	17	0.136	28	-0.975	1	0.189	1	0.270	31	-0.998	31	-0.998	9	0.998	29	-0.998	29	-0.998	17	0.136	0	0.000	26	0.986
41	18	0.136	29	-0.975	2	0.372	2	0.520	0	0.000	0	0.000	10	0.398	30	-0.998	30	-0.998	18	0.136	1	0.189	27	0.986
42	19	0.136	30	-0.975	3	0.541	3	0.731	1	0.189	1	0.270	11	0.136	31	-0.998	31	-0.998	19	0.136	2	0.372	28	0.986
43	20	0.136	31	-0.975	4	0.690	4	0.888	2	0.372	2	0.520	12	-0.136	0	0.000	0	0.000	20	0.136	3	0.541	29	0.986
44	21	0.136	0	0.000	5	0.815	5	0.979	3	0.541	3	0.731	13	-0.398	1	0.189	1	0.270	21	0.136	4	0.782	30	0.986
45	22	0.136	1	0.223	6	0.910	6	0.998	4	0.690	4	0.888	14	-0.631	2	0.372	2	0.520	22	0.136	5	0.901	31	0.986
46	23	0.136	2	0.434	7	0.972	7	0.942	5	0.901	5	0.901	15	-0.817	3	0.541	3	0.731	23	0.136	6	0.975	0	0.000
47	24	0.136	3	0.623	8	0.999	8	0.817	6	0.782	6	0.782	16	-0.942	4	0.782	4	0.942	24	0.136	7	0.979	1	0.189
48	25	0.136	4	0.782	9	0.990	9	0.631	7	0.817	7	0.817	17	-0.998	5	0.901	5	0.901	25	0.136	8	0.888	2	0.372
49	26	0.136	5	0.901	10	0.945	10	0.398	8	0.817	8	0.817	18	-0.998	6	0.782	6	0.782	26	0.136	9	0.979	3	0.541
50	27	0.136	6	0.975	11	0.986	11	0.136	9	0.631	9	0.631	19	-0.998	7	0.817	7	0.817	27	0.136	10	0.945	4	0.782
51	28	0.136	7	1.000	12	0.999	12	-0.136	10	0.398	10	0.398	20	-0.998	8	0.817	8	0.817	28	0.136	11	0.986	5	0.901
52	29	0.136	8	0.975	13	0.990	13	0.270	11	0.136	11	0.136	21	-0.998	9	0.631	9	0.631	29	0.136	12	0.986	6	0.782
53	30	0.136	9	0.901	14	0.990	14	0.434	12	-0.136	12	-0.136	22	-0.998	10	0.398	10	0.398	30	0.136	13	0.986	7	0.942
54	31	0.136	10	0.817	15	0.990	15	0.631	13	-0.398	13	-0.398	23	-0.998	11	0.136	11	0.136	31	0.136	14	0.986	8	0.888
55	0	0.136	11	0.623	16	0.945	16	0.817	14	-0.631	14	-0.631	24	-0.998	12	-0.136	12	-0.136	0	0.000	15	0.986	9	0.901
56	1	0.136	12	0.434	17	0.995	17	0.998	15	-0.817	15	-0.817	25	-0.998	13	-0.398	13	-0.398	1	0.136	16	0.945	10	0.945
57	2	0.136	13	0.223	18	0.995	18	0.979	16	-0.942	16	-0.942	26	-0.998	14	-0.631	14	-0.631	2	0.136	17	0.995	11	0.986
58	3	0.136																						

DAY	JANUARY			FEBRUARY			MARCH			APRIL		
	I	II	III	I	II	III	I	II	III	I	II	III
1	12	-0.136	5 0.901 15 0.282	20	-0.731	8 0.975 13 0.618	2	0.520	8 0.975 8 0.975	8 0.999	10 0.398 11 0.623	6 0.910
2	13	-0.398	6 0.975 16 0.095	21	-0.520	9 0.901 14 0.458	3	0.731	9 0.901 9 0.901	9 0.990	11 0.136 12 0.434	7 0.972
3	14	-0.631	7 1.000 17 -0.095	22	-0.270	10 0.782 15 0.282	4	0.888	10 0.782 10 0.782	10 0.945	12 -0.136 13 -0.223	8 0.999
4	15	-0.817	8 0.975 18 -0.282	23	-0.000	11 0.623 16 0.095	5	0.979	11 0.623 11 0.623	11 0.866	13 -0.398 14 -0.000	9 0.990
5	16	-0.942	9 0.901 19 -0.458	24	0.270	12 0.434 17 -0.095	6	0.979	12 0.434 12 0.434	12 0.756	14 -0.631 15 -0.223	10 0.945
6	17	-0.998	10 0.623 20 -0.618	25	0.520	13 0.223 18 -0.282	7	0.942	13 0.223 13 0.223	13 0.618	15 -0.817 16 -0.434	11 0.866
7	18	-0.979	11 0.623 21 -0.756	26	0.731	14 -0.000	8	0.817	14 -0.000 14 0.458	14 0.458	16 -0.942 17 -0.782	12 0.156
8	19	-0.888	12 0.434 22 -0.866	27	0.888	15 -0.223 19 -0.618	9	0.631	15 -0.223 15 0.282	15 0.282	17 -0.998 18 -0.782	13 0.618
9	20	-0.731	13 0.223 23 -0.945	28	0.979	16 -0.434 21 -0.750	10	0.398	16 -0.434 16 0.095	16 0.095	18 -0.979 19 -0.901	14 0.458
10	21	-0.520	14 -0.000 24 -0.990	29	0.998	17 -0.623 22 -0.866	11	0.136	17 -0.623 17 -0.095	17 -0.095	19 -0.888 20 -0.975	15 0.282
11	22	-0.270	15 -0.223 25 -0.999	30	0.817	18 -0.782 23 -0.945	12	-0.136	18 -0.782 18 -0.282	18 -0.282	20 -0.731 21 -1.000	16 0.995
12	23	0.000	16 -0.434 26 -0.972	31	0.631	19 -0.975 24 -0.999	13	-0.631	19 -0.975 20 -0.618	19 -0.618	21 -0.520 22 -0.975	17 -0.095
13	24	0.270	17 -0.623 27 -0.910	1	0.631	20 -0.975 25 -0.999	14	-0.631	20 -0.975 20 -0.618	20 -0.618	22 -0.270 23 -0.901	18 -0.282
14	25	0.520	18 -0.782 28 -0.815	2	0.398	21 -1.000 26 -0.972	15	-0.817	21 -1.000 21 -0.756	21 -0.756	23 -0.782 24 -0.458	19 -0.458
15	26	0.731	19 -0.975 29 -0.690	3	0.136	22 -0.975 27 -0.910	16	-0.942	22 -0.975 22 -0.866	22 -0.866	24 -0.520 25 -0.434	20 -0.618
16	27	0.888	20 -0.975 30 -0.541	4	0.136	23 -0.975 28 -0.910	17	-0.942	23 -0.975 23 -0.945	23 -0.945	25 -0.434 26 -0.434	21 -0.618
17	28	0.979	21 -1.000 31 -0.372	5	0.398	24 -0.975 29 -0.690	18	-0.979	24 -0.975 24 -0.975	24 -0.975	26 -0.434 27 -0.434	22 -0.618
18	29	0.998	22 -0.975 32 -0.000	6	0.398	25 -0.975 30 -0.541	19	-0.979	25 -0.975 25 -0.975	25 -0.975	27 -0.434 28 -0.434	23 -0.618
19	30	0.817	23 -0.975 33 -0.000	7	0.398	26 -0.975 31 -0.372	20	-0.979	26 -0.975 26 -0.975	26 -0.975	28 -0.434 29 -0.434	24 -0.618
20	31	0.631	24 -0.975 34 -0.000	8	0.398	27 -0.975 32 -0.000	21	-0.979	27 -0.975 27 -0.975	27 -0.975	29 -0.434 30 -0.434	25 -0.618
21	1	0.398	25 -0.975 35 -0.000	9	0.398	28 -0.975 33 -0.000	22	-0.979	28 -0.975 28 -0.975	28 -0.975	30 -0.434 31 -0.434	26 -0.618
22	2	0.398	26 -0.975 36 -0.000	10	0.398	29 -0.975 34 -0.000	23	-0.979	29 -0.975 29 -0.975	29 -0.975	31 -0.434 1 0.000	27 -0.618
23	3	0.398	27 -0.975 37 -0.000	11	0.398	30 -0.975 35 -0.000	24	-0.979	30 -0.975 30 -0.975	30 -0.975	1 0.000 2 0.434	28 -0.618
24	4	0.398	28 -0.975 38 -0.000	12	0.398	31 -0.975 36 -0.000	25	-0.979	31 -0.975 31 -0.975	31 -0.975	2 0.434 3 0.623	29 -0.618
25	5	0.398	29 -0.975 39 -0.000	13	0.398	1 0.000 32 -0.000	26	-0.979	1 0.000 32 -0.000	1 0.000	3 0.623 4 0.975	30 -0.618
26	6	0.398	30 -0.975 40 -0.000	14	0.398	2 0.000 33 -0.000	27	-0.979	2 0.000 33 -0.000	2 0.000	4 0.975 5 0.975	31 -0.618
27	7	0.398	31 -0.975 41 -0.000	15	0.398	3 0.000 34 -0.000	28	-0.979	3 0.000 34 -0.000	3 0.000	5 0.975 6 0.975	1 0.817
28	8	0.398	32 -0.975 42 -0.000	16	0.398	4 0.000 35 -0.000	29	-0.979	4 0.000 35 -0.000	4 0.000	6 0.975 7 0.975	2 0.817
29	9	0.398	33 -0.975 43 -0.000	17	0.398	5 0.000 36 -0.000	30	-0.979	5 0.000 36 -0.000	5 0.000	7 0.975 8 0.975	3 0.817
30	10	0.398	34 -0.975 44 -0.000	18	0.398	6 0.000 37 -0.000	31	-0.979	6 0.000 37 -0.000	6 0.000	8 0.975 9 0.975	4 0.817
31	11	0.398	35 -0.975 45 -0.000	19	0.398	7 0.000 38 -0.000	1	-0.979	7 0.000 38 -0.000	7 0.000	9 0.975 10 0.975	5 0.817
32	12	0.398	36 -0.975 46 -0.000	20	0.398	8 0.000 39 -0.000	2	-0.979	8 0.000 39 -0.000	8 0.000	10 0.975 11 0.975	6 0.817
33	13	0.398	37 -0.975 47 -0.000	21	0.398	9 0.000 40 -0.000	3	-0.979	9 0.000 40 -0.000	9 0.000	11 0.975 12 0.975	7 0.817
34	14	0.398	38 -0.975 48 -0.000	22	0.398	10 0.000 41 -0.000	4	-0.979	10 0.000 41 -0.000	10 0.000	12 0.975 13 0.975	8 0.817
35	15	0.398	39 -0.975 49 -0.000	23	0.398	11 0.000 42 -0.000	5	-0.979	11 0.000 42 -0.000	11 0.000	13 0.975 14 0.975	9 0.817
36	16	0.398	40 -0.975 50 -0.000	24	0.398	12 0.000 43 -0.000	6	-0.979	12 0.000 43 -0.000	12 0.000	14 0.975 15 0.975	10 0.817
37	17	0.398	41 -0.975 51 -0.000	25	0.398	13 0.000 44 -0.000	7	-0.979	13 0.000 44 -0.000	13 0.000	15 0.975 16 0.975	11 0.817
38	18	0.398	42 -0.975 52 -0.000	26	0.398	14 0.000 45 -0.000	8	-0.979	14 0.000 45 -0.000	14 0.000	16 0.975 17 0.975	12 0.817
39	19	0.398	43 -0.975 53 -0.000	27	0.398	15 0.000 46 -0.000	9	-0.979	15 0.000 46 -0.000	15 0.000	17 0.975 18 0.975	13 0.817
40	20	0.398	44 -0.975 54 -0.000	28	0.398	16 0.000 47 -0.000	10	-0.979	16 0.000 47 -0.000	16 0.000	18 0.975 19 0.975	14 0.817
41	21	0.398	45 -0.975 55 -0.000	29	0.398	17 0.000 48 -0.000	11	-0.979	17 0.000 48 -0.000	17 0.000	19 0.975 20 0.975	15 0.817
42	22	0.398	46 -0.975 56 -0.000	30	0.398	18 0.000 49 -0.000	12	-0.979	18 0.000 49 -0.000	18 0.000	20 0.975 21 0.975	16 0.817
43	23	0.398	47 -0.975 57 -0.000	31	0.398	19 0.000 50 -0.000	13	-0.979	19 0.000 50 -0.000	19 0.000	21 0.975 22 0.975	17 0.817
44	24	0.398	48 -0.975 58 -0.000	1	0.398	20 0.000 51 -0.000	14	-0.979	20 0.000 51 -0.000	20 0.000	22 0.975 23 0.975	18 0.817
45	25	0.398	49 -0.975 59 -0.000	2	0.398	21 0.000 52 -0.000	15	-0.979	21 0.000 52 -0.000	21 0.000	23 0.975 24 0.975	19 0.817
46	26	0.398	50 -0.975 60 -0.000	3	0.398	22 0.000 53 -0.000	16	-0.979	22 0.000 53 -0.000	22 0.000	24 0.975 25 0.975	20 0.817
47	27	0.398	51 -0.975 61 -0.000	4	0.398	23 0.000 54 -0.000	17	-0.979	23 0.000 54 -0.000	23 0.000	25 0.975 26 0.975	21 0.817
48	28	0.398	52 -0.975 62 -0.000	5	0.398	24 0.000 55 -0.000	18	-0.979	24 0.000 55 -0.000	24 0.000	26 0.975 27 0.975	22 0.817
49	29	0.398	53 -0.975 63 -0.000	6	0.398	25 0.000 56 -0.000	19	-0.979	25 0.000 56 -0.000	25 0.000	27 0.975 28 0.975	23 0.817
50	30	0.398	54 -0.975 64 -0.000	7	0.398	26 0.000 57 -0.000	20	-0.979	26 0.000 57 -0.000	26 0.000	28 0.975 29 0.975	24 0.817
51	31	0.398	55 -0.975 65 -0.000	8	0.398	27 0.000 58 -0.000	21	-0.979	27 0.000 58 -0.000	27 0.000	29 0.975 30 0.975	25 0.817
52	1	0.398	56 -0.975 66 -0.000	9	0.398	28 0.000 59 -0.000	22	-0.979	28 0.000 59 -0.000	28 0.000	30 0.975 31 0.975	26 0.817
53	2	0.398	57 -0.975 67 -0.000	10	0.398	29 0.000 60 -0.000	23	-0.979	29 0.000 60 -0.000	29 0.000	31 0.975 1 0.975	27 0.817
54	3	0.398	58 -0.975 68 -0.000	11	0.398	30 0.000 61 -0.000	24	-0.979	30 0.000 61 -0.000	30 0.000	1 0.975 2 0.975	28 0.817
55	4	0.398	59 -0.975 69 -0.000	12	0.398	31 0.000 62 -0.000	25	-0.979	31 0.000 62 -0.000	31 0.000	2 0.975 3 0.975	29 0.817
56	5	0.398	60 -0.975 70 -0.000	13	0.398	1 0.000 63 -0.000	26	-0.979	1 0.000 63 -0.000	1 0.000	3 0.975 4 0.975	30 0.817
57	6	0.398	61 -0.975 71 -0.000	14	0.398	2 0.000 64 -0.000	27	-0.979	2 0.000 64 -0.000	2 0.000	4 0.975 5 0.975	31 0.817

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER		
	I	II	III	I	II	III	I	II	III	I	II	III
1	17	-0.998	0 0.000 18 -0.282	1 0.270	2 0.434 15 0.282	9 0.631	5 0.901 13 0.618	16 -0.942	7 1.000 10 0.945			
2	18	-0.979	1 0.223 19 -0.458	2 0.520	3 0.623 16 0.095	10 0.398	6 0.975 14 0.458	17 -0.998	8 0.975 11 0.866			
3	19	-0.888	2 0.434 20 -0.618	3 0.731	4 0.782 17 -0.095	11 0.136	7 1.000 15 0.282	18 -0.979	9 0.901 12 0.156			
4	20	-0.731	3 0.623 21 -0.750	4 0.888	5 0.901 18 -0.282	12 -0.136	8 0.975 16 0.095	19 -0.888	10 0.782 13 0.618			
5	21	-0.520	4 0.782 22 -0.866	5 0.979	6 0.975 19 -0.458	13 -0.398	9 0.901 17 -0.095	20 -0.731	11 0.623 14 0.458			
6	22	-0.270	5 0.901 23 -0.945	6 0.998	7 1.000 20 -0.618	14 -0.631	10 0.782 18 -0.282	21 -0.520	12 0.434 15 0.282			
7	23	0.000	6 0.975 24 -0.990	7 0.942	8 0.975 21 -0.750	15 -0.817	11 0.623 19 -0.458	22 -0.270	13 0.223 16 0.095			
8	24	0.270	7 1.000 25 -0.999	8 0.817	9 0.901 22 -0.866	16 -0.942	12 0.434 20 -0.618	23 -0.000	14 -0.000 17 -0.095			
9	25	0.520	8 0.975 26 -0.972	9 0.631	10 0.782 23 -0.945	17 -0.998	13 0.623 21 -0.750	24 -0.270	15 -0.270 18 -0.282			
10	26	0.731	9 0.901 27 -0.910	10 0.398	11 0.623 24 -0.990	18 -0.979	14 -0.817	25 -0.520	16 -0.434 19 -0.458			
11	27	0.888	10 0.782 28 -0.815	11 0.136	12 0.434 25 -0.999	19 -0.866	15 -0.942	26 -0.731	17 -0.623 20 -0.618			
12	28	0.979										

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER															
	I	II	III	I	II	III	I	II	III	I	II	III													
1	2	0.520	24	-0.782	27	-0.910	9	0.631	26	-0.434	24	-0.990	17	-0.998	1	0.223	22	-0.856	1	0.270	3	0.623	19	-0.458	
2	3	0.731	25	-0.623	23	-0.815	10	0.398	27	-0.223	25	-0.999	18	-0.979	2	0.434	23	-0.945	2	0.520	4	0.782	20	-0.618	
3	4	0.888	26	-0.434	20	-0.690	11	0.136	1	0.000	26	-0.972	19	-0.888	3	0.623	24	-0.990	3	0.731	5	0.901	21	-0.756	
4	5	0.979	27	-0.223	30	-0.541	12	-0.136	0	0.000	27	-0.910	20	-0.731	4	0.782	25	-0.999	4	0.888	6	0.975	22	-0.865	
5	6	0.979	27	-0.223	30	-0.541	12	-0.136	0	0.000	27	-0.910	20	-0.731	4	0.782	25	-0.999	4	0.888	6	0.975	22	-0.865	
6	7	0.942	1	0.223	32	-0.189	14	-0.631	3	0.623	29	-0.690	22	-0.270	6	0.975	27	-0.910	5	0.979	8	0.975	24	-0.990	
7	8	0.817	2	0.434	0	0.000	15	-0.817	4	0.782	30	-0.541	0	0.000	7	1.000	28	-0.815	7	0.942	9	0.901	25	-0.999	
8	9	0.631	3	0.623	1	0.189	16	-0.942	5	0.901	31	-0.372	1	0.270	8	0.975	29	-0.690	8	0.817	10	0.782	26	-0.972	
9	10	0.398	4	0.782	2	0.372	17	-0.998	6	0.975	32	-0.189	2	0.520	9	0.901	30	-0.541	9	0.531	11	0.623	27	-0.910	
10	11	0.136	5	0.901	3	0.541	18	-0.979	7	1.000	0	0.000	3	0.731	10	0.782	31	-0.372	10	0.398	12	0.434	28	-0.815	
11	12	-0.136	6	0.975	4	0.690	19	-0.888	8	0.975	1	0.189	4	0.888	11	0.623	32	-0.189	11	0.136	13	0.223	29	-0.690	
12	13	-0.398	7	1.000	5	0.815	20	-0.731	9	0.901	2	0.372	5	0.979	12	0.434	0	0.000	12	-0.136	14	-0.000	30	-0.541	
13	14	-0.631	8	0.975	6	0.910	21	-0.520	10	0.782	3	0.541	6	0.998	13	0.623	1	0.189	13	-0.398	15	-0.223	31	-0.372	
14	15	-0.817	9	0.901	7	0.972	22	-0.270	11	0.623	4	0.690	7	0.942	14	-0.000	2	0.372	14	-0.631	16	-0.434	32	-0.189	
15	16	-0.942	10	0.782	8	0.999	23	-0.000	12	0.434	5	0.815	8	0.817	15	-0.817	3	0.541	15	-0.817	17	-0.623	0	0.000	
16	17	-0.979	11	0.623	9	0.990	24	-0.270	13	0.223	6	0.690	9	0.631	16	-0.942	4	0.690	16	-0.942	18	-0.782	1	0.189	
17	18	-0.979	12	0.434	10	0.866	25	-0.000	14	0.136	7	0.731	10	0.398	17	-0.998	5	0.690	17	-0.998	19	-0.942	2	0.372	
18	19	-0.888	13	-0.901	11	0.866	26	-0.434	15	0.136	8	0.815	11	0.136	18	-0.998	6	0.690	18	-0.998	21	-0.756	3	0.541	
19	20	-0.817	14	-0.782	12	0.866	27	-0.398	16	0.136	9	0.815	12	0.136	19	-0.998	7	0.690	19	-0.998	23	-0.618	4	0.690	
20	21	-0.731	15	-0.623	13	0.866	28	-0.398	17	0.136	10	0.815	13	0.136	20	-0.731	8	0.690	20	-0.731	25	-0.945	5	0.815	
21	22	-0.631	16	-0.520	14	0.866	29	-0.398	18	0.136	11	0.815	14	0.136	21	-0.631	9	0.690	21	-0.631	27	-0.945	6	0.815	
22	23	-0.520	17	-0.434	15	0.866	30	-0.398	19	0.136	12	0.815	15	0.136	22	-0.520	10	0.690	22	-0.520	29	-0.945	7	0.815	
23	24	-0.434	18	-0.398	16	0.866	31	-0.398	20	0.136	13	0.815	16	0.136	23	-0.434	11	0.690	23	-0.434	30	-0.945	8	0.815	
24	25	-0.398	19	-0.398	17	0.866	32	-0.398	21	0.136	14	0.815	17	0.136	24	-0.398	12	0.690	24	-0.398	31	-0.945	9	0.815	
25	26	-0.398	20	-0.398	18	0.866	33	-0.398	22	0.136	15	0.815	18	0.136	25	-0.398	13	0.690	25	-0.398	32	-0.945	10	0.815	
26	27	-0.398	21	-0.398	19	0.866	34	-0.398	23	0.136	16	0.815	19	0.136	26	-0.398	14	0.690	26	-0.398	33	-0.945	11	0.815	
27	28	-0.398	22	-0.398	20	0.866	35	-0.398	24	0.136	17	0.815	20	0.136	27	-0.398	15	0.690	27	-0.398	34	-0.945	12	0.815	
28	29	-0.398	23	-0.398	21	0.866	36	-0.398	25	0.136	18	0.815	21	0.136	28	-0.398	16	0.690	28	-0.398	35	-0.945	13	0.815	
29	30	-0.398	24	-0.398	22	0.866	37	-0.398	26	0.136	19	0.815	22	0.136	29	-0.398	17	0.690	29	-0.398	36	-0.945	14	0.815	
30	31	-0.398	25	-0.398	23	0.866	38	-0.398	27	0.136	20	0.815	23	0.136	30	-0.398	18	0.690	30	-0.398	37	-0.945	15	0.815	
31																									

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

KATHY McMULLEN  
11-4-1949

DAY	MAY			JUNE			JULY			AUGUST														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	17	-0.998	13	0.223	3	0.541	2	0.520	16	-0.434	1	0.189	9	0.631	18	-0.782	31	-0.372	17	-0.998	21	-1.000	29	-0.690
2	18	-0.979	14	-0.000	4	0.690	3	0.731	17	-0.623	2	0.372	10	0.398	19	-0.901	32	-0.189	18	-0.979	22	-0.975	30	-0.541
3	19	-0.688	15	-0.223	5	0.815	4	0.888	18	-0.782	3	0.541	11	0.136	20	-0.975	0	0.000	19	-0.888	23	-0.901	31	-0.372
4	20	-0.731	16	-0.434	6	0.910	5	0.979	19	-0.901	4	0.690	12	-0.136	21	-1.000	1	0.189	20	-0.731	24	-0.782	32	-0.189
5	21	-0.520	17	-0.623	7	0.972	6	0.998	20	-0.975	5	0.815	13	-0.398	22	-0.975	2	0.372	21	-0.520	25	-0.623	0	0.000
6	22	-0.270	18	-0.782	8	0.999	7	0.942	21	-1.000	6	0.910	14	-0.631	23	-0.901	3	0.541	22	-0.270	26	-0.434	1	0.189
7	0	0.000	19	-0.901	9	0.990	8	0.817	22	-0.975	7	0.972	15	-0.817	24	-0.782	4	0.690	23	-0.000	27	-0.223	2	0.372
8	1	0.270	20	-0.975	10	0.945	9	0.631	23	-0.901	8	0.999	16	-0.942	25	-0.623	5	0.815	24	0.270	0	0.000	3	0.541
9	2	0.520	21	-1.000	11	0.866	10	0.398	24	-0.782	9	0.990	17	-0.998	26	-0.434	6	0.910	25	0.520	1	0.223	4	0.690
10	3	0.731	22	-0.975	12	0.756	11	0.136	25	-0.623	10	0.945	18	-0.979	27	-0.223	7	0.972	26	0.731	2	0.434	5	0.815
11	4	0.888	23	-0.901	13	0.618	12	-0.136	26	-0.434	11	0.866	19	-0.888	0	0.000	8	0.999	27	0.888	3	0.623	6	0.910
12	5	0.979	24	-0.782	14	0.458	13	-0.398	27	-0.223	12	0.756	20	-0.731	1	0.223	9	0.990	28	0.979	4	0.782	7	0.972
13	6	0.998	25	-0.623	15	0.282	14	-0.631	0	0.000	13	0.618	21	-0.520	2	0.434	10	0.945	29	0.998	5	0.901	8	0.999
14	7	0.942	26	-0.434	16	0.095	15	-0.817	1	0.223	14	0.458	22	-0.270	3	0.623	11	0.866	30	0.942	6	0.975	9	0.990
15	8	0.817	27	-0.223	17	-0.095	16	-0.942	2	0.434	15	0.282	23	-0.942	4	0.782	12	0.756	31	0.817	7	1.000	10	0.945
16	9	0.631	0	0.000	18	-0.282	17	-0.942	3	0.623	16	0.095	1	0.270	5	0.901	13	0.618	32	0.631	8	0.975	11	0.866
17	10	0.398	1	0.223	19	-0.458	18	-0.979	4	0.782	17	-0.095	2	0.520	6	0.975	14	0.458	10	0.398	9	0.901	12	0.756
18	11	0.136	2	0.434	20	-0.618	19	-0.888	5	0.901	18	-0.282	3	0.731	7	1.000	15	0.282	11	0.136	10	0.782	13	0.618
19	12	-0.136	3	0.623	21	-0.756	20	-0.888	6	0.975	19	-0.458	4	0.888	8	0.975	16	0.095	12	-0.136	11	0.623	14	0.458
20	13	-0.398	4	0.782	22	-0.866	21	-0.520	7	1.000	20	-0.618	5	0.979	9	0.901	17	-0.095	13	-0.398	12	0.434	15	0.282
21	14	-0.631	5	0.901	23	-0.945	22	-0.270	8	0.975	21	-0.756	6	0.998	10	0.782	18	-0.282	14	-0.631	13	0.223	16	0.095
22	15	-0.817	6	0.975	24	-0.990	23	-0.270	9	0.901	22	-0.866	7	0.942	11	0.623	19	-0.458	15	-0.817	14	-0.000	17	-0.095
23	16	-0.942	7	1.000	25	-0.999	24	-0.270	10	0.782	23	-0.945	8	0.817	12	0.434	20	-0.618	16	-0.942	15	-0.223	18	-0.282
24	17	-0.979	8	0.975	26	-0.972	25	0.520	11	0.623	24	-0.990	9	0.631	13	0.223	21	-0.756	17	-0.979	16	-0.434	19	-0.458
25	18	-0.979	9	0.901	27	-0.910	3	0.520	12	0.434	25	-0.999	10	0.398	14	-0.000	22	-0.866	18	-0.979	17	-0.623	20	-0.618
26	19	-0.																						

KATHY WHITWORTH

9-27-1939

DAY	MAY			JUNE			JULY			AUGUST													
	I	II	III	I	II	III	I	II	III	I	II	III											
1	0.979	8	0.975	31	-0.372	13	-0.398	11	0.623	29	-0.690	20	-0.731	13	0.223	26	-0.972	5	0.979	16	-0.434	24	-0.990
2	0.942	9	0.782	0	0.000	14	-0.631	12	0.423	30	-0.541	21	-0.520	14	-0.000	27	-0.910	6	0.998	17	-0.623	25	-0.999
3	0.942	10	0.782	0	0.000	15	-0.817	13	0.223	31	-0.372	22	-0.270	15	-0.223	28	-0.815	7	0.942	18	-0.782	26	-0.972
4	0.817	11	0.623	1	0.189	16	-0.942	14	-0.000	32	-0.189	0	0.000	16	-0.434	29	-0.690	8	0.817	19	-0.901	27	-0.910
5	0.631	12	0.434	2	0.372	17	-0.998	15	-0.223	0	0.000	1	0.270	17	-0.623	30	-0.541	9	0.631	20	-0.975	28	-0.815
6	0.398	13	0.223	3	0.541	18	-0.979	16	-0.434	1	0.189	2	0.520	18	-0.398	26	-0.972	10	0.398	21	-0.520	29	-0.690
7	0.136	14	-0.000	4	0.690	19	-0.888	17	-0.623	2	0.372	3	0.731	19	-0.901	31	-0.372	11	0.136	22	-0.136	30	-0.541
8	-0.136	15	-0.223	5	0.815	20	-0.731	18	-0.782	3	0.541	4	0.888	20	-0.975	0	0.000	12	-0.136	23	-0.901	31	-0.372
9	-0.398	16	-0.434	6	0.910	21	-0.520	19	-0.901	4	0.690	5	0.979	21	-1.000	1	0.189	13	-0.398	24	-0.782	32	-0.189
10	-0.631	17	-0.623	7	0.972	22	-0.270	20	-0.975	5	0.815	6	0.998	22	-0.975	2	0.372	14	-0.631	25	-0.434	0	0.000
11	-0.817	18	-0.782	8	0.999	23	-0.000	21	-1.000	6	0.910	7	0.942	23	-0.901	3	0.541	15	-0.817	26	-0.623	1	0.189
12	-0.942	19	-0.901	9	0.990	24	-0.520	22	-0.975	7	0.972	8	0.817	24	-0.782	4	0.690	16	-0.942	27	-0.942	2	0.372
13	-0.998	20	-0.975	10	0.945	25	-0.434	23	-0.782	8	0.815	9	0.631	25	-0.623	5	0.815	17	-0.998	28	-0.815	3	0.541
14	-0.979	21	-1.000	11	0.866	26	-0.398	24	-0.782	9	0.731	10	0.398	26	-0.901	6	0.631	18	-0.979	29	-0.690	4	0.690
15	-0.942	22	-0.975	12	0.756	27	-0.942	25	-0.888	10	0.690	11	0.136	27	-0.975	7	0.942	19	-0.942	30	-0.541	5	0.815
16	-0.817	23	-0.782	13	0.541	28	-0.631	26	-0.999	11	0.189	12	0.136	28	-0.623	8	0.815	20	-0.817	31	-0.372	6	0.690
17	-0.631	24	-0.434	14	0.223	29	-0.270	27	-0.999	12	0.372	13	0.136	29	-0.901	9	0.942	21	-0.631	32	-0.189	7	0.972
18	-0.434	25	-0.223	15	0.000	30	-0.541	28	-0.888	13	0.541	14	0.136	30	-0.623	10	0.690	22	-0.434	0	0.000	8	0.815
19	-0.270	26	-0.000	16	0.189	31	-0.372	29	-0.999	14	0.398	15	0.136	31	-0.541	11	0.690	23	-0.270	1	0.189	9	0.972
20	-0.000	27	0.000	17	0.372	0	0.000	30	-0.690	15	0.398	16	0.136	0	0.000	12	0.815	24	-0.000	2	0.372	10	0.690
21	0.000	28	0.000	18	0.541	1	0.189	31	-0.372	16	0.631	17	0.136	1	0.189	13	0.942	25	0.000	3	0.541	11	0.690
22	0.000	29	0.000	19	0.731	2	0.372	0	0.000	17	0.631	18	0.136	2	0.372	14	0.942	26	0.000	4	0.690	12	0.815
23	0.000	30	0.000	20	0.910	3	0.541	1	0.189	18	0.817	19	0.136	3	0.541	15	0.942	27	0.000	5	0.815	13	0.972
24	0.000	31	0.000	21	0.910	4	0.690	2	0.372	19	0.817	20	0.136	4	0.690	16	0.942	28	0.000	6	0.815	14	0.972
25	0.000	0	0.000	22	0.910	5	0.815	3	0.541	20	0.817	21	0.136	5	0.815	17	0.942	29	0.000	7	0.972	15	0.972
26	0.000	1	0.000	23	0.910	6	0.942	4	0.690	21	0.817	22	0.136	6	0.942	18	0.942	30	0.000	8	0.972	16	0.972
27	0.000	2	0.000	24	0.910	7	0.972	5	0.815	22	0.817	23	0.136	7	0.972	19	0.942	31	0.000	9	0.972	17	0.972
28	0.000	3	0.000	25	0.910	8	0.999	6	0.999	23	0.817	24	0.136	8	0.999	20	0.942	0	0.000	10	0.972	18	0.972
29	0.000	4	0.000	26	0.910	9	0.999	7	0.999	24	0.817	25	0.136	9	0.999	21	0.942	1	0.000	11	0.972	19	0.972
30	0.000	5	0.000	27	0.910	10	0.999	8	0.999	25	0.817	26	0.136	10	0.999	22	0.942	2	0.000	12	0.972	20	0.972
31	0.000	6	0.000	28	0.910	11	0.999	9	0.999	26	0.817	27	0.136	11	0.999	23	0.942	3	0.000	13	0.972	21	0.972

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)

II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)

III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

KATHY WHITWORTH

9-27-1939

DAY	JANUARY			FEBRUARY			MARCH			APRIL													
	I	II	III	I	II	III	I	II	III	I	II	III											
1	0.000	0	0.000	10	0.945	8	0.817	3	0.623	8	0.999	13	-0.398	3	0.623	3	0.541	21	-0.520	6	0.975	1	0.189
2	0.270	1	0.223	11	0.866	9	0.631	4	0.782	9	0.990	14	-0.631	4	0.782	4	0.690	22	-0.270	7	1.000	2	0.372
3	0.520	2	0.434	12	0.756	10	0.398	5	0.901	10	0.945	15	-0.817	5	0.901	5	0.815	0	0.000	8	0.975	3	0.541
4	0.731	3	0.623	13	0.618	11	0.136	6	0.975	11	0.866	16	-0.942	6	0.975	6	0.910	1	0.270	9	0.901	4	0.690
5	0.888	4	0.782	14	0.458	12	-0.136	7	1.000	12	0.756	17	-0.998	7	1.000	7	0.972	2	0.520	10	0.782	5	0.815
6	0.979	5	0.901	15	0.282	13	-0.398	8	0.975	13	0.618	18	-0.979	8	0.975	8	0.999	3	0.731	11	0.623	6	0.910
7	0.998	6	0.975	16	0.095	14	-0.631	9	0.901	14	0.458	19	-0.888	9	0.901	9	0.990	4	0.888	12	0.434	7	0.972
8	0.942	7	1.000	17	-0.095	15	-0.817	10	0.782	15	0.282	20	-0.731	10	0.782	10	0.945	5	0.979	13	0.223	8	0.999
9	0.817	8	0.975	18	-0.282	16	-0.942	11	0.623	16	0.095	21	-0.520	11	0.623	11	0.866	6	0.998	14	-0.000	9	0.990
10	0.631	9	0.901	19	-0.458	17	-0.998	12	0.434	17	-0.095	22	-0.270	12	0.434	12	0.756	7	0.942	15	-0.223	10	0.945
11	0.398	10	0.782	20	-0.618	18	-0.979	13	0.223	18	-0.282	0	0.000	13	0.223	13	0.618	8	0.817	16	-0.434	11	0.866
12	0.136	11	0.623	21	-0.756	19	-0.888	14	-0.000	19	-0.458	1	0.270	14	-0.000	14	0.458	9	0.631	17	-0.623	12	0.756
13	-0.136	12	0.434	22	-0.866	20	-0.731	15	-0.223	20	-0.618	2	0.520	15	-0.223	15	0.282	10	0.398	18	-0.782	13	0.618
14	-0.398	13	0.223	23	-0.945	21	-0.520	16	-0.434	21	-0.756	3	0.731	16	-0.434	16	0.095	11	0.136	19	-0.901	14	0.458
15	-0.631	14	-0.000	24	-0.990	22	-0.270	17	-0.623	22	-0.866	4	0.888	17	-0.623	17	0.095	12	-0.136	20	-0.975	15	0.282
16	-0.817	15	-0.223	25	-0.999	23	-0.000	18	-0.782	23	-0.945	5	0.979	18	-0.782	18	0.282	13	-0.398	21	-1.000	16	0.095
17	-0.942	16	-0.434	26	-0.972	24	0.270	19	-0.901	24	-0.990	6	0.998	19	-0.901	19	0.631	14	-0.631	22	-0.975	17	-0.095
18	-0.998	17	-0.623	27	-0.910	25	0.520	20	-0.975	25	-0.999	7	0.942	20	-0.975	20	0.618	15	-0.817	23	-0.901	18	-0.282
19	-0.979	18	-0.782	28	-0.815	26	0.731	21	-1.000	26	-0.972	8	0.817	21	-1.000	21	0.756	16	-0.942	24	-0.782	19	-0.458
20	-0.888	19	-0.901	29	-0.690	27	0.817	22	-0.975	27	-0.910	9	0.631	22	-0.975	22	0.866	17	-0.998	25	-0.623	20	-0.618
21	-0.731	20	-0.975	30	-0.541	28	0.979	23	-0.901	28	-0.815	10	0.398	23	-0.901	23	0.945	18	-0.979	26	-0.434	21	-0.756
22	-0.520	21	-1.000	31	-0.372	29	0.998	24	-0.782	29	-0.690	11	0.136	24	-0.782	24	0.990	19	-0.888	27	-0.223	22	-0.866
23	-0.270	22	-0.975	32	-0.189	7	0.942	25	-0.623	30	-0.541	12	-0.136	25	-0.623	25	0.999	20	-0.731	0	0.000	23	-0.945
24	0.000	23	-0.901	1	0.000	8	0.817	26	-0.434	31	-0.372	13	-0.398	26	-0.434	26	0.999	21	-0.520	1	0.223	24	-0.945
25	0.000	24	-0.782	1	0.189	9	0.631	27	-0.223	32	-0.189	14	-0.631	27	-0.223	27	0.999	22	-0.270	2	0.434	25	-0.999
26	0.520	25	-0.623	2	0.372	10	0.398	0	0.000	0	0.000	15	-0.817	0	0.000	28	-0.815	0	0.000	3			

DAY	JANUARY			FEBRUARY			MARCH			APRIL													
	I	II	III	I	II	III	I	II	III	I	II	III											
1	0.270	19	-0.901	5	0.815	9	0.631	22	-0.975	3	0.541	14	-0.631	22	-0.975	31	-0.372	22	-0.270	25	-0.623	29	-0.690
2	0.520	20	-0.975	6	0.910	10	0.398	23	-0.901	4	0.690	15	-0.817	23	-0.901	32	-0.189	0	0.000	26	-0.434	30	-0.541
3	0.731	21	-1.000	7	0.972	11	0.136	24	-0.782	5	0.815	16	-0.942	24	-0.782	0	0.000	1	0.270	27	-0.223	31	-0.372
4	0.888	22	-0.975	8	0.999	12	-0.136	25	-0.623	6	0.910	17	-0.978	25	-0.623	1	0.189	2	0.520	0	0.000	32	-0.189
5	0.979	23	-0.901	9	0.990	13	-0.398	26	-0.434	7	0.972	18	-0.979	26	-0.434	2	0.372	3	0.731	1	0.223	0	0.000
6	0.998	24	-0.732	10	0.945	14	-0.631	27	-0.223	8	0.999	19	-0.888	27	-0.223	3	0.541	4	0.888	2	0.434	1	0.189
7	0.942	25	-0.623	11	0.866	15	-0.817	0	0.000	9	0.990	20	-0.731	0	0.000	4	0.690	5	0.979	3	0.623	2	0.372
8	0.817	26	-0.434	12	0.750	16	-0.998	2	0.434	10	0.945	21	-0.520	1	0.270	5	0.815	6	0.998	4	0.782	3	0.541
9	0.631	27	-0.223	13	0.618	17	-0.978	3	0.520	11	0.866	22	-0.631	2	0.372	6	0.910	7	0.942	5	0.901	4	0.690
10	0.398	28	-0.000	14	0.458	18	-0.979	4	0.631	12	0.756	0	0.000	3	0.623	7	0.972	8	0.817	6	0.888	5	0.815
11	0.135	1	0.223	15	0.282	19	-0.888	5	0.731	13	0.618	1	0.270	4	0.782	8	0.999	9	0.631	7	1.000	6	0.910
12	-0.136	2	0.434	16	0.095	20	-0.731	6	0.901	14	0.458	2	0.520	5	0.901	9	0.990	10	0.398	8	0.975	7	0.972
13	-0.398	3	0.623	17	-0.095	21	-0.520	7	0.975	15	0.282	3	0.731	6	0.731	10	0.945	11	0.136	9	0.901	8	0.999
14	-0.631	4	0.782	18	-0.282	22	-0.270	8	1.000	16	0.095	4	0.888	7	1.000	11	0.866	12	-0.136	10	0.782	9	0.990
15	-0.817	5	0.901	19	-0.458	0	0.000	9	0.975	17	-0.095	5	0.979	8	0.975	12	0.756	13	-0.398	11	0.623	10	0.945
16	-0.942	6	0.975	20	-0.618	1	0.270	0	0.000	18	-0.458	6	0.998	9	0.901	13	0.618	14	-0.631	12	0.434	11	0.866
17	-0.998	7	1.000	21	-0.756	2	0.520	10	0.782	19	-0.458	7	0.942	10	0.782	14	0.458	15	-0.817	13	0.223	12	0.756
18	-0.979	8	0.979	22	-0.866	3	0.731	11	0.623	20	-0.618	8	0.817	11	0.623	15	0.282	16	-0.942	14	-0.000	13	0.618
19	-0.888	9	0.901	23	-0.945	4	0.888	12	0.434	21	-0.756	9	0.631	12	0.434	16	0.095	17	-0.998	15	-0.223	14	0.458
20	-0.731	10	0.782	24	-0.990	5	0.979	13	0.623	22	-0.866	10	0.398	13	0.623	17	-0.095	18	-0.979	16	-0.434	15	0.282
21	-0.520	11	0.623	25	-0.999	6	0.998	14	0.434	23	-0.945	11	0.136	14	-0.000	18	-0.282	19	-0.888	17	-0.623	16	0.095
22	-0.270	12	0.434	26	-0.972	7	0.942	15	0.270	24	-0.999	12	-0.136	15	-0.000	19	-0.458	20	-0.731	18	-0.782	17	-0.095
23	0.000	13	0.223	27	-0.910	8	0.817	16	-0.434	25	-0.999	13	-0.398	16	-0.434	20	-0.618	21	-0.520	19	-0.942	18	-0.282
24	0.270	14	-0.000	28	-0.815	9	0.631	17	-0.998	26	-0.999	14	-0.631	17	-0.998	21	-0.756	22	-0.270	20	-0.975	19	-0.458
25	0.520	15	-0.223	29	-0.690	10	0.398	18	-0.782	27	-0.910	15	-0.817	18	-0.782	22	-0.866	0	0.000	21	-1.000	20	-0.618
26	0.731	16	-0.434	30	-0.541	11	0.136	19	-0.975	28	-0.815	16	-0.942	19	-0.942	23	-0.945	1	0.270	22	-0.975	21	-0.756
27	0.979	17	-0.223	31	-0.372	12	0.136	20	-0.631	29	-0.999	17	-0.998	20	-0.975	24	-0.990	2	0.520	23	-0.975	22	-0.866
28	0.998	18	-0.000	0	0.000	13	0.136	21	-0.817	0	0.000	18	-0.998	21	-0.998	25	-0.999	3	0.731	24	-0.975	23	-0.866
29	0.942	19	0.975	1	0.975	14	0.136	22	-0.136	1	0.189	19	-0.998	22	-0.998	26	-0.999	4	0.888	25	-0.975	24	-0.990
30	0.817	20	0.901	2	0.910	15	0.136	23	-0.136	2	0.372	20	-0.998	23	-0.998	27	-0.999	5	0.979	26	-0.975	25	-0.990
31	0.631	21	0.782	3	0.901	16	0.136	24	-0.136	3	0.541	21	-0.998	24	-0.998	28	-0.999	6	0.998	27	-0.975	26	-0.990
32	0.434	22	0.623	4	0.866	17	0.136	25	-0.136	4	0.690	22	-0.998	25	-0.998	29	-0.999	7	0.942	28	-0.975	27	-0.990
33	0.223	23	0.434	5	0.815	18	0.136	26	-0.136	5	0.866	23	-0.998	26	-0.998	30	-0.999	8	0.979	29	-0.975	28	-0.990
34	0.000	24	0.223	6	0.756	19	0.136	27	-0.136	6	0.945	24	-0.998	27	-0.998	31	-0.999	9	0.998	30	-0.975	29	-0.990
35	-0.270	25	-0.000	7	0.690	20	0.136	28	-0.136	7	0.972	25	-0.998	28	-0.998	0	0.000	10	0.942	31	-0.975	30	-0.990
36	-0.434	26	0.434	8	0.623	21	0.136	29	-0.136	8	0.999	26	-0.998	29	-0.998	1	0.189	11	0.979	0	0.000	31	-0.990
37	-0.631	27	0.782	9	0.541	22	0.136	30	-0.136	9	0.999	27	-0.998	30	-0.998	2	0.372	12	0.942	1	0.270	0	0.000
38	-0.817	28	0.975	10	0.458	23	0.136	31	-0.136	10	0.999	28	-0.998	31	-0.998	3	0.541	13	0.979	2	0.520	1	0.189
39	-0.942	29	0.999	11	0.398	24	0.136	0	0.000	11	0.999	29	-0.998	0	0.000	4	0.690	14	0.998	3	0.631	2	0.541
40	-0.998	30	1.000	12	0.339	25	0.136	1	0.270	12	0.999	30	-0.998	1	0.270	5	0.866	15	0.998	4	0.731	3	0.690
41	-0.888	31	-0.975	13	0.282	26	0.136	2	0.520	13	0.999	31	-0.998	2	0.520	6	0.945	16	0.998	5	0.817	4	0.690
42	-0.731	0	0.000	14	0.223	27	0.136	3	0.731	14	0.999	0	0.000	3	0.731	7	0.972	17	0.998	6	0.888	5	0.815
43	-0.520	1	0.223	15	0.189	28	0.136	4	0.942	15	0.999	1	0.270	4	0.942	8	0.972	18	0.998	7	0.942	6	0.815
44	-0.270	2	0.434	16	0.136	29	0.136	5	0.998	16	0.999	2	0.520	5	0.998	9	0.972	19	0.998	8	0.888	7	0.815
45	-0.000	3	0.623	17	0.095	30	0.136	6	0.998	17	0.999	3	0.731	6	0.998	10	0.972	20	0.998	9	0.817	8	0.756
46	0.270	4	0.782	18	0.000	31	0.136	7	0.998	18	0.999	4	0.888	7	0.998	11	0.972	21	0.998	10	0.782	9	0.756
47	0.434	5	0.901	19	-0.189	0	0.000	8	0.998	19	0.999	5	0.998	8	0.998	12	0.972	22	0.998	11	0.731	10	0.690
48	0.631	6	0.975	20	-0.372	1	0.189	9	0.998	20	0.999	6	0.998	9	0.998	13	0.972	23	0.998	12	0.631	11	0.690
49	0.817	7	0.999	21	-0.541	2	0.372	10	0.998	21	0.999	7	0.998	10	0.998	14	0.972	24	0.998	13	0.541	12	0.690
50	0.942	8	1.000	22	-0.690	3	0.541	11	0.998	22	0.999	8	0.998	11	0.998	15	0.972	25	0.998	14	0.434	13	0.690
51	0.998	9	-0.189	23	-0.866	4	0.690	12	0.998	23	0.999	9	0.998	12	0.998	16	0.972	26	0.998	15	0.339	14	0.690
52	0.888	10	-0.372	24	-0.999	5	0.866	13	0.998	24	0.999	10	0.998	13	0.998	17	0.972	27	0.998	16	0.223	15	0.690
53	0.731	11	-0.541	25	-0.999	6	0.945	14	0.998	25	0.999	11	0.998	14	0.998	18	0.972	28	0.998	17	0.136	16	0.690
54	0.520	12	-0.756	26	-0.999	7	0.998	15	0.998	26	0.999	12	0.998	15	0.998	19	0.972	29	0.998	18	0.000	17	0.690
55	0.270	13	-0.975	27	-0.999	8	0.998	16	0.998	27	0.999	13	0.998	16	0.998	20	0.972	30	0.998	19	0.000	18	0.690
56	0.000	14	-0.999	28	-0.999	9	0.998	17	0.998	28	0.999	14	0.998	17	0.998	21	0.972	31	0.998	20	0.000	19	0.690
57	-0.270	15	-0.999	29	-0.999	10	0.998	18	0.998	29	0.999	15	0.998	18	0.998	22	0.972	0	0.000	21	0.000	20	0.690
58	-0.434	16	-0.999	30	-0.999	11	0.998	19	0.998	30	0.999	16	0.998	19	0.998	23	0.972	1	0.270	22	0.000	21	0.690
59	-0.631	17	-0.999	31	-0.999	12	0.998	20	0.998	31	0.999	17	0.998	20	0.998	24	0.972	2	0.520	23	0.000	22	0.690
60	-0.817	18	-0.999	0	-0.999	13	0.998	21	0.998	0	0.000	18	0.998										

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	15	-0.817	11	0.623	18	-0.282	22	-0.270	13	0.223	15	0.282	7	0.942	16	-0.434	13	0.618	14	-0.631	18	-0.782	10	0.945
2	16	-0.942	12	0.434	19	-0.458	0	0.000	14	-0.000	16	0.095	8	0.817	17	-0.623	14	0.458	15	-0.817	19	-0.901	11	0.866
3	17	-0.998	13	0.223	20	-0.618	1	0.520	15	-0.223	17	-0.095	9	0.631	18	-0.782	15	0.282	16	-0.942	20	-0.975	12	0.756
4	18	-0.979	14	-0.000	21	-0.756	2	0.520	16	-0.434	18	-0.282	10	0.398	19	-0.901	16	0.095	17	-0.998	21	-1.000	13	0.618
5	19	-0.888	15	-0.223	22	-0.866	3	0.731	17	-0.623	19	-0.458	11	0.136	20	-0.975	17	-0.095	18	-0.979	22	-0.975	14	0.458
6	20	-0.731	16	-0.434	23	-0.945	4	0.888	18	-0.782	20	-0.618	12	-0.136	21	-1.000	18	-0.282	19	-0.888	23	-0.901	15	0.282
7	21	-0.520	17	-0.623	24	-0.990	5	0.979	19	-0.901	21	-0.756	13	-0.398	22	-0.975	19	-0.458	20	-0.731	24	-0.782	16	0.095
8	22	-0.270	18	-0.782	25	-0.999	6	0.998	20	-0.975	22	-0.866	14	-0.631	23	-0.975	22	-0.866	21	-0.520	25	-0.623	17	-0.095
9	0	0.000	19	-0.901	26	-0.972	7	0.942	21	-1.000	23	-0.945	15	-0.817	24	-0.975	23	-0.945	22	-0.270	26	-0.434	18	0.282
10	1	0.520	20	-0.975	27	-0.910	8	0.817	22	-0.975	24	-0.990	16	-0.942	25	-0.975	24	-0.945	23	-0.520	27	-0.975	19	0.095
11	2	0.270	21	-0.623	28	-0.817	9	0.631	23	-0.901	25	-0.999	17	-0.958	26	-0.434	23	-0.945	24	-0.270	28	-0.975	20	0.282
12	3	0.731	22	-0.975	29	-0.690	10	0.398	24	-0.782	26	-0.972	18	-0.979	27	-0.901	24	-0.990	25	-0.270	29	-0.975	21	0.095
13	4	0.888	23	-0.901	30	-0.541	11	0.136	25	-0.623	27	-0.910	19	-0.888	28	-0.975	25	-0.945	26	-0.731	30	-0.782	22	0.282
14	5	0.979	24	-0.782	31	-0.372	12	-0.136	26	-0.434	28	-0.815	20	-0.731	29	-0.975	26	-0.945	27	-0.520	31	-0.975	23	0.095
15	6	0.998	25	-0.623	32	-0.189	13	-0.398	27	-0.901	29	-0.815	21	-0.631	30	-0.975	27	-0.945	28	-0.136	32	-0.975	24	0.282
16	7	0.942	26	-0.434	0	0.000	14	-0.631	28	-0.398	30	-0.541	22	-0.270	0	0.000	28	-0.945	29	-0.136	0	-0.975	25	0.095
17	8	0.817	27	-0.223	1	0.189	15	-0.817	29	-0.817	1	0.223	31	-0.372	1	0.223	29	-0.945	30	-0.136	1	-0.975	26	0.282
18	9	0.631	28	-0.975	2	0.372	16	-0.979	30	-0.979	2	0.434	32	-0.189	2	0.434	30	-0.945	31	-0.136	2	-0.975	27	0.095
19	10	0.136	29	-0.975	3	0.541	17	-0.979	31	-0.979	3	0.520	0	0.000	3	0.520	31	-0.945	0	0.000	3	-0.975	28	0.282
20	11	0.136	30	-0.623	4	0.618	18	-0.888	0	0.000	4	0.618	1	0.136	4	0.618	0	-0.945	1	0.136	4	-0.975	29	0.095
21	12	-0.136	31	-0.372	5	0.731	19	-0.888	1	0.223	5	0.731	2	0.270	5	0.731	1	-0.945	2	0.270	5	-0.975	30	0.282
22	13	-0.136	0	0.782	6	0.817	20	-0.731	2	0.270	6	0.817	3	0.270	6	0.817	2	-0.945	3	0.270	6	-0.975	31	0.095
23	14	-0.631	1	1.000	7	0.942	21	-0.520	3	0.434	7	0.942	4	0.888	3	0.434	3	-0.945	4	0.888	7	-0.975	0	0.282
24	15	-0.942	2	0.975	8	0.975	22	-0.270	4	0.623	8	0.975	5	0.979	4	0.623	4	-0.945	5	0.979	8	-0.975	1	0.095
25	16	-0.942	3	0.975	9	0.975	23	-0.270	5	0.623	9	0.975	6	0.979	5	0.623	5	-0.945	6	0.979	9	-0.975	2	0.282
26	17	-0.998	4	0.901	10	0.945	24	-0.520	6	0.782	10	0.945	7	0.998	6	0.782	6	-0.945	7	0.998	10	-0.975	3	0.095
27	18	-0.979	5	0.975	11	0.866	25	-0.623	7	0.817	11	0.866	8	0.817	7	0.817	7	-0.945	8	0.817	11	-0.975	4	0.282
28	19	-0.888	6	0.975	12	0.866	26	-0.623	8	0.731	12	0.866	9	0.731	8	0.731	8	-0.945	9	0.731	12	-0.975	5	0.095
29	20	-0.731	7	0.975	13	0.866	27	-0.623	9	0.631	13	0.866	10	0.631	9	0.631	9	-0.945	10	0.631	13	-0.975	6	0.282
30	21	-0.520	8	0.975	14	0.866	28	-0.623	10	0.541	14	0.866	11	0.541	10	0.541	10	-0.945	11	0.541	14	-0.975	7	0.095
31	22	-0.270	9	0.975	15	0.866	29	-0.623	11	0.434	15	0.866	12	0.434	11	0.434	11	-0.945	12	0.434	15	-0.975	8	0.282

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	7	0.942	0	0.000	27	-0.910	15	-0.817	3	0.623	25	-0.999	22	-0.270	5	0.901	22	-0.866	7	0.942	8	0.975	20	-0.618
2	8	0.817	1	0.223	28	-0.815	16	-0.942	4	0.782	26	-0.972	0	0.000	6	0.975	23	-0.945	8	0.817	9	0.901	21	-0.756
3	9	0.631	2	0.434	29	-0.690	17	-0.998	5	0.901	27	-0.910	1	0.270	7	1.000	24	-0.990	9	0.631	10	0.782	22	-0.866
4	10	0.398	3	0.623	30	-0.541	18	-0.979	6	0.975	28	-0.815	2	0.520	8	0.975	25	-0.999	10	0.398	11	0.623	23	-0.945
5	11	0.136	4	0.782	31	-0.372	19	-0.888	7	1.000	29	-0.690	3	0.731	9	0.901	26	-0.972	11	0.136	12	0.434	24	-0.990
6	12	-0.136	5	0.901	32	-0.189	20	-0.731	8	0.975	30	-0.541	4	0.688	10	0.782	27	-0.910	12	-0.136	13	0.223	25	-0.999
7	13	-0.398	6	0.975	0	0.000	21	-0.520	9	0.901	31	-0.372	5	0.979	11	0.623	28	-0.815	13	-0.398	14	-0.000	26	-0.972
8	14	-0.631	7	1.000	1	0.189	22	-0.270	10	0.782	32	-0.189	6	0.998	12	0.434	29	-0.690	14	-0.631	15	-0.223	27	-0.910
9	15	-0.942	8	0.975	2	0.372	0	0.000	11	0.623	0	0.000	7	0.942	13	0.223	30	-0.541	15	-0.817	16	-0.434	28	-0.815
10	16	-0.942	9	0.901	3	0.541	1	0.270	12	0.434	1	0.189	8	0.817	14	-0.000	31	-0.372	16	-0.942	17	-0.623	29	-0.690
11	17	-0.998	10	0.782	4	0.690	2	0.520	13	0.223	2	0.372	9	0.631	15	-0.223	32	-0.189	17	-0.998	18	-0.782	30	-0.541
12	18	-0.979	11	0.623	5	0.815	3	0.731	14	-0.000	3	0.541	10	0.398	16	-0.434	0	0.000	18	-0.979	19	-0.901	31	-0.372
13	19	-0.888	12	0.434	6	0.910	4	0.888	15	-0.223	4	0.690	11	0.136	17	-0.623	1	0.189	19	-0.888	20	-0.975	32	-0.189
14	20	-0.731	13	0.223	7	0.972	5	0.979	16	-0.434	5	0.815	12	-0.136	18	-0.782	2	0.372	20	-0.731	21	-1.000	0	0.000
15	21	-0.520	14	-0.000	8	0.999	6	0.998	17	-0.523	6	0.910	13	-0.398	19	-0.901	3	0.541	21	-0.520	22	-0.975	1	0.189
16	22	-0.270	15	-0.223	9	0.990	7	0.942	18	-0.782	7	0.972	14	-0.631	20	-0.623	4	0.690	22	-0.270	23	-0.901	2	0.372
17	0	0.000	16	-0.434	10	0.945	8	0.817	19	-0.901	8	0.999	15	-0.817	21	-1.000	5	0.815	0	0.000	24	-0.782	3	0.541
18	1	0.270	17	-0.623	11	0.866	9	0.631	20	-0.975	9	0.990	16	-0.942	22	-0.975	6	0.910	1	0.270	25	-0.623	4	0.690
19	2	0.520	18	-0.782	12	0.756	10	0.398	21	-1.000	10	0.945	17	-0.998	23	-0.901	7	0.972	2	0.520	26	-0.434	5	0.815
20	3	0.731	19	-0.901	13	0.618	11	0.136	22	-0.975	11	0.866	18	-0.979	24	-0.782	8	0.999	3	0.731	27	-0.223	6	0.910
21	4	0.888	20	-0.975	14	0.458	12	-0.136	23	-0.901	12	0.756	19	-0.888	25	-0.623	9	0.990	4	0.888	28	-0.223	7	0.972
22	5	0.979	21	-1.000	15	0.282	13	-0.398	24	-0.782	13	0.618	20	-0.731	26	-0.434	10	0.945	5	0.979	29	-0.223	8	0.999
23	6	0.998	22	-0.975	16	0.095	14	-0.631	25	-0.523	14	0.458	21	-0.520	27	-0.223	11	0.866	6	0.998	30	-0.434	9	0.990
24	7	0.942	23	-0.901	17	-0.095	15	-0.817	26	-0.434	15	0.282	22	-0.270	0	0.000	12	0.756	7	0.942	3	0.623	10	0.945
25	8	0.817	24	-0.782	18	-0.282	16	-0.942	27	-0.223	16	0.095	0	0.000	1	0.223	13	0.618	8	0.817	4	0.782	11	0.866



SUSIE MCALLISTER  
8-27-1947

DAY	MAY			JUNE			JULY			AUGUST														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	12	-0.136	1	0.223	11	0.866	20	-0.731	4	0.782	9	0.990	4	0.808	6	0.975	6	0.910	12	-0.136	9	0.901	4	0.690
2	13	-0.398	2	0.434	12	0.756	21	-0.520	5	0.901	10	0.945	5	0.979	7	1.000	7	0.972	13	-0.398	10	0.782	5	0.815
3	14	-0.631	3	0.623	13	0.618	22	-0.270	6	0.975	11	0.866	6	0.998	8	0.975	8	0.999	14	-0.631	11	0.623	6	0.910
4	15	-0.817	4	0.782	14	0.458	0	0.000	7	1.000	12	0.756	7	0.942	9	0.901	9	0.990	15	-0.817	12	0.434	7	0.972
5	16	-0.942	5	0.901	15	0.282	1	0.270	8	0.817	10	0.618	8	0.817	10	0.782	10	0.945	16	-0.942	13	0.223	8	0.999
6	17	-0.998	6	0.975	16	0.095	2	0.520	9	0.901	14	0.458	9	0.631	11	0.623	11	0.866	17	-0.998	14	-0.000	9	0.990
7	18	-0.979	7	1.000	17	-0.095	3	0.731	10	0.782	15	0.282	10	0.398	12	0.434	12	0.756	18	-0.979	15	-0.223	10	0.945
8	19	-0.888	8	0.975	18	-0.282	4	0.888	11	0.623	16	0.095	11	0.136	13	0.223	13	0.618	19	-0.888	16	-0.434	11	0.866
9	20	-0.731	9	0.901	19	-0.458	5	0.979	12	0.434	17	-0.095	12	-0.136	14	0.458	14	0.458	20	-0.731	17	-0.623	12	0.756
10	21	-0.520	10	0.782	20	-0.618	6	0.998	13	0.223	18	-0.282	13	-0.398	15	0.223	15	0.282	21	-0.520	18	-0.434	13	0.756
11	22	-0.270	11	0.623	21	-0.756	7	0.942	14	-0.000	19	-0.458	14	-0.631	16	0.095	16	0.458	22	-0.270	19	-0.901	14	0.618
12	0	0.000	12	0.434	22	-0.866	8	0.817	15	0.817	20	-0.618	15	-0.817	17	-0.095	17	0.458	0	0.000	20	-0.901	15	0.458
13	1	0.000	13	0.223	23	-0.945	9	0.817	16	0.631	21	-0.618	16	-0.817	18	0.095	18	0.458	1	0.000	21	-0.901	16	0.458
14	2	0.270	14	0.623	24	-0.866	10	0.731	17	0.434	22	-0.866	17	-0.136	19	0.223	19	0.458	2	0.270	22	-0.901	17	0.458
15	3	0.731	15	0.901	25	-0.945	11	0.817	18	0.223	23	-0.945	18	-0.398	20	0.095	20	0.458	3	0.731	23	-0.901	18	0.458
16	4	0.888	16	0.975	26	-0.998	12	0.942	19	0.095	24	-0.998	19	-0.631	21	0.223	21	0.458	4	0.888	24	-0.998	19	0.458
17	5	0.979	17	1.000	27	-0.998	13	0.998	20	0.782	25	-0.998	20	-0.731	22	0.095	22	0.458	5	0.979	25	-0.998	20	0.458
18	6	0.998	18	1.000	28	-0.998	14	0.998	21	0.782	26	-0.998	21	-0.731	23	0.095	23	0.458	6	0.998	26	-0.998	21	0.458
19	7	0.998	19	1.000	29	-0.998	15	0.998	22	0.782	27	-0.998	22	-0.731	24	0.095	24	0.458	7	0.998	27	-0.998	22	0.458
20	8	0.998	20	1.000	30	-0.998	16	0.998	23	0.782	28	-0.998	23	-0.731	25	0.095	25	0.458	8	0.998	28	-0.998	23	0.458
21	9	0.998	21	1.000	31	-0.998	17	0.998	24	0.782	29	-0.998	24	-0.731	26	0.095	26	0.458	9	0.998	29	-0.998	24	0.458
22	10	0.998	22	1.000	32	-0.998	18	0.998	25	0.782	30	-0.998	25	-0.731	27	0.095	27	0.458	10	0.998	30	-0.998	25	0.458
23	11	0.998	23	1.000	33	-0.998	19	0.998	26	0.782	31	-0.998	26	-0.731	28	0.095	28	0.458	11	0.998	31	-0.998	26	0.458
24	12	0.998	24	1.000	34	-0.998	20	0.998	27	0.782	32	-0.998	27	-0.731	29	0.095	29	0.458	12	0.998	32	-0.998	27	0.458
25	13	0.998	25	1.000	35	-0.998	21	0.998	28	0.782	33	-0.998	28	-0.731	30	0.095	30	0.458	13	0.998	33	-0.998	28	0.458
26	14	0.998	26	1.000	36	-0.998	22	0.998	29	0.782	34	-0.998	29	-0.731	31	0.095	31	0.458	14	0.998	34	-0.998	29	0.458
27	15	0.998	27	1.000	37	-0.998	23	0.998	30	0.782	35	-0.998	30	-0.731	32	0.095	32	0.458	15	0.998	35	-0.998	30	0.458
28	16	0.998	28	1.000	38	-0.998	24	0.998	31	0.782	36	-0.998	31	-0.731	33	0.095	33	0.458	16	0.998	36	-0.998	31	0.458
29	17	0.998	29	1.000	39	-0.998	25	0.998	32	0.782	37	-0.998	32	-0.731	34	0.095	34	0.458	17	0.998	37	-0.998	32	0.458
30	18	0.998	30	1.000	40	-0.998	26	0.998	33	0.782	38	-0.998	33	-0.731	35	0.095	35	0.458	18	0.998	38	-0.998	33	0.458
31	19	0.998	31	1.000	41	-0.998	27	0.998	34	0.782	39	-0.998	34	-0.731	36	0.095	36	0.458	19	0.998	39	-0.998	34	0.458

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

SUSIE MCALLISTER  
8-27-1947

DAY	JANUARY			FEBRUARY			MARCH			APRIL														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	7	0.942	21	-1.000	23	-0.945	15	-0.817	24	-0.782	21	-0.756	20	-0.731	24	-0.782	16	0.095	5	0.979	27	-0.223	14	0.458
2	8	0.817	22	-0.975	24	-0.990	16	-0.942	25	-0.623	22	-0.866	21	-0.520	25	-0.623	17	-0.095	6	0.998	0	0.000	15	0.282
3	9	0.631	23	-0.901	25	-0.599	17	-0.998	26	-0.434	23	-0.945	22	-0.270	26	-0.434	18	-0.282	7	0.942	1	0.223	16	0.095
4	10	0.398	24	-0.782	26	-0.972	18	-0.979	27	-0.979	24	-0.990	0	0.000	27	-0.979	19	-0.458	8	0.817	2	0.434	17	-0.095
5	11	0.136	25	-0.623	27	-0.910	19	-0.888	0	0.000	25	-0.999	1	0.270	0	0.000	20	-0.618	9	0.631	3	0.623	18	-0.282
6	12	-0.136	26	-0.434	28	-0.815	20	-0.731	1	0.223	26	-0.972	2	0.520	1	0.223	21	-0.756	10	0.398	4	0.782	19	-0.458
7	13	-0.398	27	-0.223	29	-0.690	21	-0.520	2	0.434	27	-0.910	3	0.731	2	0.434	22	-0.866	11	0.136	5	0.901	20	-0.618
8	14	-0.631	0	0.000	30	-0.541	22	-0.270	3	0.623	28	-0.815	4	0.888	3	0.623	23	-0.945	12	-0.136	6	0.975	21	-0.756
9	15	-0.817	1	0.223	31	-0.372	0	0.000	4	0.782	29	-0.690	5	0.979	4	0.782	24	-0.866	13	-0.398	7	1.000	22	-0.866
10	16	-0.942	2	0.434	32	-0.189	1	0.270	5	0.901	30	-0.541	6	0.998	5	0.901	25	-0.999	14	-0.631	8	0.975	23	-0.945
11	17	-0.998	3	0.623	0	0.000	2	0.520	6	0.975	31	-0.372	7	0.942	6	0.975	26	-0.972	15	-0.817	9	0.901	24	-0.990
12	18	-0.979	4	0.782	1	0.189	3	0.731	7	1.000	32	-0.189	8	0.817	7	1.000	27	-0.910	16	-0.942	10	0.782	25	-0.999
13	19	-0.888	5	0.901	2	0.372	4	0.888	8	0.975	0	0.000	9	0.631	8	0.975	28	-0.815	17	-0.998	11	0.623	26	-0.972
14	20	-0.731	5	0.975	3	0.541	5	0.979	9	0.901	1	0.189	10	0.398	9	0.901	29	-0.690	18	-0.979	12	0.434	27	-0.910
15	21	-0.520	6	0.618	4	0.590	6	0.998	10	0.782	2	0.372	11	-0.136	10	0.631	30	-0.541	19	-0.888	13	0.223	28	-0.815
16	22	-0.270	7	0.972	5	0.815	7	0.942	11	0.623	3	0.541	12	-0.136	11	0.631	31	-0.372	20	-0.731	14	-0.000	29	-0.690
17	0	0.000	8	0.901	6	0.910	8	0.817	12	0.434	4	0.690	13	-0.398	12	0.434	32	-0.189	21	-0.520	15	-0.223	30	-0.541
18	1	0.270	9	0.782	7	0.972	9	0.631	13	0.223	5	0.815	14	-0.631	13	0.223	0	0.000	22	-0.270	16	-0.434	31	-0.372
19	2	0.520	10	0.623	8	0.999	10	0.398	14	-0.000	6	0.910	15	-0.817	14	-0.000	1	0.189	23	-0.520	17	-0.623	32	-0.189
20	3	0.731	11	0.434	9	0.990	11	0.136	15	-0.223	7	0.972	16	-0.942	15	-0.223	2	0.372	24	-0.270	18	-0.782	0	0.000
21	4	0.888	12	0.223	10	0.945	12	-0.136	16	-0.434	8	0.999	17	-0.998	16	-0.434	3	0.541	25	-0.520	19	-0.901	1	0.189
22	5	0.979	13	-0.000	11	0.866	13	-0.398	17	-0.434	9	0.990	18	-0.998	17	-0.631	4	0.690	26	-0.731	20	-0.975	2	0.372
23	6	0.998	14	-0.223	12	0.756	14	-0.631	18	-0.782	10	0.945	19	-0.888	18	-0.782	5	0.815	27	-0.998	21	-1.000	3	0.541
24	7	0.942	15	-0.434	13	0.618	15	-0.817	19	-0.901	11	0.866	20	-0.731	19	-0.901	6	0.910	28	-0.979	22	-0.975	4	0.690
25	8	0.817	16	-0.623	14	0.458	16	-0.942	20	-0.975	12													



DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER		
	I	II	III	I	II	III	I	II	III	I	II	III
1	8	0.817	19	-0.901	24	-0.990	15	-0.817	21	-1.000	21	-0.756
2	9	0.631	20	-0.975	25	-0.999	16	-0.942	22	-0.975	22	-0.866
3	10	0.333	21	-1.000	26	-0.972	17	-0.998	23	-0.901	23	-0.945
4	11	0.136	22	-0.975	27	-0.910	18	-0.979	24	-0.782	24	-0.990
5	12	-0.136	23	-0.901	28	-0.615	19	-0.631	25	-0.623	25	-0.999
6	13	-0.333	24	-0.782	29	-0.690	20	-0.398	26	-0.434	26	-0.972
7	14	-0.631	25	-0.623	30	-0.541	21	-0.520	27	-0.910	27	-0.910
8	15	-0.817	26	-0.434	31	-0.372	22	-0.270	28	-0.817	28	-0.945
9	16	-0.942	27	-0.223	32	-0.189	23	-0.000	29	-0.631	29	-0.990
10	17	-0.998	28	0.000	0	0.000	1	0.270	30	-0.541	30	-0.999
11	18	-0.979	1	0.223	1	0.189	2	0.520	31	-0.372	10	0.398
12	19	-0.888	2	0.434	2	0.372	3	0.731	32	-0.189	11	0.136
13	20	-0.731	3	0.623	3	0.541	4	0.888	1	0.000	12	-0.136
14	21	-0.520	4	0.782	4	0.690	5	0.979	2	0.189	13	-0.398
15	22	-0.270	5	0.901	5	0.815	6	0.998	3	0.372	14	-0.631
16	0	0.000	6	0.975	6	0.910	7	0.942	4	0.541	15	-0.817
17	1	0.270	7	1.000	7	0.972	8	0.817	5	0.631	16	-0.942
18	2	0.520	8	0.975	8	0.999	9	0.631	6	0.731	17	-0.998
19	3	0.731	9	0.901	9	0.990	10	0.398	7	0.888	18	-0.979
20	4	0.888	10	0.782	10	0.945	11	0.136	8	0.979	19	-0.999
21	5	0.979	11	0.623	11	0.866	12	-0.136	9	0.998	20	-0.972
22	6	0.998	12	0.434	12	0.756	13	-0.398	10	0.990	21	-0.945
23	7	0.942	13	0.223	13	0.618	14	-0.631	11	0.945	22	-0.817
24	8	0.817	14	-0.000	14	0.458	15	-0.817	12	0.866	23	-0.631
25	9	0.631	15	-0.223	15	0.282	16	-0.942	13	0.756	24	-0.398
26	10	0.398	16	-0.434	16	0.095	17	-0.998	14	0.618	25	-0.270
27	11	0.136	17	-0.623	17	-0.095	18	-0.979	15	0.458	26	-0.136
28	12	-0.136	18	-0.782	18	-0.282	19	-0.888	16	0.282	27	-0.000
29	13	-0.398	19	-0.901	19	-0.458	20	-0.975	17	0.136	28	0.398
30	14	-0.631	20	-0.975	20	-0.618	21	-0.520	18	0.434	29	0.631
31	15	-0.817	21	-1.000	21	-0.756	22	-0.270	19	0.631	30	0.817

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	MAY			JUNE			JULY			AUGUST		
	I	II	III	I	II	III	I	II	III	I	II	III
1	0	0.000	8	0.975	0	0.000	6	0.817	11	0.623	31	-0.372
2	1	0.270	9	0.901	1	0.189	7	0.631	12	0.434	32	-0.189
3	2	0.520	10	0.782	2	0.372	8	0.398	13	0.223	0	0.000
4	3	0.731	11	0.623	3	0.541	9	0.136	14	-0.000	1	0.189
5	4	0.888	12	0.434	4	0.690	10	-0.136	15	-0.223	2	0.372
6	5	0.979	13	0.223	5	0.815	11	-0.398	16	-0.434	3	0.541
7	6	0.998	14	-0.000	6	0.910	12	-0.631	17	-0.520	4	0.631
8	7	0.942	15	-0.223	7	0.972	13	-0.817	18	-0.782	5	0.731
9	8	0.817	16	-0.434	8	0.999	14	-0.942	19	-0.901	6	0.815
10	9	0.631	17	-0.623	9	0.990	15	-0.998	20	-0.975	7	0.866
11	10	0.398	18	-0.782	10	0.945	16	-0.979	21	-0.999	8	0.910
12	11	0.136	19	-0.901	11	0.866	17	-0.888	22	-0.975	9	0.990
13	12	-0.136	20	-0.975	12	0.756	18	-0.731	23	-0.901	10	0.945
14	13	-0.398	21	-1.000	13	0.618	19	-0.520	24	-0.782	11	0.866
15	14	-0.631	22	-0.975	14	0.458	20	-0.270	25	-0.623	12	0.756
16	15	-0.817	23	-0.901	15	0.282	21	-0.000	26	-0.434	13	0.618
17	16	-0.942	24	-0.782	16	0.095	22	0.270	27	-0.223	14	0.458
18	17	-0.998	25	-0.623	17	-0.095	23	0.520	28	-0.136	15	0.282
19	18	-0.979	26	-0.434	18	0.282	24	0.731	29	-0.000	16	0.095
20	19	-0.888	27	-0.223	19	0.458	25	0.979	30	0.136	17	0.282
21	20	-0.731	0	0.000	20	0.618	26	0.979	31	0.398	18	0.458
22	21	-0.520	1	0.223	21	0.756	27	0.979	1	0.631	19	0.618
23	22	-0.270	2	0.434	22	0.866	28	0.942	2	0.817	20	0.756
24	23	0.000	3	0.623	23	0.945	29	0.817	3	0.979	21	0.866
25	24	0.270	4	0.782	24	0.990	30	0.631	4	1.000	22	0.945
26	25	0.520	5	0.901	25	0.999	31	0.398	5	0.975	23	1.000
27	26	0.731	6	0.975	26	0.972	1	0.136	6	0.998	24	0.945
28	27	0.888	7	1.000	27	0.910	2	-0.136	7	0.999	25	0.866
29	28	0.979	8	0.975	28	0.815	3	-0.398	8	0.999	26	0.756
30	29	0.998	9	0.901	29	0.618	4	-0.631	9	0.999	27	0.618
31	30	0.942	10	0.782	30	0.458	5	-0.817	10	0.999	28	0.458

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73

DAY	MAY			JUNE			JULY			AUGUST														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	14	-0.942	3	0.623	7	0.972	1	0.270	6	0.975	5	0.615	8	0.617	8	0.975	2	0.372	16	-0.942	11	0.623	0	0.000
2	17	-0.998	4	0.782	8	0.999	2	0.520	7	1.000	6	0.910	9	0.631	9	0.901	3	0.541	17	-0.998	12	0.434	1	0.189
3	18	-0.979	5	0.901	9	0.990	3	0.731	8	0.975	7	0.972	10	0.398	10	0.782	4	0.690	18	-0.979	13	0.223	2	0.372
4	19	-0.683	6	0.975	10	0.945	4	0.888	9	0.901	8	0.999	11	0.136	11	0.623	5	0.815	19	-0.683	14	-0.000	3	0.541
5	20	-0.731	7	1.000	11	0.866	5	0.979	10	0.782	9	0.990	12	-0.398	12	0.434	6	0.910	20	-0.731	15	-0.423	4	0.690
6	21	-0.520	8	0.975	12	0.756	6	0.979	11	0.623	10	0.866	13	-0.398	13	0.223	7	0.972	21	-0.520	16	-0.434	5	0.815
7	22	-0.270	9	0.901	13	0.618	7	0.942	12	0.434	11	0.866	14	-0.631	14	-0.000	8	0.999	22	-0.270	17	-0.623	6	0.910
8	0	0.000	10	0.782	14	0.458	8	0.817	13	0.223	12	0.756	15	-0.817	15	-0.223	9	0.990	0	0.000	18	-0.782	7	0.972
9	1	0.270	11	0.623	15	0.282	9	0.631	14	-0.000	13	0.618	16	-0.942	16	-0.942	10	0.945	1	0.270	19	-0.575	8	0.999
10	2	0.520	12	0.434	16	0.095	10	0.398	15	-0.223	14	0.458	17	-0.998	17	-0.998	11	0.866	2	0.520	20	-0.434	9	0.990
11	3	0.731	13	0.223	17	-0.095	11	0.136	16	-0.434	15	0.282	18	-0.979	18	-0.979	12	0.756	3	0.731	21	-1.000	10	0.945
12	4	0.888	14	-0.000	18	-0.282	12	-0.888	17	-0.623	16	0.095	19	-0.888	19	-0.888	13	0.618	4	0.888	22	-0.575	11	0.866
13	5	0.979	15	-0.223	19	-0.458	13	-0.398	18	-0.782	17	-0.095	20	-0.731	20	-0.975	14	0.458	5	0.979	23	-0.901	12	0.756
14	6	0.998	16	-0.434	20	-0.618	14	-0.631	19	-0.901	18	-0.282	21	-0.520	21	-1.000	15	0.458	6	0.998	24	-0.782	13	0.518
15	7	0.942	17	-0.623	21	-0.756	15	-0.817	20	-0.975	19	-0.458	22	-0.270	22	-0.270	16	0.095	7	0.942	25	-0.623	14	0.458
16	8	0.817	18	-0.782	22	-0.866	16	-0.942	21	-1.000	20	-0.618	0	0.000	23	-0.901	17	-0.095	8	0.817	26	-0.434	15	0.282
17	9	0.631	19	-0.901	23	-0.945	17	-0.998	22	-0.975	21	-0.756	1	0.270	24	-0.782	18	-0.282	9	0.631	27	-0.223	16	0.095
18	10	0.398	20	-0.975	24	-0.990	18	-0.979	23	-0.901	22	-0.866	2	0.520	25	-0.623	19	-0.458	10	0.398	28	-0.000	17	0.999
19	11	0.136	21	-1.000	25	-0.999	19	-0.888	24	-0.782	23	-0.945	3	0.731	26	-0.434	20	-0.618	11	0.136	29	-0.575	18	0.282
20	12	-0.136	22	-0.975	26	-0.972	20	-0.731	25	-0.623	24	-0.990	4	0.888	27	-0.223	21	-0.756	12	-0.136	30	-0.434	19	0.518
21	13	-0.398	23	-0.901	27	-0.910	21	-0.520	26	-0.434	25	-0.999	5	0.979	28	-0.975	22	-0.866	13	-0.398	31	-0.372	20	0.910
22	14	-0.631	24	-0.782	28	-0.815	22	-0.270	27	-0.223	26	-0.972	6	0.998	29	-0.945	23	-0.945	14	-0.631	0	0.000	21	0.910
23	15	-0.817	25	-0.623	29	-0.690	0	0.000	27	0.000	27	-0.910	7	0.942	30	-0.975	24	-0.990	15	-0.817	1	0.270	22	0.945
24	16	-0.942	26	-0.434	30	-0.541	1	0.270	28	0.223	28	-0.815	8	0.817	31	-0.815	25	-0.690	16	-0.942	2	0.520	23	0.945
25	17	-0.998	27	-0.223	31	-0.372	2	0.520	29	0.434	29	-0.690	9	0.631	0	0.000	26	-0.690	17	-0.998	3	0.731	24	0.945
26	18	-0.979	28	0.000	32	-0.189	3	0.731	30	0.623	30	-0.541	10	0.398	1	0.270	27	-0.541	18	-0.979	4	0.888	25	0.945
27	19	-0.888	29	0.223	0	0.000	4	0.888	31	0.434	31	-0.372	11	0.136	2	0.520	28	-0.372	19	-0.888	5	0.979	26	0.945
28	20	-0.731	30	0.434	1	0.270	5	0.979	0	0.000	32	-0.945	12	-0.136	3	0.731	29	-0.945	20	-0.731	6	0.998	27	0.945
29	21	-0.520	31	-0.690	2	0.520	6	0.998	2	0.520	3	-0.866	13	-0.631	4	0.888	30	-0.866	21	-0.520	7	1.000	28	0.945
30	22	-0.270	0	0.000	3	0.731	7	0.942	3	0.731	4	-0.945	14	-0.817	5	0.979	31	-0.945	22	-0.270	8	0.998	29	0.945
31	23	-0.731	1	0.270	4	0.888	8	0.998	4	0.888	5	0.979	15	-0.631	6	0.998	0	0.000	23	-0.731	9	1.000	30	0.945

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	JANUARY			FEBRUARY			MARCH			APRIL														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	11	0.136	23	-0.901	19	-0.458	19	-0.866	26	-0.434	17	-0.095	1	0.270	26	-0.434	12	0.756	9	0.631	1	0.223	10	0.945
2	12	-0.136	24	-0.782	20	-0.618	20	-0.731	27	-0.223	18	-0.282	2	0.520	27	-0.223	13	0.618	10	0.398	2	0.434	11	0.866
3	13	-0.398	25	-0.623	21	-0.756	21	-0.520	0	0.000	19	-0.458	3	0.731	0	0.000	14	0.458	11	0.136	3	0.623	12	0.756
4	14	-0.631	26	-0.434	22	-0.866	22	-0.270	1	0.270	20	-0.618	4	0.888	1	0.223	15	0.282	12	-0.136	4	0.782	13	0.618
5	15	-0.817	27	-0.223	23	-0.945	0	0.000	2	0.434	21	-0.756	5	0.979	2	0.520	16	0.095	13	-0.398	5	0.901	14	0.458
6	16	-0.942	0	0.000	24	-0.990	1	0.270	3	0.623	22	-0.866	6	0.998	3	0.623	17	-0.095	14	-0.631	6	0.975	15	0.282
7	17	-0.998	1	0.223	25	-0.999	2	0.520	4	0.782	23	-0.945	7	0.942	4	0.782	18	-0.292	15	-0.817	7	1.000	16	0.095
8	18	-0.979	2	0.434	26	-0.972	3	0.731	5	0.901	24	-0.990	8	0.817	5	0.901	19	-0.458	16	-0.942	8	0.975	17	-0.095
9	19	-0.888	3	0.623	27	-0.910	4	0.888	6	0.975	25	-0.999	9	0.631	6	0.975	20	-0.618	17	-0.998	9	0.901	18	-0.282
10	20	-0.731	4	0.782	28	-0.815	5	0.979	7	1.000	26	-0.972	10	0.398	7	1.000	21	-0.756	18	-0.979	10	0.782	19	-0.458
11	21	-0.520	5	0.901	29	-0.690	6	0.998	8	0.975	27	-0.910	11	0.136	8	0.975	22	-0.866	19	-0.888	11	0.623	20	-0.618
12	22	-0.270	6	0.975	30	-0.541	7	0.942	9	0.901	28	-0.815	12	-0.136	9	0.901	23	-0.945	20	-0.731	12	0.434	21	-0.756
13	0	0.000	7	1.000	31	-0.372	8	0.817	10	0.782	29	-0.690	13	-0.398	10	0.782	24	-0.990	21	-0.520	13	0.223	22	-0.866
14	1	0.270	8	0.575	32	-0.189	9	0.631	11	0.623	30	-0.541	14	-0.631	11	0.623	25	-0.999	22	-0.270	14	-0.000	23	-0.945
15	2	0.520	9	0.901	0	0.000	10	0.398	12	0.434	31	-0.372	15	-0.631	12	0.434	26	-0.972	23	-0.731	15	-0.423	24	-0.990
16	3	0.731	10	0.782	1	0.189	11	0.136	13	-0.223	32	-0.000	16	-0.942	13	0.223	27	-0.910	24	-0.731	16	-0.434	25	-0.999
17	4	0.888	11	0.623	2	0.372	12	-0.136	14	-0.000	0	0.000	17	-0.998	14	-0.000	28	-0.815	2	0.520	17	-0.623	26	-0.972
18	5	0.979	12	0.434	3	0.541	13	-0.398	15	-0.223	1	0.189	18	-0.979	15	-0.223	29	-0.690	3	0.731	18	-0.782	27	-0.910
19	6	0.998	13	0.223	4	0.690	14	-0.631	16	-0.434	2	0.541	19	-0.888	16	-0.434	30	-0.541	4	0.888	19	-0.901	28	-0.815
20	7	0.942	14	-0.000	5	0.815	15	-0.817	17	-0.623	3	0.541	20	-0.731	17	-0.623	31	-0.372	5	0.979	20	-0.975	29	-0.590
21	8	0.817	15	-0.223	6	0.910	16	-0.942	18	-0.782	4	0.690	21	-0.520	18	-0.782	32	-0.189	6	0.998	21	-1.000	30	-0.541
22	9	0.631	16	-0.434	7	0.972	17	-0.998	19	-0.901	5	0.815	22	-0.270	19	-0.901	0	0.000	7	0.942	22	-0.975	31	-0.372
23	10	0.398	17	-0.623	8	0.999	18	-0.979	20	-0.975	6	0.910	0	0.000	20	-0.975	1	0.189	8	0.817	23	-0.901	32	-0.189
24	11	0.136	18	-0.782	9	0.990	19	-0.888	21	-1.000	7	0.972	1	0.270	21	-1.000	2	0.372	9	0.631	24	-0.782	0	0.000
25	12	-0.136	19	-0.901	10	0.945	20	-0.731	22</															

DAY	JANUARY			FEBRUARY			MARCH			APRIL														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	13	-0.398	4	0.782	5	0.815	21	-0.520	7	1.000	3	0.541	3	0.731	7	1.000	31	-0.372	11	0.136	10	0.782	29	-0.690
2	14	-0.631	5	0.901	6	0.910	22	-0.270	8	0.975	4	0.690	4	0.888	8	0.975	32	-0.189	12	-0.136	11	0.623	30	-0.541
3	15	-0.817	6	0.975	7	0.972	0	0.000	9	0.901	5	0.979	5	0.979	9	0.901	0	0.000	13	-0.398	12	0.434	31	-0.372
4	16	-0.542	7	1.000	8	0.999	1	0.270	10	0.782	6	0.910	6	0.998	10	0.782	1	0.189	14	-0.631	13	0.223	32	-0.189
5	17	-0.979	8	0.975	9	0.970	2	0.520	11	0.623	7	0.972	7	0.942	11	0.623	2	0.372	15	-0.817	14	-0.000	0	0.000
6	18	-0.979	9	0.901	10	0.945	3	0.731	12	0.434	8	0.999	8	0.817	12	0.434	3	0.541	16	-0.942	15	-0.223	1	0.189
7	19	-0.888	10	0.782	11	0.866	4	0.683	13	0.223	9	0.990	9	0.631	13	0.223	4	0.690	17	-0.998	16	-0.434	2	0.372
8	20	-0.731	11	0.623	12	0.756	5	0.979	14	-0.000	10	0.945	10	0.398	14	-0.000	5	0.815	18	-0.979	17	-0.623	3	0.541
9	21	-0.520	12	0.434	13	0.618	6	0.910	15	-0.270	11	0.866	11	0.136	15	-0.270	6	0.910	19	-0.888	18	-0.782	4	0.690
10	22	-0.270	13	0.223	14	0.458	7	0.942	16	-0.434	12	0.756	12	-0.136	16	-0.434	7	0.972	20	-0.731	19	-0.901	5	0.815
11	0	0.000	14	-0.000	15	0.282	8	0.817	17	-0.623	13	0.618	13	-0.398	17	-0.623	8	0.999	21	-0.520	20	-0.975	6	0.910
12	1	0.270	15	-0.223	16	0.095	9	0.631	18	-0.782	14	0.458	14	-0.631	18	-0.782	9	0.990	22	-0.270	21	-1.000	7	0.972
13	2	0.520	16	-0.434	17	-0.095	10	0.398	19	-0.975	15	0.282	15	-0.817	19	-0.975	10	0.945	0	0.000	22	-0.975	8	0.999
14	3	0.731	17	-0.623	18	-0.282	11	0.136	20	-0.975	16	0.095	16	-0.942	20	-0.975	11	0.866	1	0.270	23	-0.901	9	0.990
15	4	0.888	18	-0.782	19	-0.458	12	-0.136	21	-1.000	17	-0.095	17	-0.998	21	-1.000	12	0.756	2	0.520	24	-0.782	10	0.945
16	5	0.979	19	-0.901	20	-0.618	13	-0.398	22	-0.975	18	-0.282	18	-0.979	22	-0.975	13	0.618	3	0.731	25	-0.623	11	0.866
17	6	0.998	20	-0.975	21	-0.756	14	-0.631	23	-0.901	19	-0.458	19	-0.688	23	-0.901	14	0.458	4	0.817	26	-0.434	12	0.756
18	7	0.942	21	-1.000	22	-0.945	15	-0.817	24	-0.942	20	-0.756	20	-0.520	24	-0.942	15	0.282	5	0.979	27	-0.223	13	0.618
19	8	0.817	22	-0.975	23	-0.945	16	-0.631	25	-0.975	21	-0.189	21	-0.520	25	-0.975	16	0.095	6	0.998	28	-0.223	14	0.756
20	9	0.631	23	-0.901	24	-0.990	17	-0.998	26	-0.434	22	-0.866	22	-0.270	26	-0.434	17	-0.095	7	0.942	29	-0.223	15	0.282
21	10	0.398	24	-0.782	25	-0.999	18	-0.979	27	-0.223	23	-0.945	0	0.000	27	-0.223	18	-0.282	8	0.817	30	-0.782	16	0.095
22	11	0.136	25	-0.623	26	-0.972	19	-0.888	0	0.000	24	-0.990	1	0.270	0	0.000	19	-0.458	9	0.631	31	-0.623	17	-0.095
23	12	-0.136	26	-0.434	27	-0.910	20	-0.731	1	0.223	25	-0.999	2	0.520	1	0.223	20	-0.618	10	0.398	4	0.782	18	-0.282
24	13	-0.398	27	-0.223	28	-0.815	21	-0.520	2	0.434	26	-0.972	3	0.731	2	0.434	21	-0.756	11	0.136	5	0.901	19	-0.458
25	14	-0.631	0	0.000	29	-0.690	22	-0.270	3	0.623	27	-0.910	4	0.888	3	0.623	22	-0.866	12	-0.136	6	0.975	20	-0.618
26	15	-0.817	1	0.223	30	-0.541	0	0.000	4	0.782	28	-0.815	5	0.979	4	0.782	23	-0.945	13	-0.398	7	1.000	21	-0.756
27	16	-0.942	2	0.434	31	-0.372	1	0.270	5	0.901	29	-0.690	6	0.998	5	0.901	24	-0.990	14	-0.631	8	0.975	22	-0.866
28	17	-0.998	3	0.623	32	-0.189	2	0.520	6	0.975	30	-0.541	7	0.942	6	0.975	25	-0.999	15	-0.817	9	0.901	23	-0.945
29	18	-0.979	4	0.782	0	0.000	3	0.731	7	1.000	31	-0.372	8	0.817	7	1.000	26	-0.972	16	-0.942	10	0.782	24	-0.990
30	19	-0.888	5	0.901	1	0.189	4	0.888	8	0.975	32	-0.189	9	0.631	8	0.975	27	-0.910	17	-0.998	11	0.623	25	-0.999
31	20	-0.731	6	0.975	2	0.372	5	0.979	9	0.901	0	0.000	10	0.398	9	0.901	28	-0.815	18	-0.979	12	0.434	26	-0.972

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74

CAROLE JD SKALA  
6-13-1938

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	1	0.270	14	-0.000	31	-0.372	8	0.817	16	-0.434	28	-0.815	16	-0.942	19	-0.901	26	-0.972	0	0.000	21	-1.000	23	-0.945
2	2	0.520	15	-0.223	32	-0.189	9	0.631	17	-0.623	29	-0.690	17	-0.998	20	-0.975	27	-0.910	1	0.270	22	-0.975	24	-0.990
3	3	0.731	16	-0.434	0	0.000	10	0.398	18	-0.782	30	-0.541	18	-0.979	21	-1.000	28	-0.815	2	0.520	23	-0.901	25	-0.999
4	4	0.888	17	-0.623	1	0.189	11	0.136	19	-0.901	31	-0.372	19	-0.888	22	-0.975	29	-0.690	3	0.731	24	-0.782	26	-0.972
5	5	0.979	18	-0.782	2	0.372	12	-0.136	20	-0.975	32	-0.189	20	-0.731	23	-0.901	30	-0.541	4	0.888	25	-0.623	27	-0.910
6	6	0.998	19	-0.901	3	0.541	13	-0.398	21	-1.000	0	0.000	21	-0.520	24	-0.782	31	-0.372	5	0.979	26	-0.434	28	-0.815
7	7	0.942	20	-0.975	4	0.690	14	-0.631	22	-0.975	1	0.189	22	-0.270	25	-0.623	32	-0.189	6	0.998	27	-0.223	29	-0.690
8	8	0.817	21	-1.000	5	0.815	15	-0.817	23	-0.901	2	0.372	0	0.000	26	-0.434	0	0.000	7	0.942	0	0.000	30	-0.541
9	9	0.631	22	-0.975	6	0.910	16	-0.942	24	-0.782	3	0.541	1	0.270	27	-0.223	1	0.189	8	0.817	1	0.223	31	-0.372
10	10	0.398	23	-0.901	7	0.972	17	-0.998	25	-0.623	4	0.690	2	0.520	0	0.000	2	0.372	9	0.631	2	0.434	32	-0.189
11	11	0.136	24	-0.782	8	0.999	18	-0.979	26	-0.434	5	0.815	3	0.731	1	0.223	3	0.541	10	0.398	3	0.623	0	0.000
12	12	-0.136	25	-0.623	9	0.990	19	-0.888	27	-0.223	6	0.910	4	0.888	2	0.434	4	0.690	11	0.136	4	0.782	7	0.972
13	13	-0.398	26	-0.434	10	0.945	20	-0.731	0	0.000	7	0.972	5	0.979	3	0.623	5	0.815	12	-0.136	5	0.901	2	0.372
14	14	-0.631	27	-0.223	11	0.866	21	-0.520	1	0.223	8	0.999	6	0.998	4	0.782	6	0.910	13	-0.398	6	0.975	3	0.541
15	15	-0.817	0	0.000	12	0.756	22	-0.270	2	0.520	9	0.990	7	0.942	5	0.901	7	0.972	14	-0.631	7	1.000	4	0.690
16	16	-0.942	1	0.223	13	0.618	0	0.000	3	0.423	10	0.945	8	0.817	6	0.975	8	0.999	15	-0.817	8	0.975	5	0.815
17	17	-0.998	2	0.434	14	0.458	1	0.270	4	0.782	11	0.866	9	0.631	7	1.000	9	0.990	16	-0.942	9	0.501	6	0.910
18	18	-0.979	3	0.623	15	0.282	2	0.520	5	0.901	12	0.756	10	0.398	8	0.975	10	0.945	17	-0.998	10	0.782	7	0.972
19	19	-0.888	4	0.782	16	0.095	3	0.731	6	0.975	13	0.618	11	0.136	9	0.901	11	0.866	18	-0.979	11	0.623	8	0.999
20	20	-0.731	5	0.901	17	-0.095	4	0.888	7	1.000	14	0.458	12	-0.136	10	0.782	12	0.756	19	-0.888	12	0.434	9	0.990
21	21	-0.520	6	0.975	18	-0.282	5	0.979	8	0.975	15	0.282	13	-0.398	11	0.623	13	0.618	20	-0.731	13	0.223	10	0.945
22	22	-0.270	7	1.000	19	-0.458	6	0.998	9	0.901	16	0.095	14	-0.631	12	0.434	14	0.458	21	-0.520	14	-0.900	11	0.866
23	23	0	0.000	8	0.975	20	-0.618	7	0.942	10	0.782	17	-0.095	15	-0.817	13	0.223	15	0.282	22	-0.270	15	0.756	
24	24	0.270	9	0.901	21	-0.756	8	0.817	11	0.523	18	-0.282	16	-0.942	14	-0.000	16	0.095	0	0.000	16	-0.434	13	0.618
25	25	0.520	10	0.782	22	-0.866	9	0.631																

PAT BRADLEY  
3-24-1951

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER													
	I	II	III	I	II	III	I	II	III	I	II	III											
1	0.731	23	-0.901	17	-0.095	10	0.398	25	-0.623	14	0.458	18	-0.979	0	0.000	12	0.756	2	0.520	2	0.434	9	0.990
2	0.386	24	-0.782	18	-0.282	11	0.136	26	-0.434	15	0.282	19	-0.888	1	0.223	13	0.618	3	0.731	3	0.623	10	0.945
3	0.979	25	-0.623	19	-0.458	12	-0.136	27	-0.223	16	0.095	20	-0.731	2	0.434	14	0.458	4	0.888	4	0.782	11	0.866
4	0.998	26	-0.434	20	-0.618	13	-0.398	0	0.000	17	-0.095	21	-0.520	3	0.623	15	0.282	5	0.979	5	0.901	12	0.756
5	0.942	27	-0.223	21	-0.866	14	-0.631	1	0.223	18	-0.434	22	-0.270	4	0.782	16	0.095	6	0.998	6	0.975	13	0.618
6	0.817	0	0.000	22	-0.866	15	-0.817	2	0.434	19	-0.458	0	0.270	5	0.901	17	-0.095	7	0.942	7	1.000	14	0.458
7	0.631	1	0.223	23	-0.945	16	-0.942	3	0.623	20	-0.618	1	0.270	6	0.975	18	-0.282	8	0.817	8	0.975	15	0.282
8	0.398	2	0.434	24	-0.990	17	-0.998	4	0.782	21	-0.756	2	0.520	7	1.000	19	-0.458	9	0.631	9	0.901	16	0.095
9	0.136	3	0.623	25	-0.999	18	-0.979	5	0.901	22	-0.866	3	0.731	8	0.975	20	-0.618	10	0.398	10	0.782	17	-0.095
10	-0.136	4	0.782	26	-0.972	19	-0.888	6	0.975	23	-0.945	4	0.888	9	0.901	21	-0.756	11	0.136	11	0.000	18	-0.282
11	-0.398	5	0.901	27	-0.910	20	-0.910	7	1.000	24	-0.990	5	0.979	10	0.782	22	-0.866	12	-0.136	12	0.434	19	-0.458
12	-0.631	6	0.975	28	-0.815	21	-0.520	8	0.975	25	-0.999	6	0.998	11	0.623	23	-0.945	13	-0.398	13	0.223	20	-0.618
13	-0.817	7	1.000	29	-0.690	22	-0.270	9	0.901	26	-0.972	7	0.817	12	0.434	24	-0.910	14	-0.817	14	0.000	21	-0.945
14	-0.942	8	0.975	30	-0.541	23	-0.000	10	0.000	27	-0.910	8	0.631	13	0.223	25	-0.999	15	-0.817	15	0.223	22	-0.866
15	-0.998	9	0.901	31	-0.372	24	0.631	11	0.136	28	-0.815	9	0.631	14	0.434	26	-0.910	16	-0.942	16	0.434	23	-0.945
16	-0.979	10	0.782	32	-0.189	2	0.520	12	0.223	29	-0.690	10	0.398	15	0.000	27	-0.910	17	-0.998	17	0.782	24	-0.990
17	-0.888	11	0.623	0	0.000	3	0.731	13	0.223	30	-0.541	11	0.136	16	-0.434	28	-0.815	18	-0.979	18	-0.782	25	-0.999
18	-0.731	12	0.434	1	0.189	4	0.888	14	-0.000	31	-0.372	12	-0.136	17	-0.136	29	-0.690	19	-0.888	19	-0.888	26	-0.972
19	-0.520	13	0.223	2	0.372	5	0.979	15	-0.223	32	-0.189	13	-0.398	18	-0.888	30	-0.541	20	-0.731	20	-0.731	27	-0.910
20	-0.270	14	-0.000	3	0.541	6	0.999	16	-0.434	0	0.000	14	-0.631	19	-0.888	31	-0.372	21	-0.520	21	-0.520	28	-0.866
21	0.000	15	-0.223	4	0.690	7	0.998	17	-0.782	1	0.189	15	-0.631	20	-0.910	0	0.000	22	-0.270	22	-0.270	29	-0.945
22	0.270	16	-0.434	5	0.815	8	0.942	18	-0.782	2	0.372	16	-0.817	21	-0.910	1	0.189	23	-0.520	23	-0.520	30	-0.990
23	0.520	17	-0.623	6	0.910	9	0.631	19	-0.901	3	0.541	17	-0.998	22	-0.975	2	0.372	24	-0.731	24	-0.731	31	-0.945
24	0.731	18	-0.782	7	0.972	10	0.398	20	-0.975	4	0.690	18	-0.979	23	-0.901	3	0.372	25	-0.817	25	-0.817	32	-0.189
25	0.888	19	-0.901	8	0.999	11	0.136	21	-1.000	5	0.815	19	-0.888	24	-0.782	4	0.541	26	-0.942	26	-0.942	33	0.000
26	0.979	20	-0.975	9	0.990	12	-0.136	22	-0.975	6	0.910	20	-0.731	25	-0.623	5	0.690	27	-0.888	27	-0.888	34	0.189
27	0.998	21	-1.000	10	0.945	13	-0.398	23	-0.901	7	0.972	21	-0.520	26	-0.434	6	0.815	28	-0.998	28	-0.998	35	0.372
28	0.942	22	-0.975	11	0.856	14	-0.631	24	-0.782	8	0.999	22	-0.270	27	-0.223	7	0.910	29	-0.942	29	-0.942	36	0.541
29	0.617	23	-0.901	12	0.756	15	-0.817	25	-0.623	9	0.945	23	-0.817	28	-0.942	8	0.972	30	-0.979	30	-0.979	37	0.690
30	0.631	24	-0.782	13	0.618	16	-0.942	26	-0.434	10	0.945	24	-0.817	29	-0.942	9	0.999	31	-0.817	31	-0.817	38	0.815
31	0.398	25	-0.623	14	0.458	17	-0.998	27	-0.223	11	0.866	25	-0.998	30	-0.942	10	0.990	32	-0.520	32	-0.520	39	0.910

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

PAT BRADLEY  
3-24-1951

DAY	MAY			JUNE			JULY			AUGUST													
	I	II	III	I	II	III	I	II	III	I	II	III											
1	0.979	12	0.434	26	-0.972	3	0.731	15	-0.223	24	-0.990	10	0.398	17	-0.623	21	-0.756	18	-0.979	20	-0.975	19	-0.458
2	0.888	13	0.223	27	-0.910	4	0.888	16	-0.434	25	-0.999	11	0.136	18	-0.782	22	-0.866	19	-0.888	21	-1.000	20	-0.618
3	0.731	14	-0.000	28	-0.815	5	0.979	17	-0.523	26	-0.972	12	-0.136	19	-0.901	23	-0.945	20	-0.731	22	-0.975	21	-0.756
4	0.270	15	-0.223	29	-0.690	6	0.998	18	-0.782	27	-0.910	13	-0.398	20	-0.975	24	-0.866	21	-0.520	23	-0.901	22	-0.866
5	-0.270	16	-0.434	30	-0.541	7	0.942	19	-0.701	28	-0.815	14	-0.631	21	-1.000	25	-0.999	22	-0.270	24	-0.782	23	-0.945
6	0.000	17	-0.623	31	-0.372	8	0.817	20	-0.975	29	-0.690	15	-0.817	22	-0.975	26	-0.972	23	-0.000	25	-0.623	24	-0.990
7	0.270	18	-0.782	32	-0.189	9	0.631	21	-1.000	30	-0.541	16	-0.942	23	-0.901	27	-0.910	24	0.270	26	-0.434	25	-0.999
8	0.520	19	-0.901	0	0.000	10	0.398	22	-0.975	31	-0.372	17	-0.998	24	-0.782	28	-0.815	2	0.520	27	-0.223	26	-0.972
9	0.731	20	-0.975	1	0.189	11	0.136	23	-0.901	32	-0.189	18	-0.979	25	-0.623	29	-0.690	3	0.731	0	0.000	27	-0.910
10	0.888	21	-1.000	2	0.372	12	-0.136	24	-0.782	0	0.000	19	-0.888	26	-0.434	30	-0.541	4	0.888	1	0.223	28	-0.815
11	0.979	22	-0.975	3	0.541	13	-0.398	25	-0.623	1	0.189	20	-0.731	27	-0.975	31	-0.372	5	0.979	2	0.434	29	-0.690
12	0.998	23	-0.901	4	0.690	14	-0.631	26	-0.434	2	0.372	21	-0.520	28	-0.815	2	0.372	6	0.998	3	0.623	30	-0.945
13	0.942	24	-0.782	5	0.815	15	-0.817	27	-0.223	3	0.541	22	-0.270	29	-0.942	3	0.000	7	0.942	4	0.782	31	-0.372
14	0.817	25	-0.623	6	0.910	16	-0.942	0	0.000	4	0.690	23	-0.000	30	-0.541	4	0.189	8	0.817	5	0.901	32	-0.189
15	0.631	26	-0.434	7	0.972	17	-0.998	1	0.223	5	0.815	24	0.270	31	-0.372	5	0.372	9	0.631	6	0.975	0	0.000
16	0.398	27	-0.223	8	0.999	18	-0.979	2	0.434	6	0.910	2	0.520	32	-0.189	6	0.541	10	0.398	7	1.000	1	0.189
17	0.136	0	0.000	9	0.990	19	-0.888	3	0.623	7	0.972	3	0.731	0	0.000	7	0.690	11	0.136	8	0.975	2	0.372
18	-0.136	1	0.223	10	0.945	20	-0.731	4	0.782	8	0.999	4	0.888	1	0.136	8	0.815	12	-0.136	9	0.901	3	0.541
19	-0.398	2	0.434	11	0.856	21	-0.520	5	0.901	9	0.990	5	0.979	2	0.136	9	0.910	13	-0.398	10	0.782	4	0.690
20	-0.631	3	0.623	12	0.756	22	-0.270	6	0.975	10	0.945	6	0.998	3	0.631	11	0.623	14	-0.631	11	0.623	5	0.815
21	-0.817	4	0.782	13	0.618	0	0.000	7	1.000	11	0.866	7	0.942	4	0.817	12	0.434	15	-0.817	12	0.434	6	0.910
22	-0.942	5	0.901	14	0.458	1	0.270	8	0.975	12	0.756	8	0.817	5	0.901	13	0.223	16	-0.942	13	0.223	7	0.972
23	-0.998	6	0.975	15	0.282	2	0.520	9	0.901	13	0.618	9	0.631	11	0.623	10	0.945	17	-0.998	14	-0.000	8	0.999
24	-0.979	7	1.000	16	-0.095	3	0.731	10	0.623	14	0.458	10	0.398	12	0.434	11	0.756	18	-0.979	15	-0.223	9	0.990
25	-0.868	8	0.975	17	-0.095	4	0.888	11	0.623	15	0.282	11	0.136	13	0.223	12	0.756	19	-0.868	16	-0.434	10	0.945
26	-0.731	9	0.901	18	-0.282	5	0.979	12	0.434	16	0.095	12	-0.136	14	-0.000	13	0.618	20	-0.731	17	-0.623	11	0.866
27	-0.570																						

DAY	MAY			JUNE			JULY			AUGUST															
	I	II	III	I	II	III	I	II	III	I	II	III													
1	17	-0.998	9	0.901	13	0.618	2	0.520	12	0.434	11	0.856	9	0.631	14	-0.000	8	0.999	17	-0.958	17	-0.623	6	0.910	
2	18	-0.979	10	0.782	14	0.458	3	0.731	13	0.223	12	0.756	10	0.398	15	-0.223	9	0.990	18	-0.979	18	-0.782	7	0.972	
3	19	-0.888	11	0.023	15	0.282	4	0.888	14	-0.000	13	0.618	11	0.136	16	-0.434	10	0.945	19	-0.888	19	-0.901	8	0.999	
4	20	-0.731	12	0.734	15	0.095	5	0.979	15	-0.223	14	0.458	12	-0.0136	17	-0.623	11	0.856	20	-0.731	20	-0.975	9	0.999	
5	21	-0.520	13	0.223	17	-0.095	6	0.999	16	-0.434	15	0.282	13	0.398	18	-0.782	12	0.756	21	-0.520	21	-1.000	10	0.945	
6	22	-0.270	14	-0.000	18	-0.282	7	0.942	17	-0.623	16	0.095	14	-0.631	19	-0.901	13	0.618	22	-0.270	22	-0.975	11	0.866	
7	0	0.000	15	-0.223	19	-0.458	8	0.817	18	-0.782	17	-0.095	15	-0.817	20	-0.975	14	0.458	0	0.000	23	-0.901	12	0.756	
8	1	0.270	16	-0.434	20	-0.618	9	0.631	19	-0.901	18	-0.282	16	-0.942	21	-1.000	15	0.282	1	0.270	24	-0.782	13	0.618	
9	2	0.520	17	-0.623	21	-0.756	10	0.398	20	-0.975	19	-0.458	17	-0.998	22	-0.975	16	0.095	2	0.520	25	-0.434	14	0.458	
10	3	0.731	18	-0.782	22	-0.866	11	0.136	21	-1.000	20	-0.618	18	-0.979	23	-0.901	17	-0.095	3	0.731	26	-0.434	15	0.282	
11	4	0.888	19	-0.945	23	-0.945	12	-0.136	22	-0.975	21	-0.756	19	-0.688	24	-0.782	18	-0.282	4	0.888	27	-0.223	16	0.095	
12	5	0.979	20	-0.975	24	-0.990	13	-0.398	23	-0.901	22	-0.866	20	-0.731	25	-0.623	19	-0.458	5	0.979	0	0.000	17	-0.095	
13	6	0.998	21	-1.000	25	-0.999	14	-0.631	24	-0.782	23	-0.945	21	-0.520	26	-0.434	20	-0.618	6	0.998	1	0.270	18	-0.282	
14	7	0.942	22	-0.975	26	-0.972	15	-0.817	25	-0.623	24	-0.990	22	-0.270	27	-0.223	21	-0.756	7	0.942	2	0.520	19	-0.458	
15	8	0.817	23	-0.901	27	-0.910	16	-0.942	26	-0.434	25	-0.999	23	0.000	0	0.000	22	-0.866	8	0.817	3	0.731	20	-0.618	
16	9	0.631	24	-0.782	28	-0.815	17	-0.998	27	-0.223	26	-0.972	24	0.270	1	0.270	23	-0.945	9	0.631	4	0.520	21	-0.975	
17	10	0.398	25	-0.623	29	-0.690	18	-0.979	0	0.000	27	-0.910	2	0.520	2	0.434	24	-0.990	10	0.398	5	0.901	22	-0.866	
18	11	0.136	26	-0.434	30	-0.541	19	-0.888	1	0.136	28	-0.815	3	0.731	3	0.623	25	-0.999	11	0.136	6	0.975	23	-0.945	
19	12	-0.136	27	-0.223	31	-0.372	20	-0.731	2	0.534	29	-0.690	4	0.888	4	0.782	26	-0.972	12	-0.136	7	1.000	24	-0.972	
20	13	-0.398	0	0.000	32	-0.189	21	-0.520	3	0.623	30	-0.541	5	0.979	5	0.901	27	-0.945	13	-0.398	8	0.901	25	-0.999	
21	14	-0.631	1	0.270	33	-0.541	22	-0.270	4	0.731	31	-0.690	6	0.888	6	0.975	28	-0.972	14	-0.631	9	0.901	26	-0.999	
22	15	-0.817	2	0.520	34	-0.541	23	-0.270	5	0.817	32	-0.690	7	0.979	7	1.000	29	-0.972	15	-0.817	10	0.901	27	-0.999	
23	16	-0.942	3	0.623	35	-0.541	24	-0.270	6	0.888	33	-0.690	8	0.979	8	0.975	30	-0.972	16	-0.942	11	0.901	28	-0.999	
24	17	-0.998	4	0.782	36	-0.541	25	-0.270	7	0.942	34	-0.690	9	0.979	9	0.975	31	-0.972	17	-0.998	12	0.901	29	-0.999	
25	18	-0.979	5	0.901	37	-0.541	26	-0.270	8	0.979	35	-0.690	10	0.979	10	0.975	32	-0.972	18	-0.979	13	0.901	30	-0.999	
26	19	-0.888	6	0.975	38	-0.541	27	-0.270	9	0.901	36	-0.690	11	0.979	11	0.975	33	-0.972	19	-0.888	14	0.901	31	-0.999	
27	20	-0.731	7	1.000	39	-0.541	28	-0.270	10	0.817	37	-0.690	12	0.979	12	0.975	34	-0.972	20	-0.731	15	0.901	32	-0.999	
28	21	-0.520	8	0.901	40	-0.541	29	-0.270	11	0.731	38	-0.690	13	0.979	13	0.975	35	-0.972	21	-0.520	16	0.901	33	-0.999	
29	22	-0.270	9	0.901	41	-0.541	30	-0.270	12	0.631	39	-0.690	14	0.979	14	0.975	36	-0.972	22	-0.270	17	0.901	34	-0.999	
30	0	0.000	10	0.782	42	-0.541	31	-0.270	13	0.520	40	-0.690	15	0.979	15	0.975	37	-0.972	23	0	0.000	18	0.901	35	-0.999
31	1	0.270	11	0.623	43	-0.541	32	-0.270	14	0.434	41	-0.690	16	0.979	16	0.975	38	-0.972	24	1	0.270	19	0.901	36	-0.999

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	JANUARY			FEBRUARY			MARCH			APRIL														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	11	0.136	0	0.000	44	-0.990	19	-0.888	3	0.623	22	-0.866	1	0.270	3	0.623	17	-0.095	9	0.631	6	0.975	15	0.282
2	12	-0.136	1	0.223	25	-0.999	20	-0.731	4	0.782	23	-0.945	2	0.520	4	0.782	18	-0.282	10	0.398	7	1.000	16	0.095
3	13	-0.398	2	0.434	26	-0.972	21	-0.520	5	0.901	24	-0.990	3	0.731	5	0.901	19	-0.458	11	0.136	8	0.975	17	-0.095
4	14	-0.631	3	0.623	27	-0.910	22	-0.270	6	0.975	25	-0.999	4	0.888	6	0.975	20	-0.618	12	-0.136	9	0.901	18	-0.282
5	15	-0.817	4	0.782	28	-0.815	23	-0.000	7	1.000	26	-0.972	5	0.979	7	1.000	21	-0.756	13	-0.398	10	0.782	19	-0.458
6	16	-0.942	5	0.901	29	-0.690	24	-0.000	8	0.975	27	-0.910	6	0.998	8	0.975	22	-0.866	14	-0.631	11	0.623	20	-0.618
7	17	-0.998	6	0.975	30	-0.541	25	-0.189	9	0.901	28	-0.815	7	0.942	9	0.901	23	-0.945	15	-0.817	12	0.434	21	-0.756
8	18	-0.979	7	1.000	31	-0.372	26	-0.731	10	0.782	29	-0.690	8	0.817	10	0.782	24	-0.990	16	-0.942	13	0.223	22	-0.866
9	19	-0.888	8	0.975	32	-0.189	27	-0.888	11	0.623	30	-0.541	9	0.631	11	0.623	25	-0.999	17	-0.998	14	-0.000	23	-0.945
10	20	-0.731	9	0.901	0	0.000	28	-0.979	12	0.434	31	-0.372	10	0.398	12	0.434	26	-0.972	18	-0.979	15	-0.223	24	-0.990
11	21	-0.520	10	0.782	1	0.189	29	-0.998	13	0.223	32	-0.189	11	0.136	13	0.223	27	-0.910	19	-0.888	16	-0.434	25	-0.999
12	22	-0.270	11	0.623	2	0.372	30	-0.942	14	0.942	33	-0.000	12	-0.136	14	-0.000	28	-0.815	20	-0.731	17	-0.623	26	-0.972
13	0	0.000	12	0.434	3	0.541	31	-0.817	15	-0.223	1	0.189	13	-0.398	15	-0.223	29	-0.690	21	-0.520	18	-0.782	27	-0.910
14	1	0.270	13	0.223	4	0.690	32	-0.631	16	-0.434	2	0.372	14	-0.631	16	-0.434	30	-0.541	22	-0.270	19	-0.901	28	-0.815
15	2	0.520	14	-0.000	5	0.815	33	-0.631	17	-0.398	3	0.541	15	-0.817	17	-0.398	31	-0.372	23	0	0.000	20	-0.690	
16	3	0.731	15	-0.223	6	0.910	34	-0.631	18	-0.631	4	0.690	16	-0.942	18	-0.631	32	-0.189	24	0.270	21	-1.000	30	-0.541
17	4	0.888	16	-0.434	7	0.972	35	-0.631	19	-0.942	5	0.815	17	-0.942	19	-0.942	33	-0.189	25	0.520	22	-0.975	31	-0.372
18	5	0.979	17	-0.623	8	0.999	36	-0.631	20	-0.398	6	0.910	18	-0.979	20	-0.975	34	-0.189	26	0.731	23	-0.901	32	-0.189
19	6	0.998	18	-0.782	9	0.990	37	-0.631	21	-1.000	7	0.972	19	-0.888	21	-1.000	35	-0.189	27	0.888	24	-0.782	0	0.000
20	7	0.942	19	-0.901	10	0.945	38	-0.631	22	-0.817	8	0.999	20	-0.731	22	-0.975	36	-0.189	28	0.979	25	-0.623	1	0.189
21	8	0.817	20	-0.975	11	0.866	39	-0.631	23	-0.942	9	0.990	21	-0.520	23	-0.901	37	-0.189	29	0.979	26	-0.434	2	0.372
22	9	0.631	21	-1.000	12	0.756	40	-0.631	24	-0.782	10	0.945	22	-0.270	24	-0.782	38	-0.189	30	0.942	27	-0.223	3	0.541
23	10	0.398	22	-0.975	13	0.618	41	-0.631	25	-0.623	11	0.866	23	-0.000	25	-0.623	39	-0.189	31	0.817	28	-0.434	4	0.690
24	11	0.136	23	-0.901	14	0.458	42	-0.631	26	-0.434	12	0.756	24	0.270	26	-0.434	40	-0.189	32	0.520	29	-0.434	5	0.815
25	12	-0.136	24	-0.782	15	0.282	43																	

DAY	JANUARY			FEBRUARY			MARCH			APRIL			
	I	II	III	I	II	III	I	II	III	I	II	III	
1	0.888	26	-0.434	13	0.618	12	-0.136	1	0.223	11	0.866	17	-0.998
2	0.979	27	-0.223	14	0.458	13	-0.398	2	0.434	12	0.756	18	-0.972
3	0.998	0	0.000	15	0.282	14	-0.631	3	0.623	13	0.618	19	-0.888
4	0.942	1	0.223	16	-0.095	15	-0.817	4	0.782	14	-0.458	20	-0.731
5	0.817	2	0.434	17	-0.095	16	-0.942	5	0.901	15	0.282	21	-0.520
6	0.631	3	0.623	18	-0.458	17	-0.979	6	0.975	16	-0.095	22	-0.270
7	0.939	4	0.782	19	-0.458	18	-0.979	7	1.000	17	-0.095	0	0.000
8	0.136	5	0.901	20	-0.618	19	-0.888	8	0.975	18	-0.282	1	0.270
9	-0.136	6	0.975	21	-0.756	20	-0.731	9	0.901	19	-0.458	2	0.520
10	-0.398	7	1.000	22	-0.866	21	-0.520	10	0.782	20	-0.756	3	0.942
11	-0.631	8	0.975	23	-0.945	22	-0.270	11	0.623	21	-0.756	4	0.888
12	-0.817	9	0.901	24	-0.990	0	0.000	12	0.434	22	-0.666	5	0.979
13	-0.942	10	0.782	25	-0.999	1	0.270	13	0.223	23	-0.945	6	0.998
14	-0.817	9	0.901	26	-0.990	2	0.520	14	-0.000	24	-0.990	7	0.817
15	-0.998	11	0.434	27	-0.910	3	0.731	15	-0.223	25	-0.999	8	-0.888
16	-0.979	12	0.434	28	-0.815	4	0.888	16	-0.434	26	-0.972	9	0.942
17	-0.731	14	-0.000	29	-0.690	5	0.979	17	-0.623	27	-0.910	10	0.888
18	-0.520	15	-0.223	30	-0.541	6	0.998	18	-0.782	28	-0.815	11	0.136
19	-0.888	13	-0.223	31	-0.815	7	0.942	19	-0.817	29	-0.618	12	0.979
20	-0.270	16	-0.434	31	-0.372	7	0.942	20	-0.901	30	-0.541	13	0.817
21	0.000	17	-0.623	32	-0.189	8	0.817	21	-0.541	31	-0.690	14	0.520
22	0.270	18	-0.782	0	0.000	9	0.631	22	-0.372	0	0.000	15	0.270
23	0.520	19	-0.901	1	0.189	10	0.398	23	-0.901	1	0.189	16	0.520
24	0.888	21	-1.000	2	0.372	11	-0.136	24	-0.782	2	0.541	17	0.817
25	0.979	22	-0.975	3	0.541	12	-0.136	25	-0.782	3	0.541	18	0.979
26	0.888	23	-0.901	4	0.690	13	-0.398	26	-0.623	4	0.690	19	0.888
27	0.942	24	-0.782	5	0.815	14	-0.631	27	-0.434	5	0.815	20	0.942
28	0.817	25	-0.623	6	0.972	15	-0.817	28	-0.223	6	0.972	21	0.817
29	0.631	26	-0.434	7	0.972	16	-0.942	29	-0.000	7	0.972	22	0.631
30	0.398	27	-0.223	8	0.990	17	-0.998	30	0.434	8	0.990	23	0.398
31	0.136	0	0.000	10	0.945	19	-0.888	31	0.623	9	0.999	24	0.136

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

AMY ALCOIT

2-22-1956

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER			
	I	II	III	I	II	III	I	II	III	I	II	III	
1	0.520	20	-0.975	4	0.690	9	0.631	22	-0.975	1	0.189	17	-0.998
2	0.731	21	-1.000	5	0.815	10	0.398	23	-0.901	2	0.372	18	-0.979
3	0.888	22	-0.975	6	0.910	11	0.136	24	-0.782	3	0.541	19	-0.888
4	0.979	23	-0.975	7	0.972	12	-0.136	25	-0.623	4	0.690	20	-0.731
5	0.979	24	-0.782	8	0.999	13	-0.398	26	-0.434	5	0.815	21	-0.520
6	0.942	25	-0.623	9	0.990	14	-0.631	27	-0.223	6	0.910	22	-0.270
7	0.817	26	-0.434	10	0.945	15	-0.817	0	0.000	7	0.972	0	0.000
8	0.631	27	-0.223	11	0.866	16	-0.942	1	0.223	8	0.999	1	0.270
9	0.398	0	0.000	12	0.756	17	-0.998	2	0.434	9	0.990	2	0.520
10	0.136	1	0.223	13	0.618	18	-0.979	3	0.623	10	0.945	3	0.731
11	-0.136	2	0.434	14	0.458	19	-0.888	4	0.782	11	0.866	4	0.888
12	-0.398	3	0.623	15	0.252	20	-0.731	5	0.901	12	0.756	5	0.979
13	-0.631	4	0.782	16	0.095	21	-0.520	6	0.975	13	0.618	6	0.998
14	-0.817	5	0.901	17	-0.095	22	-0.270	7	1.000	14	0.458	7	0.942
15	-0.942	6	0.975	18	-0.282	0	0.000	8	0.975	15	0.282	8	0.817
16	-0.998	7	1.000	19	-0.458	1	0.270	9	0.901	16	0.095	9	0.631
17	-0.979	8	0.975	20	-0.616	2	0.520	10	0.782	17	-0.095	10	0.398
18	-0.838	9	0.901	21	-0.756	3	0.731	11	0.623	18	-0.282	11	0.136
19	-0.731	10	0.782	22	-0.866	4	0.888	12	0.434	19	-0.458	12	0.979
20	-0.520	11	0.623	23	-0.945	5	0.979	13	0.223	20	-0.618	13	0.817
21	-0.270	12	0.434	24	-0.990	6	0.998	14	-0.000	21	-0.458	14	0.631
22	0.000	13	0.223	25	-0.999	7	0.942	15	-0.866	22	-0.756	15	0.398
23	0.270	14	-0.000	26	-0.972	8	0.817	16	-0.942	23	-0.945	16	0.136
24	0.520	15	-0.223	27	-0.910	9	0.631	17	-0.623	24	-0.866	17	0.979
25	0.731	16	-0.434	28	-0.815	10	0.398	18	-0.782	25	-0.999	18	0.631
26	0.888	17	-0.623	29	-0.690	11	0.136	19	-0.901	26	-0.910	19	0.398
27	0.979	18	-0.782	30	-0.541	12	-0.136	20	-0.975	27	-0.990	20	0.136
28	0.998	19	-0.901	31	-0.372	13	-0.398	21	-1.000	28	-0.815	21	0.979
29	0.942	20	-0.975	32	-0.189	14	-0.631	22	-0.631	29	-0.690	22	0.998
30	0.817	21	-1.000	0	0.000	15	-0.817	23	-0.901	30	-0.541	23	0.817
31	0.631	22	-0.975	1	0.189	16	-0.942	24	-0.782	31	-0.372	24	0.631

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER			
	I	II	III	I	II	III	I	II	III	I	II	III	
1	0.520	20	-0.975	4	0.690	9	0.631	22	-0.975	1	0.189	17	-0.998
2	0.731	21	-1.000	5	0.815	10	0.398	23	-0.901	2	0.372	18	-0.979
3	0.888	22	-0.975	6	0.910	11	0.136	24	-0.782	3	0.541	19	-0.888
4	0.979	23	-0.975	7	0.972	12	-0.136	25	-0.623	4	0.690	20	-0.731
5	0.979	24	-0.782	8	0.999	13	-0.398	26	-0.434	5	0.815	21	-0.520
6	0.942	25	-0.623	9	0.990	14	-0.631	27	-0.223	6	0.910	22	-0.270
7	0.817	26	-0.434	10	0.945	15	-0.817	0	0.000	7	0.972	0	0.000
8	0.631	27	-0.223	11	0.866	16	-0.942	1	0.223	8	0.999	1	0.270
9	0.398	0	0.000	12	0.756	17	-0.998	2	0.434	9	0.990	2	0.520
10	0.136	1	0.223	13	0.618	18	-0.979	3	0.623	10	0.945	3	0.731
11	-0.136	2	0.434	14	0.458	19	-0.888	4	0.782	11	0.866	4	0.888
12	-0.398	3	0.623	15	0.252	20	-0.731	5	0.901	12	0.756	5	0.979
13	-0.631	4	0.782	16	0.095	21	-0.520	6	0.975	13	0.618	6	0.998
14	-0.817	5	0.901	17	-0.095	22	-0.270	7	1.000	14	0.458	7	0.942
15	-0.942	6	0.975	18	-0.282	0	0.000	8	0.975	15	0.282	8	0.817
16	-0.998	7	1.000	19	-0.458	1	0.270	9	0.901	16	0.095	9	0.631
17	-0.979	8	0.975	20	-0.616	2	0.520	10	0.782	17	-0.095	10	0.398
18	-0.838	9	0.901	21	-0.756	3	0.731	11	0.623	18	-0.282	11	0.136
19	-0.731	10	0.782	22	-0.866	4	0.888	12	0.434	19	-0.458	12	0.979
20	-0.520	11	0.623	23	-0.945	5	0.979	13	0.223	20	-0.618	13	0.817
21	-0.270	12	0.434	24	-0.990	6	0.998	14	-0.000	21	-0.458	14	0.631
22	0.000	13	0.223	25	-0.999	7	0.942	15	-0.866	22	-0.756	15	0.398
23	0.270	14	-0.000	26	-0.972	8	0.817	16	-0.942	23	-0.945	16	0.136
24	0.520	15	-0.223	27	-0.910	9	0.631	17	-0.623	24	-0.866	17	0.979
25	0.731	16	-0.434	28	-0.815	10	0.398	18	-0.782	25	-0.999	18	0.631
26	0.888	17	-0.623	29	-0.690	11	0.136	19	-0.901	26	-0.910	19	0.398
27	0.979	18	-0.782	30	-0.541	12	-0.136	20	-0.975	27	-0.990	20	0.136
28	0.998	19	-0.901	31	-0.372	13	-0.398	21	-1.000	28	-0.815	21	0.979
29	0.942	20	-0.975	32	-0.189	14	-0.631	22	-0.631	29	-0.690	22	0.998
30	0.817	21	-1.000	0	0.000	15	-0.817	23	-0.901	30	-0.541	23	0.817
31	0.631	22	-0.975	1	0.189	16	-0.942	24	-0.782	31	-0.372	24	0.631



DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	17	-0.998	17	-0.623	25	-0.999	1	0.270	19	-0.901	22	-0.866	9	0.631	22	-0.975	20	-0.618	16	-0.942	24	-0.782	17	-0.095
2	18	-0.979	18	-0.782	26	-0.972	2	0.520	20	-0.975	23	-0.945	10	0.398	23	-0.901	21	-0.756	17	-0.998	25	-0.623	18	-0.282
3	19	-0.888	19	-0.901	27	-0.910	3	0.731	21	-1.000	24	-0.990	11	0.136	24	-0.782	22	-0.866	18	-0.979	26	-0.434	19	-0.458
4	20	-0.731	20	-0.975	28	-0.815	4	0.888	22	-0.975	25	-0.999	12	-0.136	25	-0.623	23	-0.945	19	-0.888	27	-0.223	20	-0.618
5	21	-0.520	21	-1.000	29	-0.690	5	0.979	23	-0.901	26	-0.972	13	-0.398	26	-0.434	24	-0.999	20	-0.731	0	0.000	21	-0.756
6	22	-0.270	22	-0.975	30	-0.541	6	0.998	24	-0.782	27	-0.910	14	-0.631	27	-0.975	25	-0.999	21	-0.520	1	0.270	2	-0.866
7	0	0.000	23	-0.901	31	-0.372	7	0.942	25	-0.623	28	-0.815	15	-0.817	0	0.000	26	-0.972	22	-0.270	2	0.434	3	-0.945
8	1	0.270	24	-0.782	32	-0.189	8	0.817	26	-0.434	29	-0.690	16	-0.942	1	0.223	27	-0.910	0	0.000	3	0.623	4	-0.990
9	2	0.520	25	-0.623	0	0.000	9	0.631	27	-0.223	30	-0.541	17	-0.998	2	0.434	28	-0.815	1	0.270	4	0.782	5	-0.999
10	3	0.731	26	-0.434	1	0.189	10	0.398	0	0.000	31	-0.372	18	-0.979	3	0.731	0	0.000	2	0.520	5	0.901	6	-0.972
11	4	0.888	27	-0.223	2	0.372	11	0.136	1	0.223	32	-0.189	19	-0.888	4	0.888	1	0.136	3	0.731	6	0.975	7	-0.910
12	5	0.979	0	0.000	3	0.541	12	-0.136	2	0.434	0	0.000	20	-0.731	5	0.901	31	-0.372	4	0.888	7	1.000	8	-0.815
13	6	0.998	1	0.223	4	0.690	13	-0.398	3	0.623	1	0.189	21	-0.520	6	0.975	32	-0.189	5	0.979	8	0.975	9	-0.690
14	7	0.942	2	0.434	5	0.815	14	-0.631	4	0.782	2	0.372	22	-0.270	7	1.000	0	0.000	6	0.998	9	0.901	10	-0.541
15	8	0.817	3	0.623	6	0.910	15	-0.817	5	0.901	3	0.541	0	0.000	8	0.975	1	0.189	7	0.942	10	0.782	11	-0.372
16	9	0.631	4	0.782	7	0.972	16	-0.942	6	0.975	4	0.690	1	0.270	9	0.817	2	0.372	8	0.817	11	0.623	12	-0.189
17	10	0.398	5	0.901	8	0.999	17	-0.998	7	1.000	5	0.815	2	0.520	10	0.782	3	0.541	9	0.631	12	0.434	13	-0.189
18	11	0.136	6	0.975	9	0.990	18	-0.979	8	0.975	6	0.910	3	0.731	11	0.623	4	0.690	10	0.398	13	0.223	14	-0.372
19	12	-0.136	7	1.000	10	0.945	19	-0.888	9	0.901	7	0.972	4	0.888	12	0.434	5	0.815	11	0.136	14	-0.000	15	-0.372
20	13	-0.398	8	0.901	11	0.866	20	-0.520	10	0.623	8	0.990	5	0.979	13	-0.223	6	0.910	12	-0.136	15	-0.434	16	-0.690
21	14	-0.631	9	0.901	12	0.756	21	-0.520	11	0.434	9	0.945	6	0.998	14	-0.000	7	0.972	13	-0.398	16	-0.434	17	-0.690
22	15	-0.817	10	0.623	13	0.618	22	-0.270	12	0.434	10	0.945	7	0.942	15	-0.223	8	0.999	14	-0.631	17	-0.623	18	-0.815
23	16	-0.942	11	0.623	14	0.458	0	0.000	13	0.223	11	0.866	8	0.817	16	-0.434	9	0.990	15	-0.817	18	-0.782	19	-0.910
24	17	-0.979	12	0.434	7	0.972	0	0.000	14	-0.000	12	0.756	9	0.631	17	-0.782	10	0.945	16	-0.942	19	-0.901	20	-0.690
25	18	-0.979	13	0.223	16	0.095	2	0.520	15	-0.223	13	0.618	10	0.398	18	-0.782	11	0.866	17	-0.998	20	-0.975	21	-0.999
26	19	-0.888	14	-0.000	17	-0.095	3	0.731	16	-0.434	14	0.458	11	0.136	19	-0.901	12	0.756	18	-0.979	21	-1.000	22	-0.990
27	20	-0.731	15	-0.223	18	-0.282	4	0.888	17	-0.623	15	0.282	12	-0.136	20	-0.975	13	0.618	19	-0.888	22	-0.975	23	-0.945
28	21	-0.520	16	-0.434	19	-0.458	5	0.979	18	-0.782	16	0.095	13	-0.398	21	-1.000	14	0.458	20	-0.731	23	-0.901	24	-0.756
29	22	-0.270	17	-0.623	20	-0.618	6	0.998	19	-0.901	17	-0.095	14	-0.631	22	-0.975	15	0.282	21	-0.520	24	-0.782	25	-0.866
30	0	0.000	18	-0.782	13	0.618	7	0.998	20	-1.000	11	0.866	15	-0.817	23	-0.975	16	0.458	22	-0.270	25	-0.623	26	-0.945
31	1	0.270	19	-0.901	14	0.458	8	0.817	21	-0.975	12	0.756	16	-0.942	24	-0.631	17	0.972	23	-0.270	26	-0.434	27	-0.910

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	MAY			JUNE			JULY			AUGUST														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	9	0.631	6	0.975	1	0.189	17	-0.998	9	0.901	32	-0.189	1	0.270	11	0.623	29	-0.690	9	0.631	14	-0.000	27	-0.910
2	10	0.398	7	1.000	2	0.372	18	-0.979	10	0.782	0	0.000	2	0.520	12	0.434	30	-0.541	10	0.398	15	-0.223	28	-0.815
3	11	0.136	8	0.975	3	0.541	19	-0.888	11	0.623	1	0.189	3	0.731	13	0.223	31	-0.372	11	0.136	16	-0.434	29	-0.690
4	12	-0.136	9	0.901	4	0.690	20	-0.731	12	0.434	2	0.372	4	0.888	14	-0.000	32	-0.189	12	-0.136	17	-0.623	30	-0.541
5	13	-0.398	10	0.782	5	0.815	21	-0.520	13	0.223	3	0.541	5	0.979	15	-0.223	0	0.000	13	-0.398	18	-0.782	31	-0.372
6	14	-0.631	11	0.623	6	0.910	22	-0.270	14	-0.000	4	0.690	6	0.998	16	-0.434	1	0.189	14	-0.631	19	-0.901	32	-0.189
7	15	-0.817	12	0.434	7	0.972	0	0.000	15	-0.223	5	0.815	7	0.942	17	-0.623	2	0.372	15	-0.817	20	-0.975	0	0.000
8	16	-0.942	13	0.223	8	0.999	1	0.270	16	-0.434	6	0.910	8	0.817	18	-0.782	3	0.541	16	-0.942	21	-1.000	1	0.189
9	17	-0.979	14	-0.000	9	0.990	2	0.520	17	-0.623	7	0.972	9	0.631	19	-0.901	4	0.690	17	-0.998	22	-0.975	2	0.372
10	18	-0.979	15	-0.223	10	0.945	3	0.731	18	-0.782	8	0.999	10	0.398	20	-0.975	5	0.815	18	-0.979	23	-0.901	3	0.541
11	19	-0.888	16	-0.434	11	0.866	4	0.888	19	-0.901	9	0.990	11	0.136	21	-1.000	6	0.910	19	-0.888	24	-0.782	4	0.690
12	20	-0.731	17	-0.623	12	0.756	5	0.979	20	-0.975	10	0.945	12	-0.136	22	-0.975	7	0.972	20	-0.731	25	-0.623	5	0.815
13	21	-0.520	18	-0.782	13	0.618	6	0.998	21	-1.000	11	0.866	13	-0.398	23	-0.901	8	0.999	21	-0.520	26	-0.434	6	0.910
14	22	-0.270	19	-0.901	14	0.458	7	0.942	22	-0.975	12	0.756	14	-0.631	24	-0.782	9	0.990	22	-0.270	27	-0.223	7	0.972
15	0	0.000	20	-0.975	15	0.282	8	0.817	23	-0.901	13	0.618	15	-0.817	25	-0.623	10	0.945	0	0.000	0	0.000	8	0.999
16	1	0.270	21	-1.000	16	0.095	9	0.631	24	-0.434	14	0.458	16	-0.942	26	-0.434	11	0.866	1	0.270	1	0.223	9	0.990
17	2	0.520	22	-0.975	17	-0.095	10	0.398	25	-0.623	15	0.282	17	-0.998	27	-0.223	12	0.756	2	0.520	2	0.434	10	0.945
18	3	0.731	23	-0.901	18	-0.282	11	0.136	26	-0.434	16	0.095	18	-0.998	28	-0.000	13	0.618	3	0.731	3	0.623	11	0.866
19	4	0.888	24	-0.782	19	-0.458	12	-0.136	27	-0.223	17	-0.095	19	-0.888	1	0.223	14	0.458	4	0.888	4	0.782	12	0.756
20	5	0.979	25	-0.623	20	-0.618	13	-0.398	0	0.000	18	-0.282	20	-0.731	2	0.434	15	0.282	5	0.979	5	0.901	13	0.618
21	6	0.998	26	-0.434	21	-0.756	14	-0.631	1	0.270	19	-0.458	21	-0.520	3	0.623	16	0.095	6	0.998	6	0.975	14	0.458
22	7	0.942	27	-0.223	22	-0.866	15	-0.817	2	0.434	20	-0.618	22	-0.270	4	0.782	17	-0.095	7	0.942	7	1.000	15	0.282
23	8	0.817	0	0.000	23	-0.945	16	-0.942	3	0.623	21	-0.756	0	0.000	5	0.901	18	-0.282	8	0.817	8	0.975	16	0.095
24	9	0.631	1	0.223	24	-0.999	17	-0.998	4	0.782	22	-0.866	1	0.270	6	0.975	19	-0.458	9	0.631	9	0.901	17	-0.095
25	10	0.398	2	0.434	25	-0.999	18	-0.979	5	0.901	23	-0.945	2	0.520	7	1.000	20	-0.618	10	0.398	10	0.		

BETSY CULLEN  
8-14-1938

DAY	MAY			JUNE			JULY			AUGUST		
	I	II	III	I	II	III	I	II	III	I	II	III
1	0	-0.000	25	-0.623	11	0.866	8	0.817	0	0.000	9	0.990
2	1	0.270	26	-0.434	12	0.756	9	0.631	1	0.223	10	0.945
3	2	0.520	27	-0.223	13	0.618	10	0.398	2	0.434	11	0.866
4	3	0.731	0	0.000	14	0.458	11	0.136	3	0.623	12	0.756
5	4	0.888	1	0.223	15	0.282	12	-0.136	4	0.782	13	0.618
6	5	0.979	2	0.434	16	0.095	13	-0.398	5	0.901	14	0.458
7	6	0.998	3	0.623	17	-0.095	14	-0.631	6	1.000	15	0.282
8	7	0.942	4	0.782	18	-0.282	15	-0.817	7	0.975	16	0.095
9	8	0.817	5	0.901	19	-0.458	16	-0.942	8	0.975	17	-0.095
10	9	0.631	6	0.975	20	-0.618	17	-0.998	9	0.901	18	-0.282
11	10	0.398	7	1.000	21	-0.756	18	-0.979	10	0.782	19	-0.458
12	11	0.136	8	0.975	22	-0.866	19	-0.888	11	0.623	20	-0.618
13	12	-0.136	9	0.901	23	-0.945	20	-0.731	12	0.434	21	-0.756
14	13	-0.398	10	0.782	24	-0.990	21	-0.520	13	0.223	22	-0.866
15	14	-0.631	11	0.623	25	-0.999	22	-0.270	14	0.000	23	-0.945
16	15	-0.817	12	0.434	26	-0.972	0	0.000	15	-0.223	24	-0.975
17	16	-0.942	13	0.223	27	-0.910	1	0.270	16	-0.434	25	-0.999
18	17	-0.998	14	-0.000	28	-0.815	2	0.520	17	-0.623	26	-0.945
19	18	-0.979	15	-0.223	29	-0.690	3	0.731	18	-0.782	27	-0.866
20	19	-0.888	16	-0.434	30	-0.541	4	0.888	19	-0.901	28	-0.756
21	20	-0.731	17	-0.623	31	-0.372	5	0.979	20	-0.975	29	-0.618
22	21	-0.520	18	-0.782	32	-0.189	6	0.998	21	-1.000	30	-0.458
23	22	-0.270	19	-0.975	1	0.000	7	0.942	22	-0.975	31	-0.282
24	23	0	-0.975	1	0.189	8	0.817	23	-0.975	32	-0.095	
25	24	0.270	20	-1.000	2	0.372	9	0.631	24	-0.782	0	0.000
26	25	0.520	22	-0.975	3	0.541	10	0.398	25	-0.623	1	0.270
27	26	0.731	23	-0.901	4	0.690	11	0.136	26	-0.434	2	0.520
28	27	0.888	24	-0.782	5	0.815	12	-0.136	27	-0.223	3	0.731
29	28	0.979	25	-0.623	6	0.815	13	-0.398	28	-0.095	4	0.888
30	29	0.998	26	-0.434	7	0.910	14	-0.631	29	0.000	5	0.979
31	30	0.942	27	-0.223	8	0.999	15	-0.817	30	0.223	6	0.998

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

BETSY CULLEN  
8-14-1938

DAY	JANUARY			FEBRUARY			MARCH			APRIL		
	I	II	III	I	II	III	I	II	III	I	II	III
1	10	-0.979	17	-0.623	23	-0.945	3	0.731	20	-0.975	21	-0.756
2	19	-0.888	18	-0.782	24	-0.990	4	0.888	21	-1.000	22	-0.866
3	20	-0.731	19	-0.901	25	-0.999	5	0.979	22	-0.975	23	-0.945
4	21	-0.520	20	-0.975	26	-0.972	6	0.998	23	-0.901	24	-0.990
5	22	-0.270	21	-1.000	27	-0.910	7	0.942	24	-0.782	25	-0.999
6	0	0.000	22	-0.975	28	-0.815	8	0.817	25	-0.623	26	-0.972
7	1	0.270	23	-0.901	29	-0.690	9	0.631	26	-0.434	27	-0.910
8	2	0.520	24	-0.782	30	-0.541	10	0.398	27	-0.223	28	-0.815
9	3	0.731	25	-0.623	31	-0.372	11	0.136	0	0.000	29	-0.690
10	4	0.888	26	-0.434	32	-0.189	12	-0.136	1	0.223	30	-0.541
11	5	0.979	27	-0.223	0	0.000	13	-0.398	2	0.434	31	-0.372
12	6	0.998	0	0.000	1	0.189	14	-0.631	3	0.623	32	-0.189
13	7	0.942	1	0.223	2	0.372	15	-0.817	4	0.782	0	0.000
14	8	0.817	2	0.434	3	0.541	16	-0.942	5	0.901	1	0.270
15	9	0.631	3	0.623	4	0.690	17	-0.998	6	0.975	2	0.520
16	10	0.398	4	0.782	5	0.815	18	-0.979	7	1.000	3	0.731
17	11	0.136	5	0.901	6	0.910	19	-0.888	8	0.975	4	0.888
18	12	-0.136	6	0.975	7	0.972	20	-0.731	9	0.901	5	0.979
19	13	-0.398	7	1.000	8	0.999	21	-0.520	10	0.782	6	0.998
20	14	-0.631	8	0.975	9	0.945	22	-0.270	11	0.434	7	0.979
21	15	-0.817	9	0.901	10	0.945	0	0.000	12	0.223	8	0.998
22	16	-0.942	10	0.782	11	0.866	1	0.270	13	0.000	9	1.000
23	17	-0.998	11	0.623	12	0.756	2	0.520	14	-0.223	10	0.975
24	18	-0.979	12	0.434	13	0.618	3	0.731	15	-0.434	11	0.866
25	19	-0.888	13	0.223	14	0.458	4	0.888	16	-0.631	12	0.756
26	20	-0.731	14	-0.000	15	0.282	5	0.979	17	-0.817	13	0.618
27	21	-0.520	15	-0.223	16	0.095	6	0.998	18	-0.942	14	0.458
28	22	-0.270	16	-0.434	17	-0.095	7	0.942	19	-0.782	15	0.282
29	0	0.000	17	-0.623	18	-0.282	8	0.817	20	-0.901	16	0.095
30	1	0.270	18	-0.782	19	-0.458	9	0.631	21	-1.000	17	-0.282
31	2	0.520	19	-0.901	20	-0.618	10	0.398	22	-0.975	18	-0.458

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

150



SUE ROBERTS  
6-22-1948

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER			
	I	II	III	I	II	III	I	II	III	I	II	III	
1	20	-0.731 21	-1.000 0	0.000 1	0.888 23	-0.901 30	-0.541 12	-0.136 26	-0.434 28	-0.815 19	-0.888 0	0.000 25	-0.999 6
2	21	-0.520 22	-0.975 1	0.189 1	0.979 24	-0.782 31	-0.372 13	-0.398 27	-0.223 29	-0.690 20	-0.731 1	0.223 26	-0.972 10
3	22	-0.270 23	-0.901 2	0.372 1	0.998 25	-0.623 32	-0.189 14	-0.631 0	0.000 30	-0.541 21	-0.520 2	0.434 27	-0.910 11
4	0	0.000 24	-0.782 3	0.541 1	0.817 27	-0.434 0	0.000 15	-0.942 1	0.223 31	-0.372 22	-0.270 3	0.623 28	-0.815 12
5	1	0.270 25	-0.623 4	0.690 1	0.998 28	-0.223 1	0.189 16	-0.942 2	0.434 32	-0.189 1	0.000 4	0.782 29	-0.690 13
6	2	0.520 26	-0.434 5	0.815 1	0.817 27	-0.000 2	0.631 0	-0.999 3	0.541 31	-0.372 22	-0.270 3	0.623 28	-0.910 14
7	3	0.731 27	-0.223 6	0.910 1	0.998 29	-0.000 3	0.910 18	-0.979 4	0.782 1	0.189 2	0.520 6	0.975 31	-0.372 15
8	4	0.888 0	0.000 7	0.999 1	0.998 30	-0.434 4	0.690 19	-0.888 5	0.975 2	0.372 3	0.731 7	1.000 32	-0.189 16
9	5	0.979 1	0.423 8	0.999 2	0.998 31	-0.223 5	0.815 20	-0.731 6	0.975 3	0.541 4	0.888 8	0.975 0	0.000 17
10	6	0.998 2	0.434 9	0.999 3	0.998 32	-0.000 6	0.910 21	-0.520 7	1.000 4	0.690 5	0.979 9	0.975 1	0.189 18
11	7	0.942 3	0.623 10	0.945 1	0.945 14	-0.631 5	0.901 22	-0.270 8	0.975 5	0.815 6	0.998 10	0.782 2	0.372 19
12	8	0.817 4	0.782 11	0.866 1	0.817 27	-0.942 6	0.975 23	-0.888 9	0.782 12	0.623 9	0.942 11	0.623 3	0.541 20
13	9	0.631 5	0.901 12	0.756 1	0.942 26	-0.942 7	1.000 24	-0.942 10	0.782 13	0.999 10	0.817 12	0.434 4	0.690 21
14	10	0.398 6	0.975 13	0.618 1	0.998 28	-0.782 8	0.975 25	-0.631 11	0.623 14	0.999 11	0.631 13	-0.223 5	0.815 22
15	11	0.136 7	1.000 14	0.458 1	0.979 29	-0.942 9	0.901 26	-0.520 12	0.434 15	0.999 12	0.398 14	-0.000 6	0.910 23
16	12	-0.136 8	0.975 15	0.282 1	0.888 30	-0.888 10	0.888 13	-0.223 13	0.223 16	0.866 12	-0.136 15	-0.223 7	0.972 24
17	13	-0.398 9	0.901 16	0.095 2	0.731 17	-0.623 11	0.945 14	-0.000 14	0.000 17	0.866 13	-0.398 16	-0.434 8	0.999 25
18	14	-0.631 10	0.782 17	-0.095 3	0.520 18	-0.434 12	0.888 15	-0.942 15	0.434 18	0.756 14	-0.631 17	-0.623 9	0.999 26
19	15	-0.817 11	0.623 18	-0.282 4	0.270 19	-0.000 13	0.631 16	-0.398 16	0.223 19	0.618 15	-0.817 18	-0.942 10	0.945 27
20	16	-0.942 12	0.434 19	-0.458 5	0.000 20	-0.434 14	0.398 17	-0.631 17	0.000 20	0.541 16	-0.942 19	-0.888 11	0.866 28
21	17	-0.998 13	0.223 20	-0.618 6	0.998 21	-0.975 15	0.398 18	-0.888 20	0.975 21	0.631 17	-0.942 20	-0.731 12	0.756 29
22	18	-0.998 14	-0.000 21	-0.756 7	0.888 22	-0.975 16	0.398 19	-0.888 21	0.975 22	0.631 18	-0.942 21	-0.731 13	0.756 30
23	19	-0.888 15	-0.223 22	-0.866 8	0.731 17	-0.623 19	0.458 20	-0.942 22	0.975 23	0.631 19	-0.942 22	-0.942 13	0.458 31
24	20	-0.731 16	-0.434 23	-0.945 9	0.520 18	-0.782 12	0.520 21	-0.631 20	0.975 24	0.631 20	-0.942 23	-0.731 14	0.282 32
25	21	-0.520 17	-0.623 24	-0.990 10	0.979 19	-0.901 21	0.979 22	-0.756 21	0.756 25	0.979 21	-0.520 24	-0.782 15	0.095 33
26	22	-0.270 18	-0.782 25	-0.999 11	0.998 20	-0.975 22	0.866 22	-0.866 22	0.866 26	0.999 22	-0.270 25	-0.623 16	0.282 34
27	0	0.000 19	-0.901 26	-0.972 12	0.942 21	-1.000 23	0.945 23	-0.945 23	0.945 27	0.999 23	-0.270 26	-0.434 18	-0.282 35
28	1	0.270 20	-0.975 27	-0.910 13	0.817 22	-0.975 24	0.631 24	-0.942 24	0.975 28	0.999 24	-0.270 27	-0.223 19	-0.458 36
29	2	0.520 21	-1.000 28	-0.815 14	0.631 23	-0.901 25	0.398 25	-0.631 25	0.975 29	0.999 25	-0.270 28	-0.223 20	-0.458 37
30	3	0.731 22	-0.975 29	-0.690 15	0.398 24	-0.782 26	0.398 26	-0.999 26	0.975 30	0.999 26	-0.270 29	-0.223 21	-0.756 38
31	4	0.888 23	-0.901 30	-0.541 11	0.136 25	-0.623 27	-0.910 19	-0.888 0	0.000 25	-0.999 27	0.731 2	0.434 22	-0.866 39

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

SUE ROBERTS  
6-22-1948

DAY	MAY			JUNE			JULY			AUGUST			
	I	II	III	I	II	III	I	II	III	I	II	III	
1	12	-0.136 10	0.782 9	0.990 20	-0.731 13	0.223 7	0.972 4	0.888 15	-0.223 4	0.690 12	-0.136 18	-0.782 2	0.372 8
2	13	-0.398 11	0.623 10	0.945 21	-0.520 14	-0.000 8	0.999 5	0.979 16	-0.434 5	0.815 13	-0.398 19	-0.901 3	0.541 9
3	14	-0.631 12	0.434 11	0.866 22	-0.270 15	-0.223 9	0.990 6	0.998 17	-0.623 6	0.910 14	-0.631 20	-0.975 4	0.690 10
4	15	-0.817 13	0.223 12	0.756 0	0.000 16	-0.434 10	0.945 7	0.942 18	-0.782 7	0.972 15	-0.817 21	-1.000 5	0.815 11
5	16	-0.942 14	-0.000 13	0.618 1	0.270 17	-0.623 11	0.866 8	0.817 19	-0.901 8	0.999 16	-0.942 22	-0.975 6	0.910 12
6	17	-0.998 15	-0.223 14	0.458 2	0.520 18	-0.782 12	0.756 9	0.631 20	-0.901 9	0.999 17	-0.998 23	-0.901 7	0.972 13
7	18	-0.888 16	-0.434 15	0.282 3	0.731 19	-0.901 13	0.618 10	0.398 21	-1.000 10	0.945 18	-0.979 24	-0.782 8	0.999 14
8	19	-0.979 17	-0.623 16	0.095 4	0.888 20	-0.975 14	0.458 11	0.136 22	-0.975 11	0.866 19	-0.888 25	-0.623 9	0.990 15
9	20	-0.731 18	-0.782 17	-0.095 5	0.979 21	-1.000 15	0.282 12	-0.136 23	-0.901 12	0.756 20	-0.731 26	-0.434 10	0.945 16
10	21	-0.520 19	-0.901 18	-0.282 6	0.998 22	-0.975 16	0.095 13	-0.398 24	-0.782 13	0.618 21	-0.520 27	-0.223 11	0.866 17
11	22	-0.270 20	-0.975 19	-0.458 7	0.817 24	-0.782 18	-0.282 14	-0.631 25	-0.623 14	0.458 22	-0.270 2	0.434 14	0.458 18
12	0	0.000 21	-1.000 20	-0.618 8	0.631 25	-0.623 19	-0.458 15	-0.942 27	-0.223 16	0.095 1	0.270 3	0.623 15	0.282 19
13	1	0.270 22	-0.975 21	-0.756 9	0.631 25	-0.623 19	-0.458 16	-0.942 27	-0.223 16	0.095 1	0.270 3	0.623 15	0.282 20
14	2	0.520 23	-0.901 22	-0.866 10	0.398 26	-0.434 20	-0.618 17	-0.979 0	0.000 17	-0.095 2	0.520 4	0.782 16	0.458 21
15	3	0.731 24	-0.782 23	-0.945 11	0.136 27	-0.223 21	0.756 18	-0.979 1	0.223 18	-0.282 3	0.731 4	0.782 17	0.095 22
16	4	0.888 25	-0.623 24	-0.990 12	0.136 27	-0.223 21	0.756 19	-0.888 2	0.434 19	-0.458 4	0.888 5	0.901 17	-0.095 23
17	5	0.979 26	-0.434 25	-0.999 13	0.136 27	-0.223 21	0.756 20	-0.731 3	0.623 20	-0.618 5	0.979 6	0.975 18	-0.282 24
18	6	0.979 26	-0.434 25	-0.999 13	0.136 27	-0.223 21	0.756 21	-0.520 4	0.782 21	-0.756 6	0.998 7	1.000 19	-0.458 25
19	7	0.998 27	-0.223 26	-0.972 14	0.434 24	-0.999 22	0.945 21	-0.520 4	0.782 21	-0.756 6	0.998 7	1.000 19	-0.458 26
20	8	0.942 0	0.000 27	-0.910 15	-0.817 3	0.623 25	-0.999 22	-0.270 5	0.901 22	-0.866 7	0.942 8	0.975 20	-0.618 27
21	9	0.817 1	0.223 28	-0.815 16	-0.942 4	0.782 26	-0.972 0	0.000 6	0.975 23	-0.945 8	0.817 9	0.901 21	-0.756 28
22	10	0.631 2	0.434 29	-0.690 17	0.979 5	0.975 28	-0.815 1	0.270 7	1.000 24	-0.990 9	0.631 10	0.782 22	-0.866 29
23	11	0.398 3	0.623 30	-0.541 18	-0.979 6	0.975 28	-0.815 2	0.520 8	0.975 25	-0.999 10	0.398 11	0.623 23	-0.945 30
24	12	0.136 4	0.782 31	-0.372 19	0.888 7	1.000 29	-0.690 3	0.731 9	0.901 26	-0.972 11	0.136 12	0.434 24	-0.990 31
25	13	-0.136 5	0.901 32	-0.189 20	0.731 8	0.975 30	-0.541 4	0.888 10	0.782 27	-0.910 12	-0.136 13	0.223 25	-0.999 32
26	14	-0.398 6	0.975 0	0.000 21	-0.520 9	0.901 31	-0.372 5	0.979 11	0.623 28	-0.815 13	-0.398 14	-0.000 26	-0.972 33
27	15	-0.631 7	1.000 1	0.189 22	-0.270 10	0.782 32	-0.189 6	0.998 12	0.434 29	-0.690 14	-0.631 15	-0.434 27	-0.910 34
28	16	-0.817 8	0.975 2	0.372 0	0.000 11	0.623 0	0.000 7	0.942 13	0.223 30	-0.541 15	-0.817 16	-0.434 28	-0.815 35
29	17	-0.998 10	0.782 4	0.690 2	0.520 13	0.223 2	0.372 9	0.631 15	-0.223 32	-0.189 17	-0.998 18	-0.782 30	-0.541 36
30	18	-0.979 11	0.623 5	0.815 3	0.731 14	-0.000 3	0.541 10	0.398 16	-0.434 31	-0.372 16	-0.942 17	-0.623 29	-0.690 37
31	19	-0.888 12	0.434 6	0.910 4	0.888 15	-0.223 4	0.690 11	0.136 17	-0.623 1	0.189 8	-0.888 20	-0.975 32	-0.189 38

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	I	II	III	DAY	I	II	III	DAY	I	II	III	DAY	I	II	III
1	12	-0.136 10	0.782 9	0.990 20	-0.731 13	0.223 7	0.972 4	0.888 15	-0.223 4	0.690 12	-0.136 18	-0.782 2	0.372 8		
2	13	-0.398 11	0.623 10	0.945 21	-0.520 14	-0.000 8	0.999 5	0.979 16	-0.434 5	0.815 13	-0.398 19	-0.901 3	0.541 9		
3	14	-0.631 12	0.434 11	0.866 22	-0.270 15	-0.223 9	0.990 6	0.998 17	-0.623 6	0.910 14	-0.631 20	-0.975 4	0.690 10		
4	15	-0.817 13	0.223 12	0.756 0	0.000 16	-0.434 10	0.945 7	0.942 18	-0.782 7	0.972 15	-0.817 21	-1.000 5	0.815 11		
5	16	-0.942 14	-0.000 13	0.618 1	0.270 17	-0.623 11	0.866 8	0.817 19	-0.901 8	0.999 16	-0.942 22	-0.975 6	0.910 12		
6	17	-0.998 15													

DAY	MAY			JUNE			JULY			AUGUST		
	I	II	III	I	II	III	I	II	III	I	II	III
1	16	-0.942	12	0.434	19	-0.458	1	0.270	15	-0.223	17	-0.095
2	17	-0.998	13	0.223	20	-0.618	2	0.520	16	-0.434	18	-0.282
3	18	-0.979	14	-0.000	21	-0.756	3	0.731	17	-0.623	19	-0.458
4	19	-0.888	15	-0.223	22	-0.866	4	0.888	18	-0.782	20	-0.618
5	20	-0.731	16	-0.434	23	-0.945	5	0.979	19	-0.901	21	-0.756
6	21	-0.520	17	-0.623	24	-0.990	6	0.998	20	-0.975	22	-0.866
7	22	-0.270	18	-0.782	25	-0.999	7	0.942	21	-1.000	23	-0.945
8	0	0.000	19	-0.901	26	-0.972	8	0.817	22	-0.975	24	-0.990
9	1	0.270	20	-0.975	27	-0.910	9	0.631	23	-0.901	25	-0.999
10	2	0.520	21	-1.000	28	-0.815	10	0.398	24	-0.782	26	-0.910
11	3	0.731	22	-0.975	29	-0.690	11	0.136	25	-0.623	27	-0.945
12	4	0.888	23	-0.901	30	-0.541	12	-0.136	26	-0.434	28	-0.866
13	5	0.979	24	-0.782	31	-0.372	13	-0.398	27	-0.223	29	-0.990
14	6	0.998	25	-0.623	32	-0.189	14	-0.631	28	-0.000	30	-0.999
15	7	0.942	26	-0.434	0	0.000	15	-0.817	1	0.223	31	-0.910
16	8	0.817	27	-0.223	1	0.189	16	-0.942	2	0.434	32	-0.910
17	9	0.631	28	-0.000	2	0.372	17	-0.998	3	0.623	0	0.000
18	10	0.398	29	0.223	3	0.541	18	-0.979	4	0.782	1	0.189
19	11	0.136	30	0.434	4	0.690	19	-0.888	5	0.901	2	0.372
20	12	-0.136	31	0.623	5	0.815	20	-0.731	6	0.975	3	0.541
21	13	-0.398	0	0.782	6	0.910	21	-0.520	7	1.000	4	0.690
22	14	-0.631	1	0.901	7	0.972	22	-0.270	8	0.975	5	0.815
23	15	-0.817	2	1.000	8	0.999	0	0.000	9	0.901	6	0.972
24	16	-0.942	3	1.000	9	0.990	1	0.270	10	0.782	7	0.975
25	17	-0.998	4	0.975	10	0.945	2	0.520	11	0.623	8	0.901
26	18	-0.979	5	0.901	11	0.866	3	0.731	12	0.434	9	0.690
27	19	-0.888	6	0.782	12	0.756	4	0.888	13	0.223	10	0.541
28	20	-0.731	7	0.623	13	0.618	5	0.979	14	-0.000	11	0.815
29	21	-0.520	8	0.434	14	0.458	6	0.998	15	-0.223	12	0.972
30	22	-0.270	9	0.223	15	0.282	7	0.942	16	-0.434	13	0.990
31	0	0.000	10	-0.000	16	0.095	8	0.817	17	-0.623	14	0.990

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	JANUARY			FEBRUARY			MARCH			APRIL		
	I	II	III	I	II	III	I	II	III	I	II	III
1	10	0.398	3	0.623	30	-0.541	18	-0.979	6	0.975	28	-0.815
2	11	0.136	4	0.782	31	-0.372	19	-0.888	7	1.000	29	-0.690
3	12	-0.136	5	0.901	32	-0.189	20	-0.731	8	0.975	30	-0.541
4	13	-0.398	6	0.975	0	0.000	21	-0.520	9	0.901	31	-0.372
5	14	-0.631	7	1.000	1	0.189	22	-0.270	10	0.782	32	-0.189
6	15	-0.817	8	0.975	2	0.372	0	0.000	11	0.623	0	0.000
7	16	-0.942	9	0.901	3	0.541	1	0.270	12	0.434	1	0.189
8	17	-0.998	10	0.782	4	0.690	2	0.520	13	0.223	2	0.372
9	18	-0.979	11	0.623	5	0.815	3	0.731	14	-0.000	3	0.541
10	19	-0.888	12	0.434	6	0.910	4	0.888	15	-0.223	4	0.690
11	20	-0.731	13	0.223	7	0.972	5	0.979	16	-0.434	5	0.815
12	21	-0.520	14	-0.000	8	0.999	6	0.998	17	-0.623	6	0.972
13	22	-0.270	15	-0.223	9	0.990	7	0.942	18	-0.782	7	0.975
14	0	0.000	16	-0.434	10	0.945	8	0.817	19	-0.901	8	0.901
15	1	0.270	17	-0.623	11	0.866	9	0.631	20	-0.975	9	0.690
16	2	0.520	18	-0.782	12	0.756	10	0.398	21	-1.000	10	0.541
17	3	0.731	19	-0.901	13	0.618	11	0.136	22	-0.942	11	0.815
18	4	0.888	20	-0.975	14	0.458	12	-0.136	23	-0.901	12	0.972
19	5	0.979	21	-1.000	15	0.282	13	-0.398	24	-0.623	13	0.990
20	6	0.998	22	-0.975	16	0.095	14	-0.631	25	-0.434	14	0.990
21	7	0.942	23	-0.901	17	-0.095	15	-0.817	26	-0.434	15	0.990
22	8	0.817	24	-0.782	18	-0.282	16	-0.942	27	-0.223	16	0.990
23	9	0.631	25	-0.623	19	-0.458	17	-0.998	0	0.000	17	0.945
24	10	0.398	26	-0.434	20	-0.618	18	-0.979	1	0.223	18	0.866
25	11	0.136	27	-0.223	21	-0.756	19	-0.888	2	0.434	19	0.756
26	12	-0.136	0	0.000	22	-0.866	20	-0.731	3	0.623	20	0.618
27	13	-0.398	1	0.223	23	-0.945	21	-0.520	4	0.782	21	0.458
28	14	-0.631	2	0.434	24	-0.990	22	-0.270	5	0.901	22	0.282
29	15	-0.817	3	0.623	25	-0.999	0	0.000	6	0.975	23	0.095
30	16	-0.942	4	0.782	26	-0.972	1	0.270	7	1.000	24	0.095
31	17	-0.998	5	0.901	27	-0.910	2	0.520	8	0.975	25	0.282

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

DAY	JANUARY			FEBRUARY			MARCH			APRIL		
	I	II	III	I	II	III	I	II	III	I	II	III
1	14-0.631	8-0.975	7-0.972	22-0.270	11-0.623	5-0.815	4-0.888	11-0.623	0-0.000	12-0.136	14-0.000	31-0.372
2	15-0.817	9-0.901	8-0.999	0-0.000	12-0.434	6-0.972	5-0.979	12-0.434	1-0.189	13-0.398	15-0.223	32-0.189
3	16-0.942	10-0.782	9-0.990	1-0.270	13-0.223	7-0.910	6-0.998	13-0.223	2-0.372	14-0.631	16-0.434	0-0.000
4	17-0.998	11-0.623	10-0.945	2-0.520	14-0.000	8-0.999	7-0.942	14-0.000	3-0.541	15-0.817	17-0.623	1-0.189
5	18-0.979	12-0.434	11-0.866	3-0.731	15-0.223	9-0.990	8-0.817	15-0.223	4-0.690	16-0.942	18-0.782	2-0.372
6	19-0.888	13-0.223	12-0.756	4-0.888	16-0.434	10-0.866	9-0.631	16-0.434	5-0.815	17-0.998	19-0.901	3-0.541
7	20-0.731	14-0.000	13-0.618	5-0.979	17-0.623	11-0.866	10-0.398	17-0.623	6-0.910	18-0.979	20-0.975	4-0.690
8	21-0.520	15-0.223	14-0.458	6-0.998	18-0.782	12-0.756	11-0.136	18-0.782	7-0.999	19-0.888	21-1.000	5-0.910
9	22-0.270	16-0.434	15-0.282	7-0.942	19-0.901	13-0.618	12-0.136	19-0.901	8-0.999	20-0.731	22-0.975	6-0.910
10	0-0.000	17-0.623	16-0.095	8-0.817	20-0.975	14-0.458	13-0.398	20-0.975	9-0.990	21-0.520	23-0.901	7-0.972
11	1-0.270	18-0.782	17-0.095	9-0.631	21-1.000	15-0.282	14-0.631	21-1.000	10-0.945	22-0.270	24-0.782	8-0.999
12	2-0.520	19-0.901	18-0.282	10-0.398	22-0.975	16-0.095	15-0.888	22-0.975	11-0.866	23-0.520	25-0.623	9-0.945
13	3-0.731	20-0.975	19-0.458	11-0.136	23-0.901	17-0.095	16-0.998	23-0.901	12-0.756	24-0.942	26-0.434	10-0.945
14	4-0.979	21-1.000	20-0.756	12-0.398	24-0.782	18-0.458	17-0.979	24-0.782	13-0.618	25-0.270	27-0.223	11-0.756
15	5-0.979	22-0.901	21-0.756	13-0.398	25-0.623	19-0.458	18-0.979	25-0.623	14-0.458	26-0.623	28-0.434	12-0.756
16	6-0.998	23-0.901	22-0.866	14-0.631	26-0.434	20-0.618	19-0.888	26-0.434	15-0.815	27-0.942	29-0.901	13-0.618
17	7-0.942	24-0.782	23-0.945	15-0.817	27-0.223	21-0.756	20-0.731	27-0.223	16-0.945	28-0.979	30-0.945	14-0.458
18	8-0.817	25-0.623	24-0.945	16-0.817	28-0.223	22-0.945	21-0.520	28-0.223	17-0.866	31-0.942	1-0.000	15-0.282
19	9-0.631	26-0.434	25-0.999	17-0.998	29-0.901	23-0.945	22-0.000	29-0.901	18-0.817	2-0.270	2-0.223	16-0.458
20	10-0.398	27-0.223	26-0.999	18-0.998	30-0.975	24-0.990	23-0.000	30-0.975	19-0.817	3-0.520	3-0.434	17-0.945
21	11-0.136	0-0.000	27-0.910	19-0.888	3-0.623	25-0.999	1-0.270	3-0.623	20-0.618	4-0.782	4-0.975	18-0.282
22	12-0.136	1-0.223	28-0.815	20-0.731	4-0.782	26-0.972	2-0.520	4-0.782	21-0.756	5-0.979	5-0.975	19-0.458
23	13-0.398	2-0.434	29-0.690	21-0.520	5-0.901	27-0.910	3-0.731	5-0.901	22-0.866	6-0.979	6-0.975	20-0.618
24	14-0.631	3-0.623	30-0.541	22-0.270	6-0.975	28-0.815	4-0.888	6-0.975	23-0.945	7-0.942	7-0.975	21-0.756
25	15-0.817	4-0.782	31-0.372	0-0.000	7-1.000	29-0.690	5-0.979	7-1.000	24-0.990	8-0.979	8-0.975	22-0.945
26	16-0.942	5-0.901	32-0.189	1-0.270	8-0.975	30-0.541	6-0.998	8-0.975	25-0.999	9-0.979	9-0.975	23-0.945
27	17-0.998	6-0.975	0-0.000	2-0.520	9-0.901	31-0.372	7-0.942	9-0.901	26-0.972	10-0.817	10-0.975	24-0.945
28	18-0.998	7-1.000	1-0.189	3-0.731	10-0.782	32-0.189	8-0.817	10-0.782	27-0.942	11-0.631	11-0.975	25-0.945
29	19-0.888	8-0.975	2-0.372	4-0.888	11-0.623	0-0.000	9-0.631	11-0.623	28-0.815	12-0.942	12-0.975	26-0.972
30	20-0.731	9-0.901	3-0.541	5-0.979	12-0.434	1-0.189	10-0.398	12-0.434	29-0.690	13-0.942	13-0.975	27-0.910
31	21-0.520	10-0.782	4-0.690	6-0.998	13-0.223	2-0.372	11-0.136	13-0.223	30-0.541	14-0.888	14-0.434	28-0.815

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33-DAYS)

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER		
	I	II	III	I	II	III	I	II	III	I	II	III
1	1-0.270	23-0.901	10-0.945	8-0.817	25-0.623	7-0.972	16-0.942	0-0.000	5-0.815	0-0.000	2-0.434	2-0.372
2	2-0.520	24-0.782	11-0.866	9-0.631	26-0.434	8-0.999	17-0.998	1-0.223	6-0.910	1-0.270	3-0.623	3-0.541
3	3-0.731	25-0.623	12-0.756	10-0.398	27-0.223	9-0.990	18-0.979	2-0.434	7-0.972	2-0.520	4-0.782	4-0.690
4	4-0.888	26-0.434	13-0.618	11-0.136	0-0.000	10-0.945	19-0.888	3-0.623	8-0.999	3-0.731	5-0.901	5-0.815
5	5-0.979	27-0.223	14-0.458	12-0.136	1-0.223	11-0.866	20-0.731	4-0.782	9-0.990	4-0.888	6-0.975	6-0.910
6	6-0.998	0-0.000	15-0.282	13-0.398	2-0.434	12-0.756	21-0.520	5-0.901	10-0.945	5-0.979	7-1.000	7-0.972
7	7-0.942	1-0.223	16-0.095	14-0.631	3-0.623	13-0.618	22-0.270	6-0.975	11-0.866	6-0.998	8-0.975	8-0.999
8	8-0.817	2-0.434	17-0.095	15-0.817	4-0.782	14-0.458	0-0.000	7-1.000	12-0.756	7-0.942	9-0.901	9-0.990
9	9-0.631	3-0.623	18-0.282	16-0.942	5-0.901	15-0.282	1-0.270	8-0.817	13-0.618	8-0.817	10-0.782	10-0.945
10	10-0.398	4-0.782	19-0.458	17-0.998	6-0.975	16-0.095	2-0.520	9-0.901	14-0.458	9-0.631	11-0.623	11-0.866
11	11-0.136	5-0.901	20-0.618	18-0.979	7-1.000	17-0.095	3-0.731	10-0.782	15-0.282	10-0.398	12-0.434	12-0.756
12	12-0.136	6-0.975	21-0.756	19-0.888	8-0.975	18-0.282	4-0.888	11-0.623	16-0.095	11-0.136	13-0.223	13-0.618
13	13-0.398	7-1.000	22-0.866	20-0.731	9-0.901	19-0.458	5-0.979	12-0.434	17-0.095	12-0.136	14-0.000	14-0.458
14	14-0.631	8-0.975	23-0.945	21-0.520	10-0.782	20-0.618	6-0.998	13-0.623	18-0.282	13-0.398	15-0.223	15-0.282
15	15-0.817	9-0.901	24-0.990	22-0.270	11-0.623	21-0.756	7-0.942	14-0.458	19-0.999	14-0.631	16-0.434	16-0.458
16	16-0.942	10-0.782	25-0.999	0-0.000	12-0.434	22-0.866	8-0.817	15-0.631	20-0.972	15-0.817	17-0.623	17-0.282
17	17-0.998	11-0.623	26-0.999	1-0.270	13-0.223	23-0.945	9-0.631	16-0.815	21-0.520	16-0.942	18-0.782	18-0.282
18	18-0.979	12-0.434	27-0.910	2-0.520	14-0.000	24-0.945	10-0.398	17-0.866	22-0.270	17-0.998	19-0.901	19-0.458
19	19-0.888	13-0.223	28-0.815	3-0.731	15-0.223	25-0.999	11-0.136	18-0.945	23-0.945	18-0.979	20-0.975	20-0.618
20	20-0.731	14-0.000	29-0.690	4-0.888	16-0.434	26-0.972	12-0.136	19-0.990	24-0.945	19-0.888	21-1.000	21-0.756
21	21-0.520	15-0.223	30-0.541	5-0.979	17-0.623	27-0.910	13-0.398	20-0.999	25-0.999	20-0.731	22-0.975	22-0.866
22	22-0.270	16-0.434	31-0.372	6-0.998	18-0.782	28-0.815	14-0.631	21-0.520	26-0.972	21-0.520	23-0.901	23-0.945
23	0-0.000	17-0.623	32-0.189	7-0.942	19-0.901	29-0.690	15-0.817	22-0.270	27-0.910	22-0.270	24-0.782	24-0.990
24	1-0.270	18-0.782	0-0.000	8-0.817	20-0.623	30-0.541	16-0.942	23-0.945	28-0.815	23-0.520	25-0.623	25-0.999
25	2-0.520	19-0.901	1-0.189	9-0.631	21-1.000	31-0.372	17-0.979	24-0.782	29-0.690	24-0.270	26-0.434	26-0.972
26	3-0.731	20-0.975	2-0.372	10-0.398	22-0.975	32-0.189	18-0.979	25-0.623	30-0.541	25-0.520	27-0.223	27-0.910
27	4-0.888	21-1.000	3-0.541	11-0.136	23-0.901	0-0.000	19-0.888	26-0.434	31-0.372	26-0.731	28-0.815	28-0.815
28	5-0.979	22-0.975	4-0.690	12-0.136	24-0.782	1-0.189	20-0.979	27-0.942	32-0.189	27-0.520	29-0.901	29-0.945
29	6-0.998	23-0.901	5-0.815	13-0.398	25-0.623	2-0.372	21-0.520	28-0.815	33-0.372	28-0.942	30-0.975	30-0.972
30	7-0.942	24-0.782	6-0.910	14-0.631	26-0.434	3-0.541	22-0.270	29-0.690	34-0.541	29-0.888	31-0.972	31-0.972
31	8-0.817	25-0.623	7-0.972	15-0.817	27-0.223	4-0.690	23-0.000	30-0.541	35-0.372	30-0.942	32-0.815	32-0.189

DEBBIE AUSTIN  
 2-1-1948

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER		
	I	II	III	I	II	III	I	II	III	I	II	III
1	1-0.270	23-0.901	10-0.945	8-0.817	25-0.623	7-0.972	16-0.942	0-0.000	5-0.815	0-0.000	2-0.434	2-0.372
2	2-0.520	24-0.782	11-0.866	9-0.631	26-0.434	8-0.999	17-0.998	1-0.223	6-0.910	1-0.270	3-0.623	3-0.541
3	3-0.731	25-0.623	12-0.756	10-0.398	27-0.223	9-0.990	18-0.979	2-0.434	7-0.972	2-0.520	4-0.782	4-0.690
4	4-0.888	26-0.434	13-0.618	11-0.136	0-0.000	10-0.945	19-0.888	3-0.623	8-0.999	3-0.731	5-0.901	5-0.815
5	5-0.979	27-0.223	14-0.458	12-0.136	1-0.223	11-0.866	20-0.731	4-0.782	9-0.990	4-0.888	6-0.975	6-0.910
6	6-0.998	0-0.000	15-0.282	13-0.398	2-0.434	12-0.756	21-0.520	5-0.901	10-0.945	5-0.979	7-1.000	7-0.972
7	7-0.942	1-0.223	16-0.095	14-0.631	3-0.623	13-0.618	22-0.270	6-0.975	11-0.866	6-0.998	8-0.975	8-0.999
8	8-0.817	2-0.434	17-0.095	15-0.817	4-0.782	14-0.458	0-0.000	7-1.000	12-0.756	7-0.942	9-0.901	9-0.990
9	9-0.631	3-0.623	18-0.282	16-0.942	5-0.901	15-0.282	1-0.270	8-0.81				

JOYCE KAZMIERSKI

8-14-1945

DAY	SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	4	0.888	27	-0.223	19	-0.458	11	0.136	1	0.223	16	0.095	19	-0.388	4	0.782	14	0.458	3	0.731	6	0.975	11	0.866
2	5	0.979	0	0.000	20	-0.618	12	-0.136	2	0.434	17	-0.095	20	-0.731	5	0.901	15	0.282	4	0.888	7	1.000	12	0.756
3	6	0.996	1	0.223	21	-0.756	13	-0.398	3	0.623	18	-0.282	21	-0.520	6	0.975	16	0.095	5	0.979	8	0.975	13	0.458
4	7	0.942	2	0.434	22	-0.866	14	-0.631	4	0.782	19	-0.458	22	-0.270	7	1.000	17	-0.095	6	0.998	9	0.901	14	0.866
5	8	0.817	3	0.623	23	-0.945	15	-0.817	5	0.901	20	-0.756	1	0.270	8	0.975	18	-0.282	7	0.942	10	0.782	15	0.282
6	9	0.631	4	0.782	24	-0.996	16	-0.942	6	0.975	21	-0.866	2	0.520	9	0.901	19	-0.458	8	0.817	11	0.623	16	0.095
7	10	0.398	5	0.901	25	-0.999	17	-0.998	7	1.000	22	-0.866	3	0.731	10	0.782	20	-0.095	9	0.631	12	0.434	17	-0.095
8	11	0.136	6	0.975	26	-0.972	18	-0.979	8	0.975	23	-0.945	4	0.888	11	0.623	21	-0.756	10	0.398	13	0.223	18	0.282
9	12	-0.136	7	1.000	27	-0.910	19	-0.888	9	0.901	24	-0.990	5	0.888	12	0.434	22	-0.866	11	0.136	14	-0.000	19	-0.458
10	13	-0.398	8	0.975	28	-0.815	20	-0.731	10	0.782	25	-0.999	6	0.979	13	0.223	23	-0.945	12	-0.136	15	-0.223	20	-0.618
11	14	-0.631	9	0.901	29	-0.690	21	-0.520	11	0.623	26	-0.972	7	0.942	14	-0.000	24	-0.990	13	-0.398	16	-0.434	21	-0.756
12	15	-0.817	10	0.782	30	-0.541	22	-0.270	12	0.434	27	-0.910	8	0.817	15	-0.434	25	-0.999	14	-0.631	17	-0.623	22	-0.866
13	16	-0.942	11	0.623	31	-0.372	23	-0.000	13	0.223	28	-0.815	9	0.817	16	-0.434	26	-0.972	15	-0.817	18	-0.782	23	-0.945
14	17	-0.998	12	0.434	32	-0.189	24	0.270	14	-0.000	29	-0.690	10	0.631	17	-0.623	27	-0.815	16	-0.942	19	-0.901	24	-0.990
15	18	-0.979	13	0.223	0	0.000	25	0.520	15	-0.223	30	-0.541	11	0.398	18	-0.901	28	-0.815	17	-0.998	20	-0.975	25	-0.999
16	19	-0.888	14	-0.000	1	0.189	26	0.731	16	-0.434	31	-0.372	12	0.136	19	-0.901	29	-0.690	18	-0.979	21	-1.000	26	-0.972
17	20	-0.731	15	-0.223	2	0.372	27	0.888	17	-0.623	32	-0.189	13	-0.136	20	-0.000	30	-0.541	19	-0.888	22	-0.975	27	-0.910
18	21	-0.520	16	-0.434	3	0.541	28	0.979	18	-0.782	0	0.000	14	-0.631	21	-0.756	31	-0.372	20	-0.731	23	-0.901	28	-0.815
19	22	-0.270	17	-0.623	4	0.690	29	0.979	19	-0.817	1	0.189	15	-0.631	22	-0.866	0	0.000	21	-0.520	24	-0.975	29	-0.690
20	0	0.000	18	-0.782	5	0.815	30	0.817	20	-0.901	2	0.270	16	-0.817	3	0.623	1	0.189	22	-0.270	25	-0.975	30	-0.999
21	1	0.270	19	-0.901	6	0.910	31	0.942	21	-0.979	3	0.541	17	-0.942	4	0.782	2	0.372	23	0.270	26	-0.434	31	-0.999
22	2	0.520	20	-0.975	7	0.972	0	0.631	22	-0.975	4	0.690	18	-0.998	5	0.815	3	0.541	24	0.520	27	-0.223	32	-0.189
23	3	0.731	21	-1.000	8	0.999	1	0.398	23	-0.975	5	0.815	19	-0.998	6	0.910	4	0.690	25	0.731	28	-0.434	0	0.000
24	4	0.888	22	-0.975	9	0.990	2	0.136	24	-0.782	6	0.910	20	-0.888	7	0.975	5	0.815	26	0.888	29	-0.782	1	0.189
25	5	0.998	23	-0.901	10	0.945	3	0.136	25	-0.623	7	0.972	21	-0.979	8	0.975	6	0.815	27	0.979	30	-0.901	2	0.372
26	6	0.998	24	-0.782	11	0.866	4	0.398	26	-0.434	8	0.999	22	-0.520	9	0.975	7	0.910	28	0.979	31	-0.372	3	0.541
27	7	0.942	25	-0.623	12	0.756	5	0.631	27	-0.223	9	0.990	23	-0.270	10	0.975	8	0.815	29	0.979	32	-0.372	4	0.690
28	8	0.817	26	-0.434	13	0.618	6	0.631	28	-0.817	0	0.000	24	-0.434	11	0.945	9	0.782	30	0.979	0	0.000	5	0.815
29	9	0.631	27	-0.223	14	0.458	7	0.817	29	-0.817	1	0.189	25	-0.631	12	0.945	10	0.690	31	0.979	1	0.189	6	0.910
30	10	0.398	0	0.000	15	0.282	8	0.942	30	-0.942	2	0.270	26	-0.817	13	0.945	11	0.690	0	0.000	2	0.372	7	0.942
31	11	0.136	1	0.223	16	0.095	9	0.979	31	-0.979	3	0.541	27	-0.942	14	0.945	12	0.690	1	0.189	3	0.541	8	0.910

I STANDS FOR THE PHYSICAL CYCLE (23 DAYS)  
 II STANDS FOR THE EMOTIONAL CYCLE (28 DAYS)  
 III STANDS FOR THE INTELLECTUAL CYCLE (33 DAYS)

JOYCE KAZMIERSKI

8-14-1945

DAY	MAY			JUNE			JULY			AUGUST														
	I	II	III	I	II	III	I	II	III	I	II	III												
1	19	-0.888	16	-0.434	28	-0.815	4	0.888	19	-0.901	26	-0.972	11	0.136	21	-1.000	23	-0.945	19	-0.888	24	-0.782	21	-0.756
2	20	-0.731	17	-0.623	29	-0.690	5	0.979	20	-0.975	27	-0.910	12	-0.136	22	-0.975	24	-0.990	20	-0.731	25	-0.623	22	-0.866
3	21	-0.520	18	-0.782	30	-0.541	6	0.998	21	-1.000	28	-0.815	13	-0.398	23	-0.901	25	-0.999	21	-0.520	26	-0.434	23	-0.945
4	22	-0.270	19	-0.901	31	-0.372	7	0.942	22	-0.975	29	-0.690	14	-0.631	24	-0.782	26	-0.972	22	-0.270	27	-0.223	24	-0.990
5	0	0.000	20	-0.975	32	-0.189	8	0.817	23	-0.901	30	-0.541	15	-0.817	25	-0.623	27	-0.910	23	0.000	0	0.000	25	-0.999
6	1	0.270	21	-1.000	0	0.000	9	0.631	24	-0.782	31	-0.372	16	-0.942	26	-0.434	28	-0.815	1	0.270	1	0.223	26	-0.972
7	2	0.520	22	-0.975	1	0.189	10	0.398	25	-0.623	32	-0.189	17	-0.998	27	-0.223	29	-0.690	2	0.520	2	0.434	27	-0.910
8	3	0.731	23	-0.901	2	0.372	11	0.136	26	-0.434	0	0.000	18	-0.979	0	0.000	30	-0.541	3	0.731	3	0.623	28	-0.815
9	4	0.888	24	-0.782	3	0.541	12	-0.136	27	-0.223	1	0.189	19	-0.888	1	0.223	31	-0.372	4	0.888	4	0.782	29	-0.690
10	5	0.979	25	-0.623	4	0.690	13	-0.398	0	0.000	2	0.372	20	-0.731	2	0.434	32	-0.189	5	0.979	5	0.901	30	-0.541
11	6	0.998	26	-0.434	5	0.815	14	-0.631	1	0.223	3	0.541	21	-0.520	3	0.623	0	0.000	6	0.998	6	0.975	31	-0.372
12	7	0.942	27	-0.223	6	0.910	15	-0.817	2	0.434	4	0.690	22	-0.270	4	0.782	1	0.189	7	0.942	7	1.000	32	-0.189
13	8	0.817	0	0.000	7	0.972	16	-0.942	3	0.623	5	0.815	23	-0.000	5	0.901	2	0.372	8	0.817	8	0.975	0	0.000
14	9	0.631	1	0.223	8	0.999	17	-0.998	4	0.782	6	0.910	1	0.270	6	0.975	3	0.541	9	0.631	9	0.901	1	0.189
15	10	0.398	2	0.434	9	0.990	18	-0.979	5	0.901	7	0.972	2	0.520	7	1.000	4	0.690	10	0.398	10	0.782	2	0.372
16	11	0.136	3	0.623	10	0.945	19	-0.888	6	0.975	8	0.999	3	0.731	8	0.975	5	0.815	11	0.136	11	0.623	3	0.541
17	12	-0.136	4	0.782	11	0.866	20	-0.731	7	1.000	9	0.990	4	0.888	9	0.901	6	0.910	12	-0.136	12	0.434	4	0.690
18	13	-0.398	5	0.901	12	0.756	21	-0.520	8	0.975	10	0.945	5	0.979	10	0.782	7	0.972	13	-0.398	13	0.223	5	0.815
19	14	-0.631	6	0.975	13	0.618	22	-0.270	9	0.901	11	0.866	6	0.998	11	0.623	8	0.999	14	-0.631	14	-0.000	6	0.910
20	15	-0.817	7	1.000	14	0.458	23	-0.270	0	0.000	12	0.756	7	0.942	12	0.434	9	0.990	15	-0.817	15	-0.223	7	0.972
21	16	-0.942	8	0.975	15	0.282	24	0.270	1	0.270	13	0.618	8	0.817	13	0.223	10	0.945	16	-0.942	16	-0.434	8	0.999
22	17	-0.998	9	0.901	16	0.095	25	0.520	2	0.434	14	0.458	9	0.631	14	-0.000	11	0.866	17	-0.998	17	-0.623	9	0.990
23	18	-0.979	10	0.782	17	-0.095	26	0.731	3	0.623	15	0.282	10	0.398	15	-0.223	12	0.756	18	-0.979	18	-0.782	10	0.945
24	19	-0.888	11	0.623	18	-0.282	27	0.888	4	0.888	16	0.095	11	0.136	16	-0.434	13	0.618	19	-0.888	19	-0.901	11	0.866
25	20	-0.731	12	0.434	19	-0.458	28	0.979	5	0.998														

APPENDIX D

MIXED BIORHYTHM CYCLE: TREATMENT

GROUP INDICES

APPENDIX D-1

Mixed Biorhythm Cycle: Treatment  
Group Indices--C, Mann

Dates of Tourneys	Mixed Cycle	Treatment Group*
January 31	.205	1
February 1	.182	1
February 2	.160	1
February 7	.065	1
February 8	.037	3
February 9	.002	3
March 27	.327	1
March 28	.354	1
March 29	.353	1
April 17	.349	1
April 18	.410	1
April 19	.443	1
April 20	.445	1
April 25	.007	3
April 26	-.134	2
April 27	.271	2
May 2	-.656	2
May 3	-.626	2
May 4	-.558	2
May 23	-.270	2
May 24	-.421	2
May 25	-.547	2
May 29	-.705	2
May 30	-.654	2
May 31	-.572	2
June 1	-.465	2
June 6	.188	1
June 7	.293	1
June 8	.378	1
June 13	.461	1
June 14	.420	1
June 15	.367	1
June 27	-.253	2
June 28	-.289	2
June 29	-.322	2
July 4	-.392	2
July 5	-.370	2
July 6	-.331	2



Mixed Biorhythm Cycle: Treatment Group  
Indices--C. Mann (Continued)

Dates of Toursneys	Mixed Cycle	Treatment Group*
July 11	.114	1
July 12	.234	1
July 13	.353	1
July 25	-.082	2
July 26	-.261	2
July 27	-.432	2
August 15	.793	1
August 16	.720	1
August 17	.608	1
August 22	-.219	2
August 23	-.366	2
August 24	-.486	2
September 5	.263	1
September 6	.329	1
September 7	.367	1
September 19	-.232	2
September 20	-.211	2
September 21	-.168	2
October 17	-.046	2
October 18	.053	1
October 19	.148	1
November 14	-.108	2
November 15	-.110	2
November 16	-.115	2
November 21	-.110	2
November 22	-.083	2
November 23	.043	1
December 5	.409	1
December 6	.318	1
December 7	.202	1
December 13	-.669	1
December 14	.761	1

\*Treatment group was utilized for ANOVA.

## APPENDIX D-2

Mixed Biorhythm Cycle: Treatment  
Group Indices--S. Palmer

Dates of Toursneys	Mixed Cycle	Treatment Group*
February 7	.327	1
February 8	.140	1
February 9	-.045	2
March 21	-.249	2
March 22	-.300	2
March 23	-.344	2
March 27	-.368	2
March 28	-.325	2
March 29	-.262	2
April 17	-.299	2
April 18	-.386	2
April 19	-.449	2
April 20	-.482	2
April 25	-.227	2
April 26	-.119	2
April 27	-.008	3
May 2	.353	1
May 3	.353	1
May 4	.325	1
May 9	-.076	2
May 10	-.161	2
May 11	-.232	2
May 23	.410	1
May 24	.443	1
May 25	.445	1
May 29	.141	1
May 30	.007	3
May 31	-.134	2
June 1	-.274	2
June 6	-.656	2
June 7	-.626	2
June 8	-.558	2
June 13	.186	1
June 14	.352	1
June 15	.502	1
June 20	.739	1
June 21	.573	1
June 22	.552	1
June 27	-.270	2
June 28	-.421	2
June 29	-.547	2
July 11	.188	1
July 12	.293	1
July 13	.378	1

Mixed Biorhythm Cycle: Treatment Group  
Indices--S. Palmer (Continued)

Dates of Toursneys	Mixed Cycle	Treatment Group*
July 25	.058	2
July 26	.003	3
July 27	-.047	2
August 15	.115	1
August 16	.234	1
August 17	.353	1
August 22	.696	1
August 23	.677	1
August 24	.622	1
September 5	-.851	2
September 6	-.810	2
September 7	-.724	2
September 12	.136	1
September 13	.327	1
September 14	.498	1
September 19	.793	1
September 20	.720	1
September 21	.608	1
October 23	-.230	2
October 24	-.232	2
October 25	-.211	2
October 26	-.168	2
November 14	-.397	2
November 15	-.411	2
November 16	-.402	2
November 21	-.046	2
November 22	.053	1
November 23	.148	1
December 5	.020	3
December 6	-.045	2
December 7	-.101	2
December 13	-.185	2
December 14	-.168	2

\*Treatment group was utilized for ANOVA.

## APPENDIX D-3

Mixed Biorhythm Cycle: Treatment  
Group Indices--J. A. Carner

Dates of Toursneys	Mixed Cycle	Treatment Group*
February 7	-.208	2
February 8	-.271	2
February 9	-.331	2
February 21	.267	1
February 22	.411	1
February 23	.543	1
March 27	.897	1
March 28	.804	1
March 29	.670	1
April 17	.206	1
April 18	.292	1
April 19	.353	1
April 20	.387	1
April 25	.231	1
April 26	.165	1
April 27	.102	1
May 2	-.066	2
May 3	-.062	2
May 4	-.048	2
May 9	.034	3
May 10	.031	3
May 11	.017	3
May 23	-.159	2
May 24	-.099	2
May 25	-.029	3
May 29	.259	1
May 30	.308	1
May 31	.339	1
June 1	.35	1
June 6	.124	1
June 7	.044	3
June 8	.073	1
June 13	-.278	2
June 14	-.272	2
June 15	-.248	2
June 20	.027	3
June 21	.078	1
June 22	.117	1
June 27	.065	1
June 28	.013	3
June 29	-.044	3
July 11	.270	1
July 12	.355	1
July 13	.422	1

Mixed Biorhythm Cycle: Treatment Group  
Indices--J. A. Carner (Continued)

Dates of Tourneys	Mixed Cycle	Treatment Group*
July 25	-.612	2
July 26	-.701	2
July 27	-.753	2
August 15	.338	1
August 16	.131	1
August 17	-.082	2
August 22	-.849	2
August 23	-.887	2
August 24	-.877	2
September 5	.648	1
September 6	.665	1
September 7	.649	1
September 19	-.302	2
September 20	-.323	2
September 21	-.333	2
November 14	.258	1
November 15	.115	1
November 16	-.031	3
November 21	-.499	2
November 22	-.502	2
November 23	-.472	2
December 5	.303	1
December 6	.238	1
December 7	.153	1
December 13	-.345	2
December 14	-.361	2

\*Treatment group was utilized for ANOVA.

## APPENDIX D-4

Mixed Biorhythm Cycle: Treatment  
Group Indices--S. Haynie

Dates of Tourneys	Mixed Cycle	Treatment Group*
January 31	-.173	2
February 1	-.127	2
February 2	-.067	2
February 7	.254	1
February 8	.280	1
February 9	.281	1
March 27	.402	1
March 28	.556	1
March 29	.678	1
April 17	-.481	2
April 18	-.422	2
April 19	-.353	2
April 20	-.277	2
April 25	.069	1
April 26	.119	1
April 27	.162	1
May 2	.304	1
May 3	.322	1
May 4	.337	1
May 23	-.575	2
May 24	-.511	2
May 25	-.418	2
May 29	.151	1
May 30	.306	1
May 31	.449	1
June 1	.570	1
June 13	-.372	2
June 14	-.503	2
June 15	-.604	2
June 27	.399	1
June 28	.471	1
June 29	.508	1
July 11	-.344	2
July 12	-.332	2
July 13	-.300	2
July 25	.213	1
July 26	.114	1
July 27	.021	3
August 15	.566	1
August 16	.552	1
August 17	.509	1

Mixed Biorhythm Cycle: Treatment Group  
Indices--S. Haynie (Continued)

Dates of Tourney	Mixed Cycle	Treatment Group*
August 22	-.029	3
August 23	-.153	2
August 24	-.265	2
September 5	-.007	3
September 6	.070	1
September 7	.137	1
September 19	.190	1
September 20	.175	1
September 21	.158	1
November 14	.896	1
November 15	.910	1
November 16	.876	1
November 21	.156	1
November 22	-.032	3
November 23	-.211	2
December 5	-.037	2
December 6	.076	1
December 7	.174	1

\*Treatment group was utilized for ANOVA.

## APPENDIX D-5

Mixed Biorhythm Cycle: Treatment  
Group Indices--J. Rankin

Dates of Tourney	Mixed Cycle	Treatment Group*
January 18	.595	1
January 19	.736	1
January 31	-.479	2
February 1	-.629	2
February 2	-.741	2
February 7	-.633	2
February 8	-.494	2
February 9	-.333	2
February 21	-.329	2
February 22	.213	1
February 23	.093	1
March 21	-.251	2
March 22	-.252	2
March 23	-.233	2
March 27	.011	3
March 28	.123	1
March 29	.172	1
April 17	-.289	2
April 18	-.248	2
April 19	-.197	2
April 20	-.014	3
April 25	.095	1
April 26	.113	1
April 27	.119	1
May 2	.055	1
May 3	.045	1
May 4	.042	3
May 9	.150	1
May 10	.183	1
May 11	.211	1
May 23	-.485	2
May 24	-.550	2
May 25	-.630	2
May 29	-.416	2
May 30	-.290	2
May 31	-.140	2
June 1	.028	3
June 6	.788	1
June 7	.857	1
June 8	.881	1
June 13	.323	1
June 14	.113	1
June 15	-.107	2

Mixed Biorhythm Cycle: Treatment Group  
Indices--J. Rankin (Continued)

Dates of Tours	Mixed Cycle	Treatment Group*
June 20	-.944	2
June 21	-.990	2
June 22	-.983	2
June 27	-.268	2
June 28	-.047	2
June 29	.173	1
July 11	.186	1
July 12	.008	3
July 13	-.161	2
August 15	.096	1
August 16	.065	1
August 17	.024	2
August 22	-.264	2
August 23	-.317	2
August 24	-.360	2
September 5	.358	1
September 6	.428	1
September 7	.473	1
September 12	.302	1
September 13	.200	1
September 14	.088	1
December 5	-.603	2
December 6	-.506	2
December 7	-.390	2
December 13	.322	1
December 14	.390	1

\*Treatment group was utilized for ANOVA.

## APPENDIX D-6

Mixed Biorhythm Cycle: Treatment  
Group Indices--J. Blalock

Dates of Tours	Mixed Cycle	Treatment Group*
January 31	.480	1
February 1	.542	1
February 2	.573	1
February 7	.361	1
February 8	.276	1
February 9	.190	1
February 21	-.256	2
February 22	-.261	2
February 23	-.265	2
March 21	-.285	2
March 22	-.400	2
March 23	-.493	2
March 27	-.573	2
March 28	-.511	2
March 29	-.421	2
April 17	-.308	2
April 18	-.362	2
April 19	-.387	2
April 20	-.381	2
April 25	-.008	3
April 26	.091	1
April 27	.182	1
May 2	.290	1
May 3	.229	1
May 4	.146	1
May 9	-.355	2
May 10	-.417	2
May 11	-.450	2
May 29	.164	1
May 30	.003	3
May 31	-.160	2
June 1	.317	1
June 6	-.712	2
June 7	-.681	2
June 8	-.614	2
June 13	.067	1
June 14	.215	1
June 15	.348	1
June 27	-.0006	3
June 28	-.097	2
June 29	-.182	2

Mixed Biorhythm Cycle: Treatment Group  
Indices--J. Blalock (Continued)

Dates of Toursneys	Mixed Cycle	Treatment Group*
July 11	-.208	2
July 12	-.174	2
July 13	-.138	2
August 22	.900	1
August 23	.911	1
August 24	.873	1
September 5	-.832	2
September 6	-.808	2
September 7	-.240	2
September 12	.014	3
September 13	.179	1
September 14	.326	1
September 19	.573	1
September 20	.517	1
September 21	.433	1
November 21	.025	3
November 22	.025	3
November 23	.065	1
December 5	.064	1
December 6	.087	1
December 7	.117	1
December 13	.228	1
December 14	.200	1

\*Treatment group was utilized for ANOVA.

## APPENDIX D-7

Mixed Biorhythm Cycle: Treatment  
Group Indices--D. Young

Dates of Toursneys	Mixed Cycle	Treatment Group*
January 31	.433	1
February 1	.185	1
February 2	.216	1
February 7	-.272	2
February 8	-.308	2
February 9	-.317	2
March 21	-.102	2
March 22	-.178	2
March 23	-.2211	2
March 27	-.316	2
March 28	-.290	2
March 29	-.249	2
April 17	.087	1
April 18	.117	1
April 19	.150	1
April 20	.183	1
April 25	.199	1
April 26	.152	1
April 27	.087	1
May 2	-.400	2
May 3	-.485	2
May 4	-.550	2
May 9	-.416	2
May 10	-.290	2
May 11	-.140	2
May 29	-.707	2
May 30	-.848	2
May 31	-.945	2
June 1	-.991	2
June 27	-.598	2
June 28	-.626	2
June 29	-.621	2
July 4	-.245	2
July 5	-.142	2
July 6	-.045	2
July 11	.243	1
July 12	.255	1
July 13	.255	1
August 15	.270	1
August 16	.359	1
August 17	.428	1

Mixed Biorhythm Cycle: Treatment Group  
Indices--D. Young (Continued)

Dates of Tournays	Mixed Cycle	Treatment Group*
August 22	.386	1
August 23	.302	1
August 24	.200	1
September 5	-.203	2
September 6	-.105	2
September 7	-.005	2
September 19	-.126	2
September 20	-.203	2
September 21	.264	1
October 17	-.717	2
October 18	-.690	2
October 19	-.621	2
October 23	-.030	3
October 24	.154	1
October 25	.332	1
October 26	.493	1
November 14	-.675	2
November 15	-.905	2
November 16	-.507	2
November 21	.125	1
November 22	.232	1
November 23	.322	1
December 5	.116	1
December 6	.065	1
December 7	.016	3

\*Treatment group was utilized for ANOVA.

## APPENDIX D-8

Mixed Biorhythm Cycle: Treatment  
Group Indices--K. McMullen

Dates of Tournays	Mixed Cycle	Treatment Group*
January 31	.289	1
February 1	.287	1
February 2	.280	1
February 7	.091	1
February 8	.016	3
February 9	.070	1
February 21	-.333	2
February 22	-.095	2
February 23	-.027	3
March 21	-.362	2
March 22	-.156	2
March 23	.054	1
March 27	.714	1
March 28	.79	1
March 29	.819	1
April 17	-.119	2
April 18	-.019	3
April 19	.071	1
April 20	.144	1
April 25	.198	1
April 26	.156	1
April 27	.105	1
May 2	-.096	2
May 3	-.099	2
May 4	-.085	2
May 9	.129	1
May 10	.171	1
May 11	.202	1
May 23	-.314	2
May 24	-.332	2
May 25	-.329	2
May 29	-.140	2
May 30	-.063	2
May 31	.016	3
June 1	.092	1
June 6	.284	1
June 7	.271	1
June 8	.243	1
June 13	-.004	3
June 14	-.045	2
June 15	-.075	2
June 20	-.046	2
June 21	-.017	3
June 22	.012	3

Mixed Biorhythm Cycle: Treatment Group  
Indices--K. McMullen (Continued)

Dates of Toursneys	Mixed Cycle	Treatment Group*
June 27	.023	3
June 28	-.013	3
June 29	-.061	2
July 4	-.316	2
July 5	-.334	2
July 6	-.330	2
July 11	.037	3
July 12	.161	1
July 13	.286	1
July 17	.651	1
July 18	.671	1
July 19	.653	1
July 20	.595	1
August 15	.921	1
August 16	.824	1
August 17	.684	1
August 22	-.304	2
August 23	-.482	2
August 24	-.63	2
September 5	.209	1
September 6	.325	1
September 7	.417	1
September 12	.472	1
September 13	.418	1
September 14	.352	1
September 19	.008	3
September 20	-.042	3
September 21	-.082	2
October 17	.497	1
October 18	.502	1
October 19	.481	1
November 14	.438	1
November 15	.378	1
November 16	.296	1
November 21	-.214	2
November 22	-.282	2
November 23	-.326	2
December 5	.345	1
December 6	.328	1
December 7	.281	1

\*Treatment group was utilized for ANOVA.

## APPENDIX D-9

Mixed Biorhythm Cycle: Treatment  
Group Indices--K. Whitworth

Dates of Toursneys	Mixed Cycle	Treatment Group*
January 18	-.844	2
January 19	-.859	2
January 31	.783	1
February 1	.813	1
February 2	.801	1
February 7	.243	1
February 8	.0823	1
February 9	-.075	2
February 21	-.246	2
February 22	-.158	2
February 23	-.074	2
April 17	-.567	2
April 18	-.667	2
April 19	-.727	2
April 20	-.746	2
April 25	-.278	2
April 26	-.116	2
April 27	.047	1
May 9	.026	3
May 10	-.094	2
May 11	-.200	2
May 23	.235	1
May 24	.282	1
May 25	.305	1
May 29	.134	1
May 30	.042	3
May 31	-.056	2
June 1	-.155	2
June 13	.206	1
June 14	.313	1
June 15	.403	1
June 20	.449	1
June 21	.372	1
June 22	.374	1
June 27	-.302	2
June 28	-.387	2
June 29	-.449	2
July 25	.095	1
July 26	.077	1
July 27	.055	1
August 15	.120	1
August 16	.267	1
August 17	.411	1



Mixed Biorhythm Cycle: Treatment Group  
Indices--K. Whitworth (Continued)

Dates of Toursneys	Mixed Cycle	Treatment Group*
August 22	.796	1
August 23	.763	1
August 24	.687	1
September 5	-.957	2
September 6	-.890	2
September 7	-.775	2
September 12	.235	1
September 13	.444	1
September 14	.628	1
September 19	.897	1
September 20	.804	1
September 21	.670	1
October 23	-.037	3
October 24	-.058	2
October 25	-.066	2
October 26	-.062	2
November 14	-.206	2
November 15	-.159	2
November 16	-.099	2

\*Treatment group was utilized for ANOVA.

## APPENDIX D-10

Mixed Biorhythm Cycle: Treatment  
Group Indices--S. Post

Dates of Toursneys	Mixed Cycle	Treatment Group*
January 18	-.290	2
January 19	-.311	2
January 31	.063	1
February 1	.066	1
February 2	.062	1
February 7	.057	1
February 8	.075	1
February 9	.101	1
February 21	.017	3
February 22	-.090	2
February 23	-.205	2
March 21	-.048	2
March 22	-.272	2
March 23	-.483	2
March 27	-.988	2
March 28	-.992	2
March 29	-.095	2
April 17	.054	1
April 18	-.108	2
April 19	-.254	2
April 20	-.377	2
April 25	-.539	2
April 26	-.487	2
April 27	-.415	2
May 2	.075	1
May 3	.125	1
May 4	.160	1
May 9	.176	1
May 10	.166	1
May 11	.158	1
May 23	.039	3
May 24	-.018	3
May 25	-.082	2
May 29	-.334	2
May 30	-.373	2
May 31	-.396	2
June 1	-.398	2
June 6	-.099	2
June 7	.003	3
June 8	.107	1
June 13	.452	1
June 14	.453	1
June 15	.428	1

Mixed Biorhythm Cycle: Treatment Group  
Indices--S. Post (Continued)

Dates of Tourneys	Mixed Cycle	Treatment Group*
June 20	.009	3
June 21	-.094	2
June 22	-.187	2
June 27	-.346	2
June 28	-.304	2
June 29	-.242	2
July 11	-.099	2
July 12	-.012	3
July 13	-.753	2
July 25	.280	1
July 26	.183	1
July 27	.495	1
August 15	-.435	2
August 16	-.266	2
August 17	-.080	2
August 22	.734	1
August 23	.807	1
August 24	.837	1
October 17	-.322	2
October 18	-.232	2
October 19	-.125	2
November 14	-.493	2
November 15	-.332	2
November 16	-.154	2
November 21	.621	1
November 22	.690	1
November 23	.717	1
December 5	-.499	2
December 6	-.502	2
December 7	-.473	2

\*Treatment group was utilized for ANOVA.

## APPENDIX D-11

Mixed Biorhythm Cycle: Treatment  
Group Indices--S. McAllister

Dates of Tourneys	Mixed Cycle	Treatment Group*
January 31	-.717	2
February 1	-.785	2
February 2	-.810	2
February 7	-.332	2
February 8	-.154	2
February 9	.031	3
February 21	.143	1
February 22	-.010	3
February 23	-.156	2
March 21	-.297	2
March 22	-.304	2
March 23	-.285	2
March 27	.005	3
March 28	.105	1
March 29	.201	1
April 25	.304	1
April 26	.357	1
April 27	.389	1
May 2	.264	1
May 3	.203	1
May 4	.141	1
May 9	-.096	2
May 10	-.119	2
May 11	-.134	2
May 23	-.255	2
May 24	-.243	2
May 25	-.216	2
May 29	.045	1
May 30	.142	1
May 31	.245	1
June 1	.347	1
June 13	-.186	2
June 14	-.364	2
June 15	-.530	2
June 20	-.886	2
June 21	-.823	2
June 22	-.714	2
June 27	.268	1
June 28	.478	1
June 29	.664	1
July 4	.944	1
July 5	.848	1
June 6	.707	1

Mixed Biorhythm Cycle: Treatment Group  
Indices--S. McAllister (Continued)

Dates of Tourneys	Mixed Cycle	Treatment Group*
July 11	-.323	2
July 12	-.512	2
July 13	-.669	2
July 25	.761	1
July 26	.749	1
July 27	.512	1
August 15	-.150	2
August 16	-.112	2
August 17	-.087	2
August 22	-.055	2
August 23	-.071	2
August 24	-.088	2
September 5	.249	1
September 6	.290	1
September 7	.316	1
September 12	.178	1
September 13	.102	1
September 14	.019	3
September 19	-.334	2
September 20	-.358	2
September 21	-.360	2
October 17	-.005	3
October 18	.066	1
October 19	.139	1
October 23	.317	1
October 24	.308	1
October 25	.272	1
October 26	.210	1
November 14	.633	1
November 15	.740	1
November 16	.809	1
November 21	.479	1
November 22	.299	1
November 23	.100	1
December 5	-.424	2
December 6	-.233	2
December 7	-.034	3

\*Treatment group was utilized for ANOVA.

## APPENDIX D-12

Mixed Biorhythm Cycle: Treatment  
Group Indices--J. Washam

Dates of Tourneys	Mixed Cycle	Treatment Group*
January 31	.648	1
February 1	.766	1
February 2	.845	1
February 7	.542	1
February 8	.362	1
February 9	.159	1
February 21	-.481	2
February 22	-.295	2
February 23	-.097	2
March 27	-.004	3
March 28	.036	3
March 29	.075	1
April 17	-.267	2
April 18	-.374	2
April 19	-.467	2
April 20	-.542	2
April 25	-.491	2
April 26	-.390	2
April 27	-.265	2
May 2	.453	1
May 3	.558	1
May 4	.632	1
May 23	-.234	2
May 24	-.107	2
May 25	.021	3
May 29	.380	1
May 30	.403	1
May 31	.394	1
June 1	.356	1
June 13	-.229	2
June 14	-.145	2
June 15	-.046	2
June 27	.016	3
June 28	-.118	2
June 29	-.249	2
July 11	.145	1
July 12	.286	1
July 13	.412	1
July 25	-.166	2
July 26	-.278	2
July 27	-.371	2

Mixed Biorhythm Cycle: Treatment Group  
Indices--J. Washam (Continued)

Dates of Tournaments	Mixed Cycle	Treatment Group <sup>8</sup>
August 15	.258	1
August 16	.268	1
August 17	.277	1
August 22	.280	1
August 23	.265	1
August 24	.239	1
September 5	-.617	2
September 6	-.623	2
September 7	-.598	2
September 19	.874	1
September 20	.872	1
September 21	.823	1
November 14	.105	1
November 15	.050	1
November 16	-.002	3
November 21	-.085	2
November 22	-.057	2
November 23	-.018	3
December 5	-.016	3
December 6	-.090	2
December 7	-.161	2
December 13	-.307	2
December 14	-.266	2

\*Treatment group was utilized for ANOVA.

## APPENDIX D-13

Mixed Biorhythm Cycle: Treatment  
Group Indices--C. J. Skala

Dates of Tournaments	Mixed Cycle	Treatment Group*
January 31	-.502	2
February 1	-.472	2
February 2	-.412	2
February 7	.119	1
February 8	.214	1
February 9	.288	1
March 21	-.497	2
March 22	-.390	2
March 23	-.262	2
April 17	-.358	2
April 18	-.320	2
April 19	-.276	2
April 20	-.229	2
May 23	-.71	2
May 24	-.639	2
May 25	-.531	2
May 29	.158	1
May 30	.351	1
May 31	.530	1
June 1	.687	1
June 6	.855	1
June 7	.603	1
June 8	.598	1
June 27	.433	1
June 28	.564	1
June 29	.658	1
July 4	.525	1
July 5	.403	1
July 6	.266	1
July 11	-.335	2
July 12	-.390	2
July 13	-.416	2
July 25	.147	1
July 26	.130	1
July 27	.099	1
September 5	.190	1
September 6	.213	1
September 7	.219	1
September 12	.077	1
September 13	.038	3
September 14	.004	3

Mixed Biorhythm Cycle: Treatment Group  
Indices--C. J. Skala (Continued)

Dates of Toursneys	Mixed Cycle	Treatment Group*
September 19	-.004	3
September 20	.025	3
September 21	.058	1
October 17	.639	1
October 18	.726	1
October 19	.775	1
October 23	.543	1
October 24	.386	1

\*Treatment group was utilized for ANOVA.

## APPENDIX D-14

Mixed Biorhythm Cycle: Treatment  
Group Indices--P. Bradley

Dates of Toursneys	Mixed Cycle	Treatment Group*
January 31	.205	1
February 1	.340	1
February 2	.382	1
February 21	-.716	2
February 22	-.626	2
February 23	-.502	2
March 21	-.168	2
March 22	-.063	2
March 23	.042	3
March 27	.303	1
March 28	.306	1
March 29	.282	1
April 25	.074	1
April 26	-.051	2
April 27	-.174	2
May 2	-.525	2
May 3	-.515	2
May 4	-.478	2
May 9	-.018	3
May 10	.087	1
May 11	.182	1
May 23	.086	1
May 24	.039	3
May 25	-.003	3
May 29	-.107	2
May 30	-.124	2
May 31	-.142	2
June 1	-.161	2
June 6	-.283	2
June 7	-.303	2
June 8	-.316	2
June 13	-.166	2
June 14	-.084	2
June 15	.013	3
June 20	.55	1
June 21	.622	1
June 22	.667	1
June 27	.375	1
June 28	.22	1
June 29	.045	1
July 11	-.442	2
July 12	-.236	2
July 13	-.016	3

Mixed Biorhythm Cycle: Treatment Group  
Indices--P. Bradley (Continued)

Dates of Tourneys	Mixed Cycle	Treatment Group*
July 25	.372	1
July 26	.161	1
July 27	-.054	2
August 15	.535	1
August 16	.529	1
August 17	.494	1
August 22	.084	1
August 23	.0003	3
August 24	-.071	2
September 5	-.012	3
September 6	-.016	3
September 7	-.030	3
September 19	.025	3
September 20	.090	1
September 21	.156	1
October 17	.138	1
October 18	.172	1
October 19	.189	1
October 23	.090	1
October 24	.038	3
October 25	-.016	3
October 26	-.067	2
November 14	.014	3
November 15	-.114	2
November 16	-.245	2
November 21	-.660	2
November 22	-.647	2
November 23	-.595	2
December 5	.864	1
December 6	.800	1
December 7	.691	1
December 13	-.462	2
December 14	-.635	2

\*Treatment group was utilized for ANOVA.

## APPENDIX D-15

Mixed Biorhythm Cycle: Treatment  
Group Indices--A. Alcott

Dates of Tourneys	Mixed Cycle	Treatment Group*
January 31	-.434	2
February 1	-.377	2
February 2	-.298	2
February 7	.202	1
February 8	.274	1
February 9	.323	1
February 21	-.284	2
February 22	-.278	2
February 23	-.245	2
April 17	-.276	2
April 18	-.120	2
April 19	.035	3
April 20	.172	1
April 25	.581	1
April 26	.577	1
April 27	.548	1
May 2	.087	1
May 3	.006	3
May 4	-.067	2
May 9	-.286	2
May 10	-.306	2
May 11	-.319	2
June 6	.138	1
June 7	-.02	3
June 8	-.184	2
June 13	-.786	2
June 14	-.810	2
June 15	-.792	2
June 20	-.146	2
June 21	.047	1
June 22	.237	1
June 27	.817	1
June 28	.812	1
June 29	.762	1
July 11	-.651	2
July 12	-.604	2
July 13	-.524	2
July 25	.330	1
July 26	.253	1
July 27	.162	1
August 22	-.315	2
August 23	-.378	2
August 24	-.418	2

Mixed Biorhythm Cycle: Treatment Group  
Indices--A. Alcott (Continued)

Dates of Tours	Mixed Cycle	Treatment Group*
September 5	.405	1
September 6	.436	1
September 7	.443	1
September 12	.169	1
September 13	.082	1
September 14	-.004	3
September 19	-.272	2
September 20	-.281	2
September 21	-.275	2
October 17	.402	1
October 18	.357	1
October 19	.288	1
November 14	.827	1
November 15	.686	1
November 16	.508	1
December 5	.534	1
December 6	.656	1
December 7	.738	1

\*Treatment group was utilized for ANOVA.

## APPENDIX D-16

Mixed Biorhythm Cycle: Treatment  
Group Indices--B. Cullen

Dates of Tours	Mixed Cycle	Treatment Group*
January 18	.603	1
January 19	.533	1
January 31	-.333	2
February 1	-.333	2
February 2	-.326	2
February 7	-.237	2
February 8	-.213	2
February 9	-.184	2
March 27	.114	1
March 28	-.030	3
March 29	-.169	2
April 17	.237	1
April 18	.153	1
April 19	.056	1
April 20	-.045	2
May 9	.420	1
May 10	.119	1
May 11	.214	1
May 23	-.390	2
May 24	-.262	2
May 25	-.119	2
May 29	.422	1
May 30	.512	1
May 31	.572	1
June 1	.602	1
June 13	.351	1
June 14	-.387	2
June 15	-.405	2
June 20	-.276	2
June 21	-.228	2
June 22	-.181	2
June 27	.024	3
June 28	.060	1
June 29	.097	1
July 4	.304	1
July 5	.344	1
July 6	.378	1
July 11	.349	1
July 12	.286	1
July 13	.202	1
August 15	-.604	2
August 16	-.750	2
August 17	-.853	2

Mixed Biorhythm Cycle: Treatment Group  
Indices--B. Cullen (Continued)

Dates of Tourneys	Mixed Cycle	Treatment Group*
August 22	-.651	2
August 23	-.488	2
August 24	-.303	2
September 5	.402	1
September 6	.265	1
September 7	.122	1
September 12	-.390	2
September 13	-.416	2
September 14	-.412	2
September 19	-.107	2
September 20	-.030	2
September 21	.037	1
October 17	.221	1
October 18	.167	1
October 19	.101	1
October 23	-.201	2
October 24	-.260	2
October 25	-.304	2
October 26	-.329	2
November 14	.037	3
November 15	.004	3
November 16	-.020	3
November 21	.025	3
November 22	.057	1
November 23	.090	1
December 5	-.379	2
December 6	-.433	2
December 7	-.466	2

\*Treatment group was utilized for ANOVA.

## APPENDIX D-17

Mixed Biorhythm Cycle: Treatment  
Group Indices--J. Bourassa

Dates of Tourneys	Mixed Cycle	Treatment Group*
January 31	.360	1
February 1	.317	1
February 2	.264	1
February 7	-.024	2
February 8	-.065	2
February 9	-.096	2
February 21	-.247	2
February 22	-.255	2
February 23	-.255	2
March 21	-.867	2
March 22	-.900	2
March 23	-.886	2
April 17	-.857	2
April 18	-.881	2
April 19	-.857	2
April 20	-.788	2
April 25	-.028	3
April 26	.140	1
April 27	.290	1
May 2	.590	1
May 3	.550	1
May 4	.485	1
May 9	-.002	3
May 10	-.085	2
May 11	-.152	2
May 23	-.042	3
May 24	-.045	2
May 25	-.055	2
May 29	-.115	2
May 30	-.119	2
May 31	-.113	2
June 1	-.095	2
June 6	.140	1
June 7	.197	1
June 8	.248	1
June 13	.288	1
June 14	.241	1
June 15	.178	1
June 27	-.243	2
June 28	-.172	2
June 29	-.093	2



Mixed Biorhythm Cycle: Treatment Group  
Indices--J. Bourassa (Continued)

Dates of Tournays	Mixed Cycle	Treatment Group*
July 11	.015	3
July 12	-.046	2
July 13	-.100	2
July 25	.300	1
July 26	.316	1
July 27	.307	1
August 15	.333	1
August 16	.494	1
August 17	.633	1
August 22	.741	1
August 23	.629	1
August 24	.479	1
September 5	-.736	2
September 6	-.595	2
September 7	-.424	2
September 12	.506	1
September 13	.637	1
September 14	.230	1
September 19	.603	1
September 20	.481	1
September 21	.342	1
October 17	.272	1
October 18	.302	1
October 19	.328	1
October 23	.363	1
October 24	.342	1
October 25	.305	1
October 26	.251	1
November 14	.243	1
November 15	.388	1
November 16	.514	1

\*Treatment group was utilized for ANOVA.

## APPENDIX D-18

Mixed Biorhythm Cycle: Treatment  
Group Indices--S. Roberts

Dates of Tournays	Mixed Cycle	Treatment Group*
January 31	.043	3
February 1	-.043	3
February 2	-.124	2
February 7	-.313	2
February 8	-.298	2
February 9	-.269	2
February 21	.056	1
February 22	.050	1
February 23	.046	1
June 6	.164	1
June 7	.149	1
June 8	.123	1
June 13	-.150	2
June 14	-.218	2
June 15	-.281	2
June 20	-.377	2
June 21	-.335	2
June 22	-.273	2
June 27	.207	1
June 28	.171	1
June 29	.371	1
July 11	-.265	2
July 12	-.323	2
July 13	-.356	2
July 25	.262	1
July 26	.247	1
July 27	.208	1
August 15	.536	1
August 15	.564	1
August 17	.557	1
August 22	.025	3
August 23	-.140	2
August 24	-.304	2
September 5	.112	1
September 6	.300	1
September 7	.472	1
September 12	.821	1
September 13	.762	1
September 14	.663	1
November 14	.714	1
November 15	.718	1
November 16	.685	1

Mixed Biorhythm Cycle: Treatment Group  
Indices--S. Roberts (Continued)

Dates of Tourneys	Mixed Cycle	Treatment Group*
November 21	.043	3
November 22	-.136	2

\*Treatment group was utilized for ANOVA.

## APPENDIX D-19

Mixed Biorhythm Cycle: Treatment  
Group Indices--D. Austin

Dates of Tourneys	Mixed Cycle	Treatment Group*
February 21	-.323	2
February 22	-.208	2
February 23	-.364	2
March 21	-.073	2
March 22	.041	3
March 23	.162	1
March 27	.536	1
March 28	.295	1
March 29	.557	1
April 17	.112	1
April 18	.300	1
April 19	.469	1
April 20	.620	1
April 25	.763	1
April 26	.664	1
April 27	.531	1
May 2	-.464	2
May 3	-.578	2
May 4	-.659	2
May 9	-.538	2
May 10	-.432	2
May 11	-.311	2
May 23	.386	1
May 24	.349	1
May 25	.307	1
May 29	.124	1
May 30	.078	1
May 31	.032	3
June 1	-.016	3
June 6	-.281	2
June 7	-.334	2
June 8	-.383	2
June 20	.262	1
June 21	.390	1
June 22	.506	1
July 4	-.311	2
July 5	-.473	2
July 6	-.610	2
July 11	-.730	2
July 12	-.629	2
July 13	-.493	2
July 25	.556	1
July 26	.436	1
July 27	.295	1

Mixed Biorhythm Cycle: Treatment Group  
Indices--D. Austin (Continued)

Dates of Tournaments	Mixed Cycle	Treatment Group*
August 15	.315	1
August 16	.302	1
August 17	.264	1
August 22	-.136	2
August 23	-.209	2
August 24	-.264	2
September 5	.405	1
September 6	.427	1
September 7	.420	1
September 12	.028	3
September 13	-.088	2
September 14	-.200	2
November 14	.313	1
November 15	.161	1
November 16	-.008	3
November 21	-.791	2
November 22	-.868	2
November 23	-.901	2
December 5	.924	1
December 6	.984	1
December 7	.991	1

\*Treatment group was utilized for ANOVA.

## APPENDIX D-20

Mixed Biorhythm Cycle: Treatment  
Group Indices--J. Kazmierski

Dates of Tournaments	Mixed Cycle	Treatment Group*
January 31	.317	1
February 1	.389	1
February 2	.448	1
February 7	.407	1
February 8	.324	1
February 9	.219	1
March 21	.091	1
March 22	.182	1
March 23	.255	1
March 27	.290	1
March 28	.229	1
March 29	.146	1
April 17	.623	1
April 18	.634	1
April 19	.606	1
April 20	.541	1
April 25	-.160	2
April 26	-.317	2
April 27	-.457	2
May 2	-.681	2
May 3	-.614	2
May 4	-.514	2
May 9	.215	1
May 10	.348	1
May 11	.459	1
May 23	-.097	2
May 24	-.182	2
May 25	-.251	2
May 29	-.369	2
May 30	-.364	2
May 31	-.350	2
June 1	-.328	2
June 6	-.174	2
June 7	-.138	2
June 8	-.099	2
June 13	.165	1
June 14	.231	1
June 15	.298	1
June 20	.512	1
June 21	.503	1
June 22	.470	1
June 27	-.046	2
June 28	-.194	2
June 29	-.342	2

Mixed Biorhythm Cycle: Treatment Group  
Indices--J. Kazmierski (Continued)

Dates of Tournays	Mixed Cycle	Treatment Group*
July 4	-.795	2
July 5	-.783	2
July 6	-.730	2
July 11	.034	3
July 12	.233	1
July 13	.424	1
August 22	.210	1
August 23	-.272	2
August 24	-.307	2
September 5	.165	1
September 6	.141	1
September 7	.100	1
September 12	-.192	2
September 13	-.230	2
September 14	-.251	2
September 19	-.067	2
September 20	.011	3
September 21	.093	1
November 14	-.300	2
November 15	-.400	2
November 16	-.2185	2
November 21	-.511	2
November 22	-.416	2
November 23	.290	1
December 5	.668	1
December 6	.511	1
December 7	.323	1
December 13	-.848	2
December 14	-.944	2

\*Treatment group was utilized for ANOVA.

## VITA

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